A RICH STOREHOVSE OR Treasurie for the Diseased.

VVHEREIN ARE MANY approued Medicines for diuers and sundry Diseases, which haue beene long hidden and not come to light before this time.

FIRST SET FOORTH FOR THE benefit and comfort of the poorer sort of *People, that are not of ability to goe to* the Phisitions. By *G. W.*

And now Sixtly augmented and inlarged by *A. T.* practitioner in Phisicke and Chirurgerie.

AT LONDON.
Printed by *Ralph Blower*. 1616.

R r. 9

RICH STOREHOVSE

OR

Treasurie for the Diseased.

VVHEREIN ARE MANY

a praeparate Medicines, for diuers and sundry

Diseases, which haue beene long hidden and

not come to light before this time.

FIRST SET FOORTH FOR THE

benefit and comfort of the poorer sort of

People, that are not of ability to go to

the Physicians. By B. [illegible]

And now sixtly augmented and inlarged by [illegible]

practioner in Phisicke and Chirurgerie.

AT LONDON.

Printed by *Ralph Blower*. 1616.

To the Right Honorable, Sir Iames Pemberton Knight L. Maior of the Honorable Citty of LONDON.

IT hath bin, and is (right Honorable) a lawdable Custome in this Citty, that at the entring of any Lord Mayor into his office, not onely his familiar friends and acquaintance, but also of euery Fraternity, some selected Men should present his Lordship with one guift or other: whereby they doe not onely congratulate with him his late increase of Honor; but also those presents are as tokens, or earnest pence of their yeelding duty and Obedience vnto his Lordship during his office. In like sort, I my selfe (though one of the poorest, yet a Cittizen, and none of the least in humble Obedience, and dutifull good meaning towards your Honor) being not furnished with any good thing worthy presenting at your Honors first entrance, am now emboldened towards the expiration of your yeare to present your Lordship with this book intituled, *A Rich Store-house or Treasury* for the *Diseased*, A Booke (Right Honorable) very necessary and conuenient to be vsed of the poorer sort of people, for the preseruation of health, that are not of ability to goe to the Phisitions, and I assuring my selfe, that your Lordship both hath and wil vouchsafe to be a protector of the poore peoples profit and good, both in health and wealth (the same comming by chance into my hands (and now wanting a Patron) haue thought good to publish it vnder your Honors name, whose Authority best may countenance the same, and whose courteous admittance shall be a sufficient guerdon of my dutifull good meaning heerein, If my worth were greater my duty should show greater: in the meane time, as it is, it is bound to your Lp. to whom I wish long life still lengthened with all happines.

Your Lordships, in all duty,

RALPH BLOVVER.

Aries Leo Sagittarius
Gemini Libra Aquarius
Taurus Virgo Capricornus
Cancer Scorpio Pisces
SATVRNVS:
MARS:
IGNIS:
FAVONIVS:
ÆSTAS:
IVVENTVS:
SENECTVS:
HYEMS:
AQVILO:
TERRA:
AVSTER.
AER.
IVPITER.
VER.
AVTVMNVS.
EVRVS.
AQVA.
LVNA.
Cholerica.
Sanguin.
Adolescentia
Phlegmat.
Vergens ætas.
melancholi
Compl.

DIVERS AND SVNDRY good Inſtructions and Rules of Knowledge, *very meet and conuenient to bee knowne of all* ſuch as are the right practiſers of Phiſicke and Chirurgery: and alſo concerning the manner and vſe of *Blood-letting* and *purging*, and of the commodity and diſcommodity that oftentimes ſpringeth and commeth thereof.

FORASMVCH as Health is profitable and pleaſant to all men: ſince that all Men doe continually wiſh and pray either for the reſtitution or continuance of the ſame: And alſo how that it is the property of Nature, onely to fight and ſtriue againſt all diſeaſes: and likewiſe, how that the Phiſition is but the Miniſter and ſeruant of Nature: ſeruing either to apply ſuch things to her as may bee vſed to deſtroy the Diſeaſe withall: or elſe by taking away the greateſt part of the ſame matter which cauſeth and maintaineth the ſickneſs: and therfore it is very meet & neceſſary, for euery Phiſition, that before ſuch time as he do take vp on him to miniſter any thing at all to the ſicke perſon, dilligently to learn & perfectly to ſearch out, both the

the Originall & principall cause of the Di sease: in which, if hee bee ignorant then it is more by good Fortune, then by any Cunning or Skill, that hee doe cure any manner of disease at all: for how is it possible to help nature, with that thing which she had need of, except it bee first of all knowne what shee needeth? which none can perfectly vnderstand or know except the chiefe cause of the disease be first manifestly known vnto him, insomuch that he may not minister things directly contrary to the cause of the same disease. And therefore I do greatly lament the ignorance of the cõmon sort of People, who (for the most part) are perswaded, that one Medicine is sufficient for one disease, and not regarding that one disease may come of sundry causes: & therefore it doth necessarily require diuers Medicines (as for example) Weaknes of the Stomacke (that it cannot digest wel, or that it hath no good apetite) is a disease which may come a dozen seuerall wayes at the least: Therefore the Cure of that disease, cannot alwaies bee cured with one onely Medicine. As also, if that Weakenes of the stomacke doe come of a weake distemperature of it selfe onely, then it must of necessity be made hot by one meanes or other. But if that heate bee the cause of the weakenes thereof: then it must be cooled with some cold Medicine that is meet for it, So that you must be sure alwayes, for to moysten drynes, and to drye vp moisture.

But if Weakenes doe come, of some superfluous humor that doth abounde, which hath flowed into

into the ſtomacke, or that hath bin there ingẽdred: then muſt that ill humor of neceſſity bee purged out, either by a vomit, or elſe a Purgation, with a meeke medicine for it. And if that it happen to be a Fleagme: it muſt be holpen with ſuch a medicine as vtterly expelleth Fleagme. But if that Choller be abounding then there muſt of neceſſity be vſed, ſuch a medicine as doth purge Choller. And likewiſe for Melancholines, a meet Purgation muſt be vſed toe xpell the humour thereof. But if that the Imbecillity of the ſtomack be cauſed by a Diſtillation and Rhewme that falleth out of the head into it: then is the cure to be remedyed in the head, and not in the ſtomacke. Likewiſe if the Diſtemperature of the Liuer or Spleene, doe weaken the Stomacke: then the cure thereof, conſiſteth onely in the healing of thoſe members, and not of the miniſtring any thing for the ſtomacke at al.

Therefore let no man thinke it ſufficient for the Phiſition, if that he doe perfectly know that a man hath ſuch a diſeaſe, as the Ague, the Chollicke, the Flux, or ſome other ſuch like &c. that then he may preſently (if he be skilfull) miniſter a meet medicine for it. No, not ſo, but he muſt firſt ſearch out by all meanes poſſibly he may, the very cauſe it ſelf of the diſeaſe. The which many ignorant people doe perſwade themſelues, that a skilfull Phiſition may doe in all Diſeaſes, by the ſight of the *Vrin* onely. But alas, they are altogither deceiued: and as for to come to the knowledg of the cauſe of ſome inward diſeaſes of the body, the *Vrin* pro-

siteth nothing at all. For in most inwarde diseases of the Body, there ought as great a regard to bee taken of the *Pulses*, and of the disposition & state of the braine of him that is sicke, as there should be had of the Vrin it selfe.

Also, the *Egestions*, *Sweat*, *Spittle*, and other excrements, are not to be neglected, insomuch that at some times they doe declare the cause of the Disease, and the state thereof, when the *Vrin* doth not shew any thing at all.

Likewise, for example in a *Pluriſie*, or an inflamation of the *Lungs*, or in a *Squinancie*, or such like, there is much more to be known by the *Spittle*, then there is by the *Vrin*.

Moreouer, in a *Laske*, or in a *bloudy Flux*, or in a *Colike* or *Illiake*, there is more certaintie of iudgement to be giuen by *Egestion* or *ordure*, then there is by *Vrin*. Which thinges; those that are not altogither adicted to their owne fantasies may easily by good reason be perswaded to credit it: for Vrin is nothing else, but only the Watery & washy part of the blood, for it is seperated from the blould in the Liuer, & sucked from thence into the *Reines*, from whence it distilleth downe into the *Bladder*, and so passeth forth. Seeing therefore that *Vrin* is the excrement that is seperated from the blood; there is good cause why it should shew the state of the Liuer, and also of the blood in all parts of the body, & it can likewise declare the full state of all the members which it passeth by: as of the *Reines*, the *Bladder*, and such like.

But

But certainly, in other diſeaſes that be out of the *Veines*, and be diſtant from the places by which the *Vrin* paſſeth. There is no certaine iudgment to be giuen by the *Vrin*, vnleſſe the vehemencie of the diſeaſe haue infected either the blood or the Liuer after ſome ſort: Yet neuertheleſſe, ſuch is the ignorance of many people, for that they thinke him worthy of no eſtimation in the knowledge of *Phiſicke*, that cannot at the firſt ſight of the *Vrin*, (although it hath bene carried 20. miles) tell whether it be the water of a Man or a Woman, & how the diſeaſe grieueth the patient better then himſelfe, and whether he or ſhe ſhall liue or dye, what diſeaſe ſoeuer it be of, which things vndoubtedly in diuers Diſeaſes, are impoſſible to be known by the onely ſight and inſpection of the *Vrin*.

Therefore it is very neceſſary & fit for all thoſe that will take vpon them to miniſter *Phiſicke* (moſt duely and rightfully amongſt other things) to obſerue well theſe 4. rules next following. (viz.)

1 To ſee the ſicke perſon, & to conferre with him or her (which ſoeuer it be) for there is none that can ſo well declare any griefe (whatſoeuer it be) as he himſelfe can that is troubled or grieued therewith.

2. To view and feele all the pulſes of the ſicke perſon, and to obſerue well the ſtate of them.

3. To view very diligently all the excrements, not onely the *Vrin*, but alſo the *Spettle*, *Sweate*, and *Ordure*.

4. And laſt of all, to haue a reſpect to the place

where the griefe is and to consider well all the accidents that doe arise thereof; not omitting to know the former diet and course of life, which the sicke person hath vsed.

These thinges then being diligently & seuerally noted, the Phisition may more certainly learne the chiefest cause of the disease, the strength thereof, and to what end it will come vnto, then by seeing the *Vrin* onely, and also by what meanes hee may minister a meet medicine for it, whereby the sicke person may soone finde ease, and he purchase vnto himselfe exceeding great fame.

Thus haue I partly declared, what things ought to bee knowne of euery Phisition, that thereby he might withdraw & take away the fond and foolish opinion, that a great number of people doe deeme to be true, that is, that the sight of the *Vrin* is sufficient inough, for a cunning Phisition, perfectly to know the disease of the sicke, and the true cause thereof, and to minister apt medicines for it. And now I cease to speake any more hereof, but I will as briefely as I may, entreat somewhat of the vse and benifit that doth arise and come, of *Blood-letting* and *purging*, and I would wish all those that doe practise the same, to be carefull thereof.

The

The vſe of Blood letting, and of the Commodities thereof.

FIRST it is to be noted that if the body of a man doe abound with humors, which are ready to opreſſe nature, then whether there be any ſicknes in the body preſent, by meanes of them, or if there bee but danger of ſicknes, thoſe humors muſt be euacuated out of the body, either by *Blood-letting*, *Purging*, *Vomit*, *Sweating*, *Baths*, or elſe by ſome other kinde of euacuation. But I will ſpeake here onely of euacuation by *Blood-letting* and *Purging*, and firſt of all of *Blood-letting*.

There bee diuers things to be conſiderered of, before *Blood-letting* as the age of the patient, the Complexion, the time of the yeare, the Region, the Cuſtome the ſtrength, and the vehemency of the diſeaſe.

1 The age muſt be conſidered, becauſe Children vnder 14. yeares of age, and aged perſons may not be let blood vnleſſe great neceſſity require it.

2 The Complexion is to be noted, becauſe a hot Com-

complexion hath large Veines, and aboundeth with much bloud, and they may therefore forbeare a good quantity of blood: But cold complexions haue narrow Veines, and little blood, and therefore their euacuation must be small.

3 The time of the yeare must be very well marked that the weather be not too hot nor too cold, and therefore the spring time is the most apt time for Bloodletting, because that then it is temperate.

4 The region and Countty is to bee spoken of, because it is to be noted, that if the region be very hot, or else very colde, it is not good to let blood, but a temperate region is most meet of all for it.

5 Custome is not to be neglected, for thereby we may know that they that haue bin accustomed to bleede, may better suffer Blood-letting, then those that were neuer letten blood at any time before.

6 The strength of the person must be regarded for if their be great weaknes, then it is very dangerous to let blood at all, except great necessity compelleth.

7 Also the vehemency of the disease is worthy to be marked: for if it be a vehement disease, then you must let blood forthwith, if the former circumstances will permit it.

These things being considered, if they will permit Bloud-letting, and if it be in a needfull cause, then it shall be very necessary to know what signe the Moone is in, for you must take heed that shee be not in that signe that gouerneth that member, where

wherein you intend to open the Veine, and alſo to foreſee that ſhe bé in ſuch a ſigne as is good to let blood in.

For the vſes and commodities of Blood-letting are againſt theſe diſeaſes that are heere expreſſed.

1 This is a generall Rule, that Blood-letting is a very good remedy for all diſeaſes that bee ingendred of aboundance flowing of eruption of blood, as be chiefely the Feauars called Sinochy.

2 Alſo the Phrenſie, Sqinancy, Pluriſie, Peripneumony, Opthalmie, & againſt all inflamations, and impoſtumations, engendred of blood in the Liuer, the Spleene, the Reynes, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inward and outward parts, whereſoeuer the inflamation bee: Blood-letting is good for it, whether it be now preſent, or that there be any danger that it will ſhortly ingender.

3 Alſo Blood-letting is good in Feuers, whether they be continuall or intermittent, inſomuch that the obſtructions & ſtoppings of the Veines, be cauſed of immoderate repletion of the humors.

Note alſo that Blood-letting doth empty and euacuate from the body, all humors alike, as well the good as the bad.

And therefore it is chiefely to bee vſed, when there is too great an aboundance of blood in the body and other humors, which doe ſtraine the Veynes, and that there is great danger and ieopardy in breaking of ſome Veine: or the bruſing out of ſome fluxe of blood, or of choaking, and to

extinguiſh naturall heat. And therefore in ſuch caſes, you muſt let blood with all ſpeed, although the ſickneſſe be not already preſent.

For by letting of blood in due ſeaſon, the ſuperfluous fulnes of the Veines, is brought into a very meane eſtate againe, and the paines that came of the fulnes and ſtretching of the veſſels, bee eaſed: and the heauines that was felt in the body is clean taken away, and the body is lightened, and made more quick and nimble, to doe all ſuch actions as Nature hath ordained it to doe.

Alſo it canſeth Nature to haue a larger ſcope, and a free paſſage, by opening and emptying of the ſtraight wayes and paſſages of the Veines and Arteries.

Laſt of all, if it bee done in time, it preuenteth diuers and ſundry diſeaſes, into which the body was both apt and ready to haue fallen.

Many more commodities might heere bee rehearſed as concerning Blood-letting, which is done when neceſſity requireth, & as it ought to be done: but to conclude (omitting all other) Note this for a generall rule, that Blood-letting is very good againſt all kind of diſeaſes which be cauſed and engendred of blood, and not onely when the diſeaſes are preſent, but alſo it is good letting of blood, to preuent any ſuch diſeaſes if they bee foreſeene or feared, alwaies regarding that there be none of theſe impediments aforeſaid, which do prohibit and forbid Blood-letting, except it be in great neceſsity and extremity for then as the com-

mon

mon prouerbe is, *Neceſsitas non habet legem*; that is, Neceſſity hath no Lawe.

Here would I leaue off to ſpeake of bloud-letting, but that there commeth into my minde, the common opinion of the ignorant people, which doe certainly beleiue, that if any perſon be let bloud one yeare, that he muſt likewiſe be let bloud euery yeare againe, or elſe hee is in (I cannot tell) how great danger: which fond opinion of theirs (whenceſoeuer it ſprung at the firſt) is no more like to be true, then I ſhould ſay, when a man hath a great wound by chance, in any part of his body, whereby he looſeth much blood, and that after it is healed, hee muſt of neceſſity haue the like wound againe the next yeare, to auoide as much bloud, or elſe he is in danger of great ſickneſſe or of death. Which opinion, if I my ſelfe did affirme it to be true, (although it be moſt falſe) yet I might vſe the like reaſon and authority to defend it, that the common people doe vſe for theirs: for they can ſay nothing, if they be asked why they doe thinke ſo, but that they haue heard many ſay ſo. Therefore I would wiſh that no man ſhould credit any longer this fond and fooliſh opimon, being moſt falſe, vnles he could ſhew good reaſon for it, which I am very well aſſured of, no man can doe.

Marry this I thinke, that like as Bloud-letting is not good againſt all diſeaſes, ſo alſo it is not good in al perſons but onely in thoſe that wil be content to vſe afterwards a moderate and conuenient diet.

Thoſe therefore that doe abound in blood, and

will be let blood to preserue them from the danger of any disease, which is like shortly to ensue and molest them: They must for a long time after, be content to vse a moderate & conuenient dyet. For those that be vntemperate and gluttons in meates, or are great drunkards and wine-bibbers, they do not onely receiue no commodity at all by Blood-letting: but also often times they catch more hurt by it, then they should haue had without it, for in three or foure daies space after, they fill and stuffe themselues with more raw iuices and humours, (by meanes of vnmeasurable diet) then they had before, and oftentimes they doe dye through conuulsion.

And therefore note, that there is such force and vertue in a moderate dyet, to eschue and decline diseases, that without the due obseruation of it, Bloud-letting is of no purpose at all. And therefore if the common saying of the people be true in any body, that they must of necessitie be let blood often, it is very true, but it is in such as keepe an immoderate dyet, presently after Bloud-letting, & therefore I doe aduertise all men to beware of excesse in eating and drinking after Bloud-letting.

Note also that after Bloud-letting none ought to walke very fast, or to runne, or to vse any vehement exercise, but let him be quiet & rest himselfe, vntill such time as his spirits shall be well refreshed and quieted againe.

Note also, that no person being let bloud, ought to sleepe immediately after bloud-letting, but let him

him keepe himselfe both quiet and waking, and auoyding all contention and exercise of body and minde, & about two houers after letting of bloud, there may a little food be taken, but let it be such as will make good iuice & nourish apace, and within foure or fiue houres after Blood-letting, or somewhat afore the patient may be permitted to sleepe, so that it be prouided for, and taken heede of, that he doe not turne himselfe vpon that arme, where the veine was opened, and let him also take good heed that he doe not loosen the band, and so let the bloud flow out againe, and let him afterwards vse a sparing dyet, dayly increasing it by little and little, vntill such time as he be come to his accustomed ordinary dyet againe.

And note also, that the morning is the most meetest time of all for blood-letting, when euery digestion is perfectly finished, and the superfluities & excrements of each of them fully auoyded out, which thinges of necessity must be fore-seene, that they be so. Or at the least in a time of great extremitie: the next apt time to let bloud in, is when the stomacke is somewhat emptie, & that is about sixe or eight houres after meat.

Thus much haue I entreated of as concerning Bloud-letting, and now I am purposely minded to speake somewhat of the vse and commodities that come of Purging.

The vſe of Purging, and the benefit that oftentimes commeth thereof.

FOra much as it is very neceſſary to be vnderſtood of all perſons, that euery kinde of Purgation, hath that ſecret vertue and property in it ſelfe, that when it is receiued into a mans body and prouoked to excceiſe the vertue that it hath by naturall heat labouring to digeſt it, then doth it drawe vnto it all ſuch humours, as it hath vertue and power to purge.

And therefore a Purgation is an euacuation of vicious and corrupt humours, which doe oftentimes trouble and moleſt the body, but not of all corrupt and bad humours alike.

For euery Purging medicine, doth drawe vnto it ſelfe one peculier and proper humour (that is) eyther flegme or choller, or elſe melancholy or watry humours

And therefore thoſe perſons which be perfectly in health, ought not to take a purgation, ſince they doe not abound with corrupt humours, wherefore in thoſe, when the medicine findeth no ſuch ſuperfluous humour as it hath vertue to draw, it conſumeth

ſumeth and waſteth the blood and the fleſh: and for that cauſe whole folks are not to be purged by Purgations, but rather confounded and waſted: for it is manifeſt heereby, that Purgations be very dangerous to them that are in perfect health, which thing is teſtified alſo of *Hipocrates* in the 37. Aphoriſme of his ſecond booke, where hee ſaith after this ſort, *Qui corpore bene ſe habent hos purgare periculoſum eſt*, that is, it is dangerous purging of thoſe that be in perfect health.

Alſo becauſe euery purging Medicine hath vertue to draw one peculiar humour, there is good heed and care to be taken, that ſuch a medicine be miniſtred as hath vertue to draw out the humor abounding and moue other, or elſe in ſteed of much good that of it ſelfe it would do, if it were conueniently miniſtred, it may contrariwiſe doe exceeding great hurt, and worke many inconueniences to the body. And according to the ſaying of *Hipocrates* in the laſt Aphoriſme of his firſt Booke in this maner: *Si qualia oportet purgari purgentur confert, & facile ferunt, difficulter*, that is, if ſuch things be purged as ought to be it profiteth, and may eaſily be ſuffered, but if it be contrariwiſe, it hurteth, and may ſcarcely be borne.

Therefore ought diligent care and heed to bee taken in the receiuing of a Purgation that it be miniſtred by a skilfull Phiſition, that hath certainely found out what humor it is that abonndeth.

But alas the greateſt number of the common ſort of people, doe hold an opinion that if they may haue

haue a medicine for a little money which will prouoke them often to the stoole, what humor soeuer it be, and purgeth out, they perswade themselues that they are safe enough: howbeit I would wish them hereafter alwayes to haue in mind this saying of the most excellent Phisition *Hipocrates* in the three and thirty Aphorisme of the first booke, *Deiectiones non multitudine sunt estimandæ, sed si talia deiiciantur quali a conueniunt*, that is: Egestions are not to be esteemed for their great quantity, but if such humors be purged out as they ought to be (that is) such vitious and corrupt humors as doe abound and be superfluous in mans body, then is the body quieted for a long time after, if it be dieted as aforesaid.

There are diuers things chiefely to bee considered of by euery Phisition, before such time as he do minister any purgation to the sicke persons: as the quality and quantity of the humor, the strength of him or her that is sicke, the age, the time of the yeare, and lastly the disease.

First, the quality of the humor is greatly to bee considered also, that thereby hee may perfectly know what kind of humor is to be euacuated and purged out, for it must be onely that which troubleth the body, with superfluous aboundance thereof.

Second, as if great aboundance of Flegme do molest & trouble the body, then he must of necessitie minister a medicine which purgeth Flegme: and so likewise for all other humors whatsoeuer, abounding

bounding in any part of the body.

Thirdly alſo hee that doth vndertake the miniſtring of any medicine, ought to haue great reſpect to the ſtrength of the ſicke or diſeaſed perſon: for if he be very weake and feeble, there ought no Purgation at all to be miniſtred vnto him, becauſe all manner of Purgations doe both weaken nature & diminiſh ſtrength, and the ſtronger the ſicke perſon is, the more he is weakened thereby.

Fourthly let all men therefore beware of vehement and ſtrong Purgations, leaſt they put their liues in hazard and danger. Therefore by the age of the Patient, the Phiſition is put in minde, that children and old men ought not to receiue any Purgation except maruellous great neceſſity doe require it.

Fiftly the time of the yeare is not to be neglected, for there be ſome times of the yeare, wherein Purgations ought not to be miniſtred, as in Sõmer, & eſpecially during the time of the Dog-daies, as they are moſt commonly called, & alſo during all the time that the Sun is in Leo, for then is nature burnt vp and made ſo weake withall, that ſhee is not able to ſuffer the force and violence of a Purgation: but the Spring time is the moſt meeteſt & principalleſt time in the yeare, for the taking of Purgations, becauſe it is then temperate. Laſt of all the Phiſition ought diligently to behold and contemplate the diſeaſe, that he knowing certainely what kind of diſeaſe it is, hee may the better finde out of what humor it is cauſed. As for example.

If the Phiſition doe perceiue the diſeaſe to bee a ter cian Feuer, ſtraight-way hee knoweth that is cauſed of great aboundance of Choller, and there fore he muſt of neceſſity miniſter a meet medicine to purge Choller withall, & ſo likewiſe in all other diſeaſes.

Note likewiſe, that if there be none of the impediments aboue named, a Purgation is good to be miniſtred to al ſuch as haue aboundance of euil iuyce or corrupt humors in the body, for it draweth out all the bad humors that doe moleſt the body, and thereby doth reſtore it to his owne eſtate againe.

But if a Purgation bee miniſtred eyther to one that needeth it not, or at an inconuenient time; or that it be ſuch a Medicine, as draweth not out the humours which then aboundeth, for if the medicine be vehement and very ſtrong, it wil ſurely put the Patient in great danger of his life.

Theſe things therefore ought to bee well taken heed of by all men, leaſt they catch great hurt, when they hope for ſome great profit.

But if a Purgation be diſcreetly mini ſtred to him that hath need of it in due time, and by an apt and meete medicine, which is of that force and ability to draw out the abounding humours in ſufficient quantitie: then doth the medicine purchaſe moſt ſingular great commodities vnto the body, for it euacuateth and emptieth out al the chiefeſt cauſes of the diſeaſes and ſickneſſe s, either preſent or elſe to come, being ingendred of any ſuperfluous or corrupt humor, as are commonly *Feuers, Tertian, Quar-*

Quartaine, *quotidian*, or *Fluxes*, & are cauſed of raw humors or ſharpe choller, *Dropſies*, *Gowts*, *Paulſies*, *Litergies*, and diuers other, &c.

Note alſo, that before a Purgation be miniſtred, there ought a medicine to be taken, which ſhould prepare the body, and make it apt to purge, and therefore it is called a preparatiue: it is giuen for two cauſes, either to diuide, extenuate, and make them groſſe and clammie humors that they may be ready to flow out, when the medicine draweth them, or elſe it is giuen to open & vnſtop the cunduits and veſſells of the body, by which the Purgation muſt draw the ſuperfluous humors to it.

And this is that which *Hypocrates* doth counſaile in the firſt *Aphoriſme* of his ſecõd book, where he ſaith, *Corpora cum quiſque purgare voluerit, oportet fluuia facere*, that is, when any man wil purge the body, hee muſt make it flowing, by opening and vn-opening of the veſſells.

The moſt meeteſt time of all to receiue a Purgation is in the morning, for then are all the digeſtions perfectly finiſhed, and the ſtomacke is without meat. There is alſo great heede to be taken in what ſigne the Moone is in, before ſuch time as any Purgation be miniſtred, for ſome ſignes are very good for it, and other ſome are euill. Therefore I would wiſh all ſuch as doe take vpon them the miniſtring of any purgation, to haue great regard before they doe miniſter it to the ſicke perſon, the time, & the place grieued, & alſo to marke wel al ſuch things as are before rehearſed, leaſt that they doe more hurt

thereby in one day to that ſicke perſon, then they are able to doe him good in a whole yeare, and yet they may doe it of meere ſimplicity, not knowing themſelues what they haue done, neither are they able to cure the ſame wound which they themſelues haue made.

A Purgation muſt bee taken hot, for ſo it offendeth the ſtomacke leaſt, and it will worke the ſooner and better.

Alſo thoſe that are apt to vomit, and are not able to endure the ſmell of the Purgation, let them ſtop their noſthrils, or elſe let them ſmell to ſome odoriferous thing, when they are about to take it, and as ſoon as it is taken it is good for the Patient, to ſmell to a toſte of browne bread dipped in Vinegar, and to apply warme clothes to the ſtomack and to waſh the mouth preſently after that it is taken, with ſome odoriferous Wine, or elſe to chew ſome ſweet and pleaſant thing to take away the bitter taſt or ſmell of the Medicine, and ſo by this meanes vomitting ſhall be eſchewed.

Note alſo that for the ſpace of one houre after that any Purgation is miniſtred to any ſick perſon, let the patient ſit ſtill and be quiet: & (in any caſe) let him abſtaine from ſleepe foure or fiue houres after, whereby the ſtrength of the medicine may the better paſſe into all parts of his body: but if the Purgation doe worke but ſlowly, then let him walke vp and downe for a good ſpace after, if hee can, and when it worketh perfectly, then let there be great care of ſleepe taken, (as aforeſaid) for there-

thereby the Operation of the Medicine would be ſoone ſtopped, and the Patient brought into great daunger.

Likewiſe, in the time of purging, immoderate heate and colde are to be eſchewed: and therefore a great fire is neceſſary, inſomuch as the cold and open ayre are both hurtfull: for the body muſt be kept in a temperate heate.

Moreouer after that the Purgation hath done working, the patient muſt bee nouriſhed with a meane quantitie of warme broth, that will breede good iuyce, and be eaſily digeſted: and afterwards by little and little, returne to his accuſtomed dyet againe.

Thus haue I (as briefely as I could) heere expreſſed and declared the commodities & diſcommodities that doe ariſe and grow as well by the miniſtring of ſuch meet medicines as are neceſſary to be vſed, both for the recouery and preſeruation of mans bodily health: as alſo for the commoditie & diſcommodity that enſueth of Blood-letting and Purging, (being all well and rightly miniſtred and vſed) and contrariwiſe of the great danger & hurt that doth come thereof, if at any time they be miſ-vſed: & therefore, I would wiſh al men (as they doe tender both their health and liues,) to beware of thoſe ignorant and vn-skilfull perſons, who (moſt commonly) vſe to open but one kinde of Veine for all manner of diſeaſes, & do alſo vſe but one kinde of Purgation againſt all humors not regarding, nor conſidering with themſelues any

thing at all, either of the strength or age of the Patient, the time of the yeare, or the first originall cause of the comming of the Disease, what soeuer Disease soeuer it be, or of any other the circumstances (in this treatise) heretofore spoken of: but let them that are grieued with any manner of Disease, alwaies seeke for the counsell and helpe of such as are knowne to be both learned and skilfull in Phisick and Chirurgery, and are also circumspect (as it is most needfull they should be) in all their proceedings vnto arte. And who for the most part, will duely and rightly consider, before they minister any midicine to the sicke person, what neede he hath, and what is most meete to be ministred vnto to him for his disease. And also let the Phisition note, that in the ministring of all potions, Electuaries & Pils, there ought to be greater obseruations to be had, then there ought to bee in Glisters of suppositories, for as much as those doe enter no further then into the Gutte where the ordure lieth, and by that place onely bringeth forth the matter which causeth the disease: but the other entring into that way which both meates and drinkes doe come into the stomacke, and there is boyled and sent into the places of digestion, & afterwards is mixt with the iuice, where of the substance of the body is made: and expelling the aduersary humors: Yet some part thereof remayneth in the Body. VVherefore People ought to take heede & be carefull what Medicines they doe receiue, that in them there be no venenositie,

noſity, malice or corruption: leaſt for the expelling of a ſuperfluous humour, which perhaps ſome good dyet, or ſome good & holſome broath made of good hearbes, or that the ſaid euacuation with ſuppoſitorie or gliſter, might bring forth at leaſure: rather then by deſiring of too haſtie remedy, they receiue in Medicine at which ſhall ingender any venomous humour and vnevitable diſtruction into all the whole body: And therefore it is a moſt happie thing for thoſe that are ſicke and diſeaſed, that can finde out, a skilfull, diſcreete, and learned Phiſition, and eſpecially ſuch a one, as both his Medicines and Druggs are alwaies perfect and good, & not any maner of way corrupted, Moreouer it is chiefely to be regarded in all ſorts of people, that all bodies that are hot and moyſt may eaſily ſuſtaine Purgation by ſtoole. All ſuch perſons as be leane and thinne hauing their members tender, may take great harme by purging. Thoſe that are Chollericke, and thoſe that vſe to eat little, Purging is very ill for them. Alſo for young children and aged perſons, it is very dangerous for them to looſen their bodies more then great neceſsity requireth. Likewiſe for theſe that are not accuſtomed to purge it is very noyſome and hurtfull vnto them: but for thoſe that liue in good order of dyet they neede neither Purgation nor vomite: Note alſo that after any purgation hath wrought to full perfection: Then thirſtines and ſound ſleeping be good ſignes and tokens that the body is ſufficiently purged; likewiſe by daily taking

ing of Medicines, and by daily purging, nature is greatly corrupted.

When you will purge any thing, firſt be ſure to make the matter flowing and ſoluble.

A Medicine to purge ought not to be mingled with any manner of meat: but to bee taken foure houres at the leaſt before meales, or three houres after meales: except certaine eaſie pills made of purpoſe to cleanſe and comfort the ſtomack which of right out to be taken at the beginning of ſupper or after ſupper or a little before that one goeth to bed, but let the patient be ſure to make but eyther a light ſupper or elſe none at all. And after a purgatiō taken, the patient ought to take good reſt and not walke ouermuch vntill the Medicine hath wrought, nor eat nor drinke any thing at all in the meane ſpace. Theſe things haue I thought good to put the practiſers heereof in remembrance of, becauſe I haue both ſeene and knowne many (that profeſſed themſelues Artiſtes) to haue forgotten to inſtruct and direct their Patients in right courſe as they ought to haue done for the good gouernment of themſelues, after they had taken eyther purge or vomit. But now I wil here ceaſe to intreat any more of theſe things, (and according to my ſimple skill to ſpeake ſomewhat of the moſt part of all ſuch diſeaſes as are incident to mans body as well inwardly as outwardly: and alſo of all ſuch medicines (being duely and rightly miniſtred) as are moſt meet and conuenient to be vſed for the cure of the ſame diſeaſe whatſoeuer it be.

DIVERS AND SVNdry approued Medicines hereafter expreſſed, for moſt ſort of diſeaſes incident to mans body, and firſt of all, for Aches.

CHAP. I.

¶ An notable ſecret for all incurable Aches or paines, in the ioynts or other places whatſoeuer.

TAKE the whole Horne of a Bucke, that was caſt off, (the later it be, the better it is) and put away the ſtalke, and take no part thereof, ſauing the very Horne, it ſelfe, then cut the ſame into ſmall ſhiuers or pieces: and ſeath them in a gallon of faire water, and let it ſeath vntil it be conſumed to a pint or a little more: Then take forth the peces of the Horne, and let the liquor ſtand vntill it be colde, and then it will be like a Jelly: Reſerue that, and when you haue occaſion to vſe it, take ſome of it, and put it into a Sawcer, or ſome other conuenient thing, and warme it, and then annoynt the place grieued therewith before a fire, both morning and euening, and let it ſake in, by the heate of the fire, and it will heale the griefe throughly, within 9. or 10. dayes, by Gods helpe. This hath bin truely and often proued.

CHAP. 2.

¶ An excellent good Medicine for any manner of Ach or straine.

TAKE Aquauitæ, Neates-foote Oyle, Oxgall, and Oyle of Camamill, of each of them a pinte, and a handfull of Camamill it selfe, and boyle them altogether, and stir the same well vntill it be well boyled, and consumed to a pinte: Then straine it and when you will vse it, annoynt the place grieued therewith, and this will asswage the paine immediately. Probatum est.

CHAP. 3.

¶ A maruellous good Medicine for an Ach.

TAKE a quart of the purest Malmsey that may be gotten and fry great Onyons sliced and pilled, then take a good quantitie of grose beaten Pepper, and let them all seeth together vntill the Onyons are become so tender that they may be strained, and then straine them through a sive cloth, then take a cloth and wet it in the same liquor strained, and lay it to the place grieued, and in two or three times dressing, it will helpe, This hath bin proued by *E. C.*

CHAP. 4.

¶ An other experienced Medicine for an Ach.

TAke a good quantitie of Scuruie Grasse, and put thereto a good quantitie of Barrowes Grease, and stampe them together, and then boyle them together, and when it is well boyled, then straine forth the liquor into some gally pot, and then stoppe it close vp, and keepe it: and when you haue occasion to vse it, annoynt the place grieued often therewith before a good fire, and this will cure any Ach in a very short time This hath bin proued.

CHAP.

CHAP. 5.

¶ An other for the same.

TAke a pint or somewhat more of good Malmsey, a pint of Capons grease and a peny worth of Frankensence, finely beaten to powder and sifted very fine: boyle all these together vntill the one halfe of the same stuffe be consumed away, and then take it and straine it, and so keepe it close in some pot or other thing as aforesaid, and when as occasion serueth for any vse thereof: then let the place grieued be oftentimes anoynted therewith, and it helpeth. Prob: est.

CHAP. 6.

¶ An approued Medicine for an Ach or swelling.

TAke vnset Time, Lauender-cotten, Knottie Strawberries, of each of them one handfull, and cut and beate them in a morter, and when you haue so done, then take 10 or 12. young Swallowes out of a nest being ripe, and beate them in the morter, (feathers guts and all with the hearbs) vntill you cannot perceiue the feathers, and then take halfe a pound of fresh Butter, vnsalted, & mingle them together, and let them stand for the space of foure and twenty houres, then seeth and straine them into a Gally pot, or else into some earthen vessell. And so vse it twice a day, in annoynting of the place where the griefe is, and in fiue or sixe dayes it will be whole, This hath bin often proued.

CHAP. 7.

¶ An other for the same.

TAke Sage and Rue, other wise called Hearb-grace, of each of them one pound, and halfe a pound of Wormwood, and halfe a pound of Bay-leaues: beat them together in a morter then take three pound of Sheepes-suet, and cut it very small, and put it to the hearbes, then put it into the morter, and beate it with the hearbes, vntill the

ſuet cannot be perceiued: then take it out, and put thereto a pottle of Sallet Oyle, and ſo worke them altogether with your hands vntill ſuch time as they be very well ſteped in the Oyle, then kepe it cloſe in an earthen pot, for the ſpace of eight or ten daies together, then ſeeth it in a braſſe pot, with a ſoft fire, vntill the ſtrength of the hearbes be gone (to try it, take a ſpoonefull of it and put it into a linnen cloth and ſo ſtraine it, and if there be any iuice left in it, then it is not boyled to full perfection, but if you finde none therein, then it is well boyled: and thus you may proue all your ointments made with hearbes) then ſtraine it, and anoint well the place grieued often therewith: This hath bin ſufficiently proued.

CHAP. 8.

¶ A preſent remedy for an olde ach.

TAke very ſtrong Aquauitæ, and two ſpoonefuls of the water of Arſtmart, and anoint the place where the ach is euery day two or three times, and it will ſpeedily heale it.

CHAP. 9.

¶ An excellent plaiſter to be made and vſed for any maner of Ach be it in any part or ioynt of the body.

TAke a good quantitie of Pigions doung, and a good quantity of dregges of ſtrong Ale, and a good quantitie of Camamill, then take the Camamill and the Pigions doung, and ſtampe them well together, and when you haue ſo done, put the dregges therein, and then boyle them well all together for a good ſpace, but all the time that the ſame is vpon the fire be ſure to be ſtill ſtirring of the ſame, with ſome ſtaffe or other thing for feare of burning of it, and when it is well boyled, take ſome of the ſame and ſpread it vpon a fine

fine linnen cloth that it cleane, and lay it to the place greeued as hot as it may possibly be suffered, and so couer it ouer with some woollen cloth or other thing to keepe in the heate, & this by gods grace will helpe you in a short time. Prob, est.

CHAP. 10.

¶ An other for the same

Take Aquacomposita and the oyle of Netes feete luke warme, and anoint the Patient vpon the place of the griefe, laying warme clothes ther on and it helpeth, For that hath bin truely proued.

CHAP. 11.

¶ A medicine for an Ach or shrinking of any synewes.

Take the tenderings of Rosemary & Marsh-mallowes, of each of them as euen portions as you can gette and gather your hearbes when they be dry, from any raine and dew: beate them in a morter very small, then take May butter well clarified, and put it to the hearbes, and mingle it in a vessell, and then let it stand for the space of foure daies: then set it ouer the fire and let it seeth till all the strength of the hearbs be gone, then take a little of it in a spone, and let it drop vpon your naile and if it be greene as the Emerauld it is perfect, and then put it into an earthen pot, and when you will vse it, you must warme it.

CHAP. 12.

¶ A perfect remedy for an Ach, or Sciatica.

Take Oyle of Netes feete and Aquacomposita, and mingle them both together, and let the patient anoynt the place where the paine is: then take Wooll, which is newly plucked from the Shepes backe and lay it there vpon, and let him wrap it well with warme clothes, and this will helpe him.

CHAP. 13.

¶ A present remedy for all maner of Aches and bruses in the bones.

TAke a good quantitie of Wall-woort, and a certaine quantitie of Balme, and Smalledge, and stampe them all together, then take a pound of May-butter, and temper them very well together, then make them into round balles, and let them lye for the space of eight dayes after, and then stampe them againe as you did before, then take it and fry it, and straine it, and put it into an Earthen pot, and so use it, and this will helpe the house if it be neuer so blacke. Prob. est.

CHAP. 14.

¶ An exceeding good Bath for one that is troubled with any maner of Ach, eyther in Legges, Armes, or otherwise.

TAke the quantitie of a pecke of Hennes dounge, a groates worth of Iuniper finely shaued into small pieces or slyces, and 2 pound waight of Roch Allom, and a good pretty bottle of new Oate straw finely chopt: then boyle all these together in the quantitie of 20, gallons, or some what more, of faire running water and let all these boyle together vntill the one halfe of the same be wasted away: then straine it into some deepe Bathing tubbe, or other conuenient vessell, fit for such a purpose, and so let the patient sit therein and bath himselfe very well, and let him be all ouer very close couered eyther with some Rugge or Blanket during all the time that he sitteth there, for feare of taking of cold, and thus let him bath himselfe as aforesaid 3 or 4 dayes together, once euery day, and this will expell the ach quite out of his bones be it neuer so vehement, This hath bin truely proued.

CHAP

CHAP. 15.

¶ An approued Medicine for an ach or ſwelling.

TAke the flowers of Camamill Roſe-leaues, of each of them a like quantitie, and ſeeth them in White Wine, and make a plaiſter thereof, and let it be laide as hot as it may be ſuffered to the place grieued, and this will both eaſe the paine, and aſſwage the ſwelling. D. Bartlet.

CHAP. 16.

¶ An other for the ſame

TAke a good quantitie of Oyle de Bay, and Aquauitæ, and mingle them both together, and let the Patient anoynt the place which is grieued and it helpeth him.

CHAP. 17.

¶ A ſoueraigne Medicine for an ach in the ſhoulder or elſe where.

TAke Reiſons of the Sunne and Figges, of each of them a like quantitie, and halfe as much Muſtard-ſeede, and beate them very ſmall, then take it & grind it in a Muſtard queerne, with the beſt Wine vinegar that may be had, then take it and ſpread it vpon a lambes ſkinne, and lay it to the place grieued, and this will by Gods grace helpe you. Probatum eſt.

CHAP. 18.

¶ A pretious oyntment or Oyle for all manner of aches or ſwellings in the Armes, Knees, Legges or Feete being taken with cold

TAke a gallon of Sallet Oyle, and of Sage, Lauender, Southernewood, Woormewood, and Camamill, each of them a like quantitie, then cut the hearbs very ſmall, and put them into the Oyle & ſtir it well together, & let them ſtand in a baſon of Latten, or elſe ſome other like thing, for the ſpace of a full moneth (but you muſt be ſure to put as many

many hearbs into the Oyle, as will make it very thicke) and so let it stand vntill the hearbs be rotten, then make a fire of coales, and set the bason thereon and so let it boyle for the space of three houres or somewhat more, then take it from the fire, and let it cole somewhat, and when you see that it is milke warme, or somewhat better, then take a bag made of strong Cannes, and with a staffe, straine out all the substance, as cleane as you may and then put it into a glasse or Gally pot or else into some earthen vessell and stop it very close, and it will continue in his vertue very long. This is good for any wound or old bruise, and also for the shrinking of any Synewes, and all maner of sores, for it hath bin truely proued.

CHAP. 19.

¶ An excellent good and approued Oyntment, for all maner of Aches, Agues, Bruses, Gowtes Cankers, Lamenesse, Stitches, or hardnes of the Spleene, and for all manner of paine in the head and eares.

Take Sage and Rue, of each of them one pound, Wormewood and Bay-leaues, of each of them, halfe a pound of Sheepes suet cleane picked from the skin, the quantitie of three pound and better of Oyle Oliffe, and chop the hearbes very small, and then shred the Suet very fine, and put them altogether, and then stampe the hearbes and the Suet vntill such time as the suet cannot be perceiued, then take it forth and put it into a faire pan and put the Oyle therein, and couer it close, and so let it stand for the space of twentie dayes: then take it forth and breake it with your hands into a brasse pan, and set vpon a soft fire, and you must be alwaies stirring of it, vntill such time as the hearbs be crackling, then take it off and straine it through a Cannes cloth, into an earthen pot, and so keepe it. For those vehement Aches, when you shall lay any of this same oyntment vp-

on

on the place grieued, you must take woll that groweth betweene the sheepes legges, or else of the longest of the woll, and let it be carded in broad flakes, and bastid vpon a linnen cloath, and so keepe that alwayes to it.

CHAP. 20.

¶ An approued Medicine for an ach, in any of the Huckle bones, Thighes, Armes, Shoulders, which commeth by taking of colde or, &c.

TAke a kettle of faire running Water, and boyle three or foure wooden Dishes therein, (which Pottage are vsually eaten in) and let them boyle for a good space ouer the fire, then take one of the Dishes, and with a linnen cloth wipe off the water which is both within, and vpon the side of it, then take the same Dish and wheame it vpon the Ioynt, Sinew, or place grieued, as hot as it may possibly be suffered, and so keepe it thereon vntill it be colde, then take an other of the same dishes and doe as aforesaid, and so the third, or fourth, and let the party grieued vse this for a certaine space both morning and euening. and this without all doubt will helpe him, for this hath holpen many that their sinewes were shrunke vp, but the partie grieued must apply hot Woollen clothes or else some Lambs-skin, or the skin of a Hare, or Conny, to keepe in the heate when he taketh away the Dishes from it.

CHAP. 21.

¶ A good Medicine for an ach.

TAke Parsly & Wormewood, of each of them one handfull, and seeth them in a quart of Ale, and sweete Butter, and wash the place well therewith that akes, and also binde the hearbs to the place as hot as it may be suffered.

CHAP. 22.

¶ An other good Medicine for an ach.

TAke Sowthistle, Chick-weede, Elder leaues, Ground-sell, and Cleauers, of each of them a handfull, dry all these together, betweene two Tyles then lay these hearbs to the place where the griefe is: but let the hearbs be washed before they be dryed, and this helpeth.

CHAP. 23.

¶ For aches and swellings in the knees.

TAke a quart of Malmesey, and a handfull of Time boyle them together a good space, and when it is halfe boyled, put into it a good piece of new fresh Butter, and let them boyle together from a quart to a pinte, and when you goe to bed, bath your knees therewith, & wet a cloth three or foure times double there in, and lay it to your knees as hot as possibly you can suffer it, and so let it continue all night, and in this sort let him vse this fire or seuen times, and doubtlesse it will helpe him. This hath beene well proued.

CHAP. 24.

A very good Medicine for all manner of aching sores.

TAke the iuice of Smalledge, of Sorrell, Way bred leaues, of each of them alike quantitie: then take Hunny, and the white of a new laid Egge, of eyther of them a like quantitie also, and mingle all these together till they thicken, and let it come nere no fire, but all raw and colde, lay it on the place grieued

CHAP. 25.

¶ A plaister for an ach.

TAke stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a penny-worth of Treacle, the quantitie of a tennis ball of Rosin, and a spoonefull of Hunny,

ny, boyle it ouer the fire, in a kettle and ſtir it well together, vntill it be well melted, then take a ſheeps-ſkinne that is new killed and make holes in it with a bodkin and ſpread the ſame ſalue or ointment before mentioned vpon the fleſhie ſide of the ſkinne, and lay it to the place grieued as hot as you may ſuffer it, and the partie grieued ſhall finde great eaſe thereby, for it hath beene truely proued.

CHAP. 26.

¶ An excellent good oyle for all manner of Aches, bruſes and ſtraynings of the ſynewes.

TAke a pottle of Neates foote-Oyle, and a quart of an Ox gall, a pinte of Aquauitæ, a pinte of Roſe-water, Bay-leaues, Roſe-mary ſtripped from the ſtalke, Straw-berrie-leaues, Roſes and ſtringes, Lauender-cotten, of euery of theſe a handfull, beate them ſmall, and put them into the aforeſaid ſtuffe, and ſeeth it ouer a fire of coales in a pan of two gallons: and (at your owne perill, ſee that the flame touch not the ſtuffe) let it ſeeth very wel, and then take it off, and let ſtand till it be almoſt colde, then ſtraine it through a courſe linnen cloth, (but not the bottome of the ſaid liquor) then put it into a glaſſe, and ſo keepe it, and when you are pained annoint the place often where your griefe commonly vſeth.

CHAP. 27.

¶ A ſoueraigne ointment for any manner of ach or ſwelling

TAke two pound of Boares-greaſe, one pound of freſh Butter, a good quantitie of Smalledge and Mallowes, and a good quantitie of Oyle of Neatesfeete, then take them and ſtampe them very well together, then fry them, and ſtraine them in an Earthen veſſell that is cleane, and when the Patient will vſe it, let him annoynt himſelfe therewith before a good fire but let him take heede that he doe not take colde vpon it.

CHAP. 28.

¶ An other Medicine for an ach.

TAke a good quantitie of Smalledge, and put thereto some Aquauitæ, then straine it, and put thereto a good quantitie of Boares Grease, and temper them very well together, and let the patient be annointed therewith both morning and euening before the fire, for the space of 5. or 6. daies together, if the paine doe continue so long. This hath beene well proued.

Agues.

CHAP. 29.

¶ A very good Medicine for an Ague.

TAKE of red Sage, Smallage, Ground Iuie, Bay Salt, Plantine-leaues, & Greene Grasse, of each of them a good handfull, and put therein a little Rose Vineger, for to make it moist, and with a linnen cloath binde it somewhat hard to both the wrists of the Patient, and so let it remaine for the space of two dayes and two nights together: and then apply an other in the same sort, and so let it be done for the space of ten dayes together, & (by Gods grace) it will speedily helpe him. This hath beene truely proued.

CHAP. 30.

¶ An other for the same.

TAke the Grease or Fat that is under the manes of Horses, and melt the same in a new earthen pot, and straine it into a gally pot or some such thing, and when the patient feeleth the Ague comming, let the Chine of his backe be annointed therewith, and within nine dayes he shall be hole, keeping in the meane space a reasonable diet.

CHAP. 31.

¶ An other for the same.

TAke the Yolke of an Egge & put thereto a good quantitie of grose beaten Pepper and two spoonefuls of Aquavitæ, and drinke it colde & after you haue taken this drinke, walke for the space of an houre, and forbeare other drinkes as much as possible you may.

CHAP. 32.

¶ A very good Medicine for an Ague.

TAke a handfull of Harts-horne, that groweth in the field, and a handfull of Bay-salt, and beat them both together in a morter, and lay this to your wristes, and this will helpe you.

CHAP. 33.

¶ An other for the same.

TAke a good quantitie of the Leaues of Stocke Gilliflowers, and Salt Peter, and bruise them well together, and apply them to the poulses of the Patient, and it will doe him exceeding much good.

CHAP. 34.

¶ An other for the same.

TAke Bay Salt, Smalledge, White Frankensense and Plantine Leaues of each of them a handfull, and beate them in a Morter vntill they be very small, then take them

and deuide them into foure parts, and then lay two parts thereof vnto your wrists, and the other two parts to the bought of your armes: and an houre before your fit doth come, then take a quart of your stale Ale and seeth it from a quarte to a pinte, and continually as any froth doth arise, skom it off, then put into it a crust of White Bread, and let it seeth in the Ale, and when you perceiue your fit comming, drinke it warme, and eate the crust: you must vse this drinke during all the time of your sickenes for it is very holesome and good.

CHAP. 35.

¶ An exceding good Medicine for a Quotidian Ague.

Take three pinteh of Ale, Bay leaues, and Red Sage, of each of them a good handfull, fine Suger three ounces, and a spoonefull of Pepper seeth all these togither in the Ale, from the quantitie aforesaid till it come to a pinte, then take it and straine it through a fine clooth, and let the Patient drinke a good draught of it as hot as he may abide to drinke it, a little before his fit commeth, and then let him walke a good while after it.

CHAP. 36.

¶ Another for the same

Take a pinte of Malmsey, and a handfull of May-weed, bruise the May-weede, and put the iuice thereof into the Malmsey and let the Patient drinke thereof as often as he shall thinke good, and this will helpe him. This is good to comfort nature, being drunke as aforesaid and also against the Plague.

CHAP. 37.

¶ An other for the same.

Take a good quantitie of the blades of Daffadillies, and bruse them and seeth them in a pinte of Ale or Wine, and put into it a spoonefull of Graines bruised, and let the Patient drinke thereof, halfe an houre before his fit doth come, and this will helpe him.

CHAP.

CHAP. 38.

¶ A very good drinke for an Ague,

TAke Bay leaues, and Sage leaues, of each of them a like quantitie, then take Bay-berries, and bruise them very grosly, and mingle these all togither, and put them into a quart of White Wine, and seth them for a good space, then straine it through a fine cloth, and a little before the fit commeth, let the Patient drinke thereof.

CHAP. 39.

¶ An approued Medicine for an Ague.

TAke three quarts of faire Running Water, and put it into an Earthen pot and put thereto a good handfull of Violet leaues, and flowers, boyle them for the space of a quarter of an houre togither, then take it off the fire, and put thereto a farmer full of Wheaten Branne, and cover the pot a good while: then straine it through a fine linnen cloth, and when it is cold put thereto a good quantitie of fine Sugar, then let the partie grieued drinke thereof, both morning and euening fasting: also let him before he eate any meate in the morning: eate fiue or seuen Damesins, (if they may be gotten) and at night let him eate toasted apples with Suger, and at dinner let him drinke White wine, with the water aboue said mixed. This hath bin truely proued

CHAP. 40.

¶ An other for the same

TAke a quart of new Milke, as new as you can get it frō the Cow, and seth it, and when it doth seeth, put into it a good lumpe of Roch Allome, & stir it vntill it haue a good curde on it, and when it is very well curded, scumme off the Curd cleane, and when you haue so done, then take the same drinke and drinke it, as often as you thinke conuinient and as hote as it may possibly be suffered, and then put away the curde, for it is not good,

CHAP.

CHAP. 41.

¶ An excellent Medicine for an Ague.

TAke Burre-rootes, and Red Nettle-crops, and ſeeth them in ſtale Ale, & clarifie it, and giue the ſicke thereof to drinke, about ſuch time as the colde fit beginneth to come, and after the heate be paſt, when you ſee that he beginneth to ſweat, giue him Poſſet-ale to drinke made with Marigolds and Fennell, but ſee that the Poſſet-ale be well clarified: vſe this Medicine, for it will take away the Ague within three or foure fits at the vttermoſt.

CHAP. 42.

¶ A Medicine to take away the extreame Heate or burning of any Ague

TAke Nettles, Cobwebs, and Salt, & beate them togither in a wodden diſh, and lay it to the left arme of the ſicke perſon, and it will take away the heate of the Ague.

CHAP. 43

¶ An other for the ſame.

TAke a Toſte of Bread, and ſpread it ouer with Triacle, and let the Patient eate it before the fit commeth, at the leaſt three ſeuerall times, for the ſpace of three dayes, Probatum eſt. Per Gulielmum Lenthell, Oxon Armig.

CHAP. 44.

¶ An other preſent remedy for an Ague.

TAke 2 ounces of Bay ſalt, 2 ounces of Frankenſence, and a handfull of Smalledge, beate them together, and lay them to the wriſts of both your hands, and to the boſwes of your armes, let this be done two houres before the fit both come: Prob. eſt.

CHAP. 45.

¶ An other for the ſame.

TAke two or three Cloues of Garlicke, and beate them, and a penyworth of Aquauitæ, halfe a pint of Ale, and ſeeth

ſæth them altogether, and drinke it as hote as you may ſuffer to drinke it a little before the fit commeth.

CHAP. 46.

¶ An other for the ſame.

TAke Soote, Yolks of Egges, Bay Salt, and Pepper, and mingle them together, and lay it to the wriſtes of the Patient, doe this twice a day for the ſpace of three or foure daies, and it will take away the Ague. For this hath bin often proued.

CHAP. 47.

¶ An approued Medicine for a burning Ague.

TAke a handfull of Strawberrie-leaues, and a handfull of Violet leaues, or handful of Bourage-leaues, a handfull of Sorrell-leaues, and ſo ſtampe them and drinke them in Poſſet Ale, as hot as you may ſuffer it when your fit is vpon you. This hath bin truely proued to helpe many.

CHAP. 48.

¶ An other for the ſame

TAke the quantitie of a quart of Running Water, & halfe a dozen of Orenges, and then pill away both the vpper rinde, and the white ſkin and picke out the kernels of them and ſlice them: then take them and ſtirre them well & ſæth them in the ſaid water vntill the water be conſumed halfe away, then take the quantitie of foure ounces of Sugar and boyle it a little ſpace therein, and when you perceiue that it is ſodden enough, ſtraine it and when it is colde, drinke it, and ſo vſe it for the ſpace of three dayes, and if need require vſe it oftner, but if your burning be vehement, when your ſtomacke will ſerue, ſtampe ſome Sorrell, and eate the iuice thereof with your meate, this doe and it will helpe you.

CHAP. 49.

¶ An other for the ſame

Take Smalledge, Shepheards-purſe, & Liuerwort, of euery

of them a like quantitie, Bay-Salt, and Frankencenſe as much as you ſhall thinke nædefull, beat all theſe together, and lay it vpon a linnen cloth & binde it to the inſide of the wriſte of your left Arme, vſe this for the ſpace of 9 dayes together, and it will helpe this diſeaſe, for it hath bæne often proued.

CHAP. 50.

¶ An excellent remedy for a Quotidian Ague.

TAke a quart of ſtale Ale, a handfull or ſomewhat more of red Sage, a peny worth of fine beaten pepper, take & boile theſe altogether, from a quart to a pint, and when it is ſod, clariſie and ſtraine it, and halfe an houre before the fit commeth drinke a good draught thereof, & walke thereon and it will preſently helpe him. This hath beene often proued.

CHAP. 51.

¶ An other for the ſame.

TAke Fetherfew, and Smalledg, of eyther of them to the quantitie of a good handfull ſtampe them both together in a Mortar, vntill ſuch time as they are beaten very ſmall and ſtraine them: then take halfe as much as the iuice of the ſame is of ſmall Ale, and mingle them together: and then let the Patient drinke the ſame warme: a little before ſuch time as his fit doth come (that is to ſay) when hée perceiueth any grudging vpon him, This muſt be vſed three or foure ſeuerall times at the leaſt, and let the Patient goe to bed, and haue as many clothes laid vpon him, as he is able to beare or ſuffer, and ſo let him be continually kept vntill his fit be ouer paſt, and thus in three or foure times doing, he ſhall be holpen by Gods helpe: This hath bin well proued.

CHAP. 52.

¶ A very good drinke to be vſed for any maner of Ague.

TAke a quart of Ale that is not ouerſtrong, & boyle therein a good quantitie of Centorie, and let the Patient drinke

drinke it lukewarme.

CHAP. 53.

An excellent medicine for an Ague, or for any burning feuer, be it neuer so vehement

TAke two handfulls of Plantine, and as much of Ryb-leafe, (which leafe is like vnto a Plantine-leafe, but it is somewhat longer and it groweth vpon the high wayes as the other doth,) And a pottle of Running Water, (but it must be taken vp against the streame) and two penyworth of Lyquorice fine scraped and boyle them altogether vntill the liquor be come to the quantitie of a pinte, then take it of and straine it: Then put into it as much Suger Candy, as you thinke fit to sweeten it withall, and then straine it and so giue of the same liquor to the Patient to drinke at all times, but he must refuse all other drinke as neere as he can. and this helpeth without all doubt. This hath holpen many that haue bin at the point of death, & as it hath bin sufficiently proued haue bin thought to be past all cure.

CHAP. 54.

¶ An approued Medicine for Tertian Ague.

TAke of Dragon-water, & Aquacomposita, to the quantitie of a quarter of a pinte, of either of them, and put thereto a peny worth of Ieane Treacle, and halfe a quarter of an ounce of grose beaten Peper, warme all these together, and be still stirring it with a knife or else with some other Instrument and giue it to the Patient to drinke, as hot as he may possibly suffer to take it, a little before the fit commeth and let him lye in his bed and sweat very well. This hath holpen many.

CHAP. 55.

¶ An other for the same.

TAke nine leaues of stocke Gillyflowers, and fiue or sixe crops of Rosemarie, and stampe them altogether, & take the iuice thereof, and drinke it in Ale luke warme, a

little before such time as the fit doth come.

CHAP. 56.

¶ An excellent remedy for a Quartaine Ague.

TAke an Oxegall, and as much Aquacomposita, & put thereto a quarter of an ounce of Pepper, braied but a very little: and put two penyworth of Triacle, & anoint the hands from ake and wrifles with the aforesaid things, being all mingled together, halfe an houre before the fit commeth but let it be laid to as hot as the Patient may suffer it, and let him sweat well upon it, and this will speedily helpe him. Probatum est.

CHAP. 57.

¶ An other for the same.

TAke Snayles, which be in shells, to the quantitie of two handfulls, Bay-salt, and Mallowes, of eche one of them a handfull, beat all these together, and lay it to the Soles or bottoms of your feete, before the fit commeth.

CHAP. 58.

¶ An other present remedy, for a Quartaine Ague, and for the drought that commeth thereof.

TAke Red Wine, and new Milke, of a Cowe that is all of one colloure, of each of them a pottle, then take three or foure handfulls of Mouse-eare, well picked and washed, strip it into the Wine and Milke, and temper them altogether, and let them stand so, for the space of one night, and then put them into a faire Still, and so distill them with a soft fire, then take the Water and put it into a Glasse, and set it where it may stand in the Sunne, for the space of five daies, & let the Patient when he is dry in his Ague, drinke thereof three or foure times, and he shall be rid of his Ague, and this drinke will quench his thirst if he be never so dry.

CHAP.

CHAP. 59.

¶ A very good Medicine for an Ague.

TAke a spoonefull of greene Glasse beaten to powder, & 3 spoonefuls of Stone-hunny, a handfull of red Sage, mingle these with a head of Garlicke, and put thereto, as many Cobwebbes as will temper the same: and let it be in begnes: to the quantitie of an Egge shell and all, and then take the aforesaid things and binde them about both the wristes of the Patient and this will helpe him. Prob. est.

CHAP. 60.

¶ A remedy to take away the drought in an Ague.

TAke Sorrell and Burrage of each of them a like quantitie, and a certaine quantitie of Strawberrie-leaues, and Violet-leaues, boyle them altogether in a pottle of very faire running Water, vntill it be consumed from a pottle to a quart, then take the hearbs and streaine them, and take halfe a pound of good Almonds, and blaunch them, and beate and streaine them with the said water, and put Suger therein, and drinke it warme, doe this for the space of fiue or sixe dayes, and it will helpe him.

CHAP. 61.

¶ An excellent rule to be obserued in the making of drinke and pottage for them that are infected with any Ague.

TAke Buglosse, Burrage, Endiue, Fennell-rootes red Sage, Lettice, Pruines, Parsly-rootes, great Reisons, Sinke foyle, Sorrell, and Succorie, of each of them a like quantitie, and put all these into his pottage, and likewise in Posset-ale, and Allom Milke, and this is very good.

CHAP. 62

¶ A very good remedy against corrupt ayres, wherein the Agues are first ingendred and gotten.

TAke Betony, Centory and Egromony, of each of them one handful, then take them & stampe them and straine them with Ale, & with a Liquorice sticke bruised, and then boyle it, and clarifie it very well, and make it pleasant with Suger, & drinke thereof, every morning luke-warme 3. spoonefulls for the space of three or foure daies, and it will preserue one from all corrupt ayres and infection.

CHAP. 63.

¶ An other Medicine against an hot burning Feuer.

TAke a good handful of Bay-leaues, a handful and more of red Sage, and seeth them both together in a pottle of stale Ale, and let it boyle vntill such time as the one halfe be consumed away, then straine it, and let the Patient being in bed, drinke a good draught therof, (& same being warme) and a little Suger put therein to make it sweete, and let the Patient take it an houre before such time as his fit doth come. Probatum est.

CHAP. 64.

¶ An other Medicine against an hot burning Feuer.

TAke a pottle of stale Ale, and the bottome or lower crust of a white Loafe, and a handfull of Sinke-foyle, a handfull of Camamill, of Treacle and Vineger, each of them a spoonefull, a few whole Maces, Suger-Candie, as much as you shall thinke good, and seeth these together, vntill such time as the one halfe be consumed; then straine it from the hearbes, and giue it the partie grieued to drinke, and let him drinke none other drinke during his heat, and giue vnto him as much thereof, as he will, and it helpeth him. This hath bin proued.

CHAP.

CHAP. 65.

¶ A medicine for the cold in a Feuer.

TAke Camamile, and Wormewood, of each of them a like quantitie ſeeth them in a quart of Ale, & let it ſeeth vntill it be halfe conſumed: then ſtraine it, and giue it to the Patitient to drinke firſt and laſt, and this helpeth: for it hath bin proued.

CHAP. 66.

¶ An excellent good medicine for an Ague.

TAke the iuice of Tanſie, and mingle it with the oyle of Roſes, and a little before the fit commeth let the patient be aneinted therewith, and it will quite expell the ague. Probatum eſt.

CHAP. 67.

¶ An other for the ſame

TAke Liuerwort and ſtampe it, and let the patient take of the iuice therof, and drinke it in ſome Poſſet-ale, and it will both rid him of the ague and alſo cole the inflamation of the Liuer, and it is alſo good againſt all hot Feuers.

Alſo the Syrop of Violets, is good againſt all inflamations of the Longs and Breaſt, and againſt the Pluriſie and Drought, and alſo againſt all Agues and Feuers, and eſpecially in young children.

CHAP. 68.

¶ An other for the ſame.

TAke a good quantitie of ſmall Daiſies, and boyle them in a little faire running Water, and ſtraine them and let the patient drinke the iuice thereof and it will both cole the heate of the Liuer, and cure him of the Ague.

CHAP. 69.

¶ An other for the ſame.

TAke the iuice of Barberies, and drinke it with Poſſet-ale, and it helpeth.

CHAP.

CHAP. 70.

¶ An other for the same.

TAke Hurtle-berries, (otherwise called) Blacke-berries, and eate them with Suger, and this will take away the inward heate or drought in an Ague, also the iuice of Lemmons, is good to cole the heate in an Ague.

Likewise the iuice of a Poungarnet is good to cole the heate in an Ague.

CHAP. 71.

¶ An other good Medicine to cure the burning Feuer.

TAke the greene leaues of Barberries, and make a sawce therof (as if it were with Sorrell) and let the patient eate it with his meate, and this will helpe him Probatum est.

CHAP. 72.

¶ An other for the same.

TAke a few of the Roots of Pelitory of Spaine, & grate them, and put the powder therof into a little white Wine, and let the Patient drinke it, and it will helpe him.

CHAP. 73.

¶ A very good water for an Ague.

TAke Sowthistle and distill it, and halfe an houre before that the fit commeth, let the Patient drinke the quantitie of halfe a pinte therof and this will presently expell the Ague, and take away the drought, and let him vse this 3 or 4 times, and it will helpe him, for it hath holpen many, after that other Medicines haue bin experienced, and failed in the helping of them. Probatum est, per *W. B.*

CHAP. 74.

¶ An other present remedy for an Ague.

TAke a pretty quantitie of good Wine Vinegar, & put to new laid Egges therin, and let them remaine there for

the

the ſpace of 24. houres: and then beat them very ſmall together, and then ſtraine the ſame through a cleane linnen cloth, and giue the Patient a good draught thereof, a little before his fit cõmeth, and looke that he be kept very warme in his bed after it, and this will helpe him. Pro. eſt.

CHAP. 75.

¶ An approued medicine for an Ague.

TAke a Hearing that is well Pickl'd, and ſplit it on the belly ſide, and warm the ſame very hot, and lay them to both the ſoles of the feete of the party grieued, and this will helpe immediately, be it either Quotidian, Tertian, or &c.

CHAP. 76.

¶ An other for the ſame.

TAke Red Roſe-water, Venice Turpentine, and Frankenſence, of each of them two penny worth, and mingle them well together: then take a peece of white leather, and ſpread the ſame plaiſterwiſe thereupon: (that done) lay the ſame to both the wriſts of the party grieued, and let the ſame remaine there vntill it fall off, of it ſelfe.

This hath holpen many that haue bene troubled two yeares therewith, hauing taken the diſeaſe in forraigne Countryes.

¶ ¶ ¶

Backe.

CHAP. 77.

¶ An approued medicine to coole the extreame heate in the Backe: and allso to cure the disease called *Gonorh aa Passio.*

TAKE Water-cressets and Columbins, of each of them a good quantity, and seeth thē in Cowe-milke, and if it be for a man thē let it be the Female-cresset, and if it be for a woman, then take the Male-cresset, & when the hearbs are well boyled in Milk, then take it from the fire, & let the Patient eate thereof, with a little white Bread therein, and let him drinke it both Morning & Euening, for a certaine space, and by Gods grace it will helpe him, Probatum est.

CHAP. 78.

¶ A soueraine Medicine for the weakenes of the Backe.

TAke Daisie-roots, Plantine, Bursa pastoris, Centammodie, cuppes of Acornes, of each of them a handfull, and as much Bole-armoniake, and the powder of Harts-horne, then take a Buck-Conny that is fat, and ybole these in white Wine and water, and let the water and Wine be of equall portions, and let them boyle vntill the hfle of the Cony be seperat from the boanes: then take she Cony and the other stuffe out of the broath, and straine the

the broath into a cleane vessell, and let it stand vntill it be turned to a Jelly, and when you are in your bed, cause your backe to be anoynted therewith, by a chafingdish of coales, for the space of three nights together, and lay a linnen cloath warme thereon, (but in any wise take heed that you chake not your backe ouermuch) and this will help you. Pro. est.

CHAP. 79.

¶ Another for the same.

TAke foure or fiue Cape Dates, and pele them very cleane and let them be stamped small in a Morter, and put to them the yolke of a new laide Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the Patient drinke thereof both Morning and Euening, and it willhelpe him

CHAP. 80.

¶ A present remedy for a heate and paine in the Backe.

TAke Rose-leaues, and Rose-water, of each of them a like quantitie, and put thereto as much Saunders as you shall thinke good, and let them be steped in your Rose-water, for the space of 24. houres, then wash your Backe as often as you can conueniently euery day, for the space of fiue or seauen dayes, and this will both asswage the paine, and take away the heate, and much comfort the Reines.

CHAP. 81.

¶ An other Medicine for the paine in the Backe.

TAke Sage, Rosemary, Camomill, and Maudlyn, of each of these a handfull: then stampe them all together in a morter, or other stone vessell, and let it be fryed with Maybutter, and a noint your Backe with it warme, but in any case beware of taking colde thereon.

CHAP. 82.

¶ A Medicine to cleanse the Backe and Purge the Reines.

TAke two Parsly-roots, and picke out the pithes of them, and a Fennell-roote, and put to it Pellitorie of the

wall, and wash them cleane, and boyle them in Posset-ale, and drinke thereof when you goe to bed, and as often as you shall thinke good, and euery night doe the like.

CHAP. 83.

¶ A good Medicine for the Raynes of the backe.

TAke halfe an ounce of Venice Turpentine, and let it be very well washed in plantine water, or in Rose-water, and then mixe it with fine white Suger, and make thereof foure or fiue balls, of the which you must eate three in a morning fasting, and dayly drinke a little White Wine, or Renniſh Wine immediately after.

CHAP. 84.

¶ An excellent good Medicine for the weakenes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Succory, Pennyroyall, of each a like quantity, Ginger & Nutmegs, as much as will burne the Wine, then take two new laid Egges, Yolkes and all, and temper them with 3 or 4. spoonefulls of Red-rose water, and put thereto a good peece of fine Suger, then take the burnt Sacke, and burne it againe with the Egges, and put into it a little Mace, and it will be in manner of a Caudle, then put to it some Sallet Oyle, and mixe it with the burnt Sacke, and let the Patient drinke this thrise a day (that is to say) in the morning fasting, after dinner, and when he goeth to bed, and this will helpe him in short space: For it hath been well proued.

CHAP. 85.

¶ A very good Medcine to strengthen the Backe.

TAke a quar of Ale, and three or foure whole Maces, and as many Dates, (the stones picked out, and the pith also) then take a good handfull of the toppes of Rosemarie, and let all these be boyled together, vntill it be consumed

ſumed from a quart to a pinte, then take the Oyle of two or three newe laid Eggs; and take of the rinde that is about the Yolkes, and then put the Yolkes into the Ale, and boyle them well together, and ſtirre them, and ſo let the Patient drinke thereof, both morning and euening for the ſpace of fiue or ſixe dayes together, and this will ſtrengthen his backe very much. Pro. eſt.

CHAP. 86.

¶ A very good Medicine for the heat of the Backe,

TAke Vnguentum frigidum Galleniz iij. and ſpread it vpon a fine linnen cloath, (but you muſt firſt dip it in Roſe-water) and warme it againſt the fire, and lay it vpon the kidneyes, and when it waxeth hot, take it off, and lay it to an other place, and thus ſhift it often.

CHAP. 87.

¶ An other for the ſame.

TAke the water of Plantine diſtilled, or elſe the iuyce thereof, and put to the ſame leaues, and the leaues of Red Roſes diſtilled, and alſo of the water of Red Roſes, and the water of Red Roſe Vineger: then put all theſe together into an Earthen pot, and put a fine linnen cloth into the water to ſteepe, and when it is well ſteeped, take it forth againe, and then with a fewe leaues of a red Roſe Cake, lay it to the backe of the Patient, and when it waxeth hot, vſe an other cloth dipped therein, (as aforeſaid) and it will helpe him: This hath bene often vſed by *M. D. H.*

CHAP. 88.

¶ A good Medicine for one that hath a weake Backe.

TAke 5. or 6. crops of Red Neepe, and two ſpoonefulls of Archangell-flowers, and ſhred them very fine: then take 3. or 4. newe laid Eggs, and temper them altogether: then take a little ſweete Butter, fat is but little ſalted,

and make 3. or 4. fritters, and let them be fryed in some little Earthen pan, and let the patient eate them without eyther bread or salt, but onely with a little fine Suger strawed vpon them. Probatum est.

CHAP. 89.

¶ A good plaster to ease a paine or crick in the Backe.

TAke white Archangell flowers and leaues a good quantity, and of Comfrey leaues and rootes, 1. ounce of Plantine, and Bursa pastoris 1. ounce, beate them altogether very fine, and put vnto them a spoonefull of Honny, and then frye them in a Frying pan, and diuide it into foure parts, and make of euery part thereof a plaister, and so lay one of them on the backe of the patient, euery night when he goeth to bed, and by Gods grace it will speedily helpe him.

CHAP. 90.

¶ A maruelous good oyntment for the backe.

TAke 4. ounces of Vnguentum frigidum Galeni, and 1. ounce of the iuyce of Housleeke, 2. drammes of Mirtle, and as much of burnd Lead, and 1. dram of Camphire, halfe a dram Red Rose-leaues, and as much Red Corrall, then according to arte make all these into an Oyntment in a morter of Lead or Stone, and let the Patient haue his Backe annoynted therewith, and he shall finde much comfort thereby.

CHAP. 91

¶ An excellent good restoratiue to the backe.

TAke a quart of stale Ale, halfe a handfull of Germander, a handfull of Clarie, a handfull of vnset Hysop, a handfull of vnset Time, a braunch of Rosemary, a good quantitie of English Saffron, a dish of sweete Butter, and a good peece of Suger, then boyle all these together, vntill the one halfe be consumed, then straine it, and let the Patient take it both Morning and Euening, and it will helpe him.

CHAP.

CHAP. 92.

¶ An other for the ſame.

TAke new Milke and ſet it on the fire, and when it is ready to ſeeth take the quantitie of a Nut of Roch Allom, and ſtampe it ſmall, and put it into the Milke, and ſtirr it with the ſpone and couer it cloſe, and when the curde doth riſe, take it off, and let the patient drinke thereof firſt and laſt for 5. or 6. dayes together, and it will doe him much good.

CHAP. 93.

¶ An other for the ſame.

TAke a quart of Goats milke, if it may be gotten, if not, then take a quart of Cow milke that is new, and a handful of Oatmeale, and a good deale of the Pith of an Oxe back, and ſtamp them together, and ſeeth them well: and when it is ſodden, ſtraine it through a fine linnen cloth, and let the patient drinke it firſt and laſt, and it will helpe him. Pro. eſt. This is alſo good againſt a conſumption.

CHAP. 94.

¶ A good Medicine for the Reines of the back.

TAke Aquauitæ, and put therein a little Hempſeede finely beaten and let it ſoke in the Aquauitæ 7. or 8. dayes together, then ſtrayne it and let the patient drinke it, and it will helpe him.

If you cannot get Aquauitæ: then take good white Wine or elſe ſtale Ale, any of theſe will ſerue.

CHAP. 95.

¶ A good Medicine for the weakenes of the back.

TAke a pinte of Claret Wine, and put therein a good quantity of fine Suger, and Red Roſe-water, Bugloſſe water, and Burrage water, of euery of them a good quantitie, mingle them together and let the Patient drinke two or three gots

draughts

draughts thereof, and a little Diasaturion: This is a very comfortable drinke to coole the stomacke and the Reines, and it will strengthen the Backe wonderfull much.

CHAP. 96.

¶ A Medicine for the heate of the Reines, and to auoid the blistring in the mouth.

TAke Liuerwort, Sorrell, Balme and Succorie, of each of them one ounce, and seeth them in a quart of Whay, the same hauing bene well clarified, and let the Patient drinke halfe a pinte thereof at the least euery morning. Pro. est.

CHAP. 97.

¶ A good Medicine for the Reines of the Backe.

TAke Cassia Fistula, and drinke it in white Wine fasting, for the space of nine dayes together, and it will doe him exceding much good that shall take it: For it hath bin proued.

Also this being drunke with white *Wine*, and the iuyce of *Parsley Rootes*; is a singuler good preseruatiue against the stone.

CHAP. 98.

¶ A present remedy to stay the running of the Reines.

TAke a good quantity of Otemeale, and beat it very small, and put it into a quart of newe Milke, and seeth it, and put therein a good quantitie of Suger, and when it is well boyled, straine it, and giue it to the patient to eate, and it will helpe him. Probatum est.

CHAP. 99.

¶ Another for the same.

TAke Venice Turpentine, and wash it cleane in these waters following (Viz.) in Plantine Water, in Red Rose Water, and in waters of Liquorice, and when you haue washt it very well, then take the Turpentine, and seeth it with

with as much white Masticke, and when it is sodden inough it will breake to powder: (it is easily perceiued vpon a knines point) then take dj. an ounce of Nutmegs beaten to powder, and put to it the like quantitie of the powder of Venice Turpentine, and dj. an ounce of white Suger, and mingle them together: then let the Patient eate of the same powder with an Egge or two, (reare rosted that they may be supped of) and let him eate nothing for the space of an houre after: But if he eate 2. or 3. of these Eggs euery morning so dressed, it will be the better vntill it be pole, and also let him drinke dj. an ounce of Red Rose water, and dj. an ounce of Plantine water, after such time as he hath eaten his last Egge.

Note, that he must vse to eate 2. of these Egges aforesaid, in his bed before he rise in the morning, and the three one houre after they is risen vp, and after the space of one houre more, he must in like sort drinke the water aboue said, and walke a good while after it.

CHAP. 100.

¶ Another for the same.

TAke a quantitie of the stones and the rootes of Stockflowers. (Viz.) Diasaturion, and the rootes that lie like Beades in barren grounds, and preserue them as you doe Cherries or other things: then make a Candle of Muscadine, and boyle the same rootes therein, with a Nutmegge grated, and a litte white Masticke: then let the partie grieued, eate of the rootes, and also drinke of the Candle aforesaid, and this will presently helpe him.

CHAP. 101.

¶ An other for the same.

TAke two new laid Eggs, and put away the whites of them, as cleane as may be, and set them in the fire vntill they be blood warme: then take halfe a Nutmegge, and a good peece of Suger Candie, and a prety quantitie of Currell

finely beaten to powder, then take a little Cinamon and Amber, of each of them a like quantitie, and mix them altogether, and put them into the Egge, and let the Patient sup it of, or else let him take a peece or two of fine White Breade, and ponce the Yolkes of the Egges thereon and then straw the aforesaid powder vpon it, and so eate it, and this will spedily help him. Pro. est.

CHAP. 102.

¶ An other excellent good remedy for the running of the Raines.

TAke three kernels of Pistia, which are not old, a dram of cleere Masticke, a dram of Mirre and 3. scruples of Camphire, of the cups of Acrons, and yellow Amber, of each of them a like quantity, then take a prety quantitie of Venice Turpentine, and wash it cleane in Plantine water, and temper it with the aforesaid thinges, and with the Yolke of an Egge that is reare rosted: and so let the Patient eate it fasting. But if the cause be hot, then take 3. drams of Bole Armoniacke, and put thereto. Probatum est.

CHAP. 103.

¶ An other for the same.

TAke May-weede, Plantine, Neepe, Clary, Balme, and Daisie-rootes, of each of them a good hand full, and boyle them all in a quart of pure Malmesey, and boyle it vntill the one halfe be consumed, then straine it, and let the Patient drinke thereof both Morning and Euening, and this will stay the running of the Raines, although the Patient hath beene long troubled therewith. This hath beene often proued. D. L.

CHAP. 104.

An other for the same.

TAke a good quantity of Venice Turpentine, and a Nutmeg, or two beaten small and a good quantity of Cynamon

mon ground to powder: then take 5. or 6. Date-ſtones, and grinde them vntil they bee come to fine powder, and then mixe them altogether, and make them into bullets, (pellet like) and wrap it in white Suger, and let the patient ſwallow downe 3. or 4. of theſe Pellets euery morning faſting for the ſpace of 8. or 9. dayes together and let him walke halfe an houre (after he hath taken it) before he doe eate or drinke, and this will ſpeedily helpe him. Prob. eſt.

CHAP. 105.

¶ Another ſpeciall good Medicine for the running of the Raines.

TAke a ſhiue of fine Manchet-bread, and toaſte it browne on both ſides: then take two new laid Eggs, and diuide the whites from the yolks as cleane as you can & then ſpread the yolks vpon the bread, & put therein two pennieworth of white Suger-candy, beaten to fine powder, and let the patient eat this euery morning faſting: and let him faſt an houre or two after hee hath eaten it, and let him vſe this fiue or ſeauen dayes together. This hath holpen them that haue bin grieued therewith 7. yeares before. Probatum eſt, per M. Iames.

CHAP. 106.

¶ An other preſent remedy for the running of the Raines.

TAke white Wine and put therein a little Hemp-ſeede finely beaten and let it ſoke in the white Wine 7. or 8. dayes together, then ſtraine it, and let the patient drinke it, and it will helpe him.

CHAP. 107.

¶ Another for the ſame.

TAke Amber, Nutmegs Sugar-candie, and Currall, of each of them as equall portions as you can, and beate them all into a very fine powder, & put thereto a little grated

Cynamon and mingle them all well together, and straw the same powder vpon a toste of fine Mancher, (being tosted browne on both sides thereof, as aforesaid) and let the patient eate the same fasting; and so let him vse it 5. or. 6. daies together and doubtles (by Gods helpe) this will cure him.

CHAP. 108.

¶ An other for the same.

TAke Pellitory of the Wall, Wilde Time, and Parsly, of each of them a good handfull, and boyle them in a quart of strong Ale, and let it boyle vntill the one halfe be consumed: then take it of, and straine it, and let the party grieued drinke a pinte thereof warme euery morning and euening for the space of 9. daies together, and he shall finde great ease thereby.

CHAP. 109.

¶ An execellent good water to wash the Yard of one that hath lately had the running of the Raines, and hath bin cured thereof.

TAke the leaues of Daisies, Woodbinde and Plantine, of each of them 3. good handfulls, a good quantitie of English Hunny, and as much Roch Allom, as a Wallnut, and put to them a quart of faire running Water, and half a pinte of Red Rose water, and boyle all these together in some Earthen vessel (close couered) for the space of halfe an houre, and then straine it through a fine linnen cloth, & when you will vse it take a smal Searing and squirt some of the same water (luke-warme) into your Yard, & let the pipe of your squirt be put into it, and inch or somewhat more, and let it be strongly spouted vp, whereby the water may goe beyond the sore place, and so vse it euery day three times, for the space of a whole moneth at the least, and this will make it sound for euer after, from this disease: For it hath bin truely proued.

CHAP.

CHAP. 110.

¶ An other easie Medicine to help the running of the Raines and also to scowre the Yarde after it.

TAke a prętty quantity of Plantine water, and Woodbynde water, and mingle them both together, and with a Scaring, squirt the same water (luke warme) into the Yarde of the party grieued as aforesaid both Morning and Euening for the space of 21. dayes, and it will helpe him without all doubt. Probatum est.

Bellie.

CHAP. 111.

¶ A very good medicine to ease the paine or griping in the Belly.

TAKE a handfull of Southernwood, and lay it right against the place (on the contrary side) where the paine is, and it will vtterly expel it. Also, if it be laid to the Nauil of any one that is much grieued therewith, it will spędily take the paine quite away. This hath holpen many that haue beene greatly payned therewith.

CHAP. 112.

¶ An other for the same.

TAke 2. handfulls of wheate Bran, and boyle it in Wine Vinegar; then take the same and lay it plaisterwise to

the left side of the party greiued as hot as possible it may be suffered, and this will presently helpe him. Probatum est.

This is also good against the mother.

CHAP. 113.

¶ A good Medicine for one that is hard bound in the Belly.

TAke a good quantity of the middle rinde of an elder tree, and stampe it well, and steepe it in stale Ale, and straine it through a fine linnen cloth, and giue it the party grieued often to drinke, and in vsing it two or three dayes together it will helpe him.

CHAP. 114.

¶ An other for the same.

TAke a good quantity of Hemp-seede, and seeth it in faire running Water, & when it is sodden, straine it through a fine cloth and let the Patient drinke a good draught thereof, when he goeth to bedde, and it will make him laxatiue.

This hath bin proued.

CHAP. 115.

¶ Another for the same.

TAke a Chicken and a pretty quantity of Cassula fustula, and seeth them together in faire running Water, and let the patient drinke the broth, and it wil immediately procure loosenes of the body without paine.

CHAP. 116.

¶ Another for the same.

TAke an Onyon, and make a hole therein, and fill it with pure Hunny, and roll it, and lay it to the Nauill of the partie grieued, and it will helpe him.

CHAP.

CHAP. 117.

¶ An other for the ſame.

TAke Otes (parched vpon a Tile ſtone or in an Ouen) and ſprinkle them with hot water, and put them into a fine cloth, and lay them to the woombe of the party griſued, and bind it cloſe, and this will help him.

CHAP. 118.

¶ An other for the ſame.

TAke ij. penyworth of Skamony, and twiſe as much Sugar and Cloues, and a little Liquorice, and grinde them ſmall with warme liquor, and then giue it the patient to drinke, and let him eate ſome hot meate immediatly after it.

CHAP. 119.

¶ An other for the ſame.

TAke the iuice of Southernwood, and anoint the belly of the patient well therewith, and it will loſen the Belly very gently. Probatum eſt.

CHAP. 120.

¶ An excellent good Medicine to keepe ones body looſe.

TAke the quantity of a Hazell Nut of Alawſackatrina, (or as much thereof as well agreeth with thy Body) and bruſe it very ſmall with eight or nine Rayſons of the ſunne (the ſtones cleane picked out of them) and then make as many little Pills or balls thereof as the party may conueniently ſwallow downe at once: and ſo let him take them in the morning faſting. Likewiſe let him at his going to bed, eate a roaſted Apple with a little Butter and Ginger mixt, and this will helpe him very ſoluble. Probatum eſt.

CHAP.

CHAP. 120.

¶ An other good Medicine to loſſen the Belly.

TAke the iuce of Hoppes, and drinke thereof euery morning faſting, for the ſpace of 3. or 4. dayes together, and it will both loſen the belly, and expell all Cholloricke humours. Alſo it will purge the bloud from all filthynes.

CHAP. 122.

¶ Another for the ſame.

TAke a ſpoonefull of the ſæde of Poppie, that is called Horned Poppy,) it flowreth in Iuly and Auguſt and beate it to powder, and drinke it both morning and euening and it will both loſen the Belly, and purge Fleagme wonderfully. This hath bin ſufficiently proued.

CHAP. 123.

¶ An other for the ſame.

TAke the quantitie of a ſcruple of the white and inward pith of Coloquintida, and bruiſe it ſmall, and put it into a little hot broth, and let the patient ſup it of; and it will not onely loſen the Belly very much: but it will alſo purge all the groſe fleagme, cholloricke humours, ſlimy filthynes, and ſtinking Corruption of the guts. Likewiſe if there be any bruiſed or corrupt bloud inwardly, it will vtterly expell it, (if a good quantitie thereof be taken.) This hath bin truely proued.

CHAP. 124.

¶ An other for the ſame.

TAke the iuice of white Beetes, and drinke it either with Ale that is ſtale, or with white Wine, and it will both loſen the belly and cleanſe the ſtomacke: but it muſt not be vſed too often, for then it will doe more hurt then good to the ſtomacke.

CHAP.

CHAP. 124.

¶ A ſingular good Medicine to ſtop a Laske.

TAke a good quantity of the Fruit of White Thorne, (when it is ripe in Septembes) and picke out all the Coze oz Stones (as cleane as may be) from them, and then bruiſe the ſame into powder, and let the patient eate it in a little thin bzoth (made of Mutton oz Weale) and it will ſtay the Laske.

CHAP. 125.

¶ An other approued Medicine for a Laske or looſenes of the belly.

TAke a pzetty quantity of Aqua compoſita, and a new laid Egge, and boyle the Aqua compoſita with the Egge, vntill ſuch time as it be dzy: Then take Suger and Cynamon, of each of them a like quantitie, and beat them to powder: and mingle them togither, and let the partie grieued eate the ſame with the Egge, and this will ſpedily helpe him. Probatum eſt.

Biles, Fellines, and Vncomes.

CHAP. 126.

¶ A very good Medicine for any manner of Bile, Fellin, or Vncome.

TAKE Smalledge, Rue, and Red Sage, of each of them one handfull, a peece of Wheaten Leauin, and a good quantitie of the Grounes of ſtrong Ale, and mingle them altogether, and make a plaiſter thereof, and apply it often to the place grieued, and this will preſently helpe him:

This hath holpen them that were in great ieopardy to haue loſt a ioynt thereby.

CHAP. 128.

¶ An other for the ſame.

TAke Red Sage and Rue, of each of them a like quantitie, and chop them very ſmall: then take Grounes of ſtrong Ale, and a good peece of browne Leauin, and a few crumes of browne Bread, and mingle them all together, and ſeeth them in ſome earthen veſſell, vntill it be thicke, and make a plaiſter thereof, and lay it warme to the ſore place, and you ſhall find marueious great eaſe thereby.

CHAP. 129.

¶ Another for the ſame.

TAke a good quantity of ſower Leauin, and crum it ſmal into a Pipkin, or elſe into ſome other Earthen veſſell, and halfe a penny diſh of ſweet Butter, and 5. or 6. ſpoonefulls of Roſe-vinegar (the leaues and all) and boyle them all together, and make a plaiſter thereof, and lay it to the ſore as hot as may be ſuffered, and it will ſpedily cure it.

CHAP. 130.

¶ An other for the ſame.

TAke 20. garden Snales, and beat them (ſhelles and all) in a morter, vntill you perceiue them to be come to a ſalue: then ſpread a little thereof vpon a linnen cloath, and lay it to the place grieued, and when one plaiſter is dry, then take that off, and put on an other, and vſe it often, and it will kill the Fellin: and alſo it will both heale the ſore place, and draw it. This hath bin truly proued.

CHAP. 131.

¶ An other for the ſame.

TAke Rue, (otherwiſe called Herbe-grace, and let it be gathered in March) and white Worts, of each of them a good

good quantity, and beate them very well together: then take ruſtie Bacon, and ſweet Butter, of each of them a like quantity, and 2. or 3. houſe Snailes and mingle them all theſe together, and make a plaiſter thereof, and lay it to the ſore and by often vſing it as aforeſaid, it will ſpeedily cure it.

CHAP. 132.

¶ Another for the ſame.

TAke red Sage, Rue, Snailes, Bay Salt and Bacon, of euery of them, ſuch a quantity as you ſhall thinke good, & temper and beat them well together, and then lay it to the Fellin, and this will preſently helpe him. Pro. eſt.

CHAP. 133.

¶ Another for the ſame.

TAke Red Sage, Rue and Houſleeke, of each of them an ounce, waſh them altogether, and dry out the water with a cleane cloth, and chop them very ſmall, then take the quantitie of a tennis ball of ſower Leauen and two ſpoonefulls of Tarre, and a ſpoonefull of blacke Sope, and ſtamp them altogether in a woodden diſh, with a peſtle of wood, and make a plaiſter of it, and lay it an inch thicke vpon a peece of linnen cloth, or elſe vpon a peece of white leather, and euery morning and euening apply it to the ſore, and this will both draw it and heale it. This alſo is good for any Bile, Fellin, or Vncome.

CHAP. 134.

¶ An excellent good and approued Medicine for any Fellin, old ſore, or any other Vncome whatſoeuer.

TAke a quart of Ale, and put therein a race of Ginger beaten to powder, and ſeeth the Ale, vntill it be halfe conſumed away: then put therein halfe a pound of Suger, and ſtirre it well, and then ſet it to coole, and put the

Ginger into it, and then make a plaister thereof, and lay it to the place grieued, and it will cure it if it be neuer so sore. Pro. est. per. M. D. L.

CHAP. 135.

¶ An other speciall good Medicine for any manner of Bile or Fellin.

TAke a penny worth or two of Mæthriadatum, and spread it somewhat thicke vpon a peece of white Leather, and pricke it as full of hoales as euer it may be, and lay it to the sore, and it will both draw out the Core and heale the sore: This hath bin truely proued: Likewise it will cure any manner of plague-sore whatsoeuer.

CHAP. 136.

¶ An other for the same.

TAke a good quantitie of wheate Flower, and temper it very well with white Wine, and boyle it vntill it be thicke, and then spread it eyther vpon a linnen cloath, or else vpon a peece of white Leather, & lay it to the sore, as hot as possible it may be suffered, and this will open the hole, and draw out the venome or filth, & ease the aking: and it will also close it vp againe and heale it: and for want of white Wine, eyther Ale or Beere may be vsed.

Moreouer, this Medicine will cure the pricking of any thorne or needle in any ioynt or elsewhere, although the hole be neuer so close stopt vp againe.

CHAP. 137.

¶ An other excellent good Medicine, for any manner of Biles, Whitblowes, Fellins or Vncomes.

TAke Bores-grease, Wheaten-flower, Sage and May-butter, and stampe them all together in a morter, and then make a plaster thereof, and lay it to the place grieued, and it will both ripen and draw it: also if it be fryed in a frying pan

pan, and applyed as aforesaid, it will worke the better. Probatum est.

CHAP. 138.

¶ An other experienced Medicine, for to ripen any Biles, Whitblowes, Fellins, or other Vncomes whatsoeuer.

TAke a pinte of sweet Milke, and put thereunto a good quantity of sheepes Suet, and cut and shred it very small, and mingle a good handfull or two of Oatemeale (beaten very small) therewith, and set it on the fire, and seeth it vntill it become so thicke, as it may be spread vpon a linnen cloth, and so layd to the sore, (as hot as it may possibly be suffered) and it will both ripen it, and breake it in a short space, without any paine: and when it is broken, lay a little Turpentine, vpon a peece of white leather, and with a small bodkin, prick it full of holes, and then lay this plaster to the sore, and it will both draw it and heale it. This hath bene often proued.

¶ *Bladder.*

CHAP. 139.

¶ An excellent good Medicine to purge the Bladder of one that cannot pisse perfectly.

TAKE Parsly, Red Fennell, Mayden-hayre, the rootes of Elisaunders, and the rootes and leaues of Harts-tongue, of each of them a like quantitie, and seeth them altogether, in white Wine, and then straine the same through a fine cloth, and keepe it close stopt in some Glasse, or Earthen

veſſell, and when occaſion ſerueth for the vſe of it, let the grieued drinke a good draught thereof firſt and laſt, and it will purge the bladder in ſhort time. Probatum eſt.

CHAP. 140.

¶ An other for the ſame.

TAke Rue, (otherwiſe called Hearb-grace) Grommell and Parſly, of each of them as euen portions as you can, and ſtampe all theſe together and ſteepe them in White Wine, and then ſtraine them, and giue the ſame to the patient to drinke 4. or 5 times a day luk ewarme, and it will helpe him.

CHAP. 141.

¶ Another for the ſame.

TAke Berries of Iuie, and beat them to ponder, and let the patient drinke it with White Wine, or elſe with ſtale Ale as hot as he is able to ſuffer it.

CHAP. 142.

¶ A very good Medcine to cauſe one to make water that cannot.

TAke a new layd Egge, and make a hole in the greateſt end of it, and take forth both the yolke and white, and lay the hole of the Egge downwards, vpon a hot Brick-ſtone and let it remaine ſo, vntill it bee ſo well purged, that you may make ponder thereof: then beat it to ponder, and drinke it in white Wine, twice a day, (firſt and laſt) and it will helpe you. This was much vſed by one M. *Roſe*. who eaſed many therewith: alſo this is maruelous good againſt the ſtone.

CHAP. 143.

¶ Another for the ſame.

TAke a quart of ſtrong Ale, and ſet it on the fire, and then take a good handfull of Time, and bind it vp faſt into

into a bunch, and ſo ſeeth it in the Ale, vntill ſuch time as you doe perceiue the ſtrength thereof to be cleane gone into the Ale, and then let the Patient drinke a good draught thereof euery day both morning and Euening for the ſpace of 6. or 7. dayes together, and it will helpe him. Probatum eſt.

CHAP. 144.

¶ Another for the ſame.

TAke a good quantitie of the ſeedes of Red Nettles, and put them either into your Ale, or elſe into your Pottage, and ſo drinke or eate often thereof, and this will helpe you preſently. R. Cox. This is alſo good againſt the Stranguarie.

CHAP. 145.

¶ Another for the ſame.

TAke a Flint-ſtone, and lay it in the fire, and there let it remaine vntill it be red hot, and then put it into the Ale, that the party grieued doth drinke, and then let him drinke a good draught thereof whileſt it is warme, and he ſhall finde maruelous great eaſe thereby.

CHAP. 146.

¶ An other for the ſame.

TAke a quarter of a handfull of Parſly, and as much red Fennel, and waſh and ſhred them very ſmall, and put them into a cup of ſtale Ale, and make a poſſet therewith, and drinke the Ale and it helpeth.

CHAP. 147.

¶ A good Medicine for one that piſſeth bloud.

TAke Burſa Paſtoris, Parſly ſeedes, and Ambroſe of each of them a handfull, and ſtampe them well together and then ſtepe them very well with Goates Milke, and then, ſtraine it through a fine cloath, and giue it the patient to drinke, and this will helpe him without all doubt. Pro. eſt.

CHAP

CHAP. 148.

¶ Another good Medicine to cause one to pisse that cannot.

TAke a good quantitie of the best English Saffron that may be gotten, and dry it, and beat it to fine powder, and then take the like quantity of pure black Sope, and mingle the same with the powder, and then spread it ouer the fleshie side of a peece of sheepes Leather, and then lay it to the Nauill of the party grieued, and it will procure Vrine within an houre or little more. Probatum est.

CHAP. 149.

¶ An experienced Medicine to prouoke Vrin.

TAke a good handfull of red Nettle rootes, and seeth them in a quart of good Ale, and let them seeth vntill the one halfe thereof be consumed: then put into it a quarter of a pound of sweet Butter, and scum it cleane before such time as the Butter be put in it, and when you haue so done, take a good quantitie of seeds of Elisaunders, Parsly-seedes, and Grommell-seedes, (being all well beaten to powder first) and seeth them therein, and when it is well sodden, straine it through a fine linnen cloth (but let all the thinges before rehearsed, be of equall portions) and then let the patient vse to drinke often thereof, especially first and last, and this will help him without all doubt.

CHAP. 150.

¶ Another for the same.

TAke 3. quarts of Ale and seeth it, and let it be 3. or 4. times scummed, then put into it Rosemarie, Time, and Penny-royall, of each of them a handfull, and let them boyle together, till a quart thereof, or somewhat more be wasted away: then straine the same, and let the Patient drinke a good draught thereof, luke warme euery morning fasting, and

and laſt in the euening, and this will eaſe him verie much. Probatum eſt. This is alſo a marueilous good Medicine againſt the *Stone*, and hath bin ſufficiently proued.

CHAP. 151.

¶ An other good Medicine to cauſe one to piſſe that cannot.

TAke Houſe-dong out of the ſtable, new Butter and Aquavitæ, of each of them equall portions, and fry them all together, and then make a plaiſter thereof, and apply it to the patient (from the Nauill to the Fundament) as hot as poſſibly he may ſuffer it: but let him not be affraide, though it cauſe the bloud to ſtue fourth, for ſuch is the nature of the Medicine. Alſo it will cauſe the Stone to auoide forthwith. Probatum eſt.

CHAP. 152.

¶ An other good Medicine to prouoke Vrin ſpeedily.

TAke Betony which groweth in woods (both rootes and leaues) and waſh them cleane, and dry them in an Ouen (in a Diue, or in ſome other ſuch like thing) where brawne bread hath bene newly drawne forth of it, then take the ſame leaues and beate them to powder, and let the Patient vſe halfe a ſpoonefull thereof at a time, either in White wine, Poſſet-ale, Pottage, or elſe into his ordinary drinke which he commonly vſeth.

CHAP. 153.

¶ A good Medicine to heale a Canker vpon the Yard.

TAke an ounce of Roch Allum, and halfe an ounce of Verdigreſe, and mingle them with ſmiths Water, and put them all together into ſome Glaſſe or other cloſe veſſell, and when they are well ſoked, boyle them for two houres together, and then ſtraine the ſame and put it

againe into the Glaſſe or veſſell aforeſaid, and ſtop it cloſe, and when occaſion ſerueth for vſe thereof, then let the Parts be often waſhed therewith, and it will deſtroy the Canker in ſhort ſpace. Probatum eſt.

CHAP. 154.

A very good Medicine for the ſwelling of the Yarde or Coddes.

TAke Egrimony Water diſtilled, and put thereto a good quantity of Roch Allom, and ſet them ouer the fire to ſoke, and ſo let them remaine vntill they be ready to boyle, then take it of, and with a fine linnen cloth, annoint well the Parts vnder the ſkin, with the ſame Water, and let it be warme when you doe vſe it, and it will aſſwage the extreame paine of the Parts, and alſo of the Coddes, if they be waſhed with the ſame.

Alſo to incarnat the ſkin of the Parts within, take Fumitory Water, and put a good quantity of Liquorice pared, and ſteepe it therein, for the ſpace of one night, and then put ſome of the ſame water into the Yard with a ſponge, or elſe with a Tent, made of linnen cloath.

CHAP. 155.

A excellent good remedy for the burning, and intollerable heate of the Vrin.

TAke ſeeds of Purſlane, ſeedes of Lettice, ſeedes of Endiffe, and of ſeedes of white Poppie, of each of them two ounces: then take the waight of halfe a dram of Henbane-ſeedes, two ounces of Safforn, fiue drams of Liquorice, ten drams of Pine Apple kernels, two ounces of Sebaſtian, and the quantity of 6. li. of faire running Water, mingle all theſe well togither, and boyle them vntill the third part thereof be conſumed, then ſtraine it, and let the Patient take euery morning an ounce thereof, and mingle it with an ounce of the iuice of Violets, and ſo let him vſe this for the

ſpace

ſpace of 3. or 4. dayes together, and the 5. day you ſhall ſee maruellous ſtrange variety in the Vrine, Prob. eſt.

CHAP. 156.

¶ A meruellous good Water to breake the Stone in the Bladder.

TAke two pints of the iuyce of Saxifrage, the iuice of Gromell, and of the iuyce of Parſly, of them a pinte, and put thereto the quantitie of 8. or 9. ounces of the beſt Vinegar that is made of pleaſant wine, and diſtill all theſe together, and then put the diſtilled water into ſome glaſſe, or other veſſell that hath a narrow mouth, and let the party grieued take an ounce thereof at a time, thrice euery day, (Viz.) in the morning faſting, at noone and at night a little before he goeth to bed, and by Gods grace) it will in a ſhort ſpace helpe him. Probatum eſt.

CHAP. 157.

¶ A meruellous good drinke to cleanſe the Bladder, which muſt be taken after the ſtone is diſperſed, and to cauſe it to auoyd away by ſhieuers and ſmall pieces.

TAke Roſemary and wilde Time, of each of them a handfull and ſeeth them in a quart of Raine-water, vntill the one halfe thereof be conſumed, and then put as much Suger therein as will make it ſweet, and let the party grieued vſe to drinke of this euery day often, vntill hee doe perceiue his water to grow cleere: and vnleſſe his water bee thicke, let him not drinke thereof.

CHAP. 158.

¶ A good Medicine to cure the ſwelling in the Yarde.

TAke Waxe, Oyle, and the iuyce of Purſlane, of each of them a pretty quantity, and mingle them altogether and

then lay the same to the parte that is swolne, and it will speedily helpe him. Probatum est.

MANY things more might haue beene heere spoken of, as concerning all such diseases as come of the *Bladder*, as the *Stone* and such like, &c. But as concerning the *Stone* it selfe, looke in the title of Chollick and stone, and therein you shall find thinges answerable to expectation: Therefore I will now omit to speake any more at this time of the *Bladder*, hoping that there is none that doe take vpon them the practise either of Phisicke or Chirurgery, but are of themselues sufficient enough to iudge thereof, and to minister apt Medicines for it: and for those that are vnskilfull in the sciences aforesaid, I would wish them to haue a great care and respect to the medicines, that they doe minister for diuers diseases comming of the *Bladder*, and they not knowing the causes, wherein if they not skilfull, they doe much hurt. Therefore I would wish them first to learne of those that are skilfull before they doe attempt any such thing themselues, and further, to know perfectly, the principall cause of the disease, whereby they may more easily of themselues afterwards, minister Medicines accordingly, and as occasion shall serue: and not any way preiudice or hurt the Patient any thing at all, but also for euer after, purchase to themselues euerlasting fame.

(:)

Bleeding and blood-ſtanching.

CHAP. 159.

An excellent good Medicine to ſtaunch blood.

TAKE white Wine Vinegar, (the beſt that may be had, (and Plantin Water, of each of them two pound, and mingle them together: then take diuers linnen clothes & wet them therein, and lay ſome of them to the ſoles of the fet of the party grieued, and ſome againſt the Liuer, and ſome to the palme of his hands, and this will ſtaunch the blood forthwith. Probatum eſt.

CHAP. 160.

An other good Medicine, to ſtaunch the bleeding at the noſe.

TAke Inckle and bind the partsthat bleedeth about the Temples of the head, very hard, and let the knot be in his necke: and this will ſtaunch the bleeding immediately.

CHAP. 161.

An other good Medicine to ſtaunch the bleeding of the Noſe although it bleed neuer ſo freſhly.

TAke an Egge and breake it on the top, in ſuch ſort that all the white and yolke may iſſue cleane forth of it: then fill the Eg-ſhell with ſome of the blood of the party which

bléedeth, and put it in the fire, and there let it remaine vntill it be hard: then burne it to Aſhes, and it will ſtaunch the bleeding immediately, without all doubt.

CHAP. 162.

¶ Another for the ſame.

TAke a linnen cloth and wet it well in Vinegar, and wrap it about the priuy members of him that bleedeth, and he ſhall immediately ceaſe bleeding. Probatum eſt. P. I. L.

CHAP. 163.

¶ Another for the ſame.

TAke Centorie, greene Rue and red Fennell, of each of them a like quantitie, and ſtampe them all together, and ſtraine them with Ale, and let the patient drinke the ſame luke warme, and it will ſtop the bléeding of any manner of of wound, cut, bruiſe, or other hurt whatſoeuer.

CHAP. 164.

¶ Another for the ſame.

TAke Burſa paſtoris, (otherwiſe called in Engliſh Shepheards purſe,) Hyſop and plantine, of each of them a like quantity, and bruiſe them in a morter, and make them hot before the fire and then lay them to the noſe of him that bléedeth: and likewiſe bind ſome of the ſame hearbs to the temples of his head as hot as hee can ſuffer them, and this will ſtaunch the bléeding forthwith without all doubt. Prob. eſt.

CHAP. 165.

¶ Another for the ſame.

TAke an olde linnen cloth and wet it well in good ſharpe Vinegar, and then burne it to pouder: then take ſome of the ſame powder and (if it be a wound) caſt it therein, and it will ſtop the bleeding immediately: but if the noſe bleed, then (with a quill or ſome other inſtrument) blow vp ſome of the ſame powder into the noſe of the patient, and it will ceaſe bléeding.

CHAP.

CHAP. 166.

¶ An other for the ſame.

TAke Betony and ſtampe it with a little Salt, and put a pretty quantity thereof, into the noſe of him that bleedeth, and it will ſtanch the bleeding preſently. Probatum eſt. Per. Maiſter Edmonds.

CHAP. 167.

¶ An other approued medicine to ſtanch the bleeding of a wound.

TAke a linnen Cloth and burne it, and then take the powder thereof, and ſpread it thicke vpon an other Cloath, and lay it to the wound, and this will ſtanch the bleeding of it. Alſo take Pimpernell, and hold it betweene you Teeth, and you ſhall not bleed any more whilſt you hold it there.

CHAP. 168.

¶ A very good Medicine to ſtaunch bloud when nothing elſe will do it, by reaſon the Veine is cut, or that the wound is great.

TAke a peece of ſalt Beefe, (that which is leane onely) as much as will lie in the wound and lay the ſame in the embers of the fire, and ſoheate it through hot and then thruſt it into the wound and binde it faſt, and it will foorthwith ſtanch the bloud, and let it lie for a good ſpace after, in the wound, for the ſtopping of the bloud. This is a preſent remedy and hath beene often proued.

CHAP. 169.

¶ An other for the ſame.

TAke a Toade and dry him very well in the Sunne, and then put him into a linnen Wagge, and hang him about the necke of him that bleedeth with a ſtring, and let it hang ſo lowe that it may touch his breaſt on the left ſide neere vnto

vnto his heart, and commonly this will ſtay all manner of bleeding at the Mouth, Noſe, Wound or otherwiſe whatſoeuer, Probatum eſt.

CHAP. 170.

¶ An other experienced Medicine to ſtaunch the bleeding at the Noſe.

IF your noſe doe bleed vnmeaſurably, then tye your little finger very hard about the lower ioynt, and for the moſt part commonly it fayleth not to ſtay the ſame.

CHAP. 171.

¶ Another for the ſame.

TAke the white of an Egge, and a little red Ocker, (otherwiſe called Bole armoniak) and a little Dragons bloun, and bray them all together very ſmall: then take a little Flax and wet therein, and then make it like a fillet, and lay it vpon the forehead of the patient from one eare to an other, (but be ſure that it lie right vpon the Temples of his head) and this will preſently ſtaunch the bloud. Probatum eſt.

CHAP. 172.

¶ A preſent remedy to ſtaunch the bleeding of any cut or wound.

TAke a good quantitie of Vine-leaues, and dry them well, and beate them to powder, and put the ſame powder into the wound, and it will ceaſe bleeding preſently. Probatum eſt.

CHAP. 173.

¶ A preſent remedy for one that bleedeth inwardly.

TAke a good quantity of the iuice of Neepe, and let the party grieued drinke it, and it will cauſe him to caſt vp his bloud preſently. This hath bin truely proued.

CHAP. 174.

¶ *Blood-ſpitting.*

CHAP. 174.

¶ An excellent good remedy for one that ſpitteth blood.

TAke the Doung of Mice and beat it into fine powder (the quantity muſt bee as much as will lye vpon a groat of ſiluer) and put it into a pint of the iuice of Plantine, and put thereto a little fine Suger, (but let it be finely beaten to powder, before you put it into the iuice) and then let the party grieued drinke a good draught thereof, at a time, both morning and euening euery day, vntil ſuch time as he doe perceiue the infirmity to be cleane gone, and this will helpe him.

CHAP. 175.

¶ An other for the ſame.

TAke iuice of Betony, and temper it well with Goates-milke, and giue it the patient to drinke, and let him vſe it for the ſpace of three dayes together, and doubtles this will helpe him. Probatum eſt.

CHAP. 176.

¶ Another for the ſame.

TAke Betony, Mints, Smalledge and Rue, of each of them a like quantity, and ſeeth them altogether in new Milke, & let the party grieued ſup it off, as hot as poſſibly he may ſuffer it, and it will ſpeedily helpe him. Prob. eſt.

Biting of Venomous beastes.

CHAP. 177.

¶ An excellent good remedy for the biting or stinging of any manner of Serpent, as Adder Snake, &c.

TAke a good quantity of the Leaues of an Ash tree, and stamp them very well, and then lay them to the place that is stung, or else wring out the iuyce very cleane forth of them, and let the patient drinke a good quantity thereof at a time, and it will worke marueious great effects in him. This hath beene truely proued.

CHAP. 178.

¶ A very good Medicine to cause Serpents to forbeare stinging or biting.

TAke the iuyce of Reddish Rootes, & annoint your hands therewith, and the fume or smell will cause them that they shall neither sting nor bite: but they will bee ready to dye with smelling the sauour of the roote, and they will doe no harme if you take them vp in your hand. Probatum est.

CHAP. 179.

¶ A good Medicine to cause one not to bee stung, eyther with Waspes or Bees.

TAke a good quantity of Mallowes and stampe them, and mingle them with Oyle Oliue, and then the place that

that is annointed with the same unction, neither Waspes nor Bees will touch there. Probatum est.

CHAP. 180.

¶ Present remedy against the biting of a mad Dog, and against the rage or paine that followeth the party that is bitten.

TAke a good quantity of the Blossomes or Flowers of wilde thistles dried in the shadow, and beaten to powder, and give it the patient to drinke in White wine, (the quantity of a Walnut shel full at a time) 3. or 4. times togither, and this will speedily help him. Probatum est.

CHAP. 181.

¶ A singular good Medicine for the biting of any venomous beast.

TAke Selandine and Plantine, of each of them a like quantity, and stamp them very well to gither, and then temper them with stale Piss, and apply it to the place grieved, and it will asswage the paine and swelling, and it will also draw out the venom thereof, and if it be never so vehement. Probatum est.

CHAP. 182.

¶ An other for the same.

TAke a good quantity of Plantine, and beate it well in a morter and straine it. and drinke the iuice thereof, and it will speedily ease you. Probatum est.

CHAP. 113.

¶ An excellent good Medicine for the biting or stinging of an Adder, Serpent, or other venemous beast.

TAke a good quantity of Centory, and choppe it well and straine it and compounde it with Vrin, and let the

party grieued drinke it 3 or 4. times: and afterwards, take a Cocke Chicken, and take the guts warme, and lay them vpon the place grieued, and so let them remaine there for the space of twelue houres (the party grieued hauing all this time, his Leg, Arme, or other place slinged, bound vp about his body) and then take them away, and lay a quarter of the same Cocke Chicken to the same place, and let it remaine there, as long as the guts did before, and then take the same away, and apply an other of the quarters to the same place, and in like sort, an other: and so vse this continually vntill the party grieued be well, but take good heede that you doe not touch the place that is poysoned with your hand or finger, and when you take away either the guts or quarters from the place that is grieued, bury them in the ground least that they should infect either man or beast afterwards. Probatum est.

CHAP. 184.

¶ An excellent good remedy for the biting of a mad Dogge.

TAke Night-shade, Betony, and wild Sage, of each of them a handfull, and a pint of faire running Water, and stampe the hearbs and straine them with the said Water, and then put thereto a peny-worth of Triakle, and so giue it the Patient to drinke, 3. or 4. mornings together fasting, and this will speedily helpe him. Probatum est.

CHAP.

CHAP. 185.

¶ A Rule to know what things are good and wholesome for the braines, and what are not.

To eate Sage, but not ouermuch at a time. (Musk.
To smell to Camamill or
To drink wine measurably.
To sleepe measurably.
To heare but little noise.
of Musique or Singers.
To eat Mustard & Pepper

To keepe the head warme.
To wash the hands often.
To walke measurably.
To smell to red Roses.
To wash ỹ temples of the.
head often wt Rosewater.

Things ill for the braine.

To sleepe much after meate.
All manner of Braines.
Gluttony.
Drunkennesse.
Corrupt ayres.
Ouermuch watching.
Ouermuch cold.
Ouermuch bathing.

Late Suppers.
Anger.
Heauines of minde.
To stand much bare-head.
Pilke.
Cheese.
Garlike.
And Onyons.

To eate ouermuch, or hastily.
Ouermuch heat in trauailing
or labouring.
Ouermuch mocking
or noise.
To smell to a white Rose.

Stinking breath.

CHAP. 186.

¶ A good Medicine to be vſed, for one that hath a ſtinking breath.

TAke ſéedes of Corriander, and boyle them very well either in white Rumnie, or in Sacke, and let the party grieued drinke 3. or 4. ſpoonefuls thereof in the morning, and as much in the euening: but note this that which hee taketh in the morning muſt be colde, and that which he taketh in the Euening muſt be hot: but he muſt beware of taking exceſſe of meate, or drinke, and let him not vſe to ſit vp late at night, but riſe as early in the morning as he can, and this (by Gods grace) will in a ſhort ſpace helpe this infirmitie. Probatum eſt.

CHAP. 187.

¶ Another for the ſame.

TAke a good quantitie of Roſemary leaues and Flowers, (if they may be had) and boyle them well in White wine, and then put a little Mirh, Beniamin, and Cinamon beaten to fine powder therein, and let the Patient vſe to waſh his mouth often therewith, and this will preſently helpe him. Probatum eſt.

CHAP. 188.

¶ An other for the ſame.

TAke a pound of Cummin-ſeede, and beate it to powder, and then ſéeth it in a pottle of White wine and let it ſéeth vntill the one halfe thereof be conſumed away: and then ſtraine it, and let the Patient drinke thereof twice euery day at the leaſt, for the ſpace of 14. or 15. dayes together, and let him alſo vſe to drinke the quantity of a quarter of a pint thereof at a time, and this will helpe him without doubt.

CHAP.

Diſeaſes in the breaſt, as the Tiſick, &c.

CHAP. 134.

A good Medicine for the Tiſick, and ſtopping in the breſt, and for the opening of the pipes and Weſand.

TAke Parſly-rootes, Fennell-rootes, and Succorie-rootes, of each of them a like quantitie, and picke all the pithes, cleane out of them, and then waſh the Rootes well that there doe no grauell or ſand remaine in them, and then ſeeth them in White Wine, vntill they be ſoft, and if you can get any Ginger-berries, boyle them therein with the reſt, and when it is well ſodden ſtraine it, and put thereto a little Pellitorie of Spaine, and let the patient drinke it both morning and euening, for the ſpace of 8. or 9. dayes together, and doubtles this will helpe him. This hath holpen many that could not fetch their breath at all.

CHAP. 190.

Another good Medicine for the ſtopping in the breſt.

TAke Rue, and ſeeth it in Eyſell, and let the patient drinke it: and let him alſo drinke Nettle-ſeedes brayed and it will cauſe him to auoid great ſtore of grauell from the ſtone in the Raines of the backe.

CHAP.

CHAP. 193.

¶ An excellent Medicine for all manner of Diſeaſes in the Breſt, and againſt all impoſtumes, Coughes and Plurifies.

TAke a good handfull of Scabious, and let it bee well dryed: then take Annis-ſeede, and Fennell-ſeede, of each of them an ounce, and an ounce of of Liquorice, cleane pared and cut ſmall, and 12. Figges, and halfe an ounce of Erins, and put all theſe together either in a quart of faire running Water, or elſe in a quart of good white Wine, to ſoke, for the ſpace of a night, and then boyle the ſame vntill the one halfe be conſumed, and then ſtraine it through a fine linnen cloth, and when it is ſtrained, put into it a little fine Sugar, to make it ſweet, and let the party grieued drinke this both firſt and laſt for the ſpace of 8. or 9. dayes together, and by Gods grace this will helpe him in a ſhort ſpace. This hath beene ſuffiiciently proued.

Woemens Breaſts.

CHAP. 194.

¶ An approued Medicine to cure a Canker in a womans Pappes.

TAke Gooſe-doung & Selandine, and bray them very well together, & then ſpread them plaiſterwiſe vppon a fine linnen cloth, and lay it to the ſore Pap, & it will ſpeedily cleanſe the Canker, ſlea the worme, & heale the ſore. This hath bin often proued and found good.

CHAP.

CHAP. 195.

¶ An other good Medicine to cure the Canker in a womans breast.

TAke the iuice of Selandine, and Goose-dong, of each of them a like quantitie then take Pellitory of the wall, Garlike and Rye meale, and stampe them and fry them all together in Wine Vinegar that is both pure and good, and let it boyle vntill such time as it be thicke, and then make a plaister thereof, and lay it to the sore place, and so let it continue vntill you perceiue that it be white: and then take a good quantity of Pimpernell, and grind it very small, and put thereto a good quantity of English Hunny, and make a plaister thereof, and apply it to the sore, and it will heale it in a short space. Probatum est.

CHAP. 196.

¶ An other approued medicine, to breake the sore of a womens brest.

TAke a good handfull of Figs, and stamp them in a morter vntill all the kernels be broken: then take them and temper them well with a little swines Grease that is fresh, and make a plaister thereof, and lay it to the womans brest that is sore, as hot as euer possibly she may abide it, and it will take away both the swelling and paine, and if it be ready to breake, it will helpe it forwards to breake forthwith, or else not. Probatum est.

CHAP. 197.

¶ An excellent good Medicine for a woman that hath a sore or swelling breast, comming by cold, or otherwise, &c.

TAke a Colewort-leafe, and cut away the vernes of it, and then annoint the leafe it selfe with May-butter, first boyled with Rose-water, and then lay it to the womans

breast that is sore, and it will asswage both the swelling and paine in short time. This hath bin truely proued.

CHAP. 198.

¶ A Medicine for the swelling of a womans breast after the wayning or death of a Childe.

TAke Red Sage, and Cammamile, of each of them a good handfull, and stampe them very well together, and then boyle them in a pinte of the best white Wine Vinegar that may begotten, and let it boyle vntill the one halfe thereof be consumed: then take a fine lynnen cloath double, and spread the same thicke vpon it, and lay the same to the womans breast that is sore, as hot as she may abide it, and in twice or thrise vsage of it in this sort, it will take the paine quite away, and it will dry vp her milke without any danger or hurt of her breast at all. This hath bin truely proued.

CHAP. 199.

¶ A good Medicine for to increase milke in a womans breasts.

TAke Fennell-rootes, and Parseneep-rootes, and let them be boyled in broth made of Chickens, and then let the woman eat of the same rootes, mixed with fresh Butter, which must be as new made, as possibly it may be gotten, and this will cause great store of milke to increase in any womans breasts. Probatum est.

CHAP. 200.

¶ An other for the same.

TAke halfe a pound of Rice, and seeth it in Cow-milke, and crum it with some wheaten Bread, (but it must be such as is cleane without Rie or pulse) and then put some Fennell-seedes beaten to fine powder and a little Sugar, to make it sweete, and this will doe her exceeding much good

for

for the increase of her Milke. Probatum est.

CHAP. 201.

¶ Another for the same.

TAke a good quantity of greene Wheate, growing on the grownd betwixt Michaelmas and Easter, (you must take both the blades and rootes) and stampe it well and straine it through a fine liunen cloth into some Posset-Ale, and put therein a little fine Sugar to sweeten it withall, and this will increase great store of Milke in a Womans breasts, within the space of three or foure dayes by using it. Prob. est.

CHAP. 202.

¶ Another for the same.

TAke Christall, and beat into fine powder) and mingle it with as much Fennell-seede (likewise beaten into fine powder) and a little fine Suger, and let the woman use to drinke often thereof warme, with a little White Wine, and this will restore her Milke againe, although it be cleane gone away from her. This hath bin sufficiently proued.

CHAP. 203.

¶ Another for the same.

TAke some of the broth that whitings are soodden in, and giue it to the Woman that wanteth milke in her breasts to drinke often, and this will increase her milke very much.

Bruiſes and Sores.

CHAP. 203.

¶ An aPproued Medicine for an old ſore or bruieſe.

TAke Selandine, Red Sage, and Sorrell of each of them a good handfull, two handfulls of Woodbinde leaues, halfe a handfull of Rue, and a good handfull of the tops of Roſemary, & boyle them all together in a pinte of White Wine, and a pinte and an halfe of faire running Water, & let them boyle vntill you perceiue that they look yellow, (but before ſuch time that it be ſodden to perfection, put into it as much Hunny as will ſweeten it) and then put into it, halfe a quarter of a pound of Roch Allom, and when the Allom is molten, take the ſtuffe from ouer the fire, and ſtraine it through a courſe linnen cloth, and then put into ſome glaſſe or Gally pot, and ſtop it very cloſe, and let the party grieued (as occaſion ſerueth) apply this to the ſore, and it will eaſe him very much. Prob. eſt. per M D. C.

CHAP. 204.

¶ An other excellent good Medicine for a bruiſe.

TAke Brooke Lime, Smalledge and Browſe-wort, and fry them all together in Sheeps-ſuet: then take it and ſtraine it through a fine linnen cloth, and it will become an Dyle immediately, and then put thereto a pretty quantity of Spermacity, and mixe it well with the ſame Dyle or ſtuffe, and

and then annoynet the place grieued often therewith, and it will helpe it. Prob. eſt. per M. Cox.

CHAP. 205.

¶ A good Medicine for any manner of bruiſe, in the armes, legges, or elſewhere.

TAke a good quantity of the Suet of an Hart, Buck, or Sheepe that is new killed, (if it may be had) and put thereto ſome Lees of Wine and wheaten Bran: then take water Creſſes and waſh them cleane, and then boyle them in faire running water, and let them boyle vntill ſuch time as they be ſoft, and then put them into a Morter, and beat them, and then put them into a cleane pan, and mixe them all together, and fry them and ſo make a plaiſter thereof, and lay it warme to the ſore place: vſe 5. or 6. of the plaiſters in this ſort, (or more as need ſhall require) and this will cure him. Prob. eſt.

CHAP. 206.

¶ A good Medicine for any bruiſe or ſore which is vnriped.

TAke Oatmeale Groates and ſeeth them in Cow-milke that is new, and let them ſeeth vntill they be thicke, and then put the ſame into a pan againe, and mixe it with a good quantity of Sheeps Tallow, & ſo let it boyle well, (but be ſtirring of it continually) and then make a plaiſter thereof and lay it to the ſore as hot as poſſibly it may be ſuffered. Probatum eſt.

CHAP. 207.

¶ An other for the ſame.

TAke Chickweed, Wheat branne, and the Grownes of ſtrong Ale or Beere, and mingle them well together, and apply the ſame to the place which is grieued 3. or 4. times a day, (it being ſpred vppon a red cloath, but not ouer thin)

and this will helpe it, for this hath holpen many Probatum eſt.

CHAP. 208.

¶ Another Medicine for a bruiſe which commeth by a blow, or &c.

TAke a quart of Claret wine Vinegar, and boyle it well with leuened bread, and then put into it a good quantity of deeres Suet, and a good quantity of Otemeale, and ſeeth it vntill it be thick, and then lay it to the ſore, (but change the plaiſter twice or thrice a day at the leaſt) and within three or foure dayes vſing of it in this ſort, it will helpe you.

CHAP. 209.

¶ A moſt ſingular good Oyle made of Camamill that is good for all manner of Bruiſes, Spleenes, and ſwellings in the legges armes, &c.

TAke a pinte of pure Sallet Oyle, or ſomewhat more, and bruiſe a good quantity of Camamill, and put therein, and then put it into a glaſſe, and ſet it to ſtand in ſome place in the Sunne, where it may bee ſafe for the ſpace of 10. or 12. dayes: (but when it had ſtood ſo fiue dayes, then ſtraine it through a fine linnen cloth, and ſet it to ſtand in the Sunne againe) and at the end of the time before preſcribed, ſtraine it againe and ſet it in the Sunne the third time, and let it ſtand vntil it be cleane purified from any drugges: and then put it into a cleane glaſſe, and ſtop it cloſe vntill you haue occaſion to vſe it, and when occaſion ſarueth for vſe thereof: annoint the place grieued twice or thrice a day (chafing it before the fire) and it will helpe you. This Oyle if it be cloſe ſtopped, it will continue good for the ſpace of 12. yeares and more. Nam probatum eſt.

CHAP.

CHAP. 210.

¶ An excellent good Medicine for to be drunke by on that is burſt either in the belly or cods.

TAke a handfull of Camfire, a handfull of Pollipodium (otherwiſe called Oke-ferne,) a handfull of Knotwort, a pottle of white wine, a knuckle of Veale, halfe a pound of Reiſons of the Sunne, halfe a pound of Mace, and halfe as many Dates: and put all theſe togeither into an Earthen pot: then take a kettle of 5. or 6. gallons and fill it with water, and ſet it ouer the fire, and then take the ſaid Earthen pot, and ſtop it very cloſe with a little paſt, and put it into the kettle of water aforeſaid, and let the water ſeeth continually ſo, the ſpace of 5. or 6. houres at the leaſt, with the Earthen pot therein (and keepe an other kettle ſtill ſeething with water, to apply the want of that which boyleth away) then take the Earthen put forth of it, and take out all ſuch things as are therein, and beate them in a mortar, and then ſtraine them and ſo giue the patient of the ſame liquor to drinke both firſt and laſt, and it will cure him.

CHAP. 211.

¶ An other for the ſame.

TAke the Gall of an Oxe and Onyons and fry them with Sheepes-ſuet, and with a fine linnen cloth put it to the ſore place, and it will helpe it preſently. Probatum eſt.

CHAP. 212.

¶ A good plaiſter for a Bruieſe.

TAke Worme-wood and Cummin of each of them a like quantity, and put thereunto a little Roſe Vinegar, and lay it to the bruiſe like a plaiſter before that the ſkin be any thing at all broken, and it ſpeadily helpeth:

CHAP.

CHAP. 213.

¶ A good Medicine for a bruieſe or cut.

TAke Rootes of Louage, Alehofe, Parſly and Annis-ſeedo, and beate them very fine in a morter: then take Barrowes greaſe, and boyle them together, and when it is boyled ſtraine it, and put as much vnwrought Wax thereto as a Walnut, and halfe as much Roſin, and then boyle them all together againe, and hauing ſo done, ſtraine it through a fine linnen cloth into a little pan of faire water, and ſo let it ſtand vntill it be cold: then take it in your hands and labour it vntill it be ſomewhat ſhort, and then wrap it in a pace of leather, and ſo vſe it as you haue occaſion.

CHAP. 214.

¶ An excellent good drinke to heale all manner of bruiſees.

TAke Egrimony, Betony, Plantine, Sage, Roſes, Iuy leaues, and Parſly, of each of them a like quantity, and ſtamp them altogether, and mingle them with White wine, and let the patient drinke thereof, and (by Gods grace) it will helpe him in a ſhort ſpace. Probatum eſt.

CHAP. 215.

¶ A very good Medicine to skinne any old ſore or bruieſe.

TAke Bramblebuds, Selfe heale and Sinke-foyle of each of them a good handful, and a little water Betony, and boyle them well with Barrowes greaſe, and let it be applyed to the ſore place, as hot as poſſibly it may be ſuffred, and it will gather ſkin vpon the ſore forthwith. Probatum eſt.

CHAP.

¶ *Burning and caulding.*

CHAP. 216.

¶ An approued Medicine for any burning with with fire or ſcaulding with water other liquor. &c.

TAke Houſleeke and Hemlockes, of eth of them a good handfull, and beat them both together: then take a quarter of a pound of Bores-greaſe, and ſeeth both the herbes and it together, vntill ſuch time as they come to an oyntment, and then ſtraine the ſame into a bore, and let the patient annoint the place grieued therewith, two or three times euery day, vntill he be well againe, which (by Gods helpe will be in ſhort time.

CHAP. 217.

¶ Another for the ſame.

TAke Iuy-leaues, (but they muſt be of thoſe that growe nert vnto the ground) and leaues of Marygoldes, Wood-binde leaues and Plantine, of each of them a like quantity, and choppe them very ſmall and boyle them in Bores-greaſe: and then ſtraine them into ſome Earthen veſſell, or gally pot, and let the place where the griefe is, be eftſoones annoynted therewith, and it cureth it. Prob. eſt.

CHAP. 218.

¶ Another for the ſame.

TAke a Brake Root, and ſtampe it well in a wooden diſh, or in a morter, and then ſtraine out the iuyce thereof cleane, and let the place that is burned or ſcaulded be anointed therewith and it helpeth. This hath beene truely proued.

CHAP. 219.

¶ A very good Oyntment for any manner of burning of Gunpowder, or ſcaulding of water.

TAke two or three handfulls of Houſleeke, a good handfull of Barrowes-greaſe, and two handfulls of Groundſell and ſtampe them all together, and put thereto, two handfulls of Sheepes-doung that is new fallen, and as much Gooſe-doung, and then ſtamp them againe with the things before recited, and then boyle them well together: then ſtaine them through a fine linnen cloth into an earthen pot, and with the liquor that commeth thereof annoynt the place grieued and it will helpe it forthwith.

CHAP. 220.

¶ An other Oyntment for any manner of burning with fire or otherwiſe howſoeuer.

TAke Dayſie-rootes, Plantine, Waybroad-leaues, Greengooſe doung, and the Barke of an Elder tree, of each of them a like quantity, and a pretty quantitie of Oyle Oliffe, and ſtampe them well together, and then let the party grieued be annoynted therewith, as often as need ſhall require, and let it be with a feather, and this will cure him without doubt. Probatum eſt.

CHAP. 221.

¶ A very good Medicine for any manner of burning with fire or ſcaulding with Water.

TAke a Brake-roote and ſtampe it in a diſh, and ſtraine out all the iuyce of it, and put into it a good quantity of Creame

Creame, and let the place that is burned or ſcaulded, be annointed therewith, and this will both fetch out the heate and aſſwage the paine. This hath bin truely proued.

CHAP. 222.

¶ A very good remedy for any burning or ſcaulding, either with a Hand-gunne or otherwiſe.

TAke a good quantitie of the Doung of Geeſe, (which is of one nights making) and a good quantie of Butter vnſaulted, or elſe Shapes Suet clarified, and fry them in a frying pan, vntill the Buter or Suet be allmoſt conſumed: then put the ſame ſtuffe into a courſe linnen cloth that is cleane, and ſtraine it into a Gallipot, or elſe ſome other ſmall Earthen veſſell then take a Feather and dip it in the ſame liquor, and anoint the place therewith that is burned or ſcaulded, and when you haue ſo done, take a fine linnen cloth and wet it well in the ſame liquor, and lay it vpon the place grieued to couer it with all, doe this twice euery day vntill it be hole, which (by Gods helpe) will be in a ſhort ſpace. Probatum eſt.

CHAP. 223.

¶ An other for the ſame.

TAke a good quantity of Maydewort, and ſtampe it, and ſeeth it in freſh Butter, and ſtraine it, and let the place grieued be annointed therewith, and it will cure it.

CHAP. 224.

¶ A Medicine to take away a heate or burning with Gunpowder.

TAke a good quantity of Houſleeke, and ſtamp it & wring out the iuice cleane: then take the whites of 5. or 6. new laids

laide Egges, and beate them in a diſh vntill they be thin, and then take the ſcumme of it, and put the iuice and them together and then waſh the ſore place with a linnen cloth, and then lay the ſame cloth a loft vpon the ſore wet. Proued by M. Gayl.

CHAP. 225.

¶ An other Medicine for burning or ſcaulding.

TAke either blacke or gray Sope, and lay it immediately to the place which is burned or ſcaulded, and it will ſpeedily help it. Probatum eſt.

CHAP. 226.

¶ Another for the ſame.

TAke a good handfull of Auans, and as much Geepes Doung, and fry them in May-butter, and ſtraine it, and let the Patient anoint the place grieued, with a little of the ſame ſtuffe, (the ſame being cold) twice or thrice a day (but let it be annointed firſt either with gray or blacke Sope) and let the Oyntment be ſpread vpon a fine flaxen cloth if it may be gotten, and this will cure the ſore very ſpeedily. Probatum eſt.

CHAP. 227.

¶ A Medicine for burning or ſcaulding in any place whereſoeuer.

TAke the white of an Eagge, and put it into a Pewter diſh and then labour it with an Allom ſtone vntill your perceiue it to be like vnto a Poſſet curde: then take a peece of fine linnen cloath, and wet it in Oyle Oliffe, or in ſome other Oyle: then lay the ſaid cloth vpon the ſore, and aboue it lay the curde before recited, made of the white of the Egge, and that will both drawe out the fire and heale the ſore.

CHAP.

CHAP. 228.

An other for the ſame.

TAke 4. Egges and roſt them, and then take the yolks out of them and fry them in a pan ſoftly vpon the embers till they be black: and thereof wil come an Dyle (which you muſt put into a Gallipot to be kept ſafe) and when you will vſe it, take a Feather, and anoint the ſore therewith.

CHAP. 229.

¶ A good Medicine for a burning, for want of other things.

TAke Berries of an Elder tree, and ſtampe them, and lay them to the place grieued, and this will eaſe it greatly.

CHAP. 230.

¶ An other for the ſame.

TAke Oyle Oliffe, and beate it with faire water vntil it be very white: and then anoint the place grieued therewith and it will very ſpeedily cure it.

CHAP. 231.

¶ An other for the ſame.

TAke 12. Eggs and let them be as new laid as may be and then lay them in the fire and roſt them hard then take the yolks: and chop them ſmall, and put them into an Earthen pot, and ſet it ouer the fire, and ſtir it with a ſticke, and let it boyle vntill you ſée it conſumed almoſt to nothing: Then take it and ſet it to ſtand in the ayre for a quarter of an houre or more, and there will come an Dyle thereof: then take a feather an annoint the ſore with the ſame Dyle, and then take leaues of Harts-tongue, and lay them to the ſore and, bind a linuen Cloth thereon, and this will gather ſkinne againe.

CHAP. 232.

¶ An other for the ſame.

TAke a Hen Egge, and roſt it vntill it be heard, and then take the yolke forth of it, and bruiſe it with a little freſh

Butter that is cleane without Salt, and annoynt the place grieued therewith and it helpeth.

CHAP. 223.

¶ An other for the ſame.

TAke Waxe and Roſin, of ech of them a pound, and halfe a pound of May-butter, and boyle them well together, but it muſt bee continually ſtirred all the time that it doth boyle) and then coole it againe, and then make a plaiſter thereof, and apply it to the ſore, and it will ſpeedily helpe it. Prob. 211.

CHAP. 234.

¶ A very good Medicine for any burning with fire.

TAke black Varniſh, and with a Feather anoint the place well that is burned, and it will aſſwage the heat thereof and it will heale it as faire as euer any other Medicine can, but let the party grieued vſe it continually vntil he be perfect whole. This hath beene truely proued by M. Gray.

CHAP. 235.

¶ An approued Medicine for any maner of burning or ſcaulding bee it with fire, Oyle or with Gunpowder.

TAke Salt diſſolued with Water, or elſe Brine, and the ſtrength of the ſame wil take away both the paine and the heat of any burning, and eſpecially if it bee bathed with linnen clothes wet, or dipped in the ſame, and afterwards applyed to the place which is burned or ſcaulded, and this will helpe it preſently.

CHAP. 236.

¶ An other for the ſame.

TAke either blacke or gray Soape, and apply it immediately to the place grieued and it will preſently eaſe it. Proued by M. D. Lupton.

CHAP.

Cankers.

CHAP. 237.

¶ An excellent Medicine to killa Canker in any part of mans body.

TAke a good quantity of Roch Allom, (as it is in the barrell and as much wheaten Flower, and of Hunny and Vinegar of each of them a like quantity, and mingle them together, and make a plaister thereof, and lay it to the place grieued and so let it remaine for the space of 12. houres and put on a new one in the place, and so vse this for the space of three or foure dayes together, and it will heale it without all doubt.

CHAP. 238.

¶ An other excellent good Medicine for a Canker.

TAke ground Iuie, Plantine, penniroyall, Woodbine Daisies, Rosemarie, Fetherfew, Sage, Lauender, Spike and Herbgrace, of euery of them a like quantity, and two spoonefulls of white Wine Vinegar: stampe and straine all these together, and then take Hunny and wheaten Flower, of each of them one spoonefull, and mingle them with the iuyce of the same Hearbes, and let it be well stirred about, and then make a plaister thereof, and lay it cold to the place grieued and it helpeth. Prob.est.

CHAP.

CHAP. 239.

¶ An approued Medicine to kill the Canker:

TAke a good quantitie of the Barke of a Slo-tree, and chop it very ſmall and boyle them in a little faire running Water & let it boyle vntill it bee black, and then temper it with a little Rie-meale, and a little Hunny, and ſo make a plaiſter thereof, and lay it to the place grieued and it will ſpeedily cure it, in whatſoeuer part of the body it be in. Probatum eſt.

CHAP. 240.

¶ Another for the ſame.

TAke a good quantity of fine Wheaten Flower, and of new Milke, Tarre, and Colewortes, as much as you thinke conuenient, and then boyle them all together, and make a plaiſter thereof, and lay it to the place grieued, and it wil preſently helpe you. Pro. eſt.

CHAP. 241.

¶ A maruellous good water to kill the Canker and ſcurfe in the mouth.

TAke a good quantitie of White Wine, and Selandine, Red Sage, Roſemarie ſtripped, Hiſop and Woodbine leaues, each of them a handfull, and boyle them in the white Wine, vntill the one halfe of it bee conſumed: then ſtraine it, and wring forth the iuyce cleane, and then take halfe an ownce of Allom, a quarter of an ounce of white Coporas, and 2. or 3. ſpoonefulls of Hunny, & mingle it with the iuyce aforeſaid, and ſet it on the fire againe, and to let it ſeeth a little while, and take it off, and ſtraine it againe, and then put into a Viall, and when the party grieued will vſe it, let him waſh the Canker with this water (beeing made luke-warme) two or three times euery day, eyther with a fine linnen cloth vpon one fingers end, or elſe vpon a ſticks end, if it may not otherwiſee conueniently bee

be come at. This hath holpen many.

Note, that after the patient hath well washed his mouth therewith, hee muſt take a little Samphiere beeing beaten to fine powder and (the patients mouth being opened, with a Quill, or a Reede) blow a little of the ſame powder vpon the ſore.

Alſo this water will in a ſhort ſpace heale any old ſore, the ſame being waſhed often therewith, and a fine linnen cloth dipped therein and laid vpon the ſore.

CHAP. 242.

¶ An excellent good remedy for the Canker in the mouth.

TAke Peny-royall, Red Fennell, Red Sage, Roſemary tops, and Mayden-hayre, of each of them a good handfull, and a little Hiſop, boyle theſe together in a quart of white Wine, and put thereto as much as two Walnuts of Roch Allom, and as much Hunny as will make it ſweet: then take it and ſtraine it though a fine linnen cloth and let the Patient waſh his mouth often therewith, and it will help him. Pro. eſt.

CHAP. 243.

¶ An excellent good Medicine for any manner of Canker, Vlcer, or for the diſeaſe called *Noli me tangere.*

TAke 3. ounces of Vnguentum album, and of the iuyce of Plantine & Nightſhade, of either of them the quantitie of halfe an ownce, and the waight of halfe an Engliſh crowne of Tuttie, mingle all theſe together, and make an Oyntment thereof, and let the place grieued bee annoynted therewith, and this will heale it.

Note alſo, that this diſeaſe (called Noli me tangere happeneth oftentimes in the Noſe, or about the face, and it beginneth often times in ſimilitude of a ſmall round kernell or

knob and it causeth great paine, & if it be declining towards a pale and leady colour, then may you iudge that the disease is very dangerous: notwithstanding it is good to vse the Ointment before expressed.

CHAP. 244.

¶ Another remedie for the Canker in the mouth.

TAke a good spoonefull of English Hunny, and a good quantity of Roch Allom burnt in a fire-shouell as white as Chaulke, (made to fine powder) and mingle it with Hunny, and stirre it well with a sticke: then take a fine linnen cloath and wrap it about the end of the sticke, or some other instrument made for that purpose, and to dresse the patients mouth well therewith, and this will cure it. probatum est.

CHAP. 245.

¶ A good Medicine for a Canker in the mouth (both white and red) the white Canker will breake out and the red will not.

TAke two handfulls of Woodbine-leaues, and a handfull of Sage, shred them very fine, and stampe them small in a morter: then take two spoonefulls of Hunny, and as much Roch Allum as halfe an Egge and a quart of faire running Water, and boyle them all together vntill they be thicke, and then straine them through a fine linnen cloath, and put the liquor into a fine Earthen pot, and couer it veary close: and when occasion serueth for vse thereof let the patient annoint his gummes therewith (within his mouth on the forefide) or else if neede requires, let him anoint all his mouth therewith: and if it be a white Canker, then anoint the outside of his mouth, and then wet a cloath in the liquor and lay it thereunto, on the outside of the face, and so let him vse this 3. or 4. times a day (but when he is dressed let him alwayes lay his face to a warme Chasindish of coales, and then he shall perceiue the water come forth of his

his mouth abounduntly) But if the Canker be in the nose, or in any place where it cannot be touched, then spout but some of the same liquor with a quill or fearing, and it will heale him in a short space.

This liquor will be kept well 21. dayes, in his vertue, and no more. This hath bin often proued.

This Medicine is also good for sore lippes, sore legges, or for any other sores.

CHAP. 246.

An excellent remedy for a Canker in the mouth or throate: and also to wash the teeth that be hollow and stinke.

TAke a good quantity of Red Sage, and 12. crops of Rosemary, and a like quantity of Hunny-suckles, wilde Daysies and Sinke-foyle, and boyle them all together in a pinte of fayre running Water, vntill it be halfe consumed: Then take a little Roch Allom, and burne it to powder, and halfe a spoonefull of Hunny and put therein, and then straine it through a fine linnen cloath, and when it is colde, put it into some glasse or else an earthen Vessell that may be stopped close, and let the Patient wash his mouth often therewith, and it will helpe him in a short time.

CHAP. 247.

A good Medicine for a Canker in the mouth.

TAke white wine Vinegar, and Hunny, of ech of them a like quantity, and boyle them all together with a little Roch Allum, & let the Patient wash his mouth therewith as often as he shall thinke requisite, and this will cure him. Also the iuyce of Plantine, Vinegar, and Rose-water mixed together is exceeding good for a Canker or stinking breath.

CHAP. 248.

A good Medicine to dry vp a Canker and to slay it.

TAke iuice of Woodbine, and iuyce of Marigolds, of each of them a like quantity, and a pretty quantitie of

Hunny, and of powder of Camamill, & powder of Coporace, and powder of Wilde Sage, of each of them as much, (burnt and mingled altogether) and lay them on the place where the Canker is, and it will dry it vp. But to flea the Canker: take a red Oynion, and lay it thereon, and it will both flea and cure it.

CHAP. 249.

¶ A very good Medicine for a Canker, or other disease in the Gummes or Throate.

TAke Plantine and Hunny-suckles of each of them a handfull, an ounce of Daisie-leaues, halfe a handfull of Sage, and a quart of faire running Water, and boyle all these together vntill the one halfe be consumed: then put therein 5. or 6. spoonefulls of sharpe Vinegar, 5. or 6. spoonefulls of Stone Hunny, and as much Roch Allum as a wallnut, and then straine it through a fine linnen Cloth, and then let the Patient wash his Mouth, Gummes or Throate, well therewith, and it will cure him.

CHAP. 250.

¶ A Medicine to cure any Canker in the mouth.

TAke a Flower-de-luce Roote, and wash it and slice it, and a few leaues of Penny-royall, and lay them to steepe in faire Running Water, for the space of a whole day: then take some of the same water and wash the Patients mouth therewith, and in often vsing of it, it will help him.

CHAP. 251.

¶ Another for the same.

TAke Vinegar, Rose-water, and iuice of Plantine, and mingle them together, and let the Patient vse to wash his Mouth oftentimes with the same, and it will helpe him. Probatum est.

CHAP. 252.

CHAP. 252.

¶ An other for the ſame.

TAke the iuice of Woodbine, and Plantine, and a little Roch Allum Roſe-water, and white wine Vinegar, and mingle them together, and let the Patient waſh his mouth well therewith and it will helpe him in a ſhort ſpace. Probatum eſt.

CHAP 253.

¶ A very good Medicine for a Canker or a ſore mouth.

TAke Sage & Hunny ſuckle leaues, of each of them a handfull, and a pretty quantity of Roſemary and as much Roch Allum, as halfe a Wallnut, and a ſpoonefull of Hunny, and boile them together in a quart of faire running Water, and let them boyle for a good ſpace, and then ſtraine it into a glaſſe, and then let the patient waſh his mouth therewith, both Morning and euening as long as he ſhall finde himſelfe grieued, and this will doe him much good. This hath been vſed by *Tho: Sefold.*

CHAP. 254.

¶ A good water for to cleanſe the Mouth, and to faſten the teeth.

TAke Woodbine leaues and Sage, of each of them a handfull, and a ſpoonefull of pure Engliſh Hunny, and a pece of Allum as big as a good Wallnut: boyle all theſe together in a quart of faire running Water, and let it boyle vntill the one halfe be conſumed, and then ſtraine the ſame through a fine linnen cloth, and let the Patient waſh his mouth 3. or 4. times a day therewith, (luke warme) and this will cleanſe his mouth of any corruption that will abide therein, after any Canker or other diſeaſe.

Child-birth.

CHAP. 255.

¶ A speedy remedy for a Woman in labour, being in danger of life.

TAke Amber, Iet, and of the Barke of Cassia Fustula, the waight of two pence of each of them, and beat them into fine powder, and giue it to the woman to drinke in an Ale-bery, but let her looke that her Mid-wife be very and carefull diligent in attendance.

CHAP. 256.

¶ Another for the same.

TAke a Date-stone and grate it to powder, and giue the woman that trauelleth to drinke with wine, and (God willing) she shal be deliuered aliue without any danger. This hath beene proued.

CHAP. 257.

¶ An excellent good Medicine for a woman labouring with Childe.

TAke Mugwort, and seeth it very well in fayre Running Water, & plaister it as hot as possibly it may be suffered, both to the Nauill and Thighes of the woman labouring with Childe, and this will prouoke speedy delinery of Childbyrth and after burden without any perill. But it must not be

be ſuffred to continue ouer long to any part of her body, for if it doe it will cauſe the Matrix to follow. This hath beene proued.

CHAP. 258.

¶ Another for the ſame.

TAke Hyſop, Veruoine, and Betony, of each of them a handfull, and ſtamp them very ſmall with ſtale Ale, & ſtraine it and wring forth the iuyce thereof, and let the woman that trauaileth drinke a good draught of it, and it will helpe her preſently without any danger at all, This hath bin proued.

CHAP. 259.

¶ Another for the ſame.

TAke Betony, and drinke it either with wine or water, and it will cauſe a woman ſpeedily to bee deliuered, and very eaſily: yea and though the Child be dead or turned contrary to the right courſe, alſo it bringeth forth the after birth, Alſo ſome doe affirme that Peny-royall will worke the like effect.

CHAP. 260.

An other preſent remedy for a Woman that trauayleth with Child, to help her to a ſpeedy and good deliuerance.

TAke Polipodium (otherwiſe called Oke-fearne) and ſtampe it very well and make a plaiſter thereof, and appply it to the fete of the Woman that trauayleth with Child, and this cauſeth a ſpeedy birth of the Child, either aliue or dead, This is a maruellous good ſecret and hath beene truely proued.

CHAP. 261.

An other excellent good Medicine to be giuen to a Woman labouring in Childebirth, for to cauſe her to haue a ſpeedy and eaſie deliuerance.

TAke as much Myrrh as the quantitie of a Walnut, and temper it well with Wine, and giue it the woman to

to drinke warme, and this will cause her to haue speedy deliuerie either quick or dead. Prob. est.

Chincough.

CHAP. 262.

¶ A very good Medicine for the Chincough.

TAke Bores-grease, and warme the feet of the Patient to the fire, and chafe and rub them with the same grease: and when you thinke that you haue rubd and chafed them enough, let him goe to bed, and there let him be kept very warme, and let there be clothes inough laid to his feet. This may bee vsed to little children and it will helpe them. Probatum est.

CHAP. 263.

¶ An other for the same.

TAke a Mouse and flea it, and dry it in an Ouen, & beat it to powder, and let the party grieued drinke it in Ale, and it will helpe him. This is also good for them that cannot hold their water. Prob. est.

CHAP.

Cough.

CHAP. 264.

¶ An approued medicine for a Cough.

TAke 3. or 4. Figges and roſt them well, and put them in a cup of Beere, and put therein a little Liquorice and Annis-ſeedes, beaten to powder, and ſet it to ſtand by the fire vntill it be warme: then take out the Figges and eate them, and when you goe to bed drinke vp the drinke alſo and couer your ſelfe warme: vſe this for the ſpace of 4. or 5. dayes together, and it will breake the Cough. This hath bin ſufficiently proued.

CHAP. 265.

¶ A very good Medicine for a Cough or ſtitch.

TAke a quart of Malmſie, Annis ſeedes and vnſet Hiſop, of each of them a handfull, a Liquorice ſticke or two bruiſed, and halfe a twopenny diſh of ſweet Butter: ſeeth all theſe together till they bee thick, and then take and ſpread the ſame vpon a Toſt of fine wheaten bread, and put it within a fine linnen Cloth, and lay it to your ſtomack as hot as you may ſuffer it: but if you will vſe it for a ſtitch, the Butter muſt be left out of it.

CHAP. 266.

¶ A very good Medicine for a Cough, and to cause one to auoid Fleame from the stomack.

TAke a quart of stale Ale, and a handfull of Goose-meate, (otherwise called Hay-rese) and a good quantitie of Liquorice pared, and a pretty quantitie of small Reisons, and boyle them all together vntill the one halfe be consumed, and then let the patient drinke thereof, both first and last.

CHAP. 267.

¶ An excellent good drinke to breake the Cough.

TAke two penniworth of Liquorice, and let it soke in faire running Water, and so let it stand for the space of 24. houres, and then let the Patient drinke a good draught of it when he goeth to bed as hot as he can drinke it, and then let there be a hot Boorde, or a logget of Wood, laid (as hot as may be suffered) to the soles of his feet when hee goeth to bed, to prouoke him to sweate if he can, and so in the Morning doe the like againe, and doubtles within three dayes he shall bee well. Prob. est.

CHAP. 268.

A Medicine for the Cough and straitnes of the pipes.

TAke dry Figges and Hisop and stampe them well together and boyle them with Hunny, and let the Patient vse to drinke it fasting and it will helpe him. Probatum est.

CHAP. 269.

¶ An excellent good approued Medicine for an extreame Cough.

TAke Fennell-rootes cleane washed and Annis-seedes, of each of them a like quantity and a little Liquorice, and seeth them all together in White-Wine, and then straine it and put it into an earthen pot, and stop it close, and when you goe to bed, drinke a good draught thereof, and the next morning

mo:ning take a Fig and a Date and roſt them, and then eate them as hot as you can: and when you haue ſo done, fo:beare eating & d:inking fo: the ſpace of two o: th:ee houres after and in th:ee o: foure dayes you ſhall be well.

CHAP. 270.

¶ An other for the ſame.

TAke Hore-hound, and Hiſop, of each of them a like quantity, and a little Water and Suger, and boyle them together, vntill they become a ſirrop, and ſo vſe to eate this mo:ning and euening, and at all other times when you ſhal thinke conuenient and this will b:eake the Cough. Prob. eſt. per D. Lopes.

CHAP. 271.

¶ Another for the ſame.

TAke a toſte of Bread, and make it very whot and b:owne, and put as much Sallet Oyle on both ſides thereof, as the b:ead will receiue, and eat it: vſe this both mo:ning and euening and it will doe him much good. Probatum eſt. per D. Wootten.

CHAP. 272.

¶ Another for the ſame.

TAke a little of the Roote of Elecompanæ, Reyſons of the Sun, and Figs, and cut them in ſmall peices, and Annis-ſeedes, Hiſop, Liquorice, and Hore-hound, of each of them a like quantity: Boyle all theſe together in faire running Water, and then ſtraine it and d:inke it euery mo:ning faſting, fo: the ſpace of 3. o: 4. dayes together, and it will helpe you.

CHAP. 273.

¶ Another for the ſame.

TAe Barrowes Greaſe, o: Bores-greaſe, and 4. o: 5. Cloues of Garlicke, & ſtamp them altogether, & when the Patient is going to bed, let him warme his feet to the fire and annoint them with the ſame Dyntment, and when hee is in bed let him haue a hot Trencher laid to the ſoles of his

ſete, as hot as poſſibly hee may abide it, and let him haue warme clothes put thereto, to keepe in the heat and this will helpe him.

CHAP. 274.

¶ A very good Medicine for the Cough and to breake the Fleame.

TAke a pottle of pure Muſcadine, and a quart of Hiſop-water diſtilled, and 5. or 6. good Races of Caſe Ginger, pare off the rind from them very cleane, and then ſlice them: then take as much Licquorice as you haue Ginger and pare it likewiſe: then take two good handfulls of Sugar Candy groſly bruiſed, and mixe all theſe together, and put them into a glaſſe and ſhake it often, and ſtop it cloſe, and then let it ſtand for the ſpace of 24. houres, and then let the patient drinke thereof as often as he ſhall thinke good, or as neceſſity of the cauſe ſhall require.

CHAP. 208.

¶ Another Medicine for the Cough, and to drye vp the Rheume and Fleame.

TAke two or three penniworth of Cloues and Mace, a handfull of Bay Salt dryed at the fire, a handfull of Cummin and a handfull of Sage, take all theſe and beat them well together, and then put them into a linnen bagge (made for the purpoſe, of the length and breadth of a mans hand, and let it be quilted) and put it to the mould of the head of the Patient, and let him take it off euery morning and euening, and warme it well, and lay it to the ſame place againe, and he ſhall find great eaſe thereby. Probatum eſt.

CHAP. 276.

¶ A good pouder to be vſed for the Cough, and wheeſing of the Pipes and Noſe.

TAke an ounce of Caſe Ginger, beaten to fine powder, and an ounce of Elicompanæroots dryed and beaten

to

to powder then take a pownd of Sugar-candy beaten ſomewhat fine, halfe a pound of Licquorice, and halfe a pound of Annis-ſeeds, (and let them be both well ſearſed) and then mingle all the thinges before ſpecified together, and then put the ſame powder into a box or bladder, and when you goe to bed, eate a ſpooneſull thereof, and as much in the morning faſting, and it will helpe you in a ſhort ſpace.

CHAP. 277.

¶ An excellent good Medicine for the Cough, and for the ſtopping of the Breſt: and alſo to open the pipes and to auoid corruption.

TAke Rootes of Elicompanæ, and Raddiſh-rootes, and ſhred them ſmall, and of Peare-wardens twice as much as of both the others: then put them all together in an Earthen pot, and put as much clarified Hunny thereto as will make it ready to ouerflow the ſaid ingredience, ſee q then couer it hot, and ſtop it cloſe that no breath may iſſue forth of it, and ſet it in an Ouen, and bake it with a batch of bread, and when occaſion ſerueth, let the Patient take a ſpoonefull thereof euery Morning and euening firſt and laſt and it will helpe him.

CHAP. 278.

¶ A perfect good Syrop for a Cough.

TAke halfe a pound of white Suger-candy, halfe a pinte of Roſe-water, and a good quantity of Liquorice, cleane pared and bruſed: Boyle all theſe together, vntill you ſee it come to a Syrop, then ſtraine it through a fine linnen cloth, and put it into a glaſſe, & ſo vſe it when you ſhall thinke conuenient.

Cough of the Lungs.

CHAP. 279.

A moſt Soueraigne Medicine for the Cough of the Lunges.

Take a handfull of Reyſons of the Sunne, and let them be very cleane waſhed & the ſtones picked out, and a penniworth of Maiden-hayre, halfe a ſpoonefull or more of Anniſeedes bruiſed ſmall, 10. or 12. Figges, halfe a pound or ſomewhat more of Portugall Suger, and three pints of faire running Water: and boyle all theſe together vntill the one halfe bee conſumed away: then ſtraine it through a fine Cloth, and euery morning drinke two ſpoonefulls thereof luke warme, and you ſhall find preſent remedy thereby. Probatum eſt. per M. Baker.

CHAP. 280.

An other for the ſame.

TAke halfe a pound of the fineſt Suger that may bee gotten, and a good quantity of Annis-ſeeds & Licquorice, and two handfullls of great Reyſons, and let the ſtones bee cleane picked out, two penniworth of Maiden-hayre, a gallon

gallon of faire running Water, and a pound of Figgs: Boyle all these together vntill the one halfe be consumed, and then straine it into an earthen pot, and when you will vse it, take a little thereof at a time and put it into a cup or cruse to warme, and so drinke it both morning and euening, or at any other time as you shall thinke good.

CHAP. 281.

¶ An other for the same.

TAKE a pound of Elicompanæ-rootes that are young, of Semetrach, Maiden-hayre, Ana. 1. ℥. (the same being new gathered and scrape the Elicompanæ-rootes cleane, and cut them into small peices: and then boyle them in fiue pints of faire running Water, and let it boyle vntill it come to a pint and an halfe: and then straine them, and then put to it the quantity of three quarters of a pound of fine Suger, and boyle it againe, vntill it come to the quantity of three quarters of a pinte: then take two or three yolkes of new laid Egges, and beate them very well; put them therein, and let them boyle together for the space of halfe a quarter of an houre: then take it off the fire, and when the Patient will vse it, let him take a spoonefull at a time twice a day, (Viz.) one in the Morning, and an other in the euening, and let the Patient lye vppon his Backe for the space of halfe an houre after he hath receiued it, and let him vse this for the space of 5. or 6. dayes (keeping himselfe very warme and it will helpe the greatest cough that is. Prob. est.

CHAP. 282.

Colde.

CHAP. 282.

¶ A very good Medicine for the Colde.

TAke a potle of Ale, and ſcum it very cleane, and then take Hiſop and Penny-royall, of each of them halfe a handfull, Annis ſeeds and Liquorice, of each of them 1. ownce, 3 penniworth of Cale Ginger, and fiue or ſeauen figs ſlyced, (if the Figs doe not make it ſweet enough then put a little fine Sugar, and the Liquorice and Ginger muſt bee ſliced and the Annis ſeeds bruiſed) and then boyle it on the fire vntill the one halfe be conſumed: then take it off, and ſtraine it through a fine linnen cloth, into ſome glaſſe or earthen pot, where it may bee kept cloſe: then let the Patient drinke thereof both morning and euening, for the ſpace of 5. or 6. dayes together, and he ſhall find great eaſe thereby. Probatum eſt.

CHAP. 283.

¶ Another for the ſame.

TAke Hiſop, Roſemary, and Radiſh Roots, of each of them a like quantity and ſeeth them in a pottle of white Wine, vntill the one halfe be conſumed: then take it from the fire and ſeperate the herbes from the liquor, and then put the herbes into a morter, and ſtampe them very well and

and ſtraine them, and then put the liquor into the pot a-gaine, and put thereto a pinte of Engliſh Hunny, and boyle it and ſcum it cleane, then take a little May-butter, (if it may be gotten) and clarifie it, and put it into the liquor, and then let it ſeeth a little ſpace after, and then ſtrayne it againe through a fine linnen cloath, and put the liquor into a glaſſe, or ſome other cleane veſſell, and let the patient drinke this 7. or 8. ſpoonefulls thereof at a time with ſtale Ale, both morning and euening, and let him vſe it in this ſort vntill hee be well. Probatum eſt.

CHAP. 284.

¶ A Medicine for the ſtopping of the Noſe and head, which commeth by taking of colde, eyther in the ſeete, or otherwiſe.

TAke a good quantity of the iuice of Primroſe, and blow it with a Quill into the patients Noſe, and let him keepe himſelfe warme after it, and it will cleare both his head and Noſe.

CHAP. 285.

¶ A very good drinke for the cold, and to open the pipes.

TAke Endiue, Succory, Parſly, Fennell, Burrage, Hiſop Time, Penny royall, Germaunder and Neepes of each of them a good quantity, & boyle them all togither in a pottle of fayre running Water, and let it boyle vntill the one halfe be conſumed, and then ſtrayne it, and put into it two ſpoonefulls of good wine Vinegar, and 3. or 4. ounces of fine Suger to ſweeten it, and ſo let the patient drinke euery morning and euening for the ſpace of 3. dayes togeither, a good draught thereof, and it will helpe him. Pro. eſt.

CHAP. 286.

¶ An excellent good remedy for a Colde.

TAke a halfe a pinte of Hiſop water, a pinte of ſtale Ale, two ſpoonefulls of Hunny, and an ounce of Suger-

candie, and then boyle them all to gether vpon a soft fire, and be sure to scum the same very cleane (that done) let it boyle vntill the one halfe thereof be consumed: then take a sticke of Liquorice, and shaue of the vttermost rinde thereof, and then bruise the one of it, and dip the end so bruised into the same liquor often, and then let the patient sucke the stickes ende often, and this will helpe him in a short space bee hee neuer so hoarse. Prob. est.

Choller.

CHAP. 287.

¶ A good Medicine to cause one to avoyd Choller.

TAke fiue or sixe Dockeroots, and wash them very cleane, and take forth the pyth of them, then take a few tops of Red Mints, and a little Woormewood, and steepe them in a quart of Ale or white Wine, for the space of one night and let the patient drinke halfe a pinte thereof at a draught and let him vse this for the space of 6. or 7. dayes together, and it will both cause him to vomit vp Choller, and cleanse the body in all parts: but it must bee taken betwixt the first day of March and the last of June, and perhaps it will cause him to haue 3. or 4. stooles. This hath beene truely proued.

CHAP. 288.

¶ A maruellous good Medicine to cause one to auoid abundance of Choller.

TAke halfe an ownce of Cassia which is newly drawne, and a dram of good Rubarbe, and let them bee infused for the

the ſpace of a night, with water of Endiue, & a little Spike-nard, and an ounce of Sirrop, of Violets: then take them and mingle them altogither, with the quantity of 3. or 4. ounces of Whay, and let the Patient drinke it warme, and this will cauſe him to auoide much Choller. Prob. eſt.

CHAP. 289.

¶ An other good Medicine for the purging of Choller.

TAke of Coloquintida the inward part of 3. ounces of Polipodie of the Oke (otherwiſe called Oke-fearne), and let it be cleane waſhed: then take Ox-gall 3. i. and as much Honny as you ſhall thinke good: mingle all theſe together, and boyle them, and let the Patient vſe it often, and it will doe him much good.

Cramp.

CHAP. 290.

¶ A preſent remedy for the Cramp.

TAke Oyl of Violets, Holi-hocke, and Swines Greaſe, of ech of them a like quantity & make an ointment therof, and let the party grieued anoint the place very well therwith where the griefe is, and doubtles this will in a ſhort ſpace helpe him. This hath bin oftentimes proued and found true.

CHAP. 291.

¶ Another for the ſame.

TAke Pionie rootes and beat them to powder, and then make a little bag of ſilke or linnen cloath, and put the powder therein, and hang it about the patients neck, and let him vſe to ſmell often thereto, and it will helpe him.

CHAP. 292.

A very good Medicine for the Cramp, and for the ſounding and ſhaking of the Heart, which commeth thereby

TAke a quarter of a pinte of white wine Vinegar, and a handfull of bay Salt (if it may be gotten) or elſe white Salt, and temper them well togither: then take a peece of new woollen Cloath, and ſteepe it therein, and lay it to the pulſes of the patient, and it will helpe him, or at leaſt wiſe, he ſhall finde great eaſe thereby.

CHAP. 293.

¶ Another for the ſame.

TAke the little bone that is in the knee ioynt of the hinder legge of an Hare, and touch the place grieued therewith, and it will ſpeedily helpe the cramp.

CHAP. 294.

¶ Another for the ſame.

TAke Camphire, Roſe-water, and a little Saffron, and mingle them all togither, and let the party grieued waſh his hands & pulſes often therewith, and ſo ſmell to them often, and this will doe him much good.

CHAP. 295.

¶ Another for the ſame.

TAke Nutmegs, Cloues, Cynamon, and Saffron, of ech of them halfe an ounce, & mingle them with a little Roſe-Vinegar, and make a plaiſter thereof, and lay it to the pulſes of the patient, and it will helpe him. Pro. eſt.

CHAP. 296.

Cornes.

CHAP. 296.

¶ An excellent good Medicine to take away Cornes on the feet or toes.

TAKE Oysters and open them, and cut out the white pyth that groweth vnto the shells, and dry it, and make a powder thereof, and when you goe to bed, cut your Corne with a sharpe knife, and picke out as much of the Roote as you can: then put same of the some powder into the hole (and if you will you may vse a little sublimed Mercury, which is to be had at the Apothecaries) and then wrap a linnen cloth about your toe, & it wil eate the Corne cleane away. This hath bene proued,

CHAP. 297.

¶ An other for the same.

TAke blacke Sope, and Snales, of each of them a like quantity, and stampe them togeither, and make a plaister thereof, and spread it vpon a peece of white Leather, and lay it vpon the Corne, and it will take it cleane away within 7. or 8. dayes space.

CHAP. 298.

¶ Another for the same purpose.

TAke a knife and pare the Corne as neere the quick as it may be suffred, & then take the inner part of a Fig, and

a pretty quantity of Verdigreaſe, and mire them both togither, and the ſame to the Corne and binde it faſt therevnto with a linnen cloath and this will in a ſhort ſpace eate out the roote of the Corne. This hath bin proued by I. B.

CHAP. 299.

¶ Another for the ſame.

TAke Marigolds ſtamped, and lay them vpon the ſore, both Morning and Euening, and if the Corne be not deepely rooted it will helpe it. Or elſe pare away the Corne cleane, and lay thereto the quantity of a peaſe of Turpentine and red Wax, boyled togither, and this will take away the Corne.

CHAP. 300.

¶ Another for the ſame.

FIrſt pare away the Corne, and then take a blacke Snaile and bruiſe it, and put a drop or two of the iuice thereof into the place grieued, and put thereto a little powder of Sandphere, and it will take away the Corne very ſpedily.

CHAP. 301.

¶ Another for the ſame.

PAre the Corne cleane away firſt, as neere as poſſibly it may be ſuffered, and then take a peece of browne Paper that is cleane and ſpread thereon a little Yeeſt (in manner of a plaiſter, and apply it often to the Corne, and it will take it quite away. This hath bin ſufficiently proued.

CHAP. 302.

¶ Another for the ſame.

TAke vn-ſlecked Lime (the Corne being firſt pared cleane away as aforeſaid) and put the quantity of a peaſe thereof into the hole, and couer it with a plaiſter made of Wax and Roſin mired togither, and let it continue on the place for the ſpace of 24. houres, and it will preſently helpe it.

CHAP. 303.

CHAP. 303.

¶ Another for the ſame.

TAke red Waxe, Vinegar, and Aquavitæ, and boyle them all together with two or three Cloues of Garlicke, and when you goe to bed cut out the Corne with a ſharpe knife and picke out as much of the roote as you can: then take one of the cloues of Garlicke and ſome of the Ware, and bind it to your toe, vſe this three or foure times, and it will take away the Corne in ſuch ſort, that you ſhall neuer be troubled therewith againe.

CHAP. 304.

¶ Another for the ſame.

LEt the party that is grieued with the Cornes take ſome the ſnot or filth that commeth from his owne noſe, and ſpread it vppon a peece of leather, or elſe vppon a linnen Cloth, and lay it vppon the Corne, and it will take it quite away.

¶ *Chollicke and Stone.*

CHAP. 305.

¶ A ſoueraigne Medicine for the Cholicke and Stone.

TAke houſhould Bread that is made of Wheat that is cleane without Rie or Pulſe, and make a Toaſt thereof, and toſt it at the fire, and euer as you toaſt it caſt Malmſie on it: then take Lauender Flowers, & caſt them vpon the toaſt, and then lay it to the Nauill of the patient as hot as poſſibly it

it may be ſuffered, and binde it on faſt with a linnen cloth, whereby it may not remoue, & it will helpe it. This hath holpen many: Proued by. M. Cox.

CHAP. 306.

¶ Another for the ſame.

TAke Time, Parſley-roots and Tops & Eliſaunder-roots of each of them halfe a pound, and ſeeth them all together in a pottle of good ſtrong Ale, and let it ſeeth vntill the one halfe thereof be conſumed then ſtraine it, and let the Patient drinke a good draught of it euery morning faſting, and it will eaſe him very much. Prob. eſt.

CHAP. 307.

¶ An approued Medicine for the Chollicke ſtranguary and the ſtone.

TAke Grommel-ſeede, Parſly-ſeede, Nettle-ſeede, Violet-leaues, Smalledge, Cherry-ſtones, Philopendula, Eliſaunders, Saxifrage, Cummin, Fennell-ſeede, Annis-ſeede, Coriander, Sow-thiſtle and Dil-ſeede, of each of them a like quantity: take all theſe and grind them very wel in a brazen Morter, and ſearſe them very fine, and put away the greateſt thereof, then take the Gum of Iuy, or elſe the Berries of Iuy dryed and beaten to powder and mingle it with the powder of the ſæds aforeſaid, and let the patient drink the powder either with white Wine, or elſe with ſtale Ale, or elſe let it be put into his pottage, and ſo let him vſe it firſt and laſt for the ſpace of 9. or 10. dayes together, and it will helpe him. Probatum eſt.

CHAP. 308.

¶ An eſpeciall good Medicine for the Collicke, and for diuers diſeaſes mentioned in the end of this Chaper following.

TAke Fennell-ſeede, Spike-narde, Annis-ſeede, Maces, Nettle-ſeede, Geat, Saffron, Ginger and Liquorice,

of

of ech of them two penny waight, and three penny waight of Cynamon, and halfe an ounce of Seni, mingle all these togither and make a powder thereof, and when you will vse it, put the quantity of halfe a spoonefull of the same at a time into your Posset-ale, or into your pottage, and so continue it for the space of 4. or 5. dayes togither, and it helpeth. This hath bin truely proued.

This is also good to cure the Stone, Dropsie, Stranguarie, or Iaundise, with diuers other diseases.

CHAP. 309.

A soueraigne Medicine for the Collicke and Stone, and to breake them both.

TAke Parsly-seed, Broome-seed, Grommell-seed, Fennell-seed, Plantine-seede, and Smalledge-seed, of each of them a quarter of an ounce, halfe an ounce of Nutmegs, and of the finest Suger that may be gotten 4. ounces: beate all these togither in a Morter vntill they are become very fine and small: then searse the powder through a fine Searcer, and put as much into your drinke thereof at a time, as the shell of a hasle Nut will hold, or somewhat more, and so vse to drinke this powder first and last for the space of 3. dayes togeither eyther with white Wine, or else with other drinke luke warme: but if that the paine be extreame, then take Oyle of Scorpions mixt with Oyle of Roses and anoint well the same side where the paine is, against the fire, and the party grieued shall finde great ease thereby. Probatum est.

CHAP. 310.

A good drinke to be vsed for the Stone.

TAke Benedict Laxat ʒ. 6. and put thereto a quarter of a pinte of white Wine warme, & let the Patient drink thereof, and so goe to bed and sweat, and let him be couered very warme, and he shall finde great ease thereby.

CHAP. 311.

¶ A good powder to be vsed for the Stone.

TAke the Water of Saxifrage, the Water of Pellitory, the Water of Parsly,, the Water of Philopendula, and the Water of Smalledg, of ech of them ʒ. iij. and mingle them altogither, and put therein Parsly rootes and sedes Ana ʒ. and the Rootes of Cardus Benedictus. ana. ʒ. and put them in an Ouen, and let them be very well dryed and so make it into powder.

CHAP. 312.

¶ A good glister to be taken for the Stone.

TAke the Decoction of Mallowes, Pellitory of the Wall, Cardus Benedictus, Coleworts, Setrach, Okefearne, and Alkaberg seedes, of each of them a like quantity: then take Oyle of Dill, Oyle of Camamill, and Oyle of Lillies, ana. ℥ j. of Hiera simplex, and a little Salt.

CHAP. 313.

¶ A sirrop for the Stone.

TAke Endiue, Sorrell, & Water Lillies, ana. ʒ the waters of Pinke-foyle and Endiue ana. ʒ. mingle all these togither, and giue thereof to the Patient to drinke both morning and euening for the space of 8. or 9. dayes, and it will doe him much good.

CHAP. 314.

¶ A very good Medicine for the Collick and Stone.

TAke Pellitorie that groweth vpon the Wall, ground Iuy, Saxifrage, Mallowes, Anans, Parsly. Pepper, Cheruell, Mouse-eare, and red Nettles, and boyle all these togither in a little Whay, and clarifie the whay with the white of an Egge, and let the party grieued drinke a good draught thereof euery morning fasting, and it will ease him greatly.

CHAP. 315.

CHAP. 315.

¶ An other good Medicine for the Collick and Stone.

TAke Otes, and parch them in a pan, as yée do peaſe, and let the patient put them into a linnen cloth, and ſet them to his Nauill as hot as hee may poſſibly abide it, and by vſing of it often he ſhall finde great eaſe.

CHAP. 316.

¶ An other for the ſame.

TAke a cleane Stone, and make it red hot in the fire, and then take it forth againe, and let it coole vntill the rednes be gone: then take a penny worth of Saffron, and lay it vpon the Stone, and turne it too and fro, vntill it be turned almoſt to a powder: then take it and temper it well with two ſpoonefulls of pure Malmſie, and ſo let the patient drink the ſame firſt and laſt, and doubtles this will helpe him.

CHAP. 317.

¶ Another for the ſame.

TAke the cuttings of a Vine, and dry them throughly, and when you are diſpoſed to vſe them: burne them vpon a Tileſtone, or elſe vpon a cleane Earth: then take the Aſhes that commeth of the Wine, and mingle them with a pinte of Rennish or white Wine, and let it ſtand for the ſpace of a night to ſettle, the nert morning let the party grieued drinke a good draught thereof faſting: but there muſt be great heed taken that the Wine and the Aſhes be of equall portions. Probatum eſt.

CHAP. 318

¶ A good Medicine to be vſed for the Collicke and Stone in manner of a plaiſter.

TAke Parſly and Smalledge, of ech of them an ounce, and two ſpoonefulls of Capons-greaſe, and put them into an

Earthen veſſell, and let one of the ſpoonefulls of the ſame greaſe be put on the top of the Hearbes, and the other in the bottome, and let them boyle on the embers from morning till night, and then ſtampe and ſtrayne them, and having ſo done, take the ſame oyntment and ſpread it vpon a linnen Cloth, and lay it as hot as poſſibly it may be ſuffered to the Nauill and bottome of the belly of the party grieued, and it helpeth. Prob. eſt.

CHAP. 319.

¶ An other good Medicine for the Chollike.

TAke a quart of white VVine, & Milke that is new from the Cowe, or Goates Milke (if it may be gotten) and make a poſſet thereof, and ſcum away the curde cleane then put into the poſſet drinke a handfull of Mother of Time, and as much young Parſly, and ſeeth them therein: then take a peny worth of long Pepper, and bruiſe it and put it therein, and let the patient drinke a good draught thereof firſt and laſt, and he ſhall finde great eaſe thereby. Probatum eſt.

CHAP. 320.

¶ A good Medicine for a VVoman that is troubled with the Chollicke.

TAke Budes of Palme when they be flowred in March, and diſtill them, & let the patient drinke a good draught of the ſame water euery morning faſting for the ſpace of 3. or 4. dayes togither, and it will helpe her. Alſo Litarge drawne into water is very good for this diſeaſe.

CHAP. 321.

¶ A good medicine for the Stone.

TAke Time and Parſly of ech of them a good handfull, and boile them in white VVine a good while, and then ſtraine it, and then put therein a good ſpoonfull of white Sope, into a good draught of the ſame wine, and giue it the patient

patient to drinke, and it will speedily helpe him.

CHAP. 322.

¶ An other excellent good Medicine for the Collicke.

TAke a good quantity of the Leaues of a Lorrell tree, and dry them and beat them to powder, and put thereto a good quantity of powder of Nutmegs, and mingle them with fresh Butter, and with a linnen cloath binde it to the Nauill of the party grieued, and the same will doe him much good

CHAP. 323.

¶ An other for the same.

TAke a handfull of Groundsell, and stampe it well in a Morter, and put thereto an ounce of Cummin, and frye them with Sheepes Suet, and stale Ale, and make a plaister therof, and lay it to the Nauill of the party grieued as hot as it may be suffered. This hath bin proued.

CHAP. 324.

¶ An other approued Medicine for the Collicke and Stone.

TAke Philopendula, Scabious, Mouse-eare, and VVater cresses, of each of them a like quantity, and the middle rinde of the Barke of an Elder tree: put all these together into an Ouen that is hot, and dry them well and make a powder of them, and giue the patient a spoonefull thereof at a time either in pollet Ale, or in Ale it selfe warme.

CHAP. 325.

¶ Another for the same.

TAke a Fig that is both perfect and good, and slice it in the middest, and then spread it all ouer with mustard, & lay the same to the Nauill of the patient, and so binde it fast thereon, and so let it remaine there for the space of 24. houres then take that of, and put on a fresh Fig againe as aforesaid

and ſo the third in like ſort, vſe this 3. or 4. dayes together, and it will doe the party grieued much good. Pro. eſt.

CHAP. 326.

¶ Another for the ſame.

TAke the waight of viij. groates of Cummin, the waight of vij. groates of Galingall, the waight of vj. groates of Bayes, fiue groates waight of of long Pepper, the waight of iiij. groates of Fennell-ſeed, the waight of iij. groates of Eliſaunder ſeede, ij groates waight of Parſly ſeede, and the waight of one groate of Engliſh Saffron: beate all theſe to powder in a braſen Morter, and let it be well ſearced, and then put thereto a good quantitie of fine Suger, and mingle them well togither, and let the party grieued vſe the ſame powder in his pottage, (the quantity of halfe a ſpoonefull at a time) and let him vſe this powder in his drinke, (As in old Ale or elſe in white Wine, but it is beſt in pottage) and it will hilpe him. Prob. eſt.

CHAP. 327.

¶ An other for the ſame.

TAke a pottle of white Wine, that is pure and good and put it into a pot, and then take two great blew Flint-ſtones and let them be as big as they will hardly goe into the pot where the wine is: then caſt the ſtones into the fire where they may be red hot, and take them forth and quench them in the wine which is in the pot, and then take them forth of the pot againe, and put them in the fire againe as aforeſaid, and ſo in like manner the 3. 4. or 5. time, or as often as neede ſhall require, and vntill the one halfe of the wine be conſumed away, and when you ſee that it is halfe conſumed: then ſet it to ſtand where it may be well ſetled, and then let the party grieued drinke of it, and let him vſe it as he ſhall thinke good, or that hee ſhall feele any paine, and this will cure him of the Collicke and Stone:

For

Fo: by experience, I know that it did helpe one M. Tayler of Briſtol, that was priſoner in the K. Bench, with diuers others.

CHAP. 328.

An excellent good and perfect Medicine to cure the Chollicke, ſtone and ſtrangury.

TAke 5. or 6. leaues of Lawrell, and ſtampe them and ſtraine them in Ale, or if they be dry, beat them to powder and put them in Ale, and let the Patient drinke thereof faſting, & let him be kept warme all the ſame day after in his Chamber, for after the receipt thereof he ſhall haue 5. or 6. ſtooles or more. This hearbe groweth in Gardens, and is like Piſſle toe, and it hath leaues like vnto the hearb which is called Piſſell, which groweth in olde Apple trees, and beareth a berry of the bigneſs of a Wart, and it is commonly giuen Cattle for Medicines.

The next next day after that the patient hath taken his Medicine as aforeſaid, make a powder of theſe things following (Viz) Philopendula & Saxafrage, of each of them an ounce Coriander-ſeede, Grommell-ſeede, and Alexander-ſeede, of each of them halfe an ounce, Iuy Berries, Broome-ſeede, bloſſomes of Elder-flowers, and berries of Holme, of each of them an ounce: and the like quantity of Annis-ſeede, Fennell-ſeede, and Oxegall, and halfe an ounce of the Roe of a Hearing, the Rounds of a Thornebacke fiſh (which is a round Nut which you ſhall finde within the prickes which ſtand vpon the fiſhes backe) and Oyeſterne dryed to powder, of each of them an ounce: beat all theſe to powder, and mix them together, and for the ſpace of 6. or 7. dayes following, after the former receipt, let the Patient take a ſpoonefull of the ſame pouder and temper it with ſtale Ale, and drink it euery Morning faſting: but he muſt abſtaine from meat and drinke for the ſpace of 4. or 5. houres after the receipt hereof. This hath cured many.

CHAP. 329.

CHAP. 329.

¶ A good Medicine for to cure the Collike and Stone.

TAke Blacke-berries, Hawes, and Acornes, and dry them vpon Tiles, then take the powder of them seuerally, of each a spoonefull and searse it fine, and giue it the patient in Malmsie, euery morning fasting to drinke for the space of 5. or 6. dayes togither, and it will helpe him.

CHAP. 330.

An other for the same.

TAke Time, Parsly-rootes and blades, and Elisaunder rootes, of each of them halfe a pound, and seeth them altogither in a pottle of Ale vntil the one halfe be consumed, then straine it, and drinke a good draught thereof euery morning fasting, and it will ease the party grieued very much.

CHAP. 331.

¶ A speedy remedy for the Collicke in the side.

TAke a wooden Dish, and put therin colde Ashes, and set it on the hot embers, without any great Coales in them, and thereupon straw a good quantity of Cummin seed and sprinkle it euer with Malmsie, and so doe still vntill the dish be full, then couer the dish with a linnen cloath double, & lay it as hot as you may suffer it to your bare skin on the same side where the griefe lyeth, and to vse this 4. or 5. times and it will helpe you without all doubt. This hath bin sufficiently proued.

But if you want Cummin-seed, then take Red Sage, Time, Hyssop, Camamill and penny royall of eth of them a like quantity, and vse these as you did the Cummin-seede before.

CHAP. 332.

¶ A good Medicine for the Collicke and stich.

TAke halfe a pound of Sheepes Suet, Bibwort, Red Sage, and Elisaunders, of eth of them a like quantity, &

Grownes

Grownes of Malmſie, and put thereto, and ſeeth them altogither and make a plaiſter thereof, and apply it to the place grieued, and annoynt your ſelfe with Oyle Oliffe, & Oyle of Balme, both mixt togither, and ſo vſe this 4. or 5. times and it will helpe you. Probatum eſt.

CHAP. 333.

¶ A ſpeciall Medicine for the Collicke, and for diuers other diſeaſes mentioned in the end of this Chapter.

TAke Fennell-ſeede, Spicknarde, Annis-ſeedes, Maces Nettle-ſeede, Iet, Saffron, Ginger, and Liquorice, of each of them three penny waight, two penny waight of Cinamon, and halfe an ounce of Seny, mingle all theſe togither, and make a powder thereof, and when you will vſe it, put a ſpoonefull thereof into ſome poſſet-ale and drinke it, or elſe put it into your Pottage, and this will doe you exceeding much good.

This is alſo good to cure the Stone, the Dropſie, the Collike, ſtranguary, the Iaundiſe, and diuers other diſeaſes.

CHAP. 334.

¶ An approued Medicine for the Collicke and Stone.

TAke a Carret-roote, and ſlice it thin, and lay it to ſteepe in a pinte of white Wine, and there let it remaine for the ſpace of two dayes and two nights, and then ſtrayne it and let the patient drinke thereof both Morning and Euening, and this will helpe him. Probatum eſt.

CHAP. 335.

¶ An other approued Medicine for the Collicke and Stone.

TAke a pottle of pure Malmſie, and two handfulls of the inner part or pyth of Parſly-rootes, and 5. or 6. of the largeſt Bay leaues that you can get, and ſeeth all theſe togither vntill the one halfe of the Malmſie be conſumed:

then take it off and ſtraine it, and ſo keepe it cloſe in ſome glaſſe or other thing. And when you will vſe it, drinke a good draught thereof both morning and euening, and this will helpe you in ſhort ſpace.

CHAP. 336.

An other good Medicine to helpe the Stone, and alſo to cure the Stranguilyon.

TAke red Bramble berries, (but they muſt bee taken before they bee blacke) Iuy berries and Acorns, and put them into two ſeuerall pots to dry in an Ouen, and there let them dry vntill you find that they be fit to be beaten into powder, then take Seeny of Alexandria, Parſly-ſeeds, Gromell-ſeedes, Broome-ſeeds, Coliander-ſeedes and of the inward part or pith of Aſhen keyes, take of each of theſe a like portion, and twice as much Liquorice finely ſcraped as the waight or ſubſtance of all theſe commeth vnto: Then beat them all into powder and mingle them all together and ſo vſe to drinke them both morning and euening in Poſſet drinke made either with white Wine, or elſe with Renniſh Wine, vſe this drinke twice or thrice a weeke and this will helpe you.

CHAP. 337.

A very good Medicine for the curing of the Collicke and Stone.

TAke a toſt of Browne bread, and toaſt it very browne, then take blacke Sope which is to be had at the Apothicaries) and ſpread it as vſually as you doe butter vpon the ſame toaſt, and then put the ſame into a pretty big cup of Ale, & let the party grieued drinke it off, vſe this twice or thrice a day, and this will cauſe one to make water that cannot in a very ſhort ſpace, and it will alſo doe him exceeding much good otherwiſe in the bladder. This hath beene truely proued by I. B.

CHAP.

CHAP. 338.

¶ Another for the ſame.

TAke an ounce of Cloues and Mace, a handfull of Time, a handfull of Roſemarie and as much Hiſop, and ſeeth all theſe in a pottle of white Wine, and let it ſeeth from a pottle to a quart, then put therein a little Sugar, and then drinke the ſame luke warme, at ſuch time as you be in paine and when it is wel ſodden as aforeſaid, you muſt burne it as you doe commonly vſe to burne other wines.

CHAP. 339.

¶ Another for the ſame.

TAke as much Camemill, as will lye in the palme of your hand, and of Pellitorie of the Wall, and Auans, each of them a handfull and a ſpoonefull of Parſly-ſeede a little bruſed: then make a poſſet of Renniſh Wine, and let the curd be cleane ſcummed of, and then boyle all the thinges before rehearſed in the ſame poſſet drinke till all the ſubſtance of them be cleane boyled out, and then vſe to drinke this both firſt and laſt, and it will helpe you.

CHAP. 340.

¶ Another for the ſame.

TAke Grommell-ſeed, Parſly-ſeede, and Annis-ſeede, of eth of them two ſpoonefulls, greene Fennell one handfull, 1. Parſly-roote, 1. Raddiſh-roote (let eyther of them be as long as a finger) vnſet Time, Cherry-ſtones, and Philopendula, of each of them one handfull: waſh all theſe cleane, and bruiſe and ſtampe them togither very ſmall, and then boyle them in a pottle of white Wine, in an Earthen pot cleane ſtopt, & let it boyle vntill a pinte thereof be conſumed, and then let it runne through a fine linnen cloth without ſtrayning, and let the patient drinke a good draught thereof both Morning and Euening, and this will doe him much good.

CHAP. 341.

¶ Another for the ſame.

TAke a new laid Egge, and put forth all the yolke and white cleane: then take the ſhell, and dry it well upon a Tyle-ſtone, and then make a powder thereof, and when occaſion ſerueth, let the patient take a pretty quantity thereof eyther in Beere or white Wine, and let him drinke it firſt and laſt, or at any other time of the day that hee ſhall thinke meete, and this will eyther breake or conſume the Stone. Prob. eſt.

CHAP. 342.

¶ Another for the ſame.

TAke vnſet Leekes, Mallowes and Pellitorie of the wall of each of them a like quantity, and ſtampe them very well, and put thereunto a penny worth or two of Neates-foote Oyle, and fry them well togither in manner of a plaiſter, and then put them into a bagge made of linnen cloth, and (the ſame being hot) lay it to the belly of the patient and it will helpe him in a ſhort ſpace.

Alſo for the Stone, lay the ſame to the Reynes of the Bake behinde, and it will ſpeedily eaſe it. This hath bin ſufficiently proued.

CHAP. 343.

Collicke Passio.

CHAP. 343.

¶ A good powder for to helpe one that hath the Collicke Passio.

TAke Carraway-seed, Annis-seede and Fennell-seed, of eth of them halfe an ounce, Galingel, Ginger, & Cynamon, of eth of them ij. drams, Cloues, Mace, and Cardus Benedictus, of each of them halfe a dram, Setwall 4. or 5. drams, fine Sugar eyght ounces, mix all togither, and make a powder thereof, and when you haue occasion to vse it take the quantity of an ounce, and put it into your drinke and drinke it at all times when you shall thinke conuenient, and it will doe you exceeding much good.

Winde Collike.

CHAP. 344.

An approued Medicine for the winde Collicke, and for a ſtich, in the ſide which commeth by reaſon of the winde.

TAke Capillis Veneris, Parſly-rootes, and Fennell-rotes, of each of them a quarter of an ounce, bruiſe them togither, and let the partie grieued drinke the iuice thereof with white Wine, and let him drinke it both morning and Euening euery day for the ſpace of 4. or 5. dayes togither, and doubtles this will doe him much good.

CHAP. 345.

Another for the ſame.

TAke halfe a pound of the neweſt ſhéepes Tallow that may be gotten, and of Ribwort, Red Sage and Eliſaunders of ech of thē a like quantity: then take a good quantity of the grounds of Malmſie, and put amongſt the reſt, and then ſeeth all theſe togither, and then make a plaiſter thereof, and lay it to the place where the paine is, and let the patient be well anoynted with Dyle of Balme, and Dyle Oliffe mixt together, and ſo let him vſe this for the ſpace of 4. or 5. times and it will helpe him. Probatum eſt.

CHAP. 346.

CHAP. 346.

An other for the ſame.

TAke a good big Reddiſh-roote or two, and ſlice them, and then ſteepe them in a pinte of White Wine, for the ſpace of a night, and when you haue ſo done, take the rootes forth and let the Patient drinke the quantity of halfe a pint thereof at a time, and this will helpe him.

CHAP. 347.

¶ Another for the ſame.

TAke Sacke and Aquauitæ, of each of them a quarter of an ounce, and put thereto a peece of fine Suger, and let the patient drinke it euery morning faſting for the ſpace of 5. or 6. dayes together and it will helpe him. Prob. eſt.

CHAP. 348.

¶ Another for the ſame.

TAke a pottle of pure Malmſie, that is not mixt with any other Wines, and 4. or 5. ſpoonefulls of the Pith of Parſly Rootes, and two handfulls of Violet-leaues, and a dozen of Bay-leaues, ſeeth all theſe together vntill the one halfe be conſumed: then take it and ſtraine it well through a fine linnen cloth, & let the patient drinke a good draught thereof warme euery Morning and Euening.

CHAP. 349.

TAke a quart of Ale clarified, and two ſpoonefulls of the Flower of Liquorice, and a ſpoonefull of the Flower of Annis-ſeede, and halfe a ſpoonefull of Fennell-ſeede bruiſed, a little Time, and ſeeth them all together vntill it bee waſted from a quart to a pint: then ſtraine it through a fine linnen Cloth, and ſo vſe it both Morning and Euening, for the ſpace of 4. or 5. dayes together warme.

CHAP. 350.

CHAP. 350.

¶ Another good Medicine for to helpe the Collicke in the ſide.

TAke a ſmall wooden diſh, and firſt put therein colde aſhes, then lay vpon them a few hot embers without any great coales at all amongſt them, and then ſtraw thereon a good quantitie of Cummin-ſeede, and ſprinkle it with Malmſie, and ſo doe ſtill vntill the diſh be filled: then couer the diſh with a faire linnen cloth double, and then lay the ſame as hot as poſſibly it may be ſuffered, to the bare ſkin of the patient, on the ſame ſide where the griefe is, and ſo vſe this 3. or 4. times and it will helpe him. But if you want Cummin-ſeede: then take Red Sage, Hiſop, Time, Camamill and Peny-royall, of each of them a good quantity, and vſe this as is ſaid of the Camamill before. This hath holpen many.

Conſumption.

CHAP. 351.

¶ For one that is in a Conſumption.

TAke Aquavitæ and Roſa-ſolis of each of them a pottle, a pound of fine Suger, beaten ſmall, halfe a pound of Dates, halfe a pound of Licquorice, tried and beaten ſmall, (put the Aquavitæ and the Roſa ſolis together, and let them ſtand ſo for the ſpace of three dayes together, then ſtraine it through a cleane cloth, and then put thereto all

all the aforeſaid ſpices, and when you will vſe it take a ſpoonefull thereof with a draught of Ale, euery Morning and Euening, for the ſpace of 20. dayes and this will helpe him.

CHAP. 352.

¶ A good Medicine to bee vſed for one that is in a Conſumption.

TAke a pottle of Roſe-water, and as much Goates or Mares Milke if it may bee gotten, or elſe of the Milke of a cow that is all of one coulour, and put therein the number of 50. or 60. Yolkes of Hen Egges that are new laid: temper the Yolkes and the Milke and Roſewater well together, (but let none of the whites remaine amongſt them) and diſtill a water thereof, and giue it the Patient to drinke firſt and laſt warme, with a Cake or two of Manus Chriſti, which is made of Gold and Pearles: vſe this and hee ſhall find great comfort by it. This hath holpen many.

CHAP. 353.

¶ An other for the ſame.

TAke a new layd Egge, let it bee reare rofted, and put therein a Cake of Manus Chriſti, & let it lie therein, vntill it bee diſſolued: then let the Patient eat it, and ſo let him vſe this both Morning and Euening for the ſpace of 9. dayes and it will doe him much good. Probatum eſt.

CHAP. 354.

¶ A Remedy for one that hath a Conſumption in the Reynes.

TAke a handfull or two of Clary leaues, and pricke them, and 4. or 5. Yolkes of Henne Egges newly laid: then take Saffron, and dry it vpon a Tile-ſtone or ſome ſuch thing and grind it very ſmall, and put all theſe together and fry

them in freſh Butter, and let the Patient eate it firſt in the Morning, and this will doe him exceeding much good.

CHAP. 355.

¶ An excellent drinke to bee vſed by one that is in a Conſumption.

TAke Long-wort, Liuer-wort, Harts-tongue, and red Sage, of each of them a handfull, halfe a handfull of Parſly, a handfull of good Liquorice, an ownce of Annis-ſeeds, an ownce of Cinamon finely beaten to powder, two peny worth of white Ginger, two peny worth of white Suger candy, two Nutmegs and a penniworth of Cloues) and if the pith be bound in the Body, then put a little Seny and a dram of Rubarbe therein, if not, (leaue thoſe 2. things out) and boyle all theſe together in a pottle or ſomwhat more of the beſt new wort that may be gotten (but it muſt be brued without any hops at all) and let it boyle vntill it come to three pintes, but if you put any Seny therein then put the quantitie of three quartes of the ſame wort, and boyle it to a pottle: then put it to ſtand and then ſtraine it and ſo vſe it.

CHAP. 356.

¶ An excellent good Ielly to be made and had for one that is in a Conſumption.

TAke a Cocke or Capon that is new killed and ſcauld him and waſh him cleane, then take a legge of Veale, and cut away all the fat from it, and let the Cocke and Veale lye in water for the ſpace of foure or fiue houres, and ſeeth them together in a gallon of faire running Water, and as it doth ſeeth, ſtill ſcum off the fat, vntill you haue left no fat at all vppon it, and let it ſeeth continually ouer a ſoft fire vntill halfe the broth be conſumed: then put into it Racke Rennish Wine, or elſe white Wine, to the quantity of a pottle, and then let it boyle all together vntill it bee come to a

quart

quart, and then put therein the Whites of 3. or 4 new laid Egs, and then clariſie it, and let it run through a Jelly bag, and afterwards ſet it on the fire againe, and put into it an ounce of Cinamon groſs beaten, and a pound of fine Suger, and let it runne through a Jelly bag againe as before 3. or 4. times at the leaſt, and let the patient vſe to drinke ſome of the ſame warme, and he ſhall receiue much comfort therby. This is alſo good for many other diſeaſes.

CHAP. 357.

ℊ A good way to diſtill a Cocke, which is maruelous good for one that is in a Conſumption, or hath any other diſeaſe.

TAke a red Cocke which is of the age of 4. or 5. yeares and kill him, and dreſſe him very fayre, and deuide him into 4. quarters, and bruiſe them, then picke out all the fat very cleane: then take halfe a handfull of Red Mints, a handfull of Harts-tongue, and put them into a pot and couer it cloſe, then put thereto halfe a pint of fayre running Water, and as much pure Malmſie, fiue crops of Hyſop ſ. roote of Parſly, ſ. roots of Fennell, ſ. roote of Endiue Reiſons of the Sunne, and Pruines of each of them 15. and 4. or 5. Maces, and let it diſtill for the ſpace of 12. or 13. houres, and let the pot be cloſe couered with paſt, with a plaiſter vnder it, and let the Patient drinke the ſame faſting.

Drinke and dyet drinke.

CHAP. 358.

¶ An excellent good dyet Drinke to be vſed for any manner of diſeaſe whatſoeuer.

IRſt buy a dyet Pot, and fill it full of fayre running water, (but let it want the quantity of a quart of being full) and put thereto a quart of white Wine, and then ſet the pot ouer a ſoft fire of coales, and put into the pot a pound of good Licquorice, cleane ſcraped and cut into ſmall peeces, and halfe a pound of Annis-ſeede bruiſed, halfe a pound of Lignum Vitæ, (it is to be had at the Turners) and an ounce of the Barke of the ſame Tree, which is to be had at the Apothecaries: then let all theſe boyle togither for the ſpace of two houres, or vntill you ſee a good part of the liquor conſumed, then ſtraine it into ſome earthen veſſell that is cleane, and keepe it cloſe, and drinke a good draught thereof warme both firſt and laſt.

CHAP. 359.

¶ An other excellent good and precious drinke, ſeruing for diuers and ſundry diſeaſes, as appeareth in the end of this Chapter.

TAke a good quantity of Roſe marie (when it hath the full ſap in it) and bruiſe it in a Morter, and put it in an Ipocras bagge, or elſe into ſome linnen cloath, or into a boulter

bouiter: then put it into ſome white Muſke Wine, or elſe into ſome Reniſh Wine, and tye to the bagge of Roſemary a ſtone, whereby it may ſinke into the bottom of the veſſell, and let it remaine there for the ſpace of 3. or 4. dayes, then take it forth, and put it into a Dyet Pot, with a gallon of the ſame white or Reniſh wine, and ſet it upon the fire to ſeeth, and then ſcume it very cleane, and when it is halfe conſumed away with boyling, put it into an Ale-pot, or elſe into a glaſſe that is made for y purpoſe, with a hole in it within an inch of the bottom, that you may put a quill or Cock therein, to draw forth the Wine by from the lies: then put this Wine into a cleane veſſell againe, and ſtop it very cloſe, but drinke none of it vntill it be a Moneth olde, then drinke it out of the Quill or Cocke) and take heed that you doe not ſtirre it for troubling of it, but that it may be cleare Wine when you will vſe it, take a good glaſſe full every morning faſting and as much in the Euening.

This before rehearſed is called *Vinum Roſmarinum*, and it is good for all the defects of Women, whereof conception is hindred: alſo it cureth the trembling of the heart: it helpeth the Cough: it reſtoreth Appetite: it comforteth the Heart: it cauſeth eaſie fetching of breath: the face being waſhed therewith it maketh fayre: it doth purifie the bloud: and it alſo good to waſh any wound or ſore, beſides many other vertues that it hath.

CHAP. 360.

A moſt excellent good and wholeſome wine made of Sage, for to be drunke at all times if you waſh your mouth therewith, it will helpe the Tooth-ach & paines of the Gummes: It is alſo good for the palſie, it cureth the Cramp, it helpeth thoſe that be Lunaticke, it reſtoreth Sinewes that be ſhrunke, it expelleth ill humors out of the body, and it is good againſt the Plague, or Peſtilence.

TAke a good quantity of Sage both white & red, and boyle it very well in new Muskadine, and then ſtraine it

through a fine linnen cloth, and with a Funnell put it into a glasse and stop it very close, and when the patient will vse it, let him drinke a good quantity thereof both Morning and Euening for a certaine space and according to the griefe wherewith he is troubled, and this will perfectly and speedily heale all the diseases aboue rehearsed. This hath bin often proued.

CHAP. 361.

¶ A maruelous good drinke to be drunke for the Dropsie, and to heale all manner of Swellings, Leprosie, and spots, and it will also increase great store of Milke in womens breasts

TAke of white Muske Wine what quantity you shall thinke good your selfe, and put therein a good quantitie of Fennell with some of the Seede thereof, and some of the Roots cleane picked and washed, and the pyth of them cleane taken forth: seeth all these together in the aforesaid Wine, vntill the one halfe of it be consumed away, then straine it through a Filter, otherwise called an Ipocras bagge, into a glasse, and then stop it close, and let the Patient vse to drinke a good draught thereof euery Morning fasting.

CHAP. 362.

¶ An excellent good remedy for the Dropsie.

TAke Elder-roots, and seeth them, and then straine forth the iuice thereof, and let the party grieued drinke a good draught thereof at a time, for the space of 30. dayes together, and let it be taken three times euery day: (Viz) in the morning, at noone, and at night, and it will cure the Dropsie forthwith.

CHAP. 363.

Dropſie.

CHAP. 363.

¶ A maruellous good drinke to be vſed for one that is infected with the Dropſie.

TAke two pound of red Sage, and waſh it very cleane, and put in a peece of white Dough, & make it ſo cloſe that no breath may iſſue forth of the Dough, and put it into an Ouen and bake it: then take out the Sage and beat it into powder with the ſame Dough, & then put to it the waight of a pound and halfe of lead and hang it in a gallon pot, and fill the pot either with good white Wine or elſe with ſtrong Ale, that the Cloath and the herbes may be couered, and then ſtop it very cloſe, and then let it ſtand ſo for the ſpace of 24. houres, (and ſo as occaſion ſerueth, you may vſe it) and let the Patient drinke but onely this, vntill hee haue recouered his health againe, & when this drinke is gone, let him haue more new made as aforeſaid, and this will doe him exceeding much good.

This drinke is alſo good for thoſe that are troubled with the Palſie.

CHAP. 364.

¶ Another for the ſame.

TAke a good quantity of Bryone, and ſeeth it in faire Water, and let the Patient vſe to drinke the ſame often and it will cure him immediately. This hath bin truly proued.

CHAP. 365.

CHAP. 365.

¶ An excellent Medicine for the Dropſie.

TAke the Rootes of Kneeholme, (it is of the ſame that the Butchers make their bruſhes or broome of) Parſly Rootes and Fennell-Rootes, of each of them (finely ſcrapt & ſliced) a good handfull, of Iunipes Berries halfe a handfull, of Annis-ſeede and Alexander-ſeede, of each of them a ſpoonefull: ſeeth all theſe together in 3. pints of cleare Poſſet-Ale, and let it boyle vntill it come to a quart, then take a handfull of dead Bees, and ſtampe them in a woodden diſh and ſtraine them into this Poſſet-Ale and ſo let the patient drinke euery 5. houres a good draught thereof, and this will helpe him in a ſhort ſpace. Probatum. I. G. Gent.

CHAP. 366.

¶ An other for the ſame.

TAke Rootes of Wormewood, Petty-morrell, Fetherfew and Catapurea, of euery of them halfe a pound, of Fennell, parſly, Sage, Hiſop, Smalledge, Auence, Mints, Water-creſſets, Hore-hound, Endiue. Liuorwort, and the middlemoſt Barke of an Elder tree, of euery of them a quarter of a pound: then take all the Herbes and Rootes and ſtampe them all together in a ſtone Morter, and then put them into a new earthen pot which was neuer vſed before, and put vnto them two gallons of white Wine, or elſe two gallons of good Wort, and let them boyle in the pot vntill the one halfe of the liquor be conſumed away, then ſtraine it & put it into the pot againe, (that being made cleane) and let it be couered very cloſe, and let the patient drinke the quantitie of halfe a pinte there of at a time and let him vſe to take it firſt and laſt, but note this, that which is taken in the morning muſt bee cold, and that which is taken in the euening muſt bee hot, and let him eat no maner of meat for the ſpace of three dayes together, (but onely pottage and bread)

and

and let the pottage bee made with white Wine, Oatmeale and Mutton, or else with some Veale. This hath holpen many.

Deafenes and Hearing.

CHAP. 367.

¶ An excellent good Medicine for Deafenes in the Head.

TAKE a quart of Malmsie, and a quarter of a pint of clere running Water, a peny worth of Cummin, and 8. or 9. leaues of Betony, and boyle them all together vntill halfe the liquor bee consumed, then take the pot wherein the Medicine is boyled, and couer it close with a Tunnell, and bind it close about the verges or brim, whereby the heat may not issue forth, then put a quill into the other end of the Tunnell, and let the patient hold his eare close, that the heate may assend vp into his head, and when he is weary of holding the one eare, let him turne the other to the same place, and whilst that the heate is assending vp into one of his eares, let the other be well stopped with blacke Wool, and let him also apply hot clothes to keepe in the heat on the other side of his head whilst the Medicine worketh, and let both sides be vsed alike, and let the Patient vse this three times a day, (Viz.) in the Morning, Noone and at night, and so continue it for the space of eight or nine dayes together

CHAP. 374.

¶ An excellent good Medicine for the Hearing.

TAke a good quantity of Womans Milke, and warme it in a Sawcer on the fire: then dip a linnen cloth therein, and bath the eare well therewith that is most deafe: then take a pinte of pure Malmesie, and put a few Cloues into it and heat it in a pot on the fire boyling hot: then take a little Tunnell and put into the mouth of the pot, and let the fume passe through it into your eare: then take a little Oyle of bitter Almonds, and warme it in the sawcer as you did the Milke aforesaid, and bath your eare againe well therewith, then take a little blacke Wooll and dip it in the same Oyle, and then stop your eare very close and keep it warme: vse all these things aforesaid rehearsed in such sort as they are heere expressed, as hot as any of them may be suffered, and in so doing, for the space of 9. or 10. daies together both Morning and Euening, and it will cure this infirmity.

CHAP. 375.

¶ A present remedy for one that cannot heare.

TAke an Hedgehogge and flea him and roste him, and let the patient put some of the Grease or Fat, that commeth from him, into his eare and he shall recouer his hearing in a short space: This hath holpen some that could not heare almost any thing at all and hath beene troubled with this impediment for the space of 20. yeares and yet were holpen with this Medicine.

CHAP. 376.

¶ Another for the same.

TAke an Oxgall, and the Pisse of a Male Goat, & mingle them together, & put some of the same into the Patients deafe eare, & incontinently he shal be holpen. Prob. est.

CHAP. 377.

CHAP. 377.

¶ Another for the ſame.

TAke two ſpoonefulls of the iuice of Rue, and as much womans Milke, that giueth ſuck to a Maiden Child, and boyle them together either in a Pomgarnet ſhell or elſe in a Porrenger vntill it bee curdled, then ſtraine it and take black Wool and dip it in the ſame iuyce and drop two drops thereof into your eare, and ſo vſe it both Morning and euening, for the ſpace of 9. or 10. dayes together, and keepe it very warme and this will helpe you. Probatum eſt.

CHAP. 378.

¶ A ſoueraine Medicine for the paine and buzzing in the Head which hindreth the Hearing.

TAke a Cloue of Garlicke and pill it cleane, and then make 3. or 4. holes in the middeſt of it, and dip it in a little Engliſh Hunny, and put it into your Eare, and put a a little black Wool in after it, and for that night, let the Patient lye vpon the contrary ſide, and let the Eare that is ſtopt be vpright, and the nert night following let him vſe the other eare in like ſort and lye on the other ſide as before, and ſo let him alter his courſe euery other night, and vſe it for the ſpace of 8. or 9. dayes together, and this will expulſe all ill humors out at his Noſe, eaſe the paine and reſtore the hearing. Prob. eſt.

CHAP. 379.

¶ An experienced Medicine for deafenes in the head.

TAke Bayleaues, Bay-berries, Betony and Sticardes of each of them one handfull and ſeeth them in white Wine, vntill the one halfe be conſumed, (but if it bee for an aged perſon vſe Malmſe in ſtead of white Wine) and then put it into a veſſell that hath a narow mouth & let the Patient hold his Eare vppon it (it being vnſtopped) ſo that he may ſuffer

and during all that ſpace, hee muſt abſtaine from any open ayre, and doubtles this will helpe him, For by experience I know that it hath cured both men and Women that were aboue fifty yeares of age.

CHAP. 368.

¶ An other for the ſame.

TAke Earth Wormes and fry them with Gooſe-greaſe, and drop a little thereof warme into the Deafe or, pained eares, and this will helpe the ſame, but it muſt bee vſed 9. 10. times, at the leaſt. Probatum eſt.

CHAP. 369.

¶ An excellent good Medicine for the paine in the Eares which hindreth the hearing.

TAke two handfulls of Sage, two handfulls of Hiſop, and halfe a pound of the youngeſt Rotemary that groweth vpon the great braunches, and put them into a little bagge or pillow made for that purpoſe, & let it bee boyled in Roſe-vinegar Aqua-vitæ and Roſe-Water, and let the Patient this to his eare as hot as hee is able to abideit, and apply this in twice or thrice doing will help him. Prob. eſt.

CHAP. 370.

¶ An excellent good Medicine for one that is Deafe and cannot heare.

TAke Bay-berries, Bay-leaues, Betony, and Sticadoes, of ech of them a handfull, ſeeth them in white Wine, vntill it bee conſumed to the halfe but if it bee for an old man it muſt be in Malmſie, then put it into a veſſell with a narrow mouth, and hold your eare ouer it, the veſſell being vnſtopped (neither to hot nor too cold) as hot as you may ſuffer it, then take Oyle of bitter Almonds, and let two or three drops thereof fall into your Eares, and bee ſure to haue alwayes a locke of Wooll that groweth betwixt the ſhepes

legges

legges, and then ſtop your eares cloſe therewith, and if you put a little Muſke to the woll it will be the better. Probatum eſt.

CHAP. 371.

¶ A very good Medicine for one that is Deafe.

TAke the iuice of ground Ivy, and white Coporas (being burnt) and ſteepe it in the iuice till it be fully diſſolued: then let the Patient drop 3. or 4. drops thereof at a time into his eare both Morning and Euening, and it will doe him much good.

CHAP. 372.

¶ An excellent good Medicine for one that is Deafe, and that his hearing is a moſt cleane gone.

TAke Sallet Oyle that is pure and ſweete, and put thereto Annis-ſeede Perrywinkles, Sorrell and Wormwood of each of them an ounce, and dry them and beate them to powder: then take powder of old Roſes: and an ounce of Coloquintida, and boyle them in the Oyle aforeſaid a good while: then ſtraine it through a fine Cloth, into a Saucer, or Porenger, and with a feather, drop 3. or 4. drops into the Patients eare warme, and ſo let him vſe this every day both Morning and Euening for a certaine ſpace, and it will helpe him. Probatum eſt.

CHAP. 373.

¶ A maruelous good water to be vſed for the Hearing.

TAke a good quantity of Betony, and an Onyon that is round and whit, and a pretty quantity of Roſemarie halfe a pound of bitter Almonds, and a good big Eale that is both fat and whit: cut and ſhred theſe very ſmall togither, and diſtil them in a Lymbecke, and then take the water that commeth from them and put into a glaſſe, and when you will vſe it, drop 3. or 4. drops of it into your eares, and it will reſtore you to your hearing againe. This hath beene ſufficiently proued.

CHAP. 374.

¶ An excellent good Medicine for the Hearing.

TAke a good quantity of Womans Milke, and warme it in a Sawcer on the fire: then dip a linnen cloth therein, and bath the eare well therewith that is moſt deafe: then take a pinte of pure Malmeſie, and put a few Cloues into it and heat it in a pot on the fire boyling hot: then take a little Tunnell and put into the mouth of the pot, and let the fume paſſe through it into your eare: then take a little Dyle of bitter Almonds, and warme it in the ſawcer as you did the Milke aforeſaid, and bath your eare againe well therewith, then take a little blacke Wooll and dip it in the ſame Dyle, and then ſtop your eare very cloſe and keep it warme: vſe all theſe things aforeſaid rehearſed in ſuch ſort as they are heere expreſſed, as hot as any of them may be ſuffered, and in ſo doing, for the ſpace of 9. or 10. daies together both Morning and Euening, and it will cure this infirmity.

CHAP. 375.

¶ A preſent remedy for one that cannot heare.

TAke an Hedgehogge and flea him and roſt him, and let the patient put ſome of the Greaſe or Fat, that commeth from him, into his eare and he ſhall recouer his hearing in a ſhort ſpace: This hath holpen ſome that could not heare almoſt any thing at all and hath beene troubled with this impediment for the ſpace of 20. yeares and yet were holpen with this Medicine.

CHAP. 376.

¶ Another for the ſame.

TAke an Oxgall, and the Piſſe of a Male Goat, & mingle them together, & put ſome of the ſame into the Patients deafe eare, & incontinently he ſhal be holpen. Probatum.

CHAP. 377.

CHAP. 377.

¶ Another for the ſame.

TAke two ſpoonefulls of the iuice of Rue, and as much womans Milke, that giueth ſuck to a Maiden Child, and boyle them together either in a Pomgarnet ſhell or elſe in a Porrenger vntill it bee curdled, then ſtraine it and take black Wool and dip it in the ſame iuyce and drop two drops thereof into your eare, and ſo vſe it both Morning and euening, for the ſpace of 9. or 10. dayes together, and keepe it very warme and this will helpe you. Probatum eſt.

CHAP. 378.

¶ A ſoueraine Medicine for the paine and buzzing in the Head which hindreth the Hearing.

TAke a Cloue of Garlicke and pill it cleane, and then make 3. or 4. holes in the middeſt of it, and dip it in a little Engliſh Hunny, and put it into your Eare, and put a a little black Wool in after it, and for that night, let the Patient lye vpon the contrary ſide, and let the Eare that is ſtopt be vpright, and the nert night following let him vſe the other eare in like ſort and lye on the other ſide as before, and ſo let him alter his courſe euery other night, and vſe it for the ſpace of 8. or 9. dayes together, and this will erpulſe all ill humors out at his Noſe, eaſe the paine and reſtore the hearing. Prob. eſt.

CHAP. 379.

¶ An experienced Medicine for deafenes in the head.

TAke Bayleaues, Bay-berries, Betony and Sticardes of each of them one handfull and ſeeth them in white Wine, vntill the one halfe be conſumed, (but if it bee for an aged perſon vſe Malmſe in ſtead of white Wine) and then put it into a veſſell that hath a narow mouth & let the Patient hold his Eare vppon it (it being vnſtopped) ſo that he may ſuffer

it (the ſame not being too hot nor too cold) then take Oyle of bitter Almonds, & put three or 4. drops thereof into his eare, and then ſtop it cloſe with a locke of ſheepes Wooll, that groweth betweene the Sheepes legges, and if he put a little Muſke Ciuet therewith, it will be the better. This was proued by Thomas Steuens of Eushton.

CHAP. 380.

¶ An other experienced Medicine for one that is deafe, and that his hearing is almoſt cleane gone.

TAke a Red Onyon and picke out the Coze cleane that is in the middeſt thereof, and put into the ſame place ſome Oyle of roaſted Almonds, (but let the Onyon be ſomewhat warme before you put the Oyle therein) and ſo let it ſtand for the ſpace of a night and then bruiſe it, and ſtraine it into a porrenger or other cleane diſh, and let the Patient haue three drops thereof at a time put into the eare both Morning and euening, and let his eare bee cloſe ſtopped with a little black Wooll which groweth vnder the eare of the black ſheepe, and when hee is in bed, let him lye on the ſame ſide: thus vſing firſt the one eare and after the other in like manner as before and by Gods helpe it will cure him.

CHAP. 381.

¶ An other approued Medicine for one that cannot ſcarſe heare.

TAke a good big ſiluer Eale, (if poſſibly ſhe may be gotten) or elſe ſome other bright Eale, and roſt her vpon a ſpit, and let the dripping of her be kept very cleane: in ſome earthen Veſſell, and when you doe goe to bed put the quantity of a quarter of a ſpoonefull thereof at a time into your eare, & then ſtop it cloſe with a little of the Wool that groweth betwixt the two eares of a blacke ſheepe, and the next night following vſe the contrary Eare as afore is ſaid, and ſo continue this for the ſpace of 9. or 10. dayes and it will helpe you. Prob. eſt.

Eyes

Eyes, and Eyeſight.

FIRST It is to bee conſidered what things are good for the Eyes, and what are not: for the Eyes are the moſt neceſſary Members of all other appertaining to Mans body, and without the ſight of them, wee can of our owne ſelues doe nothing: therefore theſe ſmall Members are chiefely to bee regarded, and according to my ſimple skill and knowledge, I haue heere ſet downe diuers & ſundry Medicines for the Eyes, who are the onely windowes of the mind, both for ioy and dread, and the moſt of our affections are openly knowne and ſeene through them and they are ordained and made of purpoſe to lighten all the body: where Nature hath giuen both Browes and Eyelids for to defend and keepe them in ſafety, and the better to reſiſt all ſuch thinges as in any wiſe are preiudiciall and hurtfull vnto them, as appeareth heere in the next Chapter.

CHAP. 382.

Things very hurtful for the ſight.

TO eat Garlicke, Onyons and Leekes. To eat ouer many Lettice. To trauaile or to goe too ſuddaine after Meate. Hot Wines, Cold ayre, Drunkennes. Gluttony, Milke, Cheeſe, Ouer much beholding of white colours Much ſleepe after meat. Too often vſe in letting of blood. Cole worts, Duſt, Fire, Much weeping, And ouer much watching.

CHAP. 383

CHAP. 383.
Things good for the sight.

MEasurable sleepe, Red Roses Veruaine rootes Fennell, Selandine, Pimpernell, Oculus Christi, To wash your eyes often with faire Running water, To looke vpon any greene or pleasant coulours, To looke often in a fairs pleasant and perfect Glasse, And to wash your hands and feet very often.

Waters for the Eyes.

CHAP. 384.
An excellent good Water to preserue the Eye-sight.

TAke a new laid Egge, and roast it hard: then cut the shell in the middest, and take forth the Yolke cleane, and then take a piece of Coporas and put it into the same place where the Yolke lay, and then bind the Egge together againe, and set it to lye in the fire againe, and let it remaine there vntill the Coporas bee dissolued to water: then take all the white out of the shell, and cut it into small pieces,

pieces, and put it into a Glaſſe of faire running Water, and ſo let it ſtand a little while: and then ſtraine it through a fine linnen Cloth, and keepe it in a Viall or Glaſſe cloſe ſtopped and euery morning and Euening let the Patient waſh his Eyes therewith, and it will doe him exceeding much good. This hath beene often proued.

CHAP. 385.

¶ Another good and comfortable Water for the Eyes.

TAke Sage, Fennell, Veruaine, Betony, Euphraſia, or Eye-bright, Pimpernell, Sinkefoyle, and Hearbe-grace, and lay them all to ſteepe in white Wine, for the ſpace of one Night, and diſtill them in a Stillitory of Glaſſe or Pewter, and when you will vſe it: take a fine linnen Cloth and dip in the ſame water, and ſo vſe it to waſh your eyes often therewith, and you ſhal perceiue your ſight to grow very cleare and bright in a ſhort ſpace. Probatum eſt.

CHAP. 386.

¶ Another for the ſame.

TAke of iuyce of Euphraſia, or elſe the Water that is made of it, inſomuch that it is the beſt Herbe that poſſibly may bee had for the Eyes, what way ſo euer you will take it or vſe it,

CHAP. 387.

¶ Another for the ſame.

TAke a good handfull of Red Fennell, and of Veruaine, Roſe-leaues, Rue, and Selandine, of each of them a like quantity and diſtill them all together, and you ſhall haue a perfect pure and comfortable water thereof for the eyes.

CHAP. 388.

¶ An other experienced good Water for the eyes.

TAke Selandine, Fennell, Sage, Roſemary, Veruaine, and Rue of each of them a good handfull, and waſh them

cleane and then dry them againe, with a linnen cloth: then put them into a Limbecke, and diſtill them and let the Patient droppe ſome of this Water into his Eyes oftentimes, and this will recouer his ſight againe, although it bee ſuppoſed to bee almoſt paſt all hope of recouery. For it hath bin truly proued.

CHAP. 389.

¶ Another excellent good Water to cleare the ſight.

TAke a good quantity of greene Walnuts, Huskes and all, euen as they come off the Tree, and a few of the leaues thereof and diſtill them: then take ſome of the ſame water and with your fingers end or a Feather, drop it into your Eyes both Morning and Euening, for the ſpace of 6. or 7. dayes together, and this will cauſe your ſight to bee perfect and cleere. Prob. eſt.

CHAP. 390.

¶ Another for the ſame.

TAke the iuyce of all theſe hearbs following, (Viz.) Fennell, Selandine, Rus, and Eyebright of each of them two ounces, of Engliſh Hunny one ounce and a halfe, of Alloes, Tuttie, and ſarcocoll, of each of them halfe an ounce, of the Gall of a Cocke, Capon, or Chicken, 2. or 3. drams: of Nutmegs, Cloues and ſaffron, of each of them a dram, and 6. drams of Suger-candy: take all theſe and put them into a Limbecke of Glaſſe, and diſtill them, and let the Patient put ſome of this Water into his eyes, once or twice a day, and this will doe him very much good. Alſo if that the Liuer of a Male Goat may bee gotten and mixed with theſe things afore rehearſed in the diſtillation, then will the ſame water bee of much greater force, and almoſt without any compariſon at all, to be made of ſuch Water for the benefit of the eyes.

CHAP. 391.

¶ Another for the ſame.

TAke a Pie and dry her and beate her to powder, and then mingle the ſame powder with Fennell water, and put it into your Eyes.

Alſo the water of young *Pyes* diſtilled, is very good to waſh the eyes withall.

Likewiſe the water of Rotten Apples is excellent good, the ſame being dropped into your Eyes, the quantity of 3. or 4. drops at a time thereof, and this will cleare the ſight of the eyes very much. Probatum eſt.

CHAP. 392.

¶ An other ſpeciall water to cleare eyes that are blood-ſhot.

TAke a good quantity of Dayſies, both Rootes & Leaues, and waſh them very cleane, and then ſtampe & ſtraine them, and with the iuice which commeth forth of them let the Patient waſh his eyes often, and this will helpe him. Probatum eſt.

CHAP. 393.

¶ A maruellous good Water to recouer the Eye-ſight, the ſame being hindred by any cauſe whatſoeuer.

TAke 3. drams of Tuttia made into ſmall powder, and a like quantity of Aloes Epaticum, and 3. drams of fine Suger, 6. ounces of Roſe-water, and as much white VVine: mingle all theſe togither, and put them into a glaſſe and ſtop it cloſe, and ſet it to ſtand in the Sonne for the ſpace of a Month (ſtirring it togither once euery day) then take the quantity of 6. drops at a time of the ſame Water, and drop it into your Eyes both Morning and Euening & ſo continue it for a ſhort ſpace, & it will cauſe your ſight to come againe, and be as cléere and as perfect as euer it was before. This hath bin proued by one that recouered his ſight againe,

hauing lost it a monthy before. It was ministred vnto himselfe.

CHAP. 394.

¶ An other good Medicine for clearing of the Eyes

TAke a good quantity of Daysie Rootes, and wash them cleane, and stampe them in a morter, and straine the iuice forth thereof, and then put into the same iuice the white of a new laid Eg, and then put it into a sawcer, and with a feather scum the froath of cleane, and then let the Patient dip a feather into the same, and drop it into his Eyes, and it will doe him exceeding much good.

CHAP. 395.

¶ An other for the same.

TAke White Roch-Allom that is kindlie, a small quantitie of Rose-water, and the iuice of Red Fennell, and the white of an Egge wel beaten, & the scum cleane taken of then mixe the white of the Egge, and the other things together, and then straine them through a fine linnen cloath, and put the water into a Viall, and when you will vse it take a Feather, or else with your fingers end, put a drop thereof at a time into your Eyes and it helpeth.

CHAP. 396.

¶ An other for the same.

TAke Coporas & lay it to steepe in faire running Water, for the space of 6. or 7. houres, then take it forth and straine it into a Viall. and when you goe to bed, stroake the brimes of your Eyes therewith, and let it drop into them, & this will helpe your eyes although they be neuer so sore.

CHAP. 397.

¶ An other good Medicine to cleare the Eye-sight.

MAke a pouder of Fennell, Annise, and Elicompanæ, and temper them with Aqua-vitæ, and then dry them

againe, then let the Patient euery Morning and Euening, eat a pretty quantity thereof, and it will not onely cleere the ſight of the eyes, but it will alſo purge the winde, and make one that is old ſeeme young a long time after. This hath bin truely proued.

CHAP. 398.

¶ Another for the ſame.

TAke pure new white Wine and inſuſe therein the herbe that is called Eyebright, and ſo let it remaine for the ſpace of 3. dayes together: then ſeeth it with a little Roſemarie in it, and let the Patient grieued drink a good draught thereof both Morning and Euening, and it will helpe him and cauſe him to haue his ſight both perfect and good: Let him alſo vſe to eate euery Morning a new laid Egge reare roſted, and put therein ſome powder of Eyebright, and that will likewiſe doe him much good. This hath beene proued and found true by ſome, that haue wanted their perfect ſight and did vſe Spectacles, and and yet thereby they haue recouered their perfect ſight againe.

CHAP. 399.

¶ An excellent good Medicine for ſore eyes.

TAke Tuttie of Alexandria, and beat it into fine powder and temper it well with a quart of white Wine, and put thereto an ownce of Red Roſe-leaues, and boyle them all together ouer a ſoft fire vntill the one halfe be conſumed: then ſtraine it through a fine cloth, and put it into a glaſſe, and when you will vſe it, either with a Feather or with the top of your finger, drop 3. or 4. drops thereof at a time into your eyes both Morning and Euening, and this will helpe you. Prob. eſt.

CHAP. 400.

¶ Another for the ſame.

TAke rotten Apples and diſtill them, and with the water thereof waſh your eyes often, and it will both cleanſe

and cleare your ſight. Probatum eſt.

CHAP. 401.

¶ A very good Medicine to kill the Pin and the Web in the Eye.

TAke Red Sage, Red Fennell, three leaued Graſſe, and Dayſies, of each of them a like quantity: then take the White of a new laid Egge, and beat it till all the froath may eaſily be taken away, and then put thereto halfe a ſpoonefull of Hunny: then ſtampe the hearbes ſmall togither and ſtraine them, and put the iuice thereof to the white of the Egge and the Hunny, and let them be well tempred togither: and let the Patient drop a little of this into his eyes where the paine is, and then take a plaiſter of Flaxen Tow, and dip it in the ſame iuice, and lay it vpon the Patients Eye and binde it faſt, and let it continue there for the ſpace of two houres after euery time that it is dreſſed, and it will cure it in a ſhort ſpace. Probatum eſt.

CHAP. 402.

¶ An other for the ſame.

TAke Leaues of Selandine, and ſtampe them well and ſtraine them, and with a Feather put one drop of the iuice thereof into the Eye of the Patient, & it will preſently helpe him. Probatum eſt.

CHAP. 403.

¶ A very good Medicine to kill a Pearle or Web in the eye.

TAke a good quantity of three leaued Graſſe that beareth the Hunny-ſuckle, and bruiſe it well in a morter or ſe into a woodden diſh, and then ſtrayne it, and let the partie grieued put ſome of the ſame iuice in o his Eye, and by vſing this twice or thrice a day for the ſpace of 6. or 7. dayes together it will helpe him. Probatum eſt.

CHAP. 404.

CHAP. 404.

¶ An other for the ſame.

TAke 3. Leaues of Dayſies, and a good quantity of Burſa-paſtoris, (otherwiſe called in Engliſh Shepheards-purſe or Ponch-woort, and Cheſſlops (otherwiſe called Woodlice) ſtampe and ſtraine them into a little ſtrong Ale, and drinke a good draught thereof at a time three ſeuerall mornings together (two houres before you riſe) and you ſhall find great eaſe thereby notwithſtanding your eyes will be ſore: then waſh them in faire Running Water, and then take ſome of the drinke aforeſaid, 2. or 3. mornings againe, & by Gods helpe you ſhall finde great eaſe in them for a long time after.

CHAP. 405.

¶ Another Soueraigne Medicine for a Web in the eye.

TAke a good quantitie of Snailes, with their ſhells vpon them, and waſh them very well, and then diſtill them in a common Stillatory, then take of the Galles of Hares, Red Currall, and Suger-candy & mingle them well together, with the ſaid water and diſtill them againe, then take the ſame water and put it into a Glaſſe or Viall, and when you will vſe it, take a drop thereof and put it into your Eyes, both morning and euening, and it will helpe you.

CHAP. 406.

¶ Another for the ſame.

TAke the whites of Egges that are hard ſodden, Roſe-water, Suger-candy, and white Coporas, and mingle them well together, and then ſtraine them very hard through a fine Cloth, and put it into an Earthen veſſell or elſe into a glaſſe, and ſo waſh your Eyes with the ſame three times a day, (Viz.) in the Morning, at Noone and at Night, and this helpeth.

CHAP. 407.

CHAP. 407.

¶ An other Soueraigne Medicine for the Web in the Eye if it be old and hath continued long.

TAke Red Pimpernell, and Euphraſia, and ſtampe them very well in a morter and then fry them with Capons-Greaſe, in a cleane Pan, and when it is fryed, wring it through a linnen Cloth, into a brazen Veſſell, and let it ſtand there 3. dayes after, before you take it forth: then put it into a boxe of Horne or Tin, and take but a little thereof at a time and put into the Webbe of the Eye, and it will cure it in a ſhort ſpace.

CHAP. 408.

¶ A good Medicine for bleared eyes.

TAke a Stone that is called Lapis Caluminaris, which is to be had at the Appothecaries, and beate it to fine powder and put it into a ſpoonefull or two of Roſe-water, and one ſpoonefull of faire running Water, and temper them well together: then take a Feather and euery Morning and Euening let a drop or 2. fall from the Feather into your Eye, vſe this often and it will doe you exceeding much good.

CHAP. 409.

¶ A good Medicine for eyes that are bloodſhot and red.

TAke Houſleeke and ſtampe it well, then take a new laid Egge and make a hole in the one end of it, and draw out all the meat of it, and put the iuyce of Houſleeke into it, and ſet it in the embers, and ſo diſtill it, and ſcum it cleane with a feather, and at night when you goe to Bed, let a droppe thereof fall into your eye with the Feather lying vpon your backe) and this will preſently helpe you. Probatum eſt. per G. L.

CHAP. 410.

CHAP. 410.

¶ An other for the ſame.

TAke the blood of a Stockedoue, or elſe the blood of an other Doue or Pidgion, and droppe a little thereof into the eyes of the Patient when he goeth to bed: Alſo take a fine linnen cloth and wet it in the ſame blood and lay it vpon the eyes immediately, after the dropping in of the firſt, and this will helpe him howſoeuer it doe come, either by ſtroke or otherwiſe. This hath beene cruely proued.

Alſo if the paine doe come, (as oftentimes it doth) of Choller, and that the patient feeleth great heat, ſharp pricking, and much paine, and that commonly there appeareth no gum in the eyes, and if it doe ſo: then a purgation of neceſſity muſt be giuen him to purge Choller.

CHAP. 411.

¶ Excellent good Pilles for the Eye-ſight.

THe Pilles Sine quibus, allwageth with Troſciskes of Agaricke, and Pillule lucis, are excellent good for to purge the braine and comfort the Eye-ſight.

CHAP. 412.

¶ An excellent good Medicine for the ſwelling of the Eyes.

TAke a Quince and ſeeth it in water vntill it be ſoft, then pare it and bruiſe it well, and mixe it with the Yolke of an Egge, and with the crums of White or Wheaten bread well ſteeped in the ſaid Water, and put thereto a little womans Milke, and two penny weight of Saffron, bray them altogether, and then lay it ouer the fore-head and Eyes, and it helpeth.

CHAP. 413.

¶ A Medicine to take all the gummy matter or filth out of the eyes.

TAke Houſleeke (otherwiſe called Senigreene) and ſtamp it very well, and ſtraine it through a fine linnen Cloth, and with the iuyce thereof, waſh your eyes often, and it will both cleare the ſight, and purge the eyes from all manner of filth and matter. This hath bin ſufficiently proued.

CHAP. 414.

¶ A maruellous good drinke to bee taken for the Eye-ſight.

TAke a good quantity of Iuy that groweth vpon an Aſh-tree, and a good quantity of Rootes and leaues of Dayſies which doe grow in the fields, and a like quantity of the leau'd Graſſe, and a good quantity of Red Fennell: waſh all theſe very cleane, and ſtampe them and ſtraine them with a pint of ſtale Ale, and let the Patient drinke a good draught thereof at a time, both in the Morning and Euening, and at Midnight, and let him vſe this as long as he ſhall thinke conuenient, and this will preſerue his ſight exceeding well. This hath beene ſufficiently proued.

CHAP. 415.

¶ A Medicine for burning or running eyes.

TAke the paring of an Apple which is ſomewhat thicke pared, and apply the ſame to the burning Eyes when you goe to bed, and it will heale them, Probatum eſt. per D. B.

CHAP. 416.

¶ A moſt ſingular good Medicine to keepe the Eyes cleare, coole, and from Rednes, and to kill the itching of them.

TAke a good handfull of Houſleeke and two handfuls of Plantine, and ſtampe them well together and ſtraine them

them, then let the iuice ſtand and ſettle for a little ſpace, & when it is well ſetled, powre out the cleareſt of it from the reſidue, and put thereto halfe as much Red Roſe-water as there is of the iuice, and halfe a quarter of white Suger-candie beaten to fine powder, and then take a peece as big as halfe a Walnut or ſomewhat more of Lapis Calumniaris, and let it be ſlaked 10. or 12. times in the ſame Water, and then let the Patient take 4. or 5. drops (as he lieth vpright in his bed) thereof, and put it into his Eyes, and it will help him. This hath bin truely proued.

CHAP. 417.

¶ An excellent good Medicine for Eyes that doe either ſmart or itch.

TAke Lapis Caluminaris and make it hot in the fire, and quench it in a pinte of white Wine, 4. or 5. times, then take the ſtone and ſtampe it to fine powder, and ſtraine the wine and the powder together, and put it into a glaſſe, and when you will vſe it, ſhake the glaſſe vntill it be thicke, and with a feather drop 3. or 4 drops into your eyes, lying vpon your Backe, and this will helpe you. Probatum eſt.

CHAP. 418.

¶ A good water for the Eyes.

TAke a new laid Egge, and roſt it hard, and then cut the ſhell in the midſt, and then take forth the Yolke of it and put a peece of white Coporas where the Yolke lay, and then bind the Egge together againe and ſo let it lye vntill it begin to be water, then take the white forth from both ſides of the Egge, and put the ſame into a glaſſe of faire running water, and ſo let it ſtand a while, and then ſtraine it through a fayre linnen cloath and ſo keepe it cloſe ſtoped in a glaſſe vntill occaſion ſerueth for vſe thereof, and then waſh your eyes therewith, both Morning and Euening and it will doe you much good.

Face.

CHAP. 419.

¶ A very good Medicine to take the Pimples out of ones Face.

TAke White Wine Vinegar, and Hunny of each of them as reasonable a quantitie as to your owne iudgement shall be thought meete, and temper them very well with Wheaten Flower which is pure and cleane without any Rie, Beanes, Peaſe, Tares, or other Pulſe, and when you goe to Bed, lay some of this vpon your Face, and in 4. or 5. times vsing it, it will take the Pimples cleane away, and cleare thy face againe. Probatum est.

CHAP. 420.

¶ An other for the same.

TAke a pretty quantity of Virgins VVax, and melt it, and mingle it with 3. spoonefulls of Oyle of Roſes, a spoonefull of white Wine Vinegar, the White of a new laid Egge, and a good quantity of Plantine water, and temper them all well togither vntill you perceiue that they are come into an Oyle, and then let the Patients face be anoynted therewith euery night when shee goeth to

Bed

Bed and it will helpe him in a short space.

CHAP. 421.

¶ An other for the same.

TAke iuice of Lilly-rootes, and Wine Vinegar of each of them a like quantity and mingle them togeither, & anoint the place well therewith where the pimples are and in 10. or 12. dayes space by vsing of it (by Gods helpe) he shall be cured.

CHAP. 422.

¶ A good Medicine to take away the Pimples and high colour out of ones Face, be it neuer so far spent and gone.

TAke greene and white Coporas, of each of them a like quantity, and put them in a Sawcer of fayre Running water, and set it to warme on the coales, and (as hot as euer possibly you can suffer it) anoint the pimples that are in your Face therewith, or any other place of your Face which is high coloured or red, and in vsing of this often it will helpe you.

CHAP. 423.

¶ An other good Medicine for a red, or high coloured Face.

TAke Vine leaues, or Strawbery leaues, of each of them equall portions, and as much Creame as you shall thinke conuenient for the thinges aforesaid: then put therein two penny worth of Camphire, and put all your thinges togither into a Stillatorie and distill them and then take some of this water and wash your Face therewith euery morning and euening for the space of 10. or 12. dayes and this will take the high coulour cleane away. This was much practised by M. Cox. who did helpe many of this infirmitie.

CHAP. 424.

¶ A preſent remedy for the taking away any manner of ſpots or pimples in the Face.

TAke a good quantity of Nigella and bray it, and mixe it with Hunny and wheaten Flower, and make an Oyntment thereof, and let the Patient annoint the ſpots and pimples therewith, at his going to bed, and in the morning following when he ryſeth, let him waſh them with Parſly-water, and this will take away the ſpots & pimples cleaner

CHAP. 425.

¶ An other preſent remedy for any Heate or, Pimples in the face.

TAke a pound of good Almonds and ſtamp them, and put them into a pint of faire Running Water warme: then ſtraine them and put thereto halfe an ounce of white Camphire, and a pinte of White Wine, and then temper and beat them very well togither, and then ſtraine it with a pinte of Margerum water, and put it into a glaſſe, and let the Patient vſe to waſh his face therewith often, and it will helpe him.

CHAP. 426.

¶ An other good Medicine for a heat in the Face.

TAke a good handfull of Deeres Suet, and as much Brimſtone as an Eg-ſhell will hold, and braſſe it very fine: then take halfe a pinte of white Wine Vinegar, and ſeeth them altogither vntill they be almoſt dry: then take it and make it into a ball, and when the Patient will vſe it, let him take a little thereof and put it into a Sawcer and melt it with a few coales, and when it is molten, let him take a fine linnen cloath and dip it therein, and rub the place ſoftly where any Corruption is, vntill that be cleane taken away, and this will ſpedily helpe him.

If this happen not to helpe him within the ſpace of

a moneth, then let him drinke euery morning fasting a cup of Beere or Ale with a little English Madder therein, and let it be finely picked, bruised and seraſed, and ſo let him drinke it, and this will do him exceeding much good.

CHAP. 427.

¶ Another for the ſame.

TAke the iuyce of Houſleeke and the iuyce of Tanſie, and boyle them in a pint of White Wine, and let it boyle vntill the one halfe bee conſumed, and when it is colde, let the Patient dip a fine linnen cloth therein, and when hee goeth to bed let his face be bathed therewith very well, and let the wet cloth lie all the night long vpon his face, & when it is dry wet it againe and ſo let him vſe it as long as hee ſhall thinke conuenient. This hath holpen thoſe whoſe faces were growne like vnto a ſcurfe.

CHAP. 428.

¶ An other for the ſame.

TAke 4. penniworth of Capons greaſe, and melt it, and ſtraine it through a fine linnen cloth, and let it ſtand to cole a quarter of an houre: then put into it a penniworth of Brimſtone finely bruiſed, and a penniworth of Ginger beaten to powder and mingle them with the Capons greaſe, and make an Vyntment thereof, and with the ſame let the Patient annoynt his face therewith when hee goeth to bed, or in the ſame place where the Pimples or Rednes are, and in the Morning let him waſh his Face with Roſe-water, luke-warme: in any wiſe let him take heed that he picke not his Noſe with his fingers, for if he doe it will greatly hurt him. Probatum eſt.

CHAP. 429.

¶ A very good Medicine for a leaprous face.

TAke a good quantity of Strawberries, and put them into a glaſſe, and ſo let them purifie in Horſe Doung, and then

then diſtill a Water from them, with the which let the Patient waſh his Face often, and it will ſpeedily helpe him. Probatum eſt.

CHAP. 430.

¶ An excellent good remedy for a high coloured face.

TAke Cowcumbers and pare them very cleane, and cut them in ſlices, and diſtill them with a little Roſe-water, and with the ſame water that commeth from them, waſh your face euery day 4. or 5. ſeuerall times: but if you can haue none of the ſame water, then take the Cowcumbers it ſelfe, and rubbe your face therewith, but firſt pare off the Rinde as aforeſaid) and by often vſing of it, you ſhall aſſuredly finde both helpe and eaſe. Prob. eſt.

CHAP. 431.

¶ A very good Medicine to deſtroy any heat in the Face or any other place, although it bee S. Anthonies fire.

TAke a pottle of Smiths Water, a handfull of Sage, two handfull of Elder-leaues, or elſe of the greene Barke thereof, and two pennyworth of Allom: take all theſe and ſeeth them together from a pottle to a pinte: then take it and put it into an Earthen pot or Gallipot, and let the Patient anoint his face therewith when he goeth to bed, and by the next Morning hee ſhall finde great eaſe thereby: but let him vſe it for the ſpace of 5. or 6. dayes and this will helpe him by Gods grace.

CHAP. 432.

¶ A very good Medicine for to take away the extreame heate in a Childs face.

TAke a pint of white Wine, and the quantity of halfe an ounce of Cloues beaten to pouder, and mixe them well together, and let the ſame bee (boyled in an Earthen or Pewter pot) vntill it bee halfe conſumed: then ſtraine it into

into a Gallipot, or into some such like thing, and so anoint the Childes face therewith, and it will expell the heate in a short space. Prob.est.

CHAP. 433.

¶ An excellent good Medicine to take away any spots, or Sun burning from the face or other places.

TAke the iuyce of of a Lemmon, and a little Bay-salt, and let the Patient wash his hands or face therewith, and let them drye of themselues, and then take faire Conduit or Running Water, and wash your handes or face therewith and you shall see all the spots cleane gone away. This is also good against the scurfe or such like.

CHAP. 434.

¶ A good Medicine for Sun-burning.

TAke two spoonefulls of Rose-water, an ownce of womans Milke, an ownce of Frankencense, an ownce of Verdigrease, and the white of an Egge and beat them very well together, then anoint your face or other places that are Sunne-burned therewith, and this will helpe you forthwith.

CHAP. 436.

¶ A Medicine to make ones face faire, cleare, and to shine.

TAke a good quantity of the Marrow of Swines feete, Cow Milke and Rose-water, and mingle them together and annoynt your face therewith luke-warme, and it will make you very faire.

CHAP. 436.

¶ An other good Medicine to make ones face both faire and cleare.

TAke a good quantity of Rose-mary Flowers, and seeth them in white Wine, and wash your face often therewith

and also vse for to drink of it and it will make you looke both young and faire. It is also good for the mopphew if you either drinke thereof, or wash your selfe therewith. Prob. est.

CHAP. 437.

¶ Another for the same.

TAke Beane flowers, Red Roses, wilde Tansie, and Huntsuckles, of each of them a like quantitie, then take the White of an Egge, and put vnto them, and bray them all together in a morter: and then distill them, and when you haue so done, put the water distilled into a glasse or Viall and stop it close: and when it shall bee needfull wash your Hands, Necke and Face therewith and it will make you maruellous faire. This hath beene often proued.

CHAP. 438.

¶ A Medicine to make ones face as white as Milke.

TAke Blossoms of White Thorne, of Violets, Blossoms of Beanes, and Blossoms of an Elder-Tree, of euery of them a like quantity, and distill them, and put the water in a Glasse and stop it close, and when you will vse it: take two spoonefulls thereof, and wash your face with it twice or thrice a day, for the space of 4. or 5. dayes together, and you shall proue this true. This hath beene tryed by many.

CHAP. 439.

¶ A Water to cause one to looke with a faire and good coulor, bee he neuer so pale faced and wan.

TAke a good big Glasse full of Rose-water that is both pure and good, and put therein the quantity of fiue pound of the purest white Wheat that may bee gotten, (but let it haue neither Peaze, Tares, Poppy, or other weedes therein) and set the same Wheate to soke in the Rose-water, and let it remaine there vntill it haue cleane dryed vp the same water, then take forth the Wheate being moyst and stampe it in a Morter and it will become a kinde of Milke,

(the

(the same being strayned) then take some of the same, and mingle the same with as much Goates Milke, (the one as much as the other) and put them into an Earthen pan or else some other cleane vessell, and put therein 3. or 4. soppes of fine White Bread, and then let the same soppes drinke vp the same Milke, then take a few Egge shells beaten to powder, and incorporate the same in the soppes, then put thereto a pretty quantity of white Wine Vinegar, and a little Litragie of siluer, mingle all these togither, then put them into a Limbecke and distill them with a soft fire, and then put the same water so distilled into a Glasse vntill occasion serueth for the vse of it, and when as neede requireth, then take some of the same water and wash your face often therewith, and this will make you haue an exceading good and fayre coulour.

The first water which you distill as aforesaid, will be very good for your purpose, but the second water farre excelleth the other in goodnes and vertue, and so you shall finde by the much vsage of it.

CHAP. 440.

¶ A Medicine to take away any freckles out of ones Face.

TAke the Gall, of a Cocke and Cocklemell of each of them a like quantity, and mingle them togither, and then binde the same to the place where the Freckles are, and it will take them cleane away. Probatum est.

CHAP. 441.

¶ A ready way to make Mercury water, which is good for any high coloured or red Face, be it neuer so pimpled.

TAke the quantity of the waight of fower groates in siluer of White Mercury Sublimatum, and wrappe it in a sheete of fayre white Paper, and then beate it very fine and then put it into a quart of fayre Running Water

to ſteepe, but be ſure to ſhake it euery day very well 6. or 7. times a day at the leaſt, and when it is a moneth old, or ſomewhat more you may vſe it, but you muſt take héede that you doe not put it into any other thinge to ſtand in or to be kept in, but onely in a ſayre Glaſſe fit for ſuch a purpoſe: And when you haue occaſion to vſe any of this water, put out no more then you will vſe at once, and then ſtop the reſt cloſe vp againe, and that which you will vſe at the preſent time, put it forth into a ſmal Sawcer, Glaſſe, or elſe into ſom other ſuch like thing, & then with a ſponge dipped into it bath well your face, but be aſſured to take great héede that it doe not come neere your eyes (for vnto them this is a ranke poyſon) vſe this euery night when you goe to bed, and not otherwiſe, and this will preſerue your face from breaking out, but if you vſe it oftner your face will bliſter: And if your face doe happen to bliſter, feare it not, for it will not be any thing at all the worſe, but rather the better.

Falling Euill.

CHAP. 442.

¶ An excellent good remedy for the Falling Euill.

TAke a good handfull of Piony Rootes, and a handfull of Miſſletoe, that groweth vpon a blacke-thorne Tree, and a handfull of Polidodium (otherwiſe called in Engliſh Okeſearne) and two good handfulls of Selandine, (if it poſſibly may be had) and ſtampe them very well, and then

then ſet them to ſteepe either in Ale or Beere for the ſpace of two houres or more, and then put it into your Earthen pot where it may be kept cloſe ſtopt from any ayre, and let the partie grieued drinke a good draught therof euery Morning faſting and laſt in the Euening, and let him vſe it for the ſpace of 14 or 15. dayes, and by Gods helpe it will cure him in a ſhort ſpace. This hath bin truely proued

CHAP. 443.

¶ A good remedy for the falling Euill.

TAke the braines of a Weſill, and dryit to powder, and put it into ſome pure Vinegar, and temper them well togither with a knife or ſpoone, and giue it to the diſeaſed perſon to drinke, and it will doe him exceeding much good. Prob. eſt.

Alſo *Gallen* ſaith, that he knew many men in his life time to be cured of this infirmity, by drinking of the powder of dead-mens bones burnt.

Alſo in an other place he ſaith, that the Skull of a dead man being taken forth of the earth, and waſhed very cleane, and dryed in an Ouen, and then beaten to powder, will cure this infirmity, although the party grieued, haue bin troubled therewith many yeares before. But this Scull muſt be the Scull of one that hath bin ſlaine, or of one that was hanged, or that came to a ſuddaine death, and not the Skull of one that dyed of any ſickneſs, or elſe by other maladies growing of long continuance in the head.

CHAP. 444.

¶ Another for the ſame.

TAke the iuice of a Coriander ſ giue it the diſeaſed perſon to drinke, and it will not ſuffer the ill humors to aſcend vp into the head, and let him vſe it often and he ſhall receiue much comfort therby.

CHAP. 445.

¶ An other for the same.

TAke Germaunder that is gathered in the Month of May when it hath the blossomes vpon it, and dry it in the Shadow where no Sunne commeth, and then make a powder thereof. and when occasion serueth for vse thereof, then take the Yolke of two or three Hen Egges, and beate the powder and them well togither in a Woodden dish or Porenger, and seeth it and giue it the party grieued to eate both Morning and Euening for the space of nine dayes: But all this time he must abstaine from al kinde of wines, and Carnall company of women, and also from all manner of Pulse, as Beanes Pease, Fitches and Tares, and from all other thinges which are of a hard Concoction or digestion. Probatum est.

CHAP. 446.

¶ An other for the same.

TAke the Marrix of a Sow that hath young Pigges, and dry it vpon a Tile-stone or Fire-shouell, and make a powder therof and giue it the Patient to eate or else to put in his Drinke, and immediately after he hath taken it, you shall perceiue the disease to remoue into his fingers ends (but grieuing of him for all this time) and then make some kind of Rupture to set to his fingers ends, and in a little while after you shall see the yellow Matter or Corruption issue out of them. Probatum est.

CHAP. 447.

¶ An other for the same.

TAke Piony Rootes, and dry them very well, and then grate them very small (as you doe Ginger) and giue it the Patient to eate in his pottage at meales, and let him also drinke it continually in his drinke especially in the Morning

ning fasting, and likewise last in the Euening, and this wil doe him exceeding much good.

CHAP. 448.

¶ Another for the same.

TAke Wheat Flower (that is without pulse) and temper it with the Dew of the Earth that is gathered either of Corne or Grasse, vppon a Midsomer day in the Morning, and knead it well and make a Cake thereof, and bake it vpon a Tilestone, or else vpon some other such like thing, and let the Patient eate it, and hee shall finde great vertue heerein.

Diuers and sundry thinges, are here expressed that are ill for this disease, and therefore it is very requisite they should be eschewed in all respects as much as may be (Viz.) Ouer much sleepe or drowsines. Ouermuch drinking of Wine or other strong drinkes. Ouermuch eating, Ouermuch fasting, all manner of pulse, as Beanes Pease, Fiches and tares, and all other things that are not easie of disgestion.

Also, let the party grieued vse an indifferent meane in dyet, and let him not vse to sup late, nor sleepe suddainely after meat, and let him take heed of ouer much Watching, for all these things are very dangerous and hurtfull for any manner of person whatsoeuer, that is troubled with this infirmity.

CHAP. 449.

Kings Euill.

CHAP. 449.

An excellent Remedy for the Diſeaſe called the Kings Euill.

TAKE an ounce of pure Yellow Waxe, or ſomewhat more, and an ounce of Turpentine, and a good quantity of Sheepes Suet clarified, (that is both pure and ſweet) boyle all theſe together, and when they are well boyled, then put therein the quantity of two good handfuls of the pureſt and the fineſt Barly-flower, that poſſibly may be gotten and it muſt be cleane with out any maner of pulſe or ſeeds of any manner of weedes at all, & then temper the ſame flower and the other things together, that being done then put therein the quantitie of three ſpoonefulls of the Vrin of a man Child, (he being not aboue three yeares of Age) and then boyle it againe with the reſidue of the things before mentioned, and then put it into ſome Earthen pot or Gally pot, and ſo ſtop it vp and keep it cloſe, vntill you haue occaſion to vſe it, and when as any occaſion doth ſerue for the vſe thereof, take ſome of the ſame ſalue or Vyntment, and ſpread it vppon a fine linnen cloth, or elſe vpon a peece of Leather, and ſo lay it plaiſterwiſe vppon the ſore place,

and

and this will cure it. Prob. eſt. per G. L.

CHAP. 450.

¶ A moſt perfect and ready way how to know the former diſeaſe whether it bee the ſame diſeaſe or not.

TAke a ground Worme and lay it aliue vpon the place greened, then take a greene Docke leafe or two, and lay them vpon the Worme, and then bind the ſame about the necke of the party diſeaſed, at night when he goeth to bed, and in the morning when hee ariſeth take it off againe: and if it bee the Kings Euill, the Worme will turne into a powder or duſt: otherwiſe the worme will remaine dead in his owne former forme, as it was before aliue. This hath beene alſo truely proued by the aforenamed. G. L.

Fleagme.

CHAP. 451.

¶ An excellent good Medicine to expell all manner of Fleagme or corruption hauing bin growne and gathered aboue eyther the ſtomacke Lungs or Liuer, &c.

TAke a Gallon of ſtrong Woort, and put it into a cleane pan and ſet it on the fire, & put therein Red Mints, Liuer-wort, Hiſop, Roſemary flowers, the flowers of Violets, of each of them two handfulls, waſh them very cleane and put them into the Woort: then take halfe a pound of Liquorice and halfe a pound of

Annis-seedes, and make them cleane also, and let your Liquorice be well pared and scraped, and then sliced and minced very small and then put together with the Annis-seedes into the Worr, and so let them seeth altogether therein ouer a soft fire, vntil the one halfe of the liquor be consumed: and then put therein a pint of English Hunny, and a pound of very fine white Suger, and so let them seeth a walme or two afterwards, and then straine the same into some new earthen pot or vessell that is sweet and cleane, and then set it to coole, and when it is colde, put it into some glasse or other vessell made of earth, and stop it very close, and then at all times after, drinke some of the same at your pleasure, but first in the Morning, and last in the Euening is the best time to take it, and this will cure this infirmity (by Gods helpe) without all doubt for many haue bin holpen thereby.

If you lacke either Rose-mary-flowers, or Violet-flowers then take Primrose-flowers, and flowers of Cowslips of each of them two handfulls, as you should of the other before) and vse them in stead of the Rosemary and Violet-flowers, but if the time of the yeare will not permit you to haue them also, then take such as you can get, or as the time of the yeare will afford you to haue them, but if you can haue of all and preserue them for this purpose it will bee the better, And the more you vse this drinke, the better and more comfortable you shall find your body continually, and it will cause you to haue a good appetite to your meat.

CHAP. 452.

¶ Another excellent drinke to auoid Fleame, and to purge the stomacke be it neuer so much stuffed therewith.

TAke 4. or 5. handfulls of Barly that is pure and cleane without Pulse, and let it bee well picked and rubbed in

a

a piece of course canuas, whereby the huskes may be cleane taken of, then wash it 7. or 8. times in faire warme water, then take a faire new earthen pot that will containe 4. or 5. quartes of water, and let it be well washed and scalded with hot water and when you haue done put the Barley into it, and then fill it up with a gallon or somewhat more of faire Running water, (that runneth vpon Grauell, and so let it seeth vntill the one halfe or somewhat more of it be consumed, then take the quantity of a pound of Liquorice, and halfe a pound of Annis-seedes (both beaten to powder) and put them therein and so let them seeth for the space of a quarter of an houre, or little more, and then take it of and straine it through a cleane linnen cloath and then put therein, halfe an ounce of Ginger, a quarter of an ounce of Cinamon, an ounce of Manus Christi, and let them be all well beaten together, then put therein 4. spoonefulls of clarified Hunny, and let all the things before rehearsed, boyle a little while together, and then let it be put into a Glasse and kepe it stopped, and when you will vse it, drinke 5. or 6. spoonefulls of it at a time, luke warme, both Morning and Euening for a certaine space and this will helpe you by Gods grace without all doubt.

Also this is exceeding good against an extreame Cough, be it neuer so behement.

CHAP. 453.

An especiall good Medicine to purge Fleagme from the stomacke, and for winde in the belly.

TAke halfe a pinte of the iuice of Worme-woode and Mintes, and a quart of good Clarret Wine,

the white of an Egge beaten till it be become as thin and as cleare as water, then take all these and boyle them together until the one halfe of ȳ same be consumed, then straine the same liquor into some cleane vessell, and put therein halfe a pound of fine Sugar, halfe an ounce of good Mace beaten to powder and then let it seeth againe vntill it come to a pinte, and then vse it somewhat warme both Morning and Euening for a certaine space and this will helpe you. Probatum est.

CHAP. 454.

¶ An other Medicine to cause Fleagme to auoide that is congealed about the heart or stomacke.

TAke a good quantity of Heyriffe (otherwise called Goose meat) which groweth in diches, and stampe it in a Morter, and then put thereto a quart of stale Ale and let the partie grieued drinke a good draught thereof warme euery morning fasting. Also let the partie grieued take red Fennell and beate it, and straine forth the iuice thereof, and a pretty quantity of clarified Hunny and set thē well together and let him vse to eate of the same with some fine Wheaten Bread euery Morning or at any other time that he shall thinke meete, and this will vtterly expell all congealed Fleame quite away, and it will ease the heart and stomacke greatly.

CHAP. 455.

¶ A very good Medicine for to breake Fleagme.

TAke Hunny and new Butter that is vnsalted, of either of them a like quantitie, & a few bitter Almondes, blaunched and beaten very well, and mingle them with the Butter and Hunny aforesaid, and let the Patient eate a little thereof euery Morning fasting, and it will doe him exceeding much good. This hath bin truely proued.

CHAP. 456.

CHAP. 456.

¶ Another for the ſame.

TAke a good quantity of Smalledge and boyle it in Vinegar, and let the Patient waſh his breaſt often therwith then take the Smalledge and put it in a cloath, and binde it faſt to the Stomacke of the patient & there let it remaine for the ſpace of 3. or 4. houres and it will helpe him.

CHAP. 457.

¶ An other for the ſame.

TAke Sorrel & ſtamp it and ſtraine it & then take the iuice therof and temper it with ſtale Ale, and let the patient drinke a good draught therof euery morning before he ariſe out of his bed, and let him ſléepe after it, and he ſhall auoide great ſtore of Fleagme.

CHAP. 458.

¶ A good Gargreſſe for the Fleagme.

TAke Endiue water and Hunny ſuckle water, of each of them a like quantitie, and a good ſpoonefull of Muſtarde that is pure and good, and a ſpoonefull of Hunny, two ſpoonefulls of Vinegar, and a little Pepper beaten to powder, and 2. or 3. branches of Roſemarie & a few leaues of Red Sage, then put all theſe together, and heat them vpon a Chafingdiſh of coles luke warme, and let the patient put a ſpoonfull therof into his mouth at a time, and let him holde his head vpwards and waſh his Throate well therewith, and it will cauſe him to auoide much Fleame.

CHAP. 459.

¶ A very good Drinke to cauſe one to auoide Fleagme from the Stomake, and to make it come vp very eaſily.

TAke 12. ſpoonefulls of Roſe water, and 6. ſpoonefull of Conduit Water, and 3. ſpoonefuls of white Wine Vinegar

and a quarter of a pound of fine Sugar, boyle all these togither in a powter porrenger upon a Chafing-dish of Coales, and scum it very cleane: then take a spoonefull or two of it & drink it luke warme when you need it, and it will help you.

CHAP. 460.

¶ Another good Drinke for the Fleagme.

TAke Parsly Rootes, Fennell Rootes, Pellitorie, Hisop and Liquorice, of euery of them a like quantity, and stampe and bruise them altogither and boyle them in Ale, and put therein a good quantitie of clarified Hunny that is pure, and when it is boyled a little more, then straine it and vse to drinke thereof both Morning and Euening and this will helpe you.

CHAP. 461.

¶ An other for the same.

TAke a pinte of Hisop water distilled, a quart of good Muskadine, 3. or 4. races of good case Ginger, the same being pared cleane, and cut into small slices, and twice as much Licquorice, pare and scrape the same likewise, then put thereto a good handfull of fine Sugar-candie bruised a little (that done) put all these together in a good big glasse to stand and soke well, and so let it stand for the space of 24. houres together, but you must shake it very often whil'st it is a steeping in the Glasse, and let the Glasse wherein it is, be very close stopped, whereby no ayre may enter therein: and so drinke it at pleasure.

This hath holpen some that could scarse speake being troubled with much Fleagme in their throates and stomacke, and could scarse fetch their winde through Fleagme and Coughing. Probatum est.

CHAP. 642.

¶ A very good Drinke for the auoyding of Fleagme, and for the stopping of the Pipes.

TAke a pottle of Barlie, and seeth it in a gallon of cleare Well Water, let it seeth vntill the Barly be wit, then

straine

ſtraine it, and put thereto as much new Woort as of the aforeſaid Liquor, and put therein a good quantity of Sage, and as much Hiſop, and a penni-worth of Liquorice well bruiſed: then ſeeth it againe vntil it be halfe conſumed away: then ſtraine it and put it into a Glaſſe, or into ſome other cloſe veſſell and ſo let it ſtand for the ſpace of one whole day, and let the party grieued drinke two or three ſpoonefull of it at a time both Morning and euening, and this will helpe him in a ſhort ſpace. This hath bin well proued.

Alſo Okefearne bruiſed and the iuyce thereof drunke eyther in white Wine, or ſtale Ale purgeth Fleagme and Melancholines greatly. This hath bin likewiſe proued.

Flux.

CHAP. 463.

¶ An excellent remedy for the bloudy Flux, if it come eyther by wearines of the heart, and diſpoſition to ſwound, or elſe by heat that is in any of the members of the bulke.

TAke a good quantity of fine white Suger, a good quantity of Roſes, and a good quantitie of Roſe Water, and if you haue no Roſe-Water, then you may vſe faire Raine Water, in ſteed thereof, & then ſeeth a little Maſticke, Allom and Cloues therein, and let the Patient drinke often thereof and it will doe him exceeding much good. But if the Flux be cauſed by any Cholloricke humors, then it muſt be auoyded by taking of Rainewater, that Roſes haue beene ſodden

sodden in, and a plaister made of white Roses is also good against this disease, if it be laid either to the yards, or to the Reynes.

CHAP. 464.

¶ An other for the same.

TAke a good quantity of Plantine and seeth it in faire running water, and let it boyle vntil it ware yellow, & the strength be quite out of it, and then straine the same water and then take a peece of cleane Iron and heat it red hot in the fire, and quench it in the same water and so doe this 10. or 12. times againe together, and then straine it againe, then take a good quantity of Almonds vnblaunched, and stampe them very wel and mingle them with the same water and so make Almond Milke thereof and when you haue so done, make a toast of fine white Bread, and put the same into the Milke, and then let the Partie diseased both eat of the same toast and drinke of the Milke aforesaid.

This hath done many people much good in vsing of it often.

CHAP. 465.

¶ Another for the same.

TAke new Milke (as it commeth from the Cow) and set it on the fire and when it seethes put into it a good peece of Roch Allom, & when the same is molten there will arise vppon the top thereof, a curde much like vnto a posset curde strumme off that very cleane, then take the Whay and drink it as hot as possibly you may abide it, and if your stomack will beare it you may eat the curde also.

CHAP. 466.

¶ Another good Medicine to stop the bloody Fluxe.

TAke a good handfull of the Pyth of red Coleworts, and dry them vpon a hot Tilestone, or else in an Ouen where bread

bread hath bin drawne forth, and make a powder thereof, and put it into a cup of pure red Wine, and let the Wine be made bloud warme and giue it to the Patient to drink, and in vsing it often this will helpe him without all doubt.

CHAP. 467.

¶ Another for the same.

TAke a good handfull of Beanes, and dry them either in an Ouen or vpon a Tilestone as before is said, and let them be so hard as the huls may shale of them, and then bray them in a Morter into fine powder, and then searse them through a fine searser or boulter, then take a pint of good red Wine and set it on the fire, and put the powder of the Beans into the Wine, and then stir it well least that it should grow vnto the pan wherein you boyle it, and so doe vntill it be so thicke that you may cut it into slices when it is colde and so let the party grieued take two or three slices thereof bloud warme, euery morning and euening for a certaine space & this will helpe him Probatum est.

CHAP. 468.

¶ Another Medicine for the bloody Flux.

TAke two handfulls of Rice and a pint of pure red Wine, and a good quarter of Cinamon beaten to powder, boyle the Rice and the Cinamon to powder, in the aforesaid Wine, and let it boyle vntill it be both tender & thick withall: then take some of the same and spread it vppon a fine linnen cloth and double it, and so lay it vnto the Nauill of the party grieued as hot as possibly he may abide it, and as it dryeth and wareth colde moysten it againe with a little red Wine the same being made hot, vse this for the space of 3. or 4. dayes often, and this will helpe you. Prob. est.

CHAP. 469.

¶ Another for the ſame.

TAke a good quantity of Houſleek, and boyle it in good Red Wine, and put therein a good quantity of Cinamon, and let it boyle for a good ſpace and then ſtraine it, and let the Patient vſe to drinke this often and it will helpe him. Probatum eſt.

CHAP. 470.

¶ Another for the ſame.

TAke a good big Apple, and at the top of it picke forth all the core as cleane as you can, and then fill vp the place againe with a little peice of an Hunny Combe (the Hunny being cleane ſtrained out) and then roaſt the Apple in Embers and then let the Patient eat it, Wax and all, and this will ſtop the Fluxe immediately. Prob. eſt.

CHAP. 471.

¶ An excellent good Medicine for the Flux.

TAke good new yellow Waxe and Duckes-greaſe, of ech of them a reaſonable quantity, and make an Oyntment thereof, and anoynt the Fundament of the party grieued well there with, and as deepe inwardly as you can poſſibly, and the ſame will mittigate the paine and cure the diſeaſe. This hath bin truely proued by M. D. H.

CHAP. 472.

¶ Another for the ſame.

TAke Scarabeos which grow in Horſe-Dong, and ſeeth them in Linſeed Oyle, and ſtraine the ſame Oyle through a fine linnen cloth, and then anoynt the Fundament therewith and it will mittigate the paine greatly.

CHAP. 473.

CHAP. 473.

¶ Another for the ſame.

MAke a Suppoſitary of Waxe, and couer it with a fine piece of thin Sarcenet, and anoynt it with Oyle of Annis-ſeede, and Oyle of Tapſus Barbat (both of them being well mingled together) and then put the ſame into the Patients Fundament, and it wil ſpeedily aſſwage the paine and take away the ſore cleane. Probatum eſt.

CHAP. 474.

¶ Another for the ſame.

TAke Amber-beades and beat them to powder, and put them into a Chaffing diſh of Coales, and let the party grieued ſit ouer them as if he would eaſe himſelfe, and it will helpe him in vſing of it twice or thrice together. Probatum eſt.

CHAP. 475.

¶ An other for the ſame.

TAke a good quantitie of lourden Almonds and blaunch them and boyle them in Engliſh Hunny, and let them boyle vntill they be blacke, and let the party eat the ſame Almonds with a little of the beſt Engliſh Hunny that may be gotten, and this will doe him exceeding much good. Probatum eſt.

CHAP. 476.

¶ A very good Electuary againſt the Flux.

TAke halfe an ounce of powder of Galingall and of Red Currall and Maſticke, of each of them halfe a dram, Troſtices of Terra Sigillat, three ſcruples, Barke of Citron, Comfets, and Quinces, of each of them 3. ſcruples, and 4. ounces of fine Suger, diſſolued in water of Mints, take all theſe things and mingle them and make an Electuary of them, and then vſe them as occaſion ſerueth.

Alſo Acrons dryed and beaten to powder, and drink it in

Red Wine, is marueilous good against the Flux.

Likewise all manner of Curralls beaten to powder, are binding, and are very good against the Flux.

CHAP. 477.

¶ An excellent good Medicine for the bloody Flux.

TAke Red Wine, and boyle it on the fire, and put thereto some Cynamon and Plantine-seeds, of each of them a good quantity, and when you perceiue that the Wine hath taken away the substance of the seede, then giue it the Patient to drinke as hot as hee may reasonably abide it, and let him drinke 3. or 4. spoonefulls of it at a time, and doubtlesse this will cure him of his infirmity: but if your wine bee bittter, you may put a little fine Suger therein to make it sweet; but the lesse you put in, the better it will bee.

CHAP. 478.

¶ Another for the same.

TAke a piece of Biere, which groweth about the brisket of the Ore, and let the Patient if his stomacke will serue) eat a piece thereof raw, and this will speedily helpe him.

CHAP. 479.

¶ Another for the same.

TAke an Apple and roast it, and make a hole in it, and put therein as much Virgin Wax as a Beane, and let the Patient vse often thereof and it will helpe him. Prob. est.

CHAP. 480.

¶ Another for the same.

TAke a pound of Almonds and blanch them and stampe them in a Morter very small, then take the Yolkes of 12. Egges reare Roasted, and mingle them with the Almonds: then put to them a quart of good Red Wine Vinegar, and mingle it likewise with the afore said stuffe, and then put it into

into a Earthen Pot and ſtirre it well together, and when it is boyled a little, take it from the fire, and ſtraine it and let the Patient drinke the quantity of 6. or 7. ſpoonefulls thereof warme at a time, 4. or 5. times a day, at the leaſt, as long as need ſhall require and it will helpe him.

CHAP. 481.

¶ Another for the ſame.

TAke Plantine, Knottie graſſe, and Shepheards purſe, of eech of them a good quantity, & boyle them altogether in new Milka, and make a broth, of Red Wine, and when they are well ſodden, ſtraine the Hearbs and the Milke and giue it the Patient to drinke often, & it helpeth him. Prob. eſt.

CHAP. 482.

¶ Another for the ſame.

TAke a pinte of faire running Water, & a Gad of ſteele, lay the Gad of ſteele often in the fire and heat it red hot euery time, and ſo vſe it vntill the water bee made very hot, then put into the ſame water good quantity of powder of Cinamon, and then let the party drinke a good draught thereof very warme, and this will doe him much good.

CHAP. 483.

¶ Another for the ſame.

TAke a good quantity of the crops of Senie, and ſtampe it, and drinke it with ſtale Ale, and it will eaſe you very much.

CHAP. 484.

¶ Another for the ſame.

TAke Red Wine, pure Malmſie or Maſkadine, of each of them a pinte, and a handfull of Saint Iohns Woort, and boyle it in the Wine aforeſaid, and let it ſeeth vntill the

one halfe thereof be consumed: then put it into an ounce of Cinamon, a penny worth of Red Saunders, a little Elephants Tooth scraped a little powder of Harts-horne, and the Yolke of a new laid Egge hard roasted, and seeth it againe, and when it is well sodden: then straine it through a fine linnin cloath, and let the Patient drinke it first and last for the space of 4. or 5. dayes together, and this will doe him much good. Probatum est.

CHAP. 485.

¶ An other for the same.

TAke Burre Rootes and leaues of each a good quantity, and two handfulls of Doues doung, and seeth them all together in faire running water, and let them seeth vntill they bee tender and then take the same water, and wash both your feet and Anckles well therein as hot as you may abide it, then lap some woollen Cloathes as warme as you can suffer them about both your feet and Anckles, and this will doe you much good.

CHAP. 486.

¶ Another for the same.

TAke a Stone that is white and hath red vaines in it and boyle it in a quart of new milke, vntill the one halfe of the Milke be consumed, and then let the Patient drinke often thereof, and he shall find great vertue therein. Probatum est.

CHAP. 487.

¶ Another for the same.

TAke Black thorne, and with a knife shaue all the outermost rind, and then dry it in an Oven after that Bread hath bin drawne forth of it, and when it is well dryed beat it to powder and then take a little of it and temper it well with Wine or Ale, and giue it the Patient to drinke euery Morning

Morning and Euening, and this will ſpeedily helpe him. Prob. eſt.

CHAP. 488.

¶ Another for the ſame.

TAke a good quantity of Red Roſes, and cut away all the whites cleane from the red, and then dry them and make them into powder, then take the Pill of a Poungranet and a good quantity of whole Saffron, and beat them alſo into a powder, and then mingle all the powders together, & ſo let the Patient drinke it eyther in Ale, Beere, or wine, both Morning and Euening, or at all times, elſe as vſually hée doth other drinkes, and this (by Gods Grace) will helpe him. Probatum eſt,

Gout.

CHAP. 489.

¶ An excellent Medicine for the Gout.

TAKE 3. or 4. Moules and flea them and take out all the guts and all that is within them: then take 3. Earthen pots, and let the one of them be bigger then the other, and let them be well Leaded within, then take the Moules and put them into the leſſer of the ſame pots (which muſt be made on purpoſe full of ſmall holes, both in the ſides & bottome) and then ſtop the mouth of the ſame pot very cloſe, and then

then put the ſame pot into the other pots, and let them be put into the Earth to ſtand for the ſpace of a Moneth or ſomewhat more: then take vp your pots, and in the greateſt of them you ſhall find a good quantity of pure Oyle: then take the ſame Oyle and put it into ſome glaſſe or elſe a gally pot, and when you haue occaſion to vſe it: then take it and anoint the place grieued therewith before a good fire, and this will take the paine cleane away. Probatum eſt per M. S.

CHAP. 490.

¶ Another for the ſame.

TAke ſtale Piſſe and ſcum it, and put thereto a good quantity of the iuyce of the Red Nettles Mints, Wormewood, and Red Fennell, and let the iuyce of them bee of as euen portions as you can geſſe them, Muſterd and Cummin, of each of them a little, & of the iuyce of Hearb-bennet, as much as of all the reſidue: boyle all theſe together and make a plaiſter thereof, and apply it often to the place grieued and it will helpe him. Probatum eſt.

CHAP. 491.

¶ Another for the ſame.

TAke the iuyce of the Flowers of Broome, and the iuyce of Scallicell and Hunny, as much of the one as of the other, and ſeeth all theſe together vntill they be as thicke as Hunny it ſelfe is, and anoynt the place grieued often therewith and it will cure the Gont. This hath beene truely proued by M. I. W.

CHAP. 492.

¶ Another for the ſame.

TAke Aeſmart, and wet it in faire Water, and lay it to the place grieued, and when you take it away, then bury it in a moyſt place in the the grownd and as it doth rot, the griefe will cure. Probatum eſt.

CHAP. 493.

CHAP. 493.

¶ An other for the ſame.

TAke the Roots of Holihockes, and ſtampe them well and mingle them well with the Greaſe of an old Hogge and make a plaiſter thereof, and lay it to the place grieued, and ſo vſe it for the ſpace of 6. or 7. dayes together and it wil helpe you.

CHAP. 494.

¶ Another for the ſame.

TAke Balme, Camamil, Chickweed, Grommell, Lettice, Holi hockes and Mallowes, of each of them a handfull, and boyle them in faire water, vntill they bee very tender, then take a good quantity of great Otemeale, and beat it very ſmall, then put the Hearbs and it together, and then put thereto 3. ſpoonfulls of Capons greaſe, and boyle them all together vntill it be ſo thicke that it may beſpread vppon a Cloth(but all the time that it doth boyle, ſtirre it ſo that it doe not burne to the ſides of the veſſell wherein it is boyled, and makea plaiſter thereof and lay it to the place grieued as hot as poſſibly it may be ſuffered and in twice or thrice dreſſing it wil cure him.

CHAP. 495.

¶ An other for the ſame.

TAke the iuyce of Hayriffe, (otherwiſe called Gooſe-meat) and mingle it with Neats-feete Oyle, and ſtir it vntill it be growne thicke, then let the place grieued bee annointed therewith, and it will doe him much good.

CHAP. 496.

¶ Another for the ſame.

TAke Sage, and dry it halfe a day in the Sun and lay it to the place grieued, and in one Night it will eaſe the paine very much Probatum eſt per S. W.

CHAP. 497.

¶ An other for the ſame.

TAke Aquavitæ and waſh and rubbe the place grieued often there with: then take a linnen Cloth & wet it in Aquavitæ againe and lay it to the place greined, and this will helpe you within thræ or foure times dreſſing. This hath beene truly proued by R. Weſton.

CHAP. 498.

¶ Another for the ſame.

TAke two handfulls of Horehound, and 6. handfulls of Wallworts, and bray them together in a Morter: then ſtraine them and put the iuyce thereof into a pint and a halfe of Swinesgreaſe, and boyle them together for the ſpace of an houre or more, then ſtraine it through a fine Cloth into ſome Earthen Pot or Glaſſe, and let the Patient vſe to anoynt the place grieued before a good fire, and ſo by often vſing of it, he ſhall find maruellous great eaſe.

This is alſo good for all cold Gowts in the Armes, legges or Fæt, and all other grieſes and paine in the Bones, which doe come by reaſon of any manner of colde howſoeuer.

CHAP. 499.

¶ An other for the ſame.

TAke Archangell, Betony and Veruoine, of each of them a like quantity, and boyle them very well together, in white Wine, and let the Patient vſe to drinke it both firſt and laſt, and this will doe him much good.

CHAP. 500.

¶ Another for the ſame.

TAke Shoomakers Specks or pieces of Leather, and fry out all the greaſe of them, and then lay ſome of the ſame vpon a browne Paper, and warme it a little at the fire and

ſo

ſo apply it to the place grieued, and it will take away the paine in one Night. Probatum eſt.

CHAP. 501.

¶ Another forthe ſame,

TAke the quantity of a ſawcer full of Oyle of Roſes, & the yolke of a new laid Egge, and 4. ſpoonefulls of good Claret Wine, and mingle all theſe together, then warm them vpon a chafingdiſh of Coales, then take a piece of white Leather and make a plaiſter of theſe, and lay it to the place where the greeke is moſt.

Alſo if your paine bee extreame great, then take more of the Egges and Wine, (as you ſhall thinke meet) and make no more of the ſame at once, then will ſerue to make one plaiſter withall, vſe this often, and you ſhall bee ſure to find great eaſe thereby.

CHAP. 502.

¶ Another for the ſame.

TAke a pound of gray Soape, 3, pennyworth of the Greaſe of a Barrow Hogge, and a pottle of faire running Water, and ſeeth them all together vntill the ſame be growne thick, then take it off the fire, and ſet it to cole, and when you haue ſo done, take either a piece of white Leather, or elſe a Linnen cloth, and ſpread the ſame ſalue vpon one of them, and lay it to the place grieued and there let it remaine for the ſpace of 12. houres, then take the ſame off and put on another, and ſo the third or fourth time, and in vſing of it foure or fiue times together the paine will be greatly aſſwaged, and then you ſhall ſee many water whelkes will appeare, then let them out, and in a ſhort ſpace after (by Gods help) you ſhall be perfectly cured.

CHAP. 503.

¶ An other good Medicine for the Gowt, or any other Ache.

TAke Roſen & Pitch of each of them a quarter of a pound, and as much as a Beane of Frankenſcence, & as much Turpentine, then take a prety quantity of Deeres Suet, or Sheepes Tallow, and boyle them altogether in a pot, and when it is well boyled, take it forth and waſh it (as you doe Bird-lime) in cleane water, and then take ſome of it and ſpread it vpon a peece of leather, and lay it to the place grieued, and ſo let it remaine there vntill it fall of it ſelfe: vſe this 4. or 5. times and you ſhall finde great eaſe thereby.

CHAP. 504.

¶ An excellent good Oyntment for the Gowt.

TAke a fat Gooſe and pluck her, and dreſſe her as if ſhee ſhould be eaten: then ſtuffe the belly of her with 3. or 4. young Cats well chopped into ſmall pieces with a handfull of Bay Sault, and then ſow vp her belly againe, and roaſt her at a ſmall fire, and ſaue all the dripping of her and keepe it for a pretious Oyntment, as well for the Gowt, as alſo for all other kinde of diſeaſes in the ioynts. Probatum eſt.

CHAP. 505.

¶ An other for the ſame.

TAke a quart of ſtrong Ale, and put it into ſome Earthen pot or Pipkin, and couer it cloſe, and boyle it vntill it be conſumed from a quart to 4. or 5 ſpoonefulls: and let the partie grieued anoint his grieſe wel therwith before a good fire: then take Dreges of ſtrong Ale, and vn-wrought Wax, and a few crummes of Rie Bread, and boyle them altogither vntill they be thicke like a plaiſter, and then ſpread it vpon a piece of Red Woollen Cloth that is new, and lay it to the place grieued as hot as poſſibly it may be ſuffered, and this will cure him in a ſhort ſpace.

CHAP. 506.

CHAP. 506.

¶ A very good plaister for the Gout, or for any other Ach in the ioynts: with which the L. *Rech*, was cured, when most Phisians and Chirurgions thought him to be incurable.

TAke halfe a pound of vnwrought Wax, halfe a pound of Rosin, & an ounce of Libanum, a quarter of a pound of fine Litargie of Gould, and 3. quarters of a pound of white Leade beaten to powder, & searse it through a Searser, then take a pinte of Neates-feete Oyle and set it on the fire in some small vessell, and mix it with the Wax and Rosen, and when it is molten, put al the other powders therein, & then stirre it as fast as euer you can with a sticke, and then put a little of it into a pewter Sawcer, and if it be hard (being so tryed in the Sawcer) then take it from the fire and anoint some faire euen bord, with some of the Oyle of Neates-feete, and as soone as you may abide to handle it for heat, worke it as it were Shormakers Wax, and so make in into great Rowles, and then make plaisters of it with a Chafindish of Coales, and then spread it vpon a peece of Leather, and then lay the warme to the place where the paine is, and so renew it euery morning and Euening vntill the paine be gone, or else vntill the Ach be driuen into some other ioynt, and then apply your plaisters againe in like sort where the griefe is, and beware of colde or hot wines and doubtles this will helpe you. Prob. est.

CHAP. 507.

¶ An other good plaister for the Gout.

TAke 5. or 6. spoonefulls of the iuice of Wormewood, and as much of the iuice of Smalledge, and a pretty quantity of Wine Vinegar, Salt and Hunny, and mingle

then together with a good quantity of Roſe-flowers, and ſtirre them well together as faſt as you can, and boyle them well and make a plaiſter thereof, and ſpread it on a linnen cloath, or a peece of Leather, and lay it to the place that is grieued. Likewiſe, let the partie grieued vſe the Drinke before rehearſed in the 458. Chapter, and the plaiſter both at once, and by Gods helpe it will cure him. Probatum eſt.

CHAP. 508.

¶ Another good medicine for the Gowt.

TAke a pretty quantity of the flower of Otemeale, and a little Litargie ſmall ground and ſeeth them in faire running water, and let it ſeeth vntil it be become thick, and then make a plaiſter of it, and as hot as it may be ſuffered let it be laid to the place grieued, vſe this often & it will aſſwage the paine and take it quite away in a ſhort ſpace. Proba. eſt.

CHAP. 509.

¶ A good water of Flint-ſtones for the Gowt.

TAke a good quantity of Flint-ſtones, and breake them into ſmale peeces, and heate them well in coales in the fire, and then put them into a ſtillatory, and then put therein a good quantitie of Wine Vinegar and Aqua vitæ, and ſo diſtill the ſame, and with this water, waſh the place often where the paine is, and it will helpe it.

CHAP. 510.

¶ A very Soueraigne Medicine for the Gowt.

TAke a good quantity of Snayles and picke them forth of the ſhells, and ſtampe them in a Morter, then put to them a pretty quantity of Salt, Sallet-oyle, and Soape, and ſtampe them all well together in the Morter with the Snayles, then take the ſame and make a plaiſter thereof and apply the ſame to the place grieued, and ſo let it lie for the ſpace of three dayes, and this will deſtroy the Gowt.

CHAP. 511.

Greene ſickneſſe.

CHAP. 511.

An excellent and approued Medicine for the Greene ſicknes.

TAKE a gallon of Milke which commeth from the Cow in the Morning, and let it ſettle for the ſpace of an houre: then take a breſt of Veale (of the youngeſt and fatteſt that may be gotten) and waſh it very cleane, and dry it with a Cloth ſo dry, that no water may remaine in it: then bruſe the ſame bones and all, & put it into the Milke, creame and all as it ſtood) then take 14. or 15. of the beſt Dates, that may bee gotten, and cut them in the middeſt and a quarter of an ounce of whole Mace, halfe a pound of Currants, two handfulls of Mint, and a good handfull of wild Time, and put them altogether into the Milke with the Veale, and ſo let it ſeeth vntill the one halfe of it be conſumed, & when it is through ſodden, it wil be like a Jelly, & (it being warme the party grieued may drinke it as a broth, and (it beeing colde) he may eat it as a Jelly: but if the parties ſtomacke doe not ſerue well to eat it, then make a toſt of Wheaten Bread and ſoke it in Malmſie, and ſtraw vpon it ſome powder of Mints, and then let the arty grieued eat it and ſo let him vſe this for the ſpace of 7. or 8. weekes together, or otherwiſe, as long as ſhal be thought needfull, but the Spring time of the yeare is moſt fitteſt for it) and let the patient vſe ſome bodily exerciſe to prouoke ſweat, and this will helpe it without all doubt Probatum eſt.

CHAP. 512.

CHAP. 512.

¶ Another for the ſame.

TAke Harts-tongue, Betony, Hyſop, Liuerwoort, and Fennell Rootes, of each of them halfe a handfull, and waſh them all very cleane and bruiſe them: then take the quantity of two ſpoone fulls of Eliſaunder-ſeede, and 4. or 5. good big ſtickes of Liquorice, and one ſpoonefull of Annis-ſeedes, beat all theſe together in a Morter, and then boyle them all in a quart of ſtale Ale, and ſo let it boyle vntill the one halfe thereof bee conſumed, then ſtraine it through a fine linnen cloth, and ſweeten it with Suger, and then put therein a pretty quantity of the powder of Nutmegs, and powder of Mace, and when occaſion ſerueth for the vſe thereof, let the partie grieued drinke the quantity of 5. or 6. ſpoonfulls thereof at a time (the ſame being warme both Morning and Euening for the ſpace of 9. or 10. dayes together, and this will cure the ſame infirmitie. This hath bin truely proued.

CHAP. 513.

¶ Another for the ſame.

TAke Wormewood, Fetherfew, Lauender-cotten, & Crums of ſower leauened Bread, and Bay-ſalt of ech of them a good quantitie, bruiſe them altogether and put them into a frying pan, and ſprinkle theſe together ouer with White Wine Vinegar, and parch them dry, and then make a powder thereof: then quilt a little piece of Silke, Fuſtian, or elſe a linnen Cloath and make a little bag, thereof and then put ſome of the ſame powder therein and hang it with a little tape about the necke of the Patient, and let the bag hang right vpon the ſtomacke: but if the Patient be ouer-come with much faintnes, then let it be taken quite away, or elſe not, and I aſſure you the party grieued ſhall finde great eaſe hereby. For it hath beene truely proued by George Hale.

CHAP. 514.

CHAP. 514.

¶ Another for the ſame.

TAke Betony, Woormewood, and Sage of each of them a good handfull, ſtampe them a little, and ſprinkle a little white Wine Vinegar vppon the hearbes before mentioned, and then dry them againe betweene two hot Tileſtones, & then lay them very warme to the molde and temples of the Patients head, or to any other place where moſt paine is, and this will helpe it.

This is alſo good againſt the Head-ach and Megrim.

CHAP. 515.

¶ Another for the ſame.

TAke Mares Milke, and giue it to the Patient to drink with a good quantity of powder of Betony therein, and let her vſe this for the ſpace of 8. or 9. dayes together and this will cure her, but before that ſhe doe vſe to drinke of this, let her firſt take a vomit, and then it will take effect the better.

CHAP. 516.

¶ How to make a Vomit either for that cauſe or for any other.

TAke an Elder bough and ſcrape off all the vttermoſt rind thereof cleane and then take ſome of the innermoſt rind and ſtampe it, & ſtraine it into ſtrong Ale, which is olde & ſtale, and then drinke ſome of the ſame and it will cauſe one to vomitin a ſhort ſpace.

CHAP. 517.

¶ An excellent Medicine for the greene ſicknes.

TAke a handfull of Cowſlop-flowers, dry them & ſtampe them to powder, then take fiue or ſeauen ſpoonefulls of Malmſie and a ſpoonefull of the ſame powder, and drinke

theſe together euery Morning faſting for the ſpace of 14. dayes together, and for want of Malmeſie, you may take ſtale Ale and this by the grace of God will helpe you.

CHAP. 518.

¶ An other for the ſame.

TAke a pound of Red Currants, and a quart of Muſkadine, and let them infuſe together for the ſpace of one whole night, then let the Patient drink thereof and it wil help him.

CHAP. 519.

¶ Another for the ſame.

TAke 4. ſpoonfulls of good Flemmiſh Madder, and boyle it in a pint of white Wine, with a good piece of fine ſuger therein, and let it boyle vntill the one halfe bee conſumed: then coole it and ſtraine it through a fine linnen cloth, and let the Patient drinke thereof both Morning and Euening for the ſpace of 14. or 15. dayes together to the quantity of 6. or 7. ſpoonefulls at a time, bloodwarme, and then walke after it or elſe daunce or vſe ſome other exerciſe, whereby ſweat may be prouoked aforeſaid, and it will helpe without all doubt. Prob. eſt.

CHAP. 520.

¶ Another for the ſame.

TAke a pottle of Red Wine that is pure and good (or for want thereof as much Hullocke) and two ounces of Fennell-ſeede, and three ounces of Annis-ſeede, and mingle them all together, and boyle them ouer a ſoft fire vntill the one halfe bee conſumed: then ſtraine it, and let the Patient drinke the quantity of halfe a pinte thereof at a time, if it may bee indured. This muſt be vſed for the ſpace of eight dayes together, alwaies beginning two dayes after the chaunge of euery Moone: and if it bee ſo far gone that the Patient cannot recouer perfect health in that ſpace: then

let

let this Medicine be vſed 8. dayes in a Monthe for the ſpace of three months togither, and in the beginning of euery Monthe as aforeſaid, and it helpeth without all doubt. Proeſt.

CHAP. 521.

¶ Another for the ſame.

TAke an hearbe that is called Roſus ſolis (it groweth cloſe by the ground, and it hath ſomewhat a broad leafe (ſome doe call it the Shrpes rot, and it beareth a yellow flower) and diſtill a water out of it, and giue it the Patient to drinke both Morning and Euening, and let the Patient vſe this drinke for the ſpace of 6. or 7. dayes and let ſome exercise of bodily labour be vſed as aforeſaid, and thereby the Patient ſhall be holpen without all doubt.

Hands and Feete.

CHAP. 522.

¶ A good Medicine for ones hands that are troubled with Wormes or itching, and alſo to make them White.

TAKE a good quantity of leaues of Nettles, and dry them very well eyther betweene two Tile-ſtones, or elſe in an Ouen where Bread hath bin new drawne forth of it, and beate them to powder, and then put the ſame powder into a pot of faire water to ſeeth, and when it is well ſodden, ſtraine it and put it into a cleane Viall or

Glaſſe and ſo kéepe it cloſe ſtoped vntill you haue occaſion to vſe it, and when as neceſſity requireth, take ſome of the ſame water and waſh your Hands and Face often therewith. This will make both your hands and face very cleane and white, but theſe Nettle leaues muſt be alwaies gathered in the middeſt of the month of May, and that very early in the Morning before the Sunne doe ariſe.

This is alſo good to kill kibes in the héeles or any Chilblaynes or other itching in the féete if your féete be often waſhed therewith.

Alſo this water if it be ſtronge of the poiwder and well ſtopped, will kéepe a whole yeare and more, and it will be ready to ſerue your turne at all times, both Winter and Summer.

Head-ach or Megrim.

CHAP. 523.

¶ A good Medicine to take away any extreame Ach, or ſwimming in the Head.

TAke Roſe-marie, Lauender-flowers, winter ſauerie, Camamill, Bayes, and Lauender it ſelfe, (both new and old) Mintes, and Fennell, ſeeth all theſe together in faire running water, and put thereto a good handfull of Bay Salt: then take ſome of the ſame Liquor, (bearbes and

and all) and waſh your face therewith, twice euery Morning and Euening for the ſpace of 4. daies, and in ſo doing, it will take away any manner of paine in the Head, although it be neuer ſo extreame or grieuous. This hath bin proued.

CHAP. 524.

¶ An excellent remedy for to ſtay any Humour or Rheume that falleth downe from the Head into the Eyes or noſe.

FIrſt take new Milke, and ſoth it, and put ſome Leauened Bread therein, then take Cummin Bettony, and the Clay of ſtopping of Caſes, of each a like quantity, and let them all ſoth together, vntill they be ſo thicke that you may ſpread the ſame for a plaiſter, then make a plaiſter thereof, and lay it to the temples of the head, as hot as he can poſſibly ſuffer it, and ſo dreſſe it both Morning and Euening for the ſpace of three or foure daies together, and doubtles (by Gods grace) this will quickly help him. This hath beene truely proued.

CHAP. 525.

¶ An excellent good coole Water to be vſed for the Head, if it be ouer hot, or in any ſuch ſort diſtempred.

TAke Violet-leaues, Red Roſe-leaues, Lettice, Willow-leaues, of each two handfulls, and a little Henbane, Vinegar, White Poppy, and a little Mandrake, and then diſtill all theſe in a Stillatory, and ſo keepe this water cloſe ſtopt in a glaſſe vntill you haue occaſion to waſh your head therewith.

CHAP. 526.

¶ Another for the ſame.

TAke a pretty meane handfull of Worme-wood, and as much Camamill, and the like of white Time, and

thread and cut them all very small, and then put them altogether into a pint of white Wine Vinegar, and so seeth them togither, and when it hath boyled a little while, put therein a handfull of great Otemeale, and a good quantity of Crummes of browne Bread, and so let them all seeth togeither vntill they be so thicke that you may make a plaister thereof, and when it is come to that perfection: then take a faire linnen cloath and spread the same plaisterwise thereon, and be sure to turne in the edges of the cloath whereby none of the stuffe may fall out or mone from the place where it is set, that is to the middest of your fore-head and so from thence on both sides from one of your eares to the other. This will doe you exceading much good, and it will asswage the paine in short space. Prob. ett.

CHAP. 527.

¶ An excellent good hot water to be vsed for the head if it be ouer colde, or in that sort distempered.

TAke Bettony, Camamill, Rew, Sauery, Penny-royall, Margerum, Origanum, Fennell, and Elicompanæ, of each of them a like quantity, & distill them as you did the other, in the former Medicine before mentioned, and so vse the same in like sort as aforesaide.

CHAP. 528.

¶ An excellent good Medicine for any manner of Ach, or paine in the head.

TAke a Rose-cake, and wet it very well in Vinegar, and then put thereto a good quantity of the powder of Nutmegs, and the powder of Cloues, and then let the same be bound very hard to the Temples of the head of the partie grieued

grieued and this will ſpeedily helpe him. Probatum eſt.

CHAP. 529.

¶ Another for the ſame.

TAke a good quantity of fine Aſhes and make a Lye there-of, and ſtraine it through a cleane cloth: then take a handfull or two of Betony, and as much Red Sage, and ſeeth the Lye and them againe all together, and ſtraine it againe as before, and then let the party grieued haue his head once waſhed therewith, and the ſecond time that his head is waſhed, put thereto helfe a pint of Muſcadine, and the third time waſh his head with cleane Muſcadine, and this will helpe him. Prob. eſt.

CHAP. 530.

¶ An other for the ſame.

TAke the iuyce of Rue (otherwiſe called Hearbgrace) and put into the Noſtrils of the Patient, and it will expell the Fleagme, cleanſe the Braines and mittigate the paine in the head. Probatum eſt.

Alſo, this Hearbe ſodden in white Wine doth the like.

CHAP. 531.

¶ Another for the ſame.

TAke a Red Roſe cake & cut it of the length and breadth of your Forehead: then take Roſewater and Vinegar of eth of them a like quantity, and ſteepe the Roſe cake in them, and lay itto your Fore-head as hot as you may poſſi-it, and it will helpe you.

CHAP. 532.

¶ An excellent good remedy for the Megrim.

TAke fiue leaued Graſſe and Morrell, (otherwiſe called Saint Mary Hearbe) of each of them a like quantity, & as much as both the other of Betony: beat all theſe to-gether

gether in a Morter and straine out the iuyce cleane, and then put to the same iuyce as much May Butter as the quantity of the iuyce is, and so make an Dyntment thereof, and let the patient anoynt his browes therewith when he goeth to bed, and doubtles this will doe him marueilous much good.

CHAP. 533.

¶ Another for the same.

TAke Bolearmoniacke, Sanguis Draconis, and Terra sigillata, of each of them a like quantity, and beat them into fine powder: then (to make a plaister) take a little Flax, and lay it vppon a piece of browne paper, and let it be as broad as you will haue your plaister, then take the White of an Egge, and lay vppon the Flax, and straw the powder aforesaid vpon that side of the plaister which shall lie neareſt vnto your head, and then fold a piece of paper, or else a linnen cloath betweene your head and the Medicine, or else it will cleane to the sore or else to the hayre of your head, vse this often and it will helpe you.

CHAP. 534.

¶ Another for the same.

TAke a piece of Leather vnallomd as broad as your Forehead, and in length, as it were from one of the Temples of your head to the other: then raise the same Lether but not through: then take Sanguis Draconis and beat it to powder, and scatter the same vpon the Dyle as thin as you may, and then lay it to your forehead, and there let it remaine vntill it it be ready to fall off it selfe. This hath holpen many.

TAke halfe the Gall of a Sheepe, and a pennyworth of White Coporas, and boyle them together in stale Ale, & let the patient anoynt his head often therewith, and he shall find great ease by it. Probatum est.

CHAP. 535.

CHAP. 536.

¶ An other for the ſame.

TAke Mugwoort and Sage, of ech of them a good handfull of Camamil and Gentian, of each of them a good quantity, and 2. penyworth of Engliſh Hunny, and boyle all theſe together vntill they be thicke: then make a plaiſter thereof and lay it behind and on both ſides of your head, as hot as poſſibly it may be ſuffered, and thus vſe this for the ſpace, of 3. or 4. dayes together, and it wil take the Megrim cleane away. Probatum eſt.

CHAP. 537.

¶ Another for the ſame.

TAke an ownce of Pepper and 5. or 6. Nutmegs a quarter of an ownce of Graines, and a quart of Vinegar, and two handfulls of Roſemary: boyle all theſe together between two platters vpon a Chaffingdiſh of coales, & then put your head ouer it, and hold cloſe ouer it vntill it be boyled (but if it boyle it, almoſt away it will be the better) and this will helpe you. Probatum eſt.

CHAP. 538.

¶ Another for the ſame.

TAke two handfulls of Houſleeke, a handfull of Earthwormes, and two handfulls of crums of new Rye-bread, (cleane without any other graine mixt with it) ſtampe all theſe with white Wine Vinegar, and make a plaiſter thereof, and lay it to the forehead of the party grieued, and let it remaine there for the ſpace of nine dayes and nine nights, and by Gods grace this will helpe you. Probatum eſt.

CHAP. 539.

¶ A good Medicine for the head ach or Megrim.

TAke 5. or 6. Nutmegs and pare and ſlice them very thin: then make two little linnen bagges of the length and

breadth of your finger, and put in the Nutmegs: then take a good quantity of your Red Rose water, and lay your bags in the same water in a dish vpon a chafing dish of Coales, and make them hot, and then lay them to the temples of your head and this will helpe you.

CHAP. 540.

¶ An approued Medicine for the Head-ach, and to purge the Rhewme.

TAke the Whites of two new laid Egges and beat them very well together, and put them into Flax with as much Rose water as you shall thinke conuenient, and then beat them well againe together, and spread the same vpon two linnen Clothes, and then straw thereon some powder of Nutmegs, (which is grosely beaten, then lay these two plaisters, the one of them to the nape of the necke of the patient, and the other to the Temples of his head, and let them bee fast bound that they stirre not, and let them continue vntill the next morning, and let him vse this for the space of 6. or 7. dayes together, and it will helpe him. Prob. est.

CHAP. 541.

¶ A very good Medicine for the Head-ach.

TAke Margerum-water, and hold your Nose ouer it, and then draw your wind hard vnto you, vntill such time as the water hath entred into your nose diuers times, and then your head will cease aking immediately.

CHAP. 542.

¶ Another Medicine for a continuall head-ach.

TAke a good quantity of Betony Water, and then take a fine linnen cloth and double it 3. or 4. times double and let it be some 3. fingers broad, and wet it very well in the said water, and lay it to your fore-head colde, and let the Cloth (it being wet) come round about your head, and tye it very fast, and when it is dry, wet it very well againe,

and

and by thus vſing of it 3. or 4. times it will helpe you.

CHAP. 543.

¶ A very good Medicine to purge the Head

TAke Pellitory of Spaine, and chew the roote thereof in your mouth 4. or 5. dayes at ſeuerall times, and this will take away the paine of the head, and alſo faſten the Teeth in the Gummes. Prob. eſt.

CHAP. 544.

¶ A good Medicine for the wind in the Head.

TAke a handfull of the flowers of Camamil, and halfe a handfull of powder of Cinamon, and mingle them together, and then make two little bags of the breath of your Eares, and put both the powder and the flowers therein, and binde them cloſe to both your eares, and this will ſpeedily helpe you. Prob. eſt.

Hickop.

CHAP. 545.

¶ A Preſent Medicine for the Hickop.

TAke thy fingers ends, and ſtop both thine Eares very hard, and the Hickop will ſurceaſe immediately, Probatum eſt.

CHAP. 546.

¶ An other for the ſame.

TAke Oyle of Lillies, and let the Patient anoint his Body therewith diuers and ſundry times, and this will helpe him immediately. Prob. eſt.

Heart.

CHAP. 547.

¶ An excellent good Medicine to open the pipes of the Heart being ſtopped, and to take away Fleagme cleane, and alſo to comfort the Heart that is weake.

TAke a good quantity of Barley, and put it into a Gallon of faire Running Water, and ſeeth it vntil the one halfe be conſumed: then ſtraine it through a cleane cloath, and put it into a penyworth of good Licquorice (ſomewhat bruſed) and a handful of red Sage, and then ſeeth them altogither againe, and then put the ſame liquor into a cloſe Earthen veſſell, or elſe a glaſſe, and let it ſtand ſo for the ſpace of 24. houres: then let the party grieued drinke 3. or 4. ſpoonefulls thereof, firſt and laſt, (but in the Morning let him taſt an houre after it) and let him vſe this for the ſpace of 14. or 15. dayes together, and it will helpe him. Probatum eſt.

CHAP. 548.

¶ A good Medicine for the paſſion of the Heart.

TAke Red Roſe leaues, Oyle of Mace, and powder of Saffron, and mingle them all together, and quilt them in a little thin ſilke, and draw it ouer with a little thin Cloth, and ſo apply it to the region of the heart, and it will

will doe you maruelous much good.

¶ Also Muske is pleasant in sauor, and it comforteth both the heart and the braine greatly.

CHAP. 549.

¶ An other good Medicine for the Passion of the Heart called *Tremor Cordis.*

TAke powder of Nutmegs, powder of Burrage, wheaten flower, powder of white Amber, powder of the Bone, in a Stagges heart, and the powder of Cinamon, and mingle them altogether, and let the partie grieued drinke the same either in Wine, Ale or Beere, both morning and Euening, and he shall finde exceeding great ease thereby. Pro. est.

These things afore mentioned, ought to be portioned by great and good aduise.

CHAP. 550.

¶ An excellent good remedy for the beating or tumbling of the Heart.

TAke a pottle of good Claret Wine, and put thereto, a handfull of Balme a handfull of Burrage, fiue crops of Rosemarie, halfe a quarter of an ounce of English Saffron whole, and a quarter of a pound of fine Sugar, and mingle them altogether, and put them into some close vessel to stand for the space of a day or more, before the party grieued doe drinke it, and let him vse to take a good draught of it at a time both first and last, and let him vse it for the space of 6. or 7. daies together, or longer if necessity require it, and it will helpe him. Probatum est.

CHAP. 551.

¶ A very good Medicine for the Heart burning.

TAke 6. Almonds and 12. raw Pease and eate them together, and certainly you shall not be troubled any more with the Heart burning. For it hath bin truely proued.

CHAP. 552.

A good Medicine for the ſwelling of the heart, and for breaking of Fleagme.

TAke a quarter of a pint of Damaske Roſe water, 3. ſpoonfulls of pure white Wine, with a few ſops of White Bread, and a pretty quantity of ſweet Butter and Suger, boyle all theſe together vpon a chafing diſh of Coales, and let the party grieued eat 3. or 4. ſpoonefulls thereof at a time after meat, and this will ſpeedily helpe him. Prob. eſt.

CHAP. 553.

A very good Medicine for one that is greatly troubled with Heart-burning.

TAke to the number of 5. or 6. Cornes of good Pepper, and bruiſe them in your mouth, and when you haue ſo done, let them downe your throat, and this will helpe the Heart-burning forthwith. This hath beene truely proued. per W. S.

CHAP. 554.

Things good and comfortable for the Heart.

Saffron, Gagingall, Cloues, Muſke, Burrage, Nutmegs, Red Roſes, Violets and Mace, with mirth and gladnes of the Heart.

CHAP. 555.

Thinges ill for the Heart.

Beanes, Peaſe, Leekes, Onions, Garlicke, Sadnes, Dread Anger, ouermuch Trauayle, To drinke colde water after Trauayle, and euill tidings, as the loſſe of friends &c.

CHAP. 556.

Heat and Drought.

CHAP. 556.

¶ A very good Drinke to bee vſed for an extreame Heat or Drought.

TAke a pottle of faire Running Water, Succory, Endiue, Violet-leaues, and Burrage, of each of them a handfull, halfe a handfull of Lettice, two Fennell-rootes, and two Parſly-rootes, put all theſe together into the Water and let them ſæth vntill the one halfe be conſumed: then take it off, and put a little Suger into it to make it ſweet, and when you haue ſo done, then let it ſæth ſome three or foure wallowes moze, then take it and ſtraine it through a fine linnen cloth, and let the Patient drinke it at his pleaſure but let him vſe this foz 8. or 9. dayes together, and it will be the better.

CHAP. 557.

¶ An excellent good remedy for an extreame heat, Burning or Drought in any Man or Womans Body.

TAke wilde Poppy, (which groweth amongſt Cozne, and hath a red flower on it much like a red Roſe leafe, & it is callled of ſome red Cozne Roſe) and diſtill it into a water, and let the Patient drinke thereof thzee or foure great dzaughts and this will quickly abate the heat or burning. Prob. eſt.

CHAP. 558.

CHAP. 558.

¶ An approued Medicine for one that is molten within by ouermuch trauaile or Labour.

TAke a quart of good Claret Wine, and seeth therein a good quantity of Auence and make a Posset with the same Wine, and let the Patient drinke 3. or 4. times thereof warme (bedward) and it will helpe him. Probatum est.

Iaundise Black and Yellow.

CHAP. 559.

¶ An excellent good remedy for the Black Iaundise.

TAke Wheatestraw and lay it abroad vppon a faire flooze in a close house, and put Geese into the place where the straw is, and watch when they doe doung, and take it vp whole, and with a knife, scrape off the white that is about it, and keepe the same white vntill you haue a good quantity thereof, then dry it in an Ouen, and make it into powder, and let the patient drinke it in Ale or Beere, both first and last warme, and it will cure both the Blacke and Yellow Iaundise.

CHAP. 560.

CHAP. 560.

¶ Another for the ſame.

TAke a good quantity of Scabious Water: and of Betony, Roſes, Hartstongue, and Sandelion, of each of them a good handfull, waſh all theſe hearbes very cleane and bruiſe them all, then put your Scabious water and your hearbes into a ſkillet, & put in alſo a quart of good ſtale Ale, and 4. or 5. ſtickes of good Liquorice, two ſponefulls of Annis-ſeedes, one penny worth of Red Saunders, (but let your Liquorice and Annis-ſeedes be well bruiſed) and 10. or 12. Cloues or chiues of Saffron, then boyle all theſe together, vntill the one halfe be conſumed, and then ſtraine it, and put into the Liquor ſome fine Suger, and ſome pouder of Cloues, and Mace, to the quantity of two peniworth, and as much iuyce of wormewood, as may bee well gotten out of two handfulls of wormewood (the ſame being ſtrained with a pint of white Wine, and put thereto 4. or 5. good Reyſons beaten all to powder, and a little Pellow Turmericke, then boyle all theſe together a little more, and ſo ſet it to cole, and when you haue occaſion to vſe this, then drinke the quantity of 4. or 5. ſpoonefulls, thereof at a time warme, both Morning and Euening, firſt and laſt, and this without all doubt will helpe you.

This hath holpen ſome that were almoſt paſt all hope of recouery.

CHAP. 561.

¶ Another for the ſame.

TAke Shel-Snailes and roaſt them, or elſe dry them at the fire, or in an Ouen, and when they are dry, beate them to powder, and let the patient take a ſpoonefull there of at a time, and let him drinke it in Ale, and let him vſe it for the ſpace of 11. or 12. dayes together both Morning and Euening and this will cure the diſeaſe perfectly. Prob. eſt.

CHAP. 562.

¶ Another for the ſame.

TAke of the Rootes and Leaues of Strawberries, and eate them euery Morning faſting, for the ſpace of 17. or 18. dayes together, and doubtles this will helpe you. Probatum eſt.

CHAP. 563.

¶ An other for the ſame.

TAke the Gall of a Rauen, and dry it well, and then grate it into powder, and when you haue ſo done: take a pretty quantity of it, and temper it either with Ale or Beere, and let the Patient drinke thereof euery Morning faſting, for the ſpace of 6. or 7. daies together, and it will preſently helpe him. This was truely proued by N. Cox.

CHAP. 564.

¶ Another for the ſame.

TAke Betony Mugwort, and an hearbe that is called Hearb Ambroſe, of each of them a good handfull halfe a handful of Centory, and 3. or 4. Docke-rootes cleane waſhed and ſcraped ſtamp all theſe well together in a Morter, then take Spikenell, Turmerick, and Galligarie, of each of them alike quantity, and ſtamp them likewiſe in a morter, and put the hearbs by themſelues, in a cleane cloth, and the ſpices by themſelues, and tye them faſt in ſtringes and hang them in one gallon or two of good Ale, which is now ready to be tunned, and let it ſtand for the ſpace of 4. or 5. daies then drinke a good draught thereof euery morning faſting for the ſpace of 7. or 8. dayes together, and then faſt 3. or 4. houres after it, and alſo take it laſt when you goe to bed, and doubtles this will help him.

CHAP. 565.

¶ Another for the ſame.

TAke a gallon of good Ale, and boyle it and ſcum it cleane then take a pint of Hunny, two handfulls of Red Nettles and

and a penyworth of Engliſh Saffron, and put them in the Ale, (being cleane ſcummed as afore ſaid) and when you thinke that it is well boyled, ſtraine it, and let the party grieued drinke a good draught thereof euery morning faſting, for the ſpace of 14. or 15. daies together: this wil help him.

CHAP. 566.

¶ A very good Medicine for the Yellow Iaundiſe.

TAke a handfull of Red Nettle crops, and ſæth them well in a pint of Ale, and then ſtrain it through a cleane Cloth, and let the patient drinke it firſt and laſt for the ſpace of 4. or 5. dayes together, and it will helpe him. Probatum eſt.

CHAP. 567.

¶ A ſingular good Medicine for the Yellow Iaundiſe.

TAke both Leaues and Rootes of Strawberries, and make Pottage or broth therewith, and let the party grieued take a good quantity thereof at a time faſting, for a certaine ſpace, and by Gods helpe he ſhall haue preſent remedy.

This was a ſecret Medicine practiſed by an old Man, who got much money thereby.

CHAP. 568.

¶ An other for the ſame.

TAke Earth-wormes, and waſh them & ſlice them, then take a little ſcraped Iuory and Engliſh Saffron beaten to powder and mingle them together with White Wine, and let the patient drinke a good draught thereof firſt and laſt luke warme, and it will doe him marueilous much good.

CHAP. 569.

¶ An other for the ſame.

TAke Bay Salt, Otes, and Cummin, and drye them all and make 2. bags thereof, and as hot as the patient may ſuffer it, lay the one after the other to the crowne of his head

and ſo let him vſe it often for a good ſpace.

CHAP. 570.

¶ Another for the ſame.

TAke hard Spaniſh Sepe, and a little ſtale Ale in a Cup, and rub the Sope againſt the Cup bottome (on the inſide) vntill the Ale be white: then ſtraine a little Iuorie into it, and let the patient drinke thereof firſt and laſt vntill it be cured, which by Gods helpe) will be in a ſhort ſpace.

CHAP. 571.

¶ Another for the ſame.

TAke Leaues of Selandine, and put a good quantitie of them in your ſtockings next your bare feete (both aboue and vnderneath) and it will helpe you.

CHAP. 572.

¶ Another for the ſame.

TAke Burr-roote (the greater it is, it is the better) and ſcrape it cleane, then take a pottle of new Ale, and put your Rootes therein, and boyle the rootes well in the Ale, and then let them ſoke therein for the ſpace of a day and a night and let it be cloſe ſtopt, then let the Patient drinke a good draught thereof 3. or 4. times, and he ſhall be whole without all doubt. Probatum eſt.

CHAP. 573.

¶ Another for the ſame.

TAke a good handfull of Selandine-leaues, and a quart of white Wine and boyle them together vntill the one halfe be conſumed, (if it be in Winter, then take the Rootes of Selandine) then ſtraine the ſame and let the Patient drinke thereof firſt and laſt warme, this will helpe him. Proba. eſt.

CHAP. 574.

CHAP. 574.

¶ Another for the ſame.

TAke a pinte of Stale Ale or Beere, whether you will, and ſome Crumes of wheaten Bread that is well leuened, and a good ſpoonefull or ſomewhat more of Saunders, and make all theſe into an Aleberry, and in 6. or 7. times drinking of this it will cure you. This hath bin proued.

CHAP. 575.

¶ Another for the ſame.

TAke a great Apple and cut of the top thereof (ſo as it may couer the place againe) and take the core, and then put into the ſame place ſome ſweete Butter, and a good quantity of Turmericke, and a good quantity of Engliſh Saffron, and then cloſe it vp againe with the piece that was cut of, and roaſt it very tender, and let the patient eate thereof 3, or 4. mornings togither faſting, or longer if neceſſitie require it.

Impoſtumes.

CHAP. 576.

¶ A maruellous good Medicine to deſtroy an impoſtume.

TAke Rootes of Holi-hockes, and waſh them cleane, and ſeeth them vntill they be tender: then take the Water wherein they are ſodden, and put it into a cleane veſſell, and then take as much Lin-ſeede and Fennicreeke (of both,

as the quantity of the Rootes are in waight) and put them into the ſaid Water, and then boyle them together againe vntill they rope, like dyed-lime: then ſtampe the Rootes, and put there to a pretty quantity of Barly Meale, and temper them all together, and fry them well with Bores-greaſe, and then apply it to the ſore (plaiſterwiſe) and this will ſpeedily helpe it Prob. eſt.

CHAP. 577.

¶ Another good Medicine for an Impoſtume in the Head.

TAke a good quantity of the iuyce of Mints, and put it into a quill & ſo let it run into the patients eare where the griefe is, and then let him lye with that eare vpwards, and this will cauſe the Impoſtume to breake very ſpeedily,

CHAP. 578.

¶ Another for the ſame.

TAke a penyworth of Spikenard, and beat it to fine powder, and a penyworth of Pellitory of Spaine, and 5. or 6. Sawcerfulls of Muſterd, and as much white Wine Vinegar, and a good Sawcerfull of Hunny, and mingle them all together, and then put a ſpoonefull thereof into your mouth and holde your lippes together as cloſe as you can for a good while, then put the reſt into a wooden diſh and couer it cloſe from duſt or other things falling into it, and when you doe vſe it, let it bee both in the morning and euening firſt and laſt and you muſt vſe 8. or 9. ſpoonfulls of this at euery time you doe it, and this will cauſe the Impoſtume to breake in a very ſhort ſpace, vſe this for 3. or 4. dayes together. Probatum eſt.

CHAP. 579.

¶ Another good Medicine to deſtroy any Impoſtume, within 24. houres or little more.

TAke of the Rootes of Flower-deluces and Rootes of Lillies, of each of them a like quantity and ſtamp them together

together, and then put into them a quart of Hunny, and then boyle them altogether either in Wine or Ale and when they are well ſodden, then take the ſame Liquor, and ſtraine it through a fine linnen cloath, and when occaſion ſerueth for vſe thereof, let the patient drinke 2. or 3. ſpoonefulls of it at a time eſpecially in the Morning and Euening firſt and laſt, and this will ſpeedily cure it.

Alſo if you vſe to drinke of the waters of Plantine and Woorme-wood mingled together firſt and laſt, you ſhall receiue great comfort thereby.

Itches and Scabbes.

CHAP. 580.

A good Medicine for an Itch or breaking out.

TAke Whay and clarifie it with the leaues of Succory, Burrage, Endiue Fumitorie-owers, and Hops, of each of them an ounce, and one Fennel-roote, and one Succorie-roote, both bruſed, and an ounce of great Reyſons, and let them be clarified in the Whay as afore-ſaid, and let the Patient drinke a good draught thereof euery Morning warme, for the ſpace of 7. or 8. daies together. Alſo, take a handfull of Seny ſodden (in a pot cloſly ſtopt) from halfe a pint to a quarter of a pint, with a few Annis, ſeedes

ſeedes bruiſed: then ſtraine that likewiſe and drinke it faſting, and a little while after let the patient drinke an Alecherrie, or elſe ſome other thin broth.

CHAP. 581.

¶ Another very good Medicine for any manner of Itch, or breaking out in any part of the body.

TAke two or three Lemons and wring out the iuice of them, and then take the like quantitie of Oyle of Roſes, as there is of the iuyce of the Lemman, and beate them wel together, and then anoint the patients armes, legs, thighs, or other parts whereſoeuer, and this helpeth him. 4. or 5. times dreſſing of him in this ſort. Prob. eſt.

CHAP. 582.

¶ Another for the ſame purpoſe.

TAke Virgin Waxe, or for want thereof take Yellow wax, and May Butter, and a pretty quantity of the iuyce of Valerian, & as much of the iuice of Marygolds, and boyle them altogether, and ſcum them cleane, and let the patient be anointed often therewith, or elſe with a Linnen cloath lay ſome of the ſame oyntment, where the Itch or Scabs be moſt.

CHAP. 583.

¶ Another for the ſame.

TAke a leauen or twelue of the yelloweſt Docke-rootes that may be gotten, and ſcrape them as cleane as you would doe Parſneps, and cut them ſmall and ſtamp them well in a morter: then ſet them ouer a Chafingdiſh of Coales, and put a pound of ſweet Butter therein, and let them boyle vntill the Rootes be ready to ſtraine, and when they be ſufficiently boyled, ſtraine them and put into the iuice, a ſpoonefull of Brimſtone finely beaten to powder, and ſtir it well together, and put it to ſtand in the cold and then

then it will be a pure ſalue, and when néd requireth let the body of the patient be anointed therewith before a good fire, and let it ſoke into his ſkin, and in doing this Morn. and Euen. for the ſpace of 6. or 7. dayes together, it will take away the itch be it neuer ſo great. Probatum eſt.

CHAP. 584.

¶ Another for the ſame.

TAke Red Docke-rootes, and waſh them and ſcrape them cleane, and cut them in ſlices and ſtampe them in a Mortar: then put thereto a good quantity of Brimſtone finely beaten, and temper them well together, and let the Patient be anointed therewith both Morn. and Euen. and this will ſpeedily helpe him. Probatum eſt.

CHAP. 585.

¶ Another for the ſame.

TAke Docke-rootes and beat them and bruiſe them with ſwéet Butter, and let the patient be anointed therewith, and in 5 or 6 dreſſings it will helpe him.

CHAP. 586.

¶ Another for the ſame.

TAke a good quantity of white Sope, and ſteepe it well in Roſe-water, then take a little Mercury ſublimed, and let it bée diſſolued in a little Roſewater, then temper the Sope and the Roſe-water together, and put into it a little Muske of Ciuet, and ſo kéep it vntill occaſion ſerueth for vſe thereof, and this will kill any manner of itch.

This is alſo a ſingular good Medicine to cure any great Scab or Itch without any maner of danger at all, for it hath bin ſufficiently proued.

Likewiſe the Oyle of Mirh healeth all manner of Scabs, Itches, Clyfts, Kibes, Pimples, Chops, Burnings, &c.

CHAP. 587.

¶ Another for the ſame.

TAke an ounce of Ginger finely beaten to powder, and temper it with a quarter of a pound of freſh Butter, and annoynt your bodies therewith 4. or 5. daies together, both Morning and Euening, and it will kill the itch without doubt. Probatum eſt.

CHAP. 588.

¶ Another good Medicine to kill an extreame Itch and to deſtroy the Scabs.

TAke 6. ſpoonefulls of Barrowes-Greaſe, and a penny waight of Quick-ſiluer, and a handfull of Bay Salt, and vj. ſpoonefulls of faſting Spittle, and bray them all together, vntill the Quick-ſiluer be conſumed quite, and then let the party grieued anoint himſelfe well therewith, and it will helpe him. Probatum eſt.

CHAP. 589.

¶ An otherfor the ſame purpoſe.

TAke the Decoction of Hiſop and aneint the place that is infected therewith, and in 4. or 5. daies it will cure the itch without doubt, vſing of it euery day. Probatum eſt.

CHAP. 590.

¶ Another for the ſame.

TAke Enula Campana Rootes, and Bores Greaſe, and ſtamp them together, and ſo let them ſtand for the ſpace of 6. or 7. daies, and then take them and fry them, and then put thereto an oz. of Mercury ſublimatum, and let it be firſt deſtroyed with a ſpoonful of faſting Spittle, and a little Brimſtone beaten into fine powder, and with the ſame Oyntment let the pratie grieued be anointed twice or thrice a day before a fire, and this will cure him in a ſhort ſpace.

CHAP. 591.

CHAP. 591.

¶ An other for the ſame.

TAke Red Docke rootes and waſh them cleane, and boile them in faire Water and let them boyle vntill they be ſoft, and then ſtampe them againe together vntill the ſame be growne thicke, and take it of and put it into ſome cloſe Earthen veſſell, and when occaſion doth ſerue for vſe thereof, let the party grieued be anointed therewith, both Morning and Euening before a good fire, for the ſpace of 8. or 9. daies together, and it will take away all the Scabbes, kill the Itch, and cleare the ſkin. This hath bin truely proued.

CHAP. 592.

¶ An excellent good water, to kill any Itching comming by heate in any part of mans body.

TAke a pint of White wine, a quarter of a pint of Vinegar 4. handfulls of Bettony that groweth in the woods, and a handfull of houſleeke, ſtampe the Herbes all together, and then put the Wine and the Vinegar cold among ſt them, and put therein a pennyworth of Allom burnt and beaten to powder, incorporate them well together, and then waſh the place that itcheth with it, and in twice or thrice waſhing, this will driue it quite away, and alſo cole the heate thereof.

Kidneys.

CHAP. 593.

¶ A good Medicine for to helpe the Kidneyes, and to cause the Reynes of the Backe to grow strong.

TAke Buglos Water, that is distilled, and put thereto a good quantity of cleane Rose-water, and a pretty peece of fine white Suger, and drink thereof euery morning fasting nert your heart, and this will both restore nature and strengthen you very much. Prob. est.

Legges.

CHAP. 594.

¶ A Maruellous good Medicine to be vsed in manner of a Plaister, for festred Legges which haue bin long sore.

TAke Plantine, that groweth in March, Wilde Tansie, great Morrell and Hunny, of each of them a like quantity: then take the White of an Egge and the Milke of a Cow that is all of one coulour, and a good quantity of

of Barley flower, and thicken them all togither, and let the Hearbes be brayed in a mozter, and afterwards mingled with the reſt, make a plaiſter thereof, and lay it to the ſoze, and it wil heale it without all doubt. Prob.eſt.

CHAP. 595.

¶ An other good Medicine for the ſwelling of the Legges, comming by Colde or otherwiſe.

TAke 2. white Herrings out of the Pickle, and open them, and then lay the inſides of the ſame Herrings to the ſoles of your feet when goe to bed, and ſo let them remaine all night, and in the Mozning apply new ones againe, vſe this 5. oz 6. times and the ſame will helpe you. Probatum eſt.

CHAP. 596.

¶ An other good Medicine for Legges that doe ranckle and feſter.

TAke Smalledge, Southernewood, Houſleeke, Violet-leaues and rootes, and Way-broad leaues of each of them a good quantity, and a good quantity of Hunny, and ſo temper it well with the Hearbes and then ſtraine it through a fine linnen cloth, and make a plaiſter thereof and lay it to the ſoze and ſo renew it twice euery day, and alwayes befoze you lay on the plaiſter waſh the ſoze wel with white Wine, oz elſe with Oyle of Roſes, and all this ſpace, vſe to put 5 oz 6 leaues of Sage in your Dzinke, and in a ſhoz ſpace your Legs will be hole. This hath holpen ſome that haue bin thought (by ſkilfull Phiſitions) ſto bee paſt all cure.

Lights, Liuer, and Lungs.

CHAP. 597.

¶ A good Medicine for the Lights and Liuer.

TAKE 3. Gallons of new Ale (when it is ready to tun, and two or three good handfulls of Peneyroyall, and as much Mother of Time, and a like quantity of Red Docke rootes cleane washed, then take 7. or 8. good Nutmegs, and bruise them and mingle all these together, and put them altogether into a fine white Linnen Bagge, and then hang all these teings before rehearsed in the Ale, 4. or 5. dayes together before you doe drinke any of it, and then when it is stale, you may drinke it vsuall both before and after Meales, and you shall finde great comfort and ease both for the rising of the Lights, the stopping of the Liuer, and for the Spléne also.

CHAP. 598.

¶ An excellent good Medicine for the Liuer, and for drynes in the hands that commeth thereby.

TAke a good quantity of Strawberrie water distilled, and séeth therein a handfull or two of Liuerwoort and then straine it and giue it the patient to drinke with a good quantitie of Sirop of Mints, and this will both cole the extreame heate of the Liuer and also bring moisture to the hands againe. This hath bin sufficiently proued,

CHAP. 599.

CHAP. 599.

¶ Another for the ſame.

TAke Fumitorie, Harts tongue and Liuerwoort, and boyle them in Whay, and then ſtraine it, and giue it the patient to drinke, and it will doe him much good.

CHAP. 600.

¶ A very good Drinke made of Whay, for to coole the extreame heate of the Liuer and ſtomacke.

TAke Violet-leaues, Sinkfoyle-leaues, Succorie, Endine, Scabious and Fumitorie, of each of them a good handfull, and ſeeth them in a pottle of Whay which hath bin boyled, and ſo let it continue boyling vntill the third part be conſumed then ſtraine it through a fine cloth, and let the patient drinke a good draught thereof euery Morning and Euening, for a certaine ſpace, this will helpe him. Probatum eſt.

CHAP. 601.

¶ A good Medicine for the ſtopping of the Liuer.

TAke Broth made of Chickins, with theſe things following in it. (Viz) Mercurie and Succorie of each of them a handfull, and a few great Reyſons (the ſtones picked out) and boyle them together, then take a few bitter Almonds and blaunch them, and beate them and with the ſame liquor, make Almond Milke, and let the patient vſe to drinke it euery Morning faſting and it will helpe him.

CHAP. 602.

¶ Another for the ſame.

TAke Madder Rootes and boyle them in a pint of Ale or ſomewhat more, let it ſeeth vntill it come to a draught and let the Patient vſe it firſt and laſt twice or thrice a week and this will helpe him.

CHAP. 603.

¶ Another for the ſame.

TAke the quantity of a Beane of Venice Turpentine, & put it into a ſpoon, & hold it ouer the fire vntil it melt, then put thereto

thereto a little fine Suger, and let the Patient eat thereof euery day fasting, and this will helpe him. Probatum est.

CHAP. 604.

¶ Another for the same.

TAke great Capers that bee greene, and lay them to soke in Veriuice, 5. or 6. dayes together, and then take them forth and wring the iuyce out cleane, and put a pretty quantity of the same in a sawcer, and put thereto a little Syrrop of Vinegar, and let the Patient vse to eat thereof a little before Dinner, and likewise before Supper againe, and this will doe him much good.

CHAP. 605.

¶ Another Medicine for an extreame heat of the Liuer, and for drynes in the handes, comming thereby.

TAke a good quantity of Strawbery water distilled and seeth therein a good quantity of Liuerwort, and drinke it with Sirrop of Mints, and this will cole the heat be it neuer so great. Prob. est.

CHAP. 606.

¶ An other good Medicine for the heat of the Liuer.

TAke Saunders and strong Vinegar and heat them hot, then take a little scarlet in graine, and dip it in the same and lay it to the spone of the breast on the right side and it will helpe.

CHAP. 607.

¶ Another excellent Medicine for any heat or drynes either in the Liuer, Lights, or stomacke.

TAke Burrage, Langdebiefe, Violet leaues, Dandelion, Sinkefoyle, and Harts-tongue, of each of them a good handfull, and a great handfull of Reysons of the Sunne, the

the ſtones cleane picked out) then ſeeth the hearbes afore-ſaid, (the ſame being cleane waſhed) together with the Reyſons in a gallon of faire Running Water, and let it boyle vntill it be conſumed to a pottle, then take halfe a pound of Almonds and blanch them and bray them in a Morter, then take all the Licquor before mentioned, and ſtraine it and then put the Almonds into it, and ſo make Almonds Milke thereof, and ſo let the patient drinke of this often (bloud warme) and this will doe him exceeding much good. Prob. eſt.

CHAP. 608.

¶ An other for the ſame.

TAke a good handfull of Liuerwoort, that groweth vpon ſtones, and of Fumitorie and Harts tongue of each of them a handfull and boyle them well in clarified Whay and drinke a good draught thereof at a time, both Morning and Euening and it will helpe you.

CHAP. 609.

¶ Another for the ſame.

TAke a good quantity of Barberies, and ſteepe them one night in clarified Whay and ſtraine it, and let the patient drinke it firſt and laſt and it will eaſe him greatly.

CHAP. 610.

¶ A Maruelous good Medicine for any manner of diſeaſe in the Liuer.

TAke the Liuer of an Hare being well dryed) and made into fine powder, and drinke it in Ale or Wine and it will doe you maruellous much good. Prob. eſt.

CHAP. 611.

¶ Another for the ſame.

TAke a quart of Strawberries and a quantitie of wilde Tanſie, and a gallon of new milke from the Cow, and

diſtill all theſe together, and let the patient drinke thereof both Morning and Euening faſting and let him waſh his feet often therewith. Pro. eſt.

CHAP. 612.

¶ A maruellous good Medicine to preſerue the Lungs.

TAke the Lungs of a Fox and dry it well, and beat it to powder, and then put a quarter of a ſpoonefull thereof into a little new Almond milke, or elſe into ſome other thin Broath made of Veale or Mutton, and let the patient eat it, and this will preſerue the Lungs wonderfull greatlly. Pro. eſt.

Meat.

CHAP. 613.

¶ A ſingular good Medicine to cauſe one to haue a good Appetite to meat beeing neuer ſo ſicke.

TAke Centory and boyle it in faire Running Water, and let the ſicke perſon drinke euery day the quantity of 11. or 12. ſpoonefulls at a time: (luke warme) for the ſpace of 4. or 5. dayes together, and this will prouoke Appetite without all doubt, and it will alſo purifie the breſt and ſtomacke. Prob. eſt.

CHAP. 614.

¶ Another for the ſame.

TAke Centory and boyle it in faire water & put thereto a little Sugar Candie, Liquorice and Annis-ſeeds, and

let

let the ſicke perſon drinke it luke warme euery Morning iij. ſpoonefulls at a time, and ſo vſe it for the ſpace of 5. or 6. daies together and this will helpe to bring his ſtomacke a-gaine if he be far ſpent. Probatum eſt.

CHAP. 615.

¶ A very comfortable powder to cauſe one to digeſt his meate well, &c.

TAke Pellitorie of Spaine, Centorie, Annis-ſeeds, Licquorice, Greynes of Paradice, Ginger, and Cinamon of each of them a like quantity, and beate and ſearſe them into a fine powder, and let the patient drinke ij. a ſpoonefull at a time thereof, in Wine, Ale, or Beere, Morning and Euening for a certaine ſpace, and this will doe him exceeding much good. This hath bin truely proued.

Morphew.

CHAP. 616.

¶ An excellent good remedy for the Morphew.

TAke iij. ſpoonefulls of Elder water, and let the patient drinke it euery Morning faſting, for the ſpace of 9. daies together, and let him ſweat euery day after that he hath taken it: then take iiij. or v. Oke Apples, and ſteepe them in White wine Vinegar, for the ſpace of 24. houres, and then let him waſh his body well with the ſame Vinegar, and doubtles this will cure him. Probatum eſt.

CHAP. 617.

¶ Another for the ſame.

TAke ij. ounces of Sulphuier Vine, and beat it to powder, & mingle it with a little Black Sope, that is of a ſtinking ſmell, & lay it in a linnen cloth, and hang it in a pint of ſtrong

Wine Vinegar for the space of 9. or 10. dayes, and then let the patient wash the place where the Morphew is, and it will helpe him although it be neuer so farre spent.

CHAP. 618.

¶ Another for the same.

TAke Strawberrie Wates distilled, and drinke it often, and it will expell the Morphew. Prob. est.

CHAP. 619.

¶ An other for the same.

TAke the iuice of Selandine and mingle it with powder of Brimstone, and then lay it to the place where the Morphew is, (all cold) and so vse this 4. or 5. times, and it will take the Morphew cleane away.

CHAP. 620.

¶ An other Medicine for the Morphew, whether it be white or blacke.

TAke Betony, Harts tongue, Sage, Plantin, red Fennell & Water Cressets, of each of them a handfull & a handful of the leaues of Hearbe-bennet, & an ounce of Veruoine, and distill them altogither, and let the Patient drinke 3. or 4. spoonefulls thereof euery morning fasting, and let him walke an howre after it, and this will cure him.

CHAP. 621.

¶ An other for the same.

TAke Mustard-seede and Salt and stamps them well together with Vinegar, and let the place where the Morphew is, be annointed well therewith, and it will cure it in a short space. Prob. est.

CHAP. 622.

¶ Another for the same.

TAke grene Coporas and put it to stepe in faire Running Water, and so let it remaine a day and a night, and then straine it through a fine linnen cloth, and when occasion serueth, annoint the place often where the Morphew is, and it will speedily cure it.

CHAP. 623.

Mouth and Throate.

CHAP. 623.

An excellent good Medicine for a sore Mouth.

TAke a good handfull of Sage, a pretty quantitie of Rosemarie, a good handfull of Hunnysuckle leeues, as much Roch Allom as halfe a Wallenut, and a spoonefull of pure English Hunny: Boyle all these in a quarte of faire running Water, for a good space, then straine forth the water from the Hearbes and the other dregges into some faire Glasse, and so stop it vp close, and when you haue any occasion to vse it, wash your Mouth therewith both Morning and Euening, and this will helpe it in a short time. This hath bin proued.

CHAP. 624.

A Medicine for hoarsenes in the Throate.

TAke 3. or 4. Figs, and cleaue them in two, euery one, and then put into euery of them a pretty quantity of Ginger, finely beaten to powder, and then roast them vpon a cleare hatch, or else vpon a Tilestone, and then let the party grieued, eate them as hot as possibly he may indure them. This hath holpen some that haue bin troubled with hoarsenes 4. or 5. yeares together before.

Mother.

CHAP. 625.

¶ An experienced medicine for the Mother.

TAke a good quantity of Neepe Royall, and ſtampe it well, and then take iij. ſpoonefulls of the ſaid iuice and a ſpoonefull of Sallet Oyle and boyle them together in a Sawcer, and let iij. parts thereof ſeeth away, and let no more remaine but onely the quantity of the Oyle, let the partie grieued anoint the place where the Mother doth ariſe, and it will eaſe you wonderfull much.

CHAP. 626.

¶ Another for the ſame purpoſe.

TAke a pint of Ale and ſet it one the fire and ſcum it: then take one ſpoonefull of Tryacle, and a good quantity of Mace and Graines, and a little Saffron, and boyle them together, and ſo giue it the party grieued to drinke as hot as poſſibly it may be taken, and he ſhall finde great eaſe immediatly.

CHAP. 627.

¶ Another for the ſame.

TAke Louage and Eliſaunders, of each of them an ounce, Rootes and Leaues of Smalledge j. ounce, and of the Rootes of Buglaſſe, Burrage, Parſly, Fennell and Suecory, of each of them an ounce, of Mayden-hayre, Harts-tongue, wilde

wild Time, and wilde Margerum, of each of them two ounces of Cummin ſeede, Coriander-ſeede, Carraway-ſeede, Smalledge-ſeede and Dill-ſeede, of ech of them three ſpoonefulls and a good quantity of Reiſons of the Sun, and bray them altogether, and put them to ſteepe in white Wine, or Ale, for the ſpace of 24. houres together, and then ſtraine them, and let the patient drinke this firſt and laſt for a certaine ſpace, & this will cure the infirmity without all doubt Prob. eſt per L. L.

CHAP. 628.

¶ Another for the ſame.

TAke 3. or 4. handfulls of Fearne that groweth vpon the tops of houſes, and ſeeth it in Rennish Wine and when it is well ſodden, then put it into a linnen cloth, and ſo (as hot as poſſibly the party grieued may ſuffer it) lay the ſame to her Nauill, and ſo let her vſe this for the ſpace of 5. or 6. times, and it will doe her exceeding much good. Prob. eſt.

Palſie.

CHAP. 629.

¶ A moſt ſingular good Medicine for the Palſie.

TAke a Foxe that is fat, and flea him, and then take forth his intrailes, and ſaue all the fatte which is about them, and then fill vp his belly againe with this mixture following, and ſow it vp both faſt and cloſe, and then roaſt him, as dry as may bee, and let the dripping pan that hee both droppe into, bee halfe full of good Vinegar, and ſaue the ſtoes from the fire as much as poſſibly you may, then

then take ij. handfulls of dry Cowſlip-flowers, and of Sage-Lauender, Spike, Rue flowers, Daffadill flowers, Camamill flowers, Roſemary flowers, and Garden Time, of each of them a good handfull, Iuniper Berries and Angellica of each of them di. and oz. Cloues, Mace and Ginger of each of them a quarter of an oz. and 6. or 7. Nutmegs bruiſe all theſe into a graſs powder, and mixe them together, then take a pint of Gardenwormes, and chop them very ſmale and mixe them well with the ſaid powder, then take as much of the fat as you can get, that groweth about the Leg, that Caſtorum is in, (which with diligence may be eaſily found) or if the Fox be leane, then take the fat that is about his guts, and when you thinke he is roaſted inough, pricke him in the belly with a Bodkin, that all his greaſe may iſſue forth: then baſte him for the ſpace of an houre, with the Vinegar, that is in the ſame dripping, and anoint the place grined therewith, both Morning and Euening (before a good fire) for the ſpace of 15. or 16. daies together and wrap it either with the ſkin of a Fox, or elſe with a Lambes ſkin, or ſome other olde Fur, and doubtles this will cure him. Probatum eſt.

Alſo ſome of the fleſh of a Fox eaten, will cure the Palſie, if the Patients ſtomacke will endure it.

CHAP. 630.

¶ Another for the ſame.

TAke 2. good handfulls of greene leaues of Cowſlops that grow in the fields, (but they muſt be alwaies gathered in May) and picke them very cleane and waſh them and then put them into a quart or ſomewhat more of faire running Water, and then boyle the ſame, till the one halfe thereof be conſumed, then put therein a good quantity of fine Sugar, or elſe as much as you ſhall thinke good to ſweeten it withall, and let it boyle vntill it come to a Syrop, and very pleaſant to be eaten, then take

out

out the leaues cleane, and let the Patient both eate the Surop and leaues with fine white bread, and this will doe him much good.

CHAP. 631.

¶ Another for the same purpose.

TAke a good sound Nutmeg, and slice it in thine broad pieces, and put one of the pieces vnder the patients tongue, and so let it remaine al the Morning there till none and after dinner put an other there againe, and he shall finde that this will doe him much good if he vse it often.

CHAP. 632.

¶ Another for the same.

TAke Red Sage, Southernewood, Spike and Lauender, of each of them a handfull, and boyle them together in a gallon of faire Running Water, and let it boyle vntill the one halfe be consumed: then straine it, and put it into a Cruse or pot and keepe it close couered, and when you will vse it, take 4. or 5. spoonfulls thereof in a Sawcer, (luke warme) and gargle it too and fro in your mouth a good space and then spit it forth, and so in like manner, take the like quantitie againe thereof in a Sawcer as before, and let it be luke warme, and so let the patient rubbe and chafe that part of his body which is grieued with the Palsie with a sponge dipped in the same Water, and it will helpe him. Probatum est.

CHAP. 633.

¶ Another for the same.

TAke Pellitorie of Spaine, Pepper and Iuy, of each of the j. ounce and make them into powder: then take ij. ounces of powder of Sage, and mingle it with the things before rehearsed, and giue it the patient to eate in his pottage, or else in some other broth, and this without

doubt will cure him. Probatum est.

CHAP. 634.

¶ Another good Medicine for the Palsie which taketh away the speech.

TAke Sage and dry it betweene ij. warme Tiles, and let it be laid to the Necke of the patient, and to the wrists of both his armes, then let him take a Nutmeg and slice it thin, and then put one of the slices vnder his Tongue, and the other ouer, and so hold the same a good space in that sort, and let him vse to doe this often, and it will doe him much good: and let him also anoint his Necke often, either with Oyle of Spike, or Water of Spike.

CHAP. 635.

¶ Another for the same.

TAke Sage leaues, and Primrose leaues, of each of them a like quantitie (and if it be in Winter, then take Primrose Rootes) and beate them both together and straine them with Ale, and giue the patient a good quantitie thereof to drinke at a time, and this will helpe him. Probatum est.

CHAP. 636.

¶ A present remedy for Lamenes in the side, comming by the Palsie.

TAke Sage and Hisop and boyle a good quantitie of them together in faire running Water, and bath the side that is grieued well therewith: then take the Hearbs and binde them as hot as they may be suffred to the sore place and this will speedely helpe it. This hath bin truely proued.

CHAP. 637.

¶ A very good Medicine for one that is taken with the Palsie, though not the shaking Palsie.

TAke the bloud of a Fox, as warme as it may be taken from him, and the bloud about the heart is best, but all the

the reſt is good, and with ſome of the ſame blood chafe the place that is taken, & then take the ſkin of the Foxe, and put the raw ſide to the place where the Palſie is, and ſo let it remaine for the ſpace of 12. houres at the leaſt: & in the meane ſpace till a Fore may bee gotten chafe the place well that is benummed, with Oyle Oliffe and Aqua Compoſita, mingled well together, and doubtleſſe this will cure him in a ſhort ſpace, for it hath beene truely proued.

CHAP. 638.

¶ Another for the ſame.

TAke Sage, Spike and Lauender and diſtill them together & let the patient drinke a good draught of the ſame Water euery morning warme, either in Ale or Wine: alſo take Sage and Betony, and put them betweene two diſhes, vpon a Chafingdiſh of coales, and ſprinkle them with good Malmſie, and apply them warme to the Nape of the Necke and to both the wriſts of the Patient, and this will doe him much good.

Pilles and Emerodes.

CHAP. 639.

¶ A ſpeedy Remedy for the Pilles.

TAke the beards of the heads of vnſet Leekes, and waſh them cleane and boile them in a good quantity of faire Running Water vntill they bee tender, then take them forth and dry them very well in a cleane Linnen Cloath, and then you muſt ſtampe them as ſmall as poſſibly you

can: then take a good peice of fresh Butter and boile them therein vpon a chafing dish of coales, and put into it a good quantity of English Saffron, and when it is well boyled, straine it through a fine cloth into some glasse or earthen vessell and keepe it close, and when you will vse it, make a plaister of it vpon a piece of leather or vpon a piece of linnin cloth and lay it colde to the place grieued, and it will speedily helpe you. Probatum est.

CHAP. 640.

¶ Another for the same.

TAke Oyle of Indian Nuts, and anoint the place grieued well therewith, and in twice or thrice doing thus, it will kill the Piles and Emerodes, and it will also kill the little Wormes which be in the Fundament. Probatum est. per G. C.

CHAP. 641.

¶ Another for the same.

TAke two penyworth of Mercury sublimatum (which is of the colour of Chaulke) and steepe it in Vinegar, for the space of three or foure houres together: then take a few coles and set vnder a close stoole in a chafing dish, and put the powder in to it and burne it, and let the party grieued sit ouer it as close as he can, that the smoke may not go forth any way, but that it may come to the sore, and this will help him.

CHAP. 642.

¶ Another for the same.

TAke a good quantity of Beanes and seeth them in faire Water, and then put them into an earthen pan, and let the party grieued sit ouer the pan (as hot as possibly hee may abide it) and this will helpe him. Prob. est.

CHAP. 643.

CHAP. 643.

¶ Another for the ſame.

TAke two handfulls of Southernewood, and ſtrip the leaues from the ſtalke: then take new Butter (as it commeth from the Churne vnſaulted) and bruiſe the hearbs and fry them in a frying pan with the aforeſaid Butter vntill they are become tender: then take and ſpread them vpon a fine linnen cloth, and lay them to the ſore place as hot as poſſibly it may bee ſuffered, and doubtles this will helpe him. Probatum eſt.

CHAP. 644.

¶ Another for the ſame.

TAke a great Eale, and flea it and draw it, and let it touch neither water nor ſalt, but cut it in pieces and roaſt it, (and the firſt dripping being caſt forth) then take the next dripping, and with a fine linnen cloth being dipped therein (the ſame being hot) bath wel the place grieued twice or thrice a day and this will cure the piles, if that they be neuer ſo ſore. Prob. eſt.

CHAP. 645.

¶ A good Medicine to ſtaunch the bleeding of the Piles.

TAke a good quantity of the iuyce of Milfoyle, and put thereto a pretty quantity of powder of burnt Garlicke, and let the party grieued drinke thereof, either in Ale or Wine, and the Piles will dye in a ſhort ſpace. Prob. eſt.

CHAP. 646.

¶ Another for the ſame.

TAke Leaues of Muller, and Leaues of an Elder-Tree, and ſtampe them very well, and mingle them with Butter that is vnſaulted, and anoint the place grieued often

therewith before a good fire, and this will cure you. Probatum est.

CHAP. 647.

¶ Another for the same.

TAke Blacke wool and Blacke Sope, and binde to the place grieued, and this will presently helpe without all doubt. For this hath beene truely proued.

CHAP. 648.

¶ An other for the same.

TAke Oyle of Roses, Frankensence, and Hunny, & make an Dyntment of them, and put it into the Fundament with your finger and put a little Mirh thereto, and vse to anoynt the Fundament often with it, and let the breath assend vp into the Fundament, and this will cure it.

CHAP. 649.

¶ Another for the same.

TAke Diaculum and Oyle of Spike, of each of them a little quantity, and melt them in a Sawcer, and spread the same vpon a linuen cloth, & lay it to the Piles very warme, and within 4. dayes vsing of it both morning and Euening they will be hole. Prob. est.

CHAP. 650.

¶ An excellent good remedy for the Emerodes, and to dry vp any sore.

TAke Red worts and seeth them in a pot of faire Water, vntill they be very well sodden, then take a pot and set it vnder a Chaire that is close, & let the patient sit ouer it, & wrap warme clothes about the Chayre that no ayre may issue forth, and so let him sit ouer it, vntill it bee cold and let him anoynt his members with the same liquor and this will spedily helpe him.

CHAP. 651.

CHAP. 651.

¶ Another for the ſame.

TAke broad Nenphane leaues, (otherwiſe called Cane leaues, which doe grow in Waters) and waſh them cleane, and put them into a paper and broyle them in the Embers, and then lay them to the place grieued as hot as they may be ſuffered, or elſe make them into powder, and caſt the ſame into the ſore, and it will helpe. Prob. eſt.

CHAP. 652.

¶ Another for the ſame.

TAke a little plate of Leade and rub vpon a little Bores-Greaſe, and (if it be for a man) but if it be for a Woman, then take Swine Greaſe, and waſh it out with White wine, and then anoint the place grieued therewith, and this will doe exceeding much good. Probatum eſt.

CHAP. 653.

¶ An excellent good Medicine for the Emerodes and Pilles.

TAke Blacke woole and good Inke (made with Coporas and Gaules) and wet the Wooll in the Inke, and then apply the ſame to the ſore, and it helpeth.

CHAP. 654.

¶ Another for the ſame.

TAke Creſſes that grow in or about a Well, and then ſtampe and ſtraine them into a pot, (but not with any Water) and make a plaiſter thereof, and apply it to the place grieued and it helpeth. Probatum eſt.

Cer-

Plague and Peſtilence.

¶ Certaine Rules and good inſtructions to be obſerued againſt the Plague, &c.

FOR as much as the force and infection of the diſeaſe called the Plague or Peſtilence, hath heretofore beene too well knowne and felt in diuers and ſundry places of this Realme, and for that diuers Cities, Townes, and other places of this Realme, haue beene ſo grieuouſly vexed therewith: threfore (according to my ſimple skill and knowledge therein) I haue thought good to publiſh and make knowne vnto all, aſwell ſuch preſeruatiues as are good to be vſed, obſerued and kept by all ſorts of people for the auoyding of the ſame diſeaſe, being greatly infectious, and eaſily taken diuers and ſundry waies: as alſo for the better preſeruation of thoſe that are in health, from the infection of the diſeaſe, and to cure and order thoſe that are any way infected or grieued with the ſame: and therefore theſe things following, ought chiefely to be regarded, and fully obſerued. (Viz.)

1. To keepe your Houſes, Yards, Backſides, Stretes, and Channells cleane from all ſtanding puddles, dunghils,

and

and corrupt moistures which ingender stinking and filthy sauours that be noysome, or breed infection.

2 To suffer no Dogs nor Cats to come into your houses nor to keepe any your selues, (except you dwell in some open place of Ayre) for they bee very dangerous and most apt (of any kind of thing) to take infection of sicknesse, and to bring it home to their maisters house, by reason that they run from place to place, & from one house to another, continually feeding vpon the vncleanest things that are cast forth into the streets.

3 To ayre your roomes (seuerally) with Char.cole fire, made in stone pans, or Chafing dishes and not in chimneys but as you can set your pans in the midst of the Roome, and be sure to ayre euery roome twice a weeke at the least, and put into your fire, a little Frankensence, Iuniper dryed Rosemary or Bayleaues, Sage and Lauender.

4 To wash your linnen often and to ayre your Woollen in the Sun or ouer pans of fire or ouer a chafing-dish of Coales, and to fume the same either with Frankensence, dryed Rosemary, Iuniper and Bay-leaues.

5 To smell to the Rwte of Enula Campana, steeped in white Wine Vinegar, and wrapped in a handkercher, or else to Hearb-grace, and Wormewood steeped in Vinegar, & carried either in the Rind of a Lemmon, or in some thing (made for that purpose close stopt, Also powder of Enula-Campana rootes in drinke, or hanged about your neck, or else chued in your mouth is good. To eat or chew in your mouth either the rootes of Angelica, Setwall, Gentian, Valerian, Cinamon, or the rootes of Aras, and to vse euery Morn. fasting to eat Sorrell steeped in Vinegar with a little bread and butter or if vinegar be scarse, then with Sorrell sauce. Also to eat a kernell of a Walnut mixt with 5. or 6. leaues of Hearbe Grace and a corne or two of Salt, put altogether into a Fig warmed, and eaten fasting twice or thrice a weeke and to fast 3 houres after it.

6. To comfort the ſtomack, often with an Alebery made of Cloues Mace, Nutmegs, Saunders Gemny Greines, and ſuch like.

7 To drinke Rue, Wormewood and Scabious, ſteep't in Ale a whole night, in the Morning faſting: (Alſo to take the Rootes of Enula Campana beaten together and drinke faſting) or to drinke the powder of Turuentill in Sorrell or Scabious Water faſting: or elſe to take the water of Cardus Benedictus, or Angelica mixt with Methridatum. Alſo Bay Berries huskt before they be dry beaten to powder, & drinke it either in ſtale Beere or Ale, or in VVine, and to ſweat vpon it and to forbeare ſleepe.

8 To procure ſweat being in your naked bed, by drinking of Poſſet Ale, ſodden with Sorrell and Burrage and mixt with Triacle, but if any feele themſelues infected let them take Angelica water mixt with Methridatum, and of it, and ſweat in bed vpon it.

9 To preſerue your ſelues by correcting the ayre in your houſes, It is neceſſary that you take Roſemary, dry Iuniper Bay leaues, or Frankenſcence, and caſt the ſame vppon a Chafing-diſh of coales, and receiue the ſmoke or fume thereof into your head, if you haue it, you may put a little Lauender or Sage that is dryed into the fire with the reſt and it wil be the better.

10 Alſo to preſerue your ſelues otherwiſe by perfuming or correcting the Ayre in your houſes and Chambers: Take a good quantity of VVine Vinegar, and put there to a little Roſewater, and 10. or 12. branches of Roſemary, & put them all into a Baſon: then take 5. or 6. Flintſtones, and heat them red hot in the fire, and caſt them into the ſaid Vinegar, and ſo perfume your Chambers or other Roomes therewith as often as you ſhall thinke meete, and let them be ſo done one after another.

11 Likewiſe to preſerue your ſelfe by perfuming of your apparrell: take the ſame apparrell that you do vſually weare

and

and let be kept ſweet and cleane, and perfume it often eyther with red Saunders burnt, or elſe with Iuniper: And if you happen to be with any that are infected, aſſoone as euer you come home ſhift your ſelfe immediately, and ayre your cloathes as aforeſaid, or otherwiſe ayre them well in ſome open Ayre.

12. Laſtly, if the patient be coſtiue, and hard bound in his belly, then let him take a Suppoſitary made with a little boyled Hunny, and a little fine powder of Salt, & ſo take it in at the Fundament, and ſo let it be kept therein till it moue a ſtoole.

Preſeruatiues (Corporall) againſt the Plague and Peſtilence.

CHAP. 655.

A moſt ſinguler good preſeruatiue to be taken againſt all manner of bad and corrupt Ayres, in places infected.

TAke a handfull of Sage, and ſeeth it in a gallon of fayre running Water, and let it ſeeth vntill the one halfe be conſumed, then couer it cloſe and ſet it ouer the fire againe, and put into it a good quantity of Hunny, and as much Treacle and then ſcum it cleane, and put it into a glaſſe and ſtop it cloſe and when you will vſe it. drinke 5. or 6. ſpoonefulls of it faſting, and it will preſerue you from taking of any euill Ayres all the day after whereſoeuer you goe.

CHAP. 656.

¶ An other good preſeruatiue to be vſed againſt the Plague when you goe into an open ayre, or elſe where common aſſemblies are.

TAke a ſpunge and dip it in Vinegar and Roſe water mingled, or elſe in Vinegar wherein Woormewood or Rue haue bin boyled in, and vſe to ſmell often thereto.

CHAP. 657.

¶ An excellent Pomander to be vſed againſt the ill ſauoured ſent of the Plague.

TAke the quantity of 4. pound of Oblibanum Labeanum and put to it a pound waight of the ſtrongeſt Vinegar that may be gotten and ſet them to ſeeth in an earthen pot for a good ſpace, then take the quantity of a pound of pure yellow Wax, and a little Turpentine, and let them be mingled and bruiſed togither in a braſſe Morter, & then put therein 3. or 4. ounces of Storax Liquida, and let it be made thicke like vnto paſte and ſo make thy pomanders, and if thou wilt haue the ſame ſweeter, then put therein halfe an ounce of Spikenard, and of Cloues beaten to powder and Muske Roſes, of ech of them 2. ounces, and of Camphire a dram, and ſo make it vp at pleaſure.

CHAP. 658.

¶ Another for the ſame.

TAke fine Cinamon, Cloues, Amber, Nutmegs, Storax, Camamill, Iuniper and Red Roſes, and beate them all togither and make a powder thereof and then mingle the ſame with Roſe water and ſo make a pomander thereof.

CHAP. 659.

¶ A ſpeciall good drinke to be vſed of all ſuch as are grieued with the Plague or Peſtilence, during all the time of their ſickneſs.

TAke a quarter of an ounce of greate Valerian, a handfull of Sorrell, and an ounce of the Rootes of Butter-burre, (other-

ot herwiſe called Peſtilent-wort) and boyle them in fayre Running Water, from a quart to a pint, and ſtraine it and put thereto ij ſpoonefulls of Vinegar, and ij ounces of fine Suger, and then boyle them againe, and then let the party grieued drinke a good draught thereof as hot as poſſibly he may abide it, and if he hap to caſt it vp againe, then let him drinke the like draught immediately vpon it, and prouoake himſelfe to ſweate.

CHAP. 660.

¶ A ſpeciall good preſeruatiue againſt the Plague.

TAke an Eg, and make a hole in the top of it, then take out both the Yolke and White, and fill the ſhell with the waight of ij French Crownes of Engliſh Saffron, & then roaſt the Shell and Saffron togither in the Embers of Charcoles, vntill the ſhell wax yellow, then beate them togither in a morter with halfe a ſpoonefull of Muſtard-ſeed, and as ſoone as any ſuſpition is had of infection, diſſolue the waight of a French crowne in 10. ſpoonefulls of Poſſet-ale, and drinke it luke warme and ſweate vpon it in naked bed.

CHAP. 661.

¶ Another for the ſame.

TAke a handfull of Herbe-grace (otherwiſe called Rue) a handfull of Elder leaues, a handfull of Red Sage, and a handfull of Red Bramble leaues, and ſtampe them well togither, and ſtraine them through a fine cloth, with a quart of White wine, then take a good quantity of Caſe Ginger and mingle it well with them and drinke a good draught thereof both Morning and Euening, for the ſpace of 9. daies togither and by Gods grace it will preſerue you.

CHAP. 662.

¶ Another for the ſame.

TAke a good quantity of Garlike, and pill it, and mince it ſmall, and put it in new milke, and eate it euery

Morning faſting. This hath beene truely proued.

CHAP. 663.

¶ An other for the ſame.

TAke ij. Figges, ij. Walnuts, 20. Leaues of Rue, and a dram of Salt and ſtampe them all very well together, and eate them faſting, and it will preſerue you all the day after: as well againſt the Plague, as alſo againſt any other poyſon.

CHAP. 664.

¶ Another for the ſame.

TAke Alloes Hepatica, pure Cinamon and Mirh of each of them three drams of Cloues, Mace, wood of Alloes, (commonly call Lignum Alloes) Maſticke and Bole Oriental, of each of them an ounce, mix them together and make them into a fine powder, and drinke the ſame faſting euery Morning either in whit Wine delayed with water, or elſe with Ale, (but if it be with Wine, mingle it with a little water, but mingle nothing with the Ale, and by Gods helpe this will preſerue you.

CHAP. 665.

¶ Another good preſeruatiue vſed by Methridates.

TAke Figges which are not worme-eaten and waſh them cleane, and of the kernels of Walnuts cleane picked, of each of them an 100. the waight of foure pence of Salt, and of the leaues of Hearb Grace the waight of ij. ℈. Then take the Figs and the kernels of the Walnuts, and cut them in pieces, and ſtamp them well, and then put the Leaues vnto them, and ſtir them very well together, & then ſtraine the Salt with the reſt, and ſtir it vntill it be incorporated, and made of one ſubſtance, then put it into ſome Earthen pot or Gallipot, wherein it may be kept both ſweet and cleane, and when occaſion ſerueth for vſe thereof: take the quantitie of 2. or 3. Figs thereof, and eate it euery morning faſting, and by Gods helpe it will preſerue you. If you giue it to young children, the one halfe will ſerue.

CHAP. 666.

CHAP. 666.

¶ Another for the ſame.

¶ An excellent good Medicine againſt the Plague.

TAke an oz. of the leaues of Hearb-grace, halfe an oz. of good Figs, an oz. of Iuniper-berries, 2. ounces of VValnuts cleane picked, 4. ounces of Wine Vinegar, and a good quantity of Saffron, and ſtampe them alltogether, and then put them into a glaſſe or Earthen pot, that is cleane, and ſtop it cloſe that no ayre may iſſue forth of it, and when you haue occaſion to vſe it, then take it out either vpon a knifes point (or ſome other inſtrument fit for that purpoſe) the quantity of a Beane or ſomewhat more, and eat the ſame in the morning faſting and by Gods helpe you ſhall be ſure not to bee infected with the Plague, for the ſpace of 24. houres, after the taking thereof, and it will doe the Patient exceeding much good.

CHAP. 667.

¶ A ſouereigne Drinke if it bee taken in time to preſerue one againſt the Plague or Peſtilence.

TAke the quantity of a dram and an halfe of Powder Imperiall, a dram of Triacle and of Dragon VVater, and Sorrell water, of each of them an oz. and drinke it with Ale in the Morning faſting, (and if one haue taken the infection within 24. houres before, yet by Gods grace he ſhall eſcape it. Vhis hath beene truely proued in the laſt great viſitation and hath done much good.

CHAP. 668.

¶ Another for the ſame.

TAke Hearbegrace, Sage of vertue, red Bramble Leaues, and Elder leaues, of each of them a good handfull, ſtamp them altogether and ſtraine them through a fine linnen cloth with a quart of the beſt old white VVine that may be gotten and put therein 3. penyworth of pure good Ginger finely beaten to powder, and let any one (fearing or miſdoubting the Plague) drinke euery Morning faſting a good ſpoonfull of it, and let him or her vſe it for the ſpace of 10. or 12.

dayes

dayes together and it will do (by Gods grace) exceeding much good, for this hath bin holden an excellent good preſernatiue againſt the infection of the Plague.

CHAP. 696.

¶ Another good preſeruatiue againſt the Plague or Peſtilence.

TAke Scabious and Moroſis Diaboli, of each of them ſuch a quantity as to your owne iudgement ſhall bee thought meet, ſtampe them very well and then ſtraine them and then take the iuyce of them, and ſet it vpon the fire, and then you ſhall perceiue a greene curde to ariſe vpon the top of it, but ſcumme that off as cleane as you can, then take the cleare liquor and put into it three quarters of a pound of the fineſt white Suger that may be had, and ſo let it ſeeth vntil the one halfe of the liquor be conſumed, then take it off, and ſo keepe it ſafe and when occaſion ſerueth let the party take the quantity of 3. ſpoonefulls thereof at a time, both Morning and Euening (luke warme) and this wil preſerue one greatly. Probatum eſt.

CHAP. 670.

¶ Another for the ſame.

TAke Butter-milke and eat thereof euery day during the time of ſickneſs, and it will doe you much good.

CHAP. 671.

¶ An other for the ſame.

TAke 5. ſpoonefulls of Wine Vinegar 3. ſpoonefulls of faire Running water, di. a ſpoonefull of Triacle of Iene and of Bole Armoniacke, as much as a ſmall Nut (it being beaten to ſmall powder) and drinke it euery Morning and Euening. Proued by M. K. of An.

CHAP. 672.

¶ Another for the ſame.

TAke 7. or 8. leaues of Sorrell, and waſh them in faire Water and Vinegar, and ſteepe them in the ſaid Water, and

and Vinegar a good while and eat them faſting.

CHAP. 673.

¶ Another for the ſame.

TAke the fineſt and pureſt Alloes that may be gotten, and oof Cinamon and Mirh, of each of them the waight of 3. French Crownes (or the waight of 2. ℔. in ſiluer) and of Lignum Aloes, Cloues, Mace, Maſticke & Bole Orientall, of each of them di. an oz. mingle them together, and beate them into fine powder: then take the waight of iiij. ℈ thereof, and delay it into white Wine and faire Water, and ſo drinke it euery Morning faſting.

CHAP. 674.

¶ An excellent good Drinke to be taken euery morning for a preſeruatiue againſt the Plague.

TAke a good handfull of VVinter Sanery, and boyle it in a quart of good Wine Vinegar, with a ſpoonefull of Greines (being beaten and put into it:) and put thereto a good quantity of fine Suger, and take a good draught thereof euery morning faſting. Alſo if you muſt of neceſſity come into any place where any infectious perſons are, then it is good for you to ſmell to the Root of Angelica, Gentian, or Valerian, and to chew any of theſe in your mouth, and you ſhall find much vertue in them. Probatum eſt.

CHAP. 675.

¶ A marſellous good Medicine for the Plague.

TAke 3. or 4. ſlips of Hearbe grace, and 6. ſpoonefulls of Vinegar, and beate them both together in a Morter, then ſtraine out the iuyce of it cleane, and put thereto an oz. of pure Triacle, and an oz. of fine Suger, and ſet it on the fire, and ſtir it well together, and make thereof a Sirop, and then put it into a cloſe Bar, and when you will vſe it, take a Sage leafe and ſpread as much as a Beane of the ſame

vpon the leafe, and ſo eate it euery Morning, and Euening, and it will doe you much good. Alſo if any one bee infected and vſe this often, it will quite expell the Plague from his heart: but if he be not infected, it will preſerue him with in the ſpace of 24. houres after the receipt thereof.

CHAP. 676.

¶ Another for the ſame.

TAke euery morning faſting, a dry Fig, a VValnut, and 4. or 5. leaues of Hearb Grace, and chop them altogether very ſmall and eat them, and afterwards drinke a good draught of White or Claret VVine. But if it be a woman with Child leaue out the Hearb-grace.

CHAP. 677.

¶ Another for the ſame.

TAke a pinte of Hunny, a quarter of a li. of Bole Armoniacke, and as much Sanguis Dragonis, and as much of Terra ſigillata, halfe an oz. of Cloues, and a pinte of Aquavitæ, and ſeeth them all together, vntill they bee all as thicke as pap, & when you will vſe it, take the quantity of a ſpoonefull thereof firſt and laſt, but take heed that you do neither walke nor drinke for the ſpace of an houre after the taking thereof and this will doe you maruellous much good.

CHAP. 678.

¶ A good preſeruatiue for a VVoman with Child, or ſuch as are delicate or tender, that cannot away with taking of Medicines.

TAke a toſt of white Wheaten Bread, & ſprinkle thereon a little powder of Cinamon, and eat it if the Morning faſting. But if Cinamon or Vinegar be not to be had: then you may eat Bread and Butter alone, for Butter is not onely a preſeruatiue againſt the Plague: but alſo againſt all other venom and poyſons.

CHAP. 679.

CHAP. 680.

¶ An excellent good Medicine to be drunk ſuſpecting your ſelfe to be infected.

TAke a great Onion and take with the Core, then fill it full againe with Triacle of Iene, and wrap the ſame in a peece of paper, and roaſt it vntill it be ſoft, and then ſtraine it with a little White Wine Vinegar, and temper it with a pretty quantity of Sugar, and giue the patient iij. ſpoonefulls thereof to drinke faſting. ¶ if he be infected with the plague it will be perceiued within 6. houres after the receipt of the ſame drinke.

CHAP. 681.

¶ An other good preſeruatiue againſt the Plague.

TAke Rootes of Bayes, May-weede (both leaues and rootes) of each of them a like quantitie, a good quantity of Triacles of Iene, and a ſmale quantity of Dragon Rootes and Leaues, and mingle them well together with Ale, and make a Poſſet thereof, and ſo vſe to drinke dayly thereof, and you ſhall find great comfort thereby.

CHAP. 682.

¶ Another preſeruatiue againſt the Plague.

TAke a Fig, and put therein a litle Hearb Grace bruſed, and mingled with a little Bay Sale beaten ſmale, and the Kernell of a walnut cleane picked, and let the patient vſe euery Morning to eate 3. or 4. of theſe Figs thus ordred faſting, and let him drinke a good draught of Wine or Beare afterwards, and then walke an houre after it, before he eate any meate, and ſo by vſing of this euery Morning as aforeſaid, by Gods helpe he ſhall be ſafe from any infection.

CHAP. 683.

¶ Another for the ſame purpoſe.

TAke Wormwood & Rue, of each of thē a handful, & bruſe them a little, and put them into an Earthen or pewter

pot, with as much white Wine Vinegar as will coner the hearbes, and keepe it cloſe ſtopt, and when you feare any infection, dip a little piece of a ſpunge into the Vinegar, and then put it either into a round ball made of Iuory or Iuniper with little holes on the top or elſe the Rinde of a Lemmon, (being opened on the top, and all the ſubſtance taken forth) and carry it in your hand as you go in the ſtréets, and ſo vſe to ſmell often vnto it, and this will preſerue you greatly.

CHAP. 684.

¶ Another excellent good preſeruatiue againſt the Plague.

TAke halfe an hundred of Greene Walnuts, (being new taken off, as they hang greene on the Trée) a li. of the inner Barke of an Aſh-tree, and of Pettymorell, Houſleeke, Scabious, and Veruaine, of each of them a handfull and halfe an or. of Saffron, and mince them altogether, and put a pottle of the ſtrongeſt Vinegar to them that may be gotten, and boyle them ouer the fire in a pot cloſe ſtopt, and afterwards diſtill them in a Lymbeck: then take the ſame water, and keepe it in a Glaſſe, and when occaſion ſerueth for vſe thereof, drinke 4. or 5. ounces thereof at a time, and ſo vſe to take it 4. times in 24. houres ſpace, and when you doe take it, be ſure to be in your naked bed, and prouoke your body to ſweate, and in ſo doing you ſhall ſuſtaine great comfort both to heart and body. Probatum eſt.

CHAP. 685.

¶ Another good preſeruatiue for the ſame purpoſe.

TAke tenne graines of powder of Saffron twenty Greines of the Kernels of Wallnuts cleane picked two or three Greines of Figges, three Greines of Metridatum, one oz. of Pimpernell Water, and fiue Sage leaues: ſtampe all theſe

theſe together, and put it into a cloſe glaſſe, and eate thereof euery morning faſting the quantity of 12. Graines, and this by Gods helpe will preſerue you.

CHAP. 686.

¶ Another for the ſame.

TAke a good quantity of Rue, otherwiſe called Hearbgrace) or VVormewood (or both if you pleaſe) and put it into a pot of vſuall drinke, and let it ſteepe for the ſpace of a whole night, cloſe ſtopped, and drinke thereof in the morning faſting, and by often vſing of it, it will both purge the blood and preſerue you from the diſeaſe: Alſo if you take 7. or 8. Berries of Iuniper dryed and made into fine powder and put the ſame into your drinke, wherein the Rue and VVormewood hath bin ſteeped as aforeſaid, it will be much the better, and of a farre greater vertue: but if you cannot get any Iuniper Berries then take a little powder of VVormwood, and powder of Valerian, and vſe it in your drinke as aforeſaid.

CHAP. 687.

¶ Another for the ſame.

TAke powder of Turmentill the waight of ℔j. ß. either in Water of Scabious or in Sorrell water in the Summer, but if it bee in the Winter: then take it with Water of Valerian, (if it may bee gotten) or elſe with ſome other ordinary drinke, and it will doe you exceeding much good: Likewiſe a piece of *Arras* Roote, kept in your mouth, as you walke in the ſtreets, is maruellous good and Cordiall.

CHAP. 688.

¶ Another for the ſame.

TAke Rue, Mandragories, Fetherfew, Burnet and Sorrell, of each of them halfe a handfull, and a good quantity of

crops and rootes of Dragons, wash them all very cleane and seeth them on a soft fire in faire running Water, from a pottle to a quart: then straine them through a fine linnen cloth, and if it be bitter, put thereto as much Suger Candie, as wil make it sweet or else some other fine Sugar, and if this Medicine be ministred before the purples doe arise it will help, but it must be taken every morning fasting.

CHAP. 689.

¶ An exceeding good Medicine to be taken against the Plague.

TAke an oz. of the leaues of Hearbe Grace halfe an oz. of good figges, an oz. of Iuniper Berries, 15. ounces of Walnuts cleane picked, 4. ounces of Wine Vinegar, and a good quantity of Saffron, and stampe them altogether, and put them into an Earthen pot or Glasse, and stop it close that no ayre may issue out, then take some of it forth upon a knives point, or else with some other instrument (to the quantitie of a Beane or more) and eate it in the morning Fasting, and by Gods grace, it will preserue you from infection for 24. houres after the taking of it.

CHAP. 690.

¶ Another for the same.

TAke Betony water, and white Wine Vinegar, of each of them 3. spoonefulls, and the quantity of a Nutmeg of Triacle of Iene, or else the quantitie of a hasle Nut of Metridatum, and mingle them altogether, and let the sicke person take it in the beginning of his sicknes, and this will doe him exceeding much good.

CHAP. 691.

¶ An other for the same.

TAke Hearb Grace, Southernwood, Mugwoort, and Wormwood, of each of them a handful, & 3. or 4. handfulls of Iuniper Berries which are blacke, and then cut and shred

ſhred the hearbes very ſmall, and put them into an Earthen pot or pipkin, & put to them a gallon of white Wine Vinegar and let them ſoke there for the ſpace of 7 nights, (if they bee dry, but if they be greene, then let them not ſoke aboue 14. houres) then take a handfull or ij. of the ſame hearbs, forth and put them into a Still, and then put therein a quart of the ſame Vinegar, and ſo diſtill them with a ſoft fire, (for ouermuch fire will waſt it,) and when it is diſtilled put as much more as afore ſaid into the Still, and ſo doe vntill you haue diſtilled all, that being done, put it into a pipkin or earthen veſſel againe, and then put therein as many of the ſame hearbes freſh now as you did before, and then let them ſoke for the ſpace of 7. or 8. dayes and nights more, and then diſtill them againe (as you did before) and ſo vſe the hearbs & Berries, the third time againe as you did twice before: and then put into the pipkin 4. ounces of pure and good Methridatum, amongſt the hearbes, or if it cannot bee had, take 6 or 7 ounces of good Triacle, and put therein: and when it is well diſtilled, put it into a double glaſſe, and ſtop it cloſe and bind a piece of cleane leather about the top of it, and ſo keepe it cloſe and when occaſion ſerueth for vſe therof, and that you perceiue any one to bee infected with the Plague, then giue him that is grieued 4. ounces thereof at a time, but if it be a woman, giue her not aboue ij ounces, and to a child according to the age, & as the child is able to beare it, and let him or her that ſo taketh it, ſweat vpon it for the ſpace of 3. or 4. houres after the taking thereof if the patient be able ſo indure it let him ſweat longer, and let ſomebody ſtand alwaies by the ſicke perſon to dry the ſweate from his face, leaſt that by putting of his or her hands, out of the bed, cold be taken and more danger of death enſue thereby, and without all doubt, by Gods helpe, this will yéld him comfort and helpe in a ſhort ſpace. This is a maruellous good Medicine and hath béene often times of late experienced: This is alſo good againſt a Leproſie being much vſed as afore ſaid.

CHAP. 692.

CHAP. 692.

¶ An excellent good drinke generally to bee vſed for all ſorts of people that are infected with the Plague, and to be made with ſmall coſt.

TAke Burrage, Burnet, and Marigoldes (which are of a browne colour) of each of them a good handfull: then take 9. or 10. ſtrops of the youngeſt Roſemarie, and boyle all theſe together in a quart of ſtale Ale clarified: then put therein a little whole Mace, and a pretty quantity of fine Suger, and a cruſt of White or Wheaten Bread, and let the ſicke perſon drinke of this during all the time of his or her ſickneſſe, and this will bee moſt comfortable and good.

Alſo vſe to put pimpernell in the ſicke perſons broth, that you doe commonly make for him either to ſup or eate, and it will be the better.

CHAP. 693.

¶ An other good Drinke to bee vſed to thoſe that are infected with the plague.

TAke Berries of Iuy (that are ripe) and dry them in the ſhaddow: and then ſtampe them to powder: then take di. a dram of the ſame powder and temper it well with 2 ounces of Plantine Water, and when the ſicke perſon is deſirous to drinke, let him take a good draught thereof: and let him remaine in his bed and ſweat as much and as often as he can, after he hath taken it, then warme a cleane ſhirt for him and put it on, (and if his ſhirts may be ſhifted often, it will be the better after his ſweating) and likewiſe his ſheetes and clothes, and in vſing of this for the ſpace of 3. dayes together, he will either dye or mend without all doubt (by Gods helpe. This hath beene truely proued.

CHAP. 694.

CHAP. 694.

¶ An other precious drinke for one infected with the plague,

TAke Fetherfew, Matfellen, Mugwoort, Solſequi, Scabious, and Mallowes, of each of them a like quantity, waſh them cleane, and ſtampe them, and temper them well with ſtale Ale, and giue it the ſicke perſon to drinke, (the quantity of 6. ſpoonefulls thereof at a time) and if it bee taken in time, it will both deſtroy the corruption: and alſo keep the ſick perſon from all danger of death. Prob. eſt.

CHAP. 695.

¶ Another for the ſame.

TAke a good quantity of Scabious water, and Betony water, and mingle them together with a good quantity of Triacle of Ieane, and giue it the patient to drinke immediately after that hee ſuſpecteth himſelfe to bee infected. And if it happen that the ſicke perſon find himſelfe greatly grieued, and that he begin in any place to grow ſore, then take Elder-leaues, Red Bramble leaues, and Muſterd ſeede, and ſtampe them altogether, and make a plaiſter thereof, and lay the ſame to the ſore, and this will both draw and heale.

CHAP. 696.

¶ An other good drinke to bee made and vſed for the ſame purpoſe or otherwiſe. &c.

TAke 3 ounces of Aqua vitæ, & an oz. and an halfe of Roſe-water, and put 3. drams of perfect good Cinamon, and a dram of Yellow Saunders to ſteepe therein, and when it is well ſteeped, then ſtraine it through a hayre ſtrainer, & ſweeten it well with conſerues of Roſes, and when occaſion ſerueth for vſe thereof, take the quantity

of an oz. thereof at a time and giue it the sicke person in the morning fasting, or else make a toste of fine Manchet, or wheaten bread, and soke the toste therein, and it will do him much good.

CHAP. 697.

¶ Another good drinke to be vsed in the time of Visitation.

TAke 5. spoonefulls of Dragon water, 3. spoonefulls of the strongest white Wine Vinegar that may be gotten ℥ j. a spoonefull of Triacle of Iene, a quarter of a spoonefull of Bole Armoniacke, beaten into fine powder, and as much or somwhat more of the roote of Setwall of Venice likewise beaten to powder, and when any one is infected (or else not) and when he taketh it, let him fast from both meat and drinke for the space of 12. houres after, vnlesse he thinke good to take of the same drinke againe, and he shall receiue great comfort thereby. But if you can get any powder Imperiall, put in a like quantity as of the rest and it will be the better, this must be taken alwayes blood warme, and as often as you shall thinke conuenient your selfe.

CHAP. 698.

¶ Another for the same.

TAke an Onion and make a hole in it and take out the inner Core, then take Dragon water, Triacle and Pepper, (bruised) and put them altogether into the Onion, and roast them in the embers, and then bruise it and straine it with pure Malmsie, and giue it the patient to drinke. This is a present remedy if it bee taken before the heart bee infected. Prob. est.

CHAP. 699.

¶ A good Medicine to prouoke sleepe to the sicke person.

TAke a good quantity of Womans brest Milke, and put there to a like quantity of Aquavitæ, stirre them well togither

togither, and moiſten the temples of the head of the patient, and the noſthyrills well therewith, and let it be laid on with ſome feather, or with ſome fine linnen cloth, and this will doe much good. Probatum eſt.

CHAP. 700.

¶ A Maruelous good drinke for them that are infected with the Plague or Peſtilence.

TAke ij. handfulls of Sorrell, a handfull of Violet leaues, and a bunch of ſower Grapes, and beate all theſe togither, (ſtalkes and all) then ſtraine them with Buttermilke, and make a poſſet of the ſame, and let the ſicke perſon drink as much thereof as you ſhall thinke good.

CHAP. 701.

¶ Another good drinke for the ſame purpoſe.

TAke Leafe Gold and mingle it with the iuice of Lemmons, and a little Sugar candie, Cloues, Mace, and a little quantitie of Liquorice finely pared, and ſliced, and let all theſe be ſteeped in White wine, or elſe in good Claret wine, and put therein a good quantity of the powder of Angellica, or elſe of the Decoction of the ſame rote, and let the partye grieued drinke this warme, and it will do him maruelous much good. Probatum eſt.

CHAP. 702.

¶ Another excellent good drinke for the ſicke perſon.

TAke Cardus Benedictus, Red Sage, Hearb grace, Elder leaues, and Red Bramble leaues, of each of them a like quantitie, and ſtamp them, altogether in a Mozter, and ſtraine them through a fine linnen cloth, with a quart of White wine, and let the ſicke perſon drinke 5. or 6. ſpoonefulls euery day, but if it be taken, and vſed often before infection it will preſerue one from the Plague a long ſpace after. Prob. eſt.

CHAP. 703.

¶ A ſoueraigne Drinke for any infected perſon.

TAke a peece of fine Gold or the leaues of pure beate Gold, and put it into the iuice of Lemmons, and let it ſi

therein for the space of 24. houres, then take the same iuice and put to it a little powder of Angellica Roots, and then mingle them with white Wine, and let the patient drinke a good draught thereof.

This is a most precious drink, and it is greatly to be wondred at what helpe and remedy some that haue vsed this drinke haue had thereby, although it hath beene supposed by many learned Phisitions that the sicke persons were past all hope of remedy: yet by Gods helpe they haue recouered againe.

CHAP. 704.

¶ Another good drinke to bee taken either before or after infection.

TAke Betony water, and Scabious water, of each of them a good quantity and a good quantity of fine Triacle, and temper them well together, and let the patient drinke it, and it wil expell the venom or poyson cleane forth. Prob. est.

CHAP. 705.

¶ Another good Drinke for one beeing infected.

TAke Cardus benedictus and distill it, and Centorie, and distill it likewise, and mingle the two waters together, and let the sicke person drinke a good draught thereof with Triacle, and it will doe him maruellous much good.

CHAP. 706.

¶ An excellent good drinke for the Plague if it be taken in time.

TAke a dram of Methridatum, and giue it the patient with Dragon water, White Wine, or other liquor, to drinke when hee supposeth himselfe infected first.

CHAP.707.

¶ An excellent good Medicine to ripen and bring forth the ſore.

TAke a white Onion, and cut it in peices and 3. ounces of Butter that is cleane without ſalt, and the waight of 20. d. of Leauen, and a little Otemeale ſmall beaten, then boyle theſe together with a little new Milke, or elſe Water, and make a poulteſſe there of and lay it very warme to the ſore, and it will ripen it. Probatum eſt.

CHAP. 708.

¶ Another for the ſame.

YF the botch happen to appeare, then take a good quantity of Elder leaues, Red Bramble leaues, and Muſtard-ſeede, and ſtampe them well together and make a plaiſter thereof and apply it to the ſore, and it will draw forth all the venom and corruption.

CHAP. 709.

¶ Another for the ſame.

TAke a handfull of Smalledge, or Louage, if you can get it, and 2. handfulls of Valerian, and 2. or 3. rootes of Dane-wort, and ſeeth them all in faire running Water, and freſh Butter, and put thereto a few cruus of wheaten Bread, and make a poulteſſe thereof and lay it warme to the ſore, and ſo let it remaine there vntill it breake.

CHAP. 710.

¶ Another experienced Medicine for the Plague.

TAke a Cocke, a Chicken, or a Pullet, and pull all the Feathers cleane of the tayle, ſo that the Rumpe may be bare, and then hold the Rumpe or bare place to the ſore and immediately you ſhall ſee the Cocke Chicken or Pullet

gape, and labour for life, and in the end it will dye: Then take another Cocke, Chicken, or Pullet againe and doe the like, and if the ſame die likewiſe, then take another, and ſo doe as aforeſaid, and let the party grieued be applyed therewith as aforeſaid, as long as any of them do die.

CHAP. 711.

¶ Another excellent good plaiſter to draw the ſore.

TAke Camamill flowers and Mallow leaues of each of them an handfull, and cut the Mallow leaues and the Camamill Flowers very ſmall and boile them in faire running Water, (but let the water be more then an inch above the hearbes) and let them boyle vntill the water be almoſt conſumed: Then put therein ij. oz. of Lynſeede, beaten to fine powder, ij. an handfull of Wheaten Flower ij. oz. of Oyle of Roſes, and 3. or 4 oz. of Swines Greaſe, (the ſcum being taken away) and temper them well together, and then ſet them ouer a ſoft fire, without any ſmoke, and ſtir them very well with a ſticke, and ſo let them boile altogether, vntill you perceiue the water be quite conſumed: Then take them of the fire and beate them well together. in a morter, vntill you ſee them well incorporated together, and in feeling to be ſmooth and not rough: Then take a parſell thereof and heat it either in a porrenger, or elſe in ſome Earthen diſh vpon a chafing diſh of coales, and then ſpread it thick vpon a fine linnen cloth, or cloe vpon a peece of leather, and ſo apply it to the ſore, and this will draw it according to your owne deſire. Probatum eſt.

CHAP. 712.

¶ An other for the ſame.

TAke a new loafe of Bread, and lay it to the ſore as hot as it may poſſibly be ſuffred, (as it commeth forth of the Ouen) and afterwards let it be burnt, (or elſe dryed in the Earth) or elſe take leaues of Scabious or Sorrell roaſted, or

elſe

elſe 2 oz 3 Lilly rootes roaſted vnder the embers & applyed to the ſoze, all theſe are good to ripen the ſoze.

CHAP. 713.

¶ A very good Plaiſter to draw the plague ſore to a head, and to breake it.

TAke ij handfulls of Mallowes, j handfull of Linſeede, a handfull of ſowze Dow, and 2 oz 3 Lilly rootes and ſtamp all theſe together very ſmall, and boyle them in a quart of Wine Lies, vntill it be thicke, then lay it an inch thicke oz moze vpon a piece of Leather that is ſomwhat broader then the ſoze, and let the bozders of the Leather be plaiſtred with ſhoomakers ware, and that will cauſe it to cleaue faſt, and this will bzing fozth the the boch, and breake in in a very ſhozt ſpace. This hath beene truely proued.

CHAP. 714.

¶ Another Plaiſter to draw the ſore.

TAke a ſpoonefull of Hunny, 2 oz 3 ſpoonfulls of the iuyce of Spurge, a ſpoonefull of Turpentine, & a good quantity of wheaten Flower, and temper them well together wi thout *any* fire, and make thereof a plaiſter, and lay it to the ſoze, and at the end of euery 14. houres renew the plaiſter, no this will dzaw it wonderfull much.

CHAP. 715.

¶ Another for the ſame.

TAke ij. handfulls of Scabious, and ſtampe it in a mozter, then temper it well with ij. oz. of Swines greaſe, that is alted, and the Yolke of an Egge, then ſtamps them altogether, and it will dzaw it exceeding well.

CHAP. 716.

Pluriſies.

CHAP. 706.

¶ An experienced medicine for a Pluriſie.

TAke Brooke Lime, Sheepes Suet, and a little faire Water, and fry them together in a frying pan, and make a plaiſter thereof and lay it to the ſide of the patient, and it will draw forth all the corruption. This hath bin truely proued.

CHAP. 707.

¶ Another good Medicine for a Pluriſie or ſtitch in the ſide.

TAke Aquavitæ and Capons greaſe, of each of them a pretty quantity, and boyle them together: Then take a little Blacke Wool, and dip it therein, and lay it as hot as it may bee ſuffered to the ſtomacke of the party grieued, and it will eaſe him very ſpeedily. Probatum eſt.

French

French Poxe.

FORASMVCH (Gentle Reader, or practitioner of this Art) many thinges might heere be intreated off, concerning the diſeaſe called the Poxe: But mine intent is not to meddle or deale any further therein, then of that little knowledge and experience, which I haue had mine owne ſelfe in the curing of the ſame diſeaſe: But it is well to be conſidered that there be diuers and ſundry kinds of Pox, (as the Swine Pox, ſmall Poxe, &c. Which are vſuall amongſt young people:) and the French Pox, moſt dangerous of all, which commeth diuers and ſundry wayes. As by drinking and keeping of bad company, both men and women, in hauing carnall copulation with thoſe that are infected with this filthy diſeaſe, alſo in eating, drinking and keeping of company with thoſe that are infected therewith. And alſo it is taken by diuers & ſundry other meanes and wayes which heere it would be too tedious to be ſpoken of. But yet neuertheles, according to thar little knowledge and experience that I haue in the curing of this diſeaſe, I haue heere ſet downe the Medicines themſelues, as briefely as I can, with the intent that the vnskilfull may the more eaſier learne to cure this diſeaſe, (which now remaineth too common in this age) which by meanes thereof many people are diſſigured in the face, imperfect in their ſpeech, lame in their limbes and ioynts, full of paine and aches in their bones, beſides many other corrupt humors in their bodies.

And many are vtterly diſmembred and ſpoyled in diuers other parts of their bodies, and many doe looſe their liues thereby for want of helpe in due time: therefore let thoſe that are skilfull inſtruct the vn-skilfull, and let euery man or woman indeauour themſelues to learne and find out all ſuch things as are & may be for the preſeruation of health, which is the onely Iewell that a man hath in this life; for which purpoſe as I ſaid before, I haue gathered together (as out of many gardens, woods and fields) and heere ſet downe in this Booke or Storehouſe (as it may bee rightly termed) a great number of experienced Medicines, for moſt part of all diſeaſes incident to mans body: And now (God willing) I heere intend to intreat ſomwhat of diuers ſorts of the Pox, as briefely as I can or may, in manner and forme as heereafter followeth: but firſt of all I will begin with the French Pox, which is the moſt needfulleſt of all to be touched or ſpoken of.

French Pox.

CHAP. 718.

¶ The maner how to cure the French Pox, if it be rightly obſerued.

FIrſt of all it is to be vnderſtood, that the ſicke perſon muſt be kept in a Chamber, (wherein neither wind nor ayre may come in to hurt him) where a fire muſt be continually kept or elſe hee muſt be kept in a Stew which ſhall not need alwaies to be kept hot, but it muſt bee ſo cloſe and ſo prouided that no ayre may blow vppon him during the time

time of the continuance of his cure: And likewiſe great care muſt bee had, that he take not colde, for either of both will hurt the ſicke perſon very much. Therefore if the ſicke perſon be to be cured in winter, or in the Autume, hee muſt be ſure to haue fire in his Chamber euery morning early (eſpecially before day, for then the colde is moſt feruent) Alſo the clefts of the windowes, and chinks in the walls muſt be cloſe ſtopped with morter or other things. And the chamber dore (wherein he is ſo kept) muſt be cloſe ſtopped, and couered ouer with a couerlet or carpet, whereby no cold may iſſue in at the creuiſſes or chinks of the ſame. And when hee is thus ordred his meat muſt be diminiſhed by little and little, firſt the fourth part of that which he was wont to eate, and then the third part, and ſhortly after the one di. whereby he may vſe himſelfe to ſuffer hunger as much as may be. And his Wine if he doe drinke any, muſt be mingled with faire water: Then he muſt haue ſuch a purgation miniſtred vnto him, as ſhall bee thought conuenient to take away the matter or cauſe which nouriſheth the diſeaſe or els ſuch a one as will cleanſe the belly perfectly. That being done, the cure may begin in this manner and doubtles to bee brought to good perfection, if it be orderly done as it ought to be.

CHAP. 719.

¶ An excellent Medicine for the curing of the French Pox.

TAke l'j. of a kind of wood that is called Guaycum, and beat it into powder, or elſe get it turnd at the Turners, and made into ſhauings and ſet to ſoke in the quantity of 8. l'j. of faire running Water, (but if that your Guaicum be beaten to duſt in a Morter it will bee the better, and it will be the better ſoked, and brought better to worke in perfection, by reaſon that then all the ſubſtance of it will ſoke out of it (and let it ſoke in the ſaid water, for the ſpace of a day and a night. Then take it and ſeeth it in a

new earthen pot (that is well glazed within) vpon a ſoft fire, of charcoles, and ſo let it ſeeth for the ſpace of 6. or 7. houres, or vntill ſuch time as the one ℔. of the liquor be conſumed, and let there be great heed and care taken, that it runne not ouer into the fire, by ouermuch heat, for that which ouerfloweth taketh much of the ſubſtance or vertue from the reſt, and therefore it muſt not be boiled in any flame, but with a moderate fire made with a few coles, and let not your pot be filled vp to the top by the third part. And when it is very well ſodden, ſcum it cleane, and kéepe that which is ſcummed of, and anoint the ſides therewith, and it will both dry them vp, and cure them, and for the liquor it ſelfe, let it be ſtrained and put into a glaſſe, and then put to the ſame grounds againe to the quantitie of 8 l'ſ. of faire water more, and ſeeth it againe (as before) and when it is well ſodden, ſtraine it and put it into a glaſſe as you did the other before: And ſo giue of this laſt water to the ſicke perſon to drinke continually with his meate, and the firſt liquor muſt be taken by the ſicke perſon euery day in this manner: (Viz) in the morning at 5. of the clocke, or thereabouts he muſt take the quantitie of a cupful milke warme, and againe at 7. of the clocke at night: And after he hath taken this Medicine let him reſt himſelfe for the ſpace of 4. houres after it: And for the firſt 2. houres, let him be cloſe couered, that by help of the heate the Medicine may the better be digeſted & diſperſed into all parts of his body: and the patient may ſweat vpon it, (which if he doe it will be the better and if he be cloſe couered with clothes, an houre before he take the Medicine it will be much the better) becauſe he may be hot, when he taketh it). But in any wiſe let him not ariſe out of his bed, for the ſpace of 5. houres after he hath taken his cup of drinke, and let him take his meate about the none time of the day, and not before, and then as little as may be, inſomuch as this Medicine requireth an empty ſtomacke, and if euer he will be made perfect ſound,

he

he muſt be dyeted and kept in this ſort, for the ſpace of 30. dayes together, and after ſuch time as he ſuppoſeth himſelfe to be well he ought to purge himſelfe againe.

But if his body be ſtrong and able to indure it, let him take a purgation the 15. day after the beginning of his cure, for this reaſon as Alexander Aphroditius affirmeth, that thoſe that are kept hungry & receiue not their meat as they were accuſtomed to doe, fall away and doe gather a certaine ſharp matter, and egar, ſo that of neceſſity (he ſaith) ſuch filthines muſt be auoyded, whereby the body of the ſick perſon may bee kept empty: but this medicine before mentioned muſt not be miniſtred, in the ſame morning that hee taketh the purgation but at night let him take it againe: & afterwards he may eat more largely then he did before: Moreouer vppon the 30. day hee may take the like purgation againe, and afterwards increaſe his dyet by little and little, vntill hee come to his accuſtomed dyet againe. But certainly the more hunger the ſick perſon abideth, during the time of his cure the more perfecter and quicklier hee ſhall bee cured: and although his deſire of eating grow daily more and more: yet he muſt remember to abſtain from meat as much as he poſſibly can comforting himſelfe with the aſſurance of health if he do. And forasmuch alſo as the body which is waſted and emptied, not onely with hunger but alſo with ſweat, and being a long time, as a dead body through the griefe and vehemency of this diſeaſe, will in a ſhort time come to good appetite againe.

Moreouer it is further to bee conſidered, that after he is cured of this malady, it is not neceſſary that he goe into any open ayre preſently: but what hee doth muſt be by degrees, (Viz.) Firſt to goe from his owne chamber into an other, and ſo abroad into the houſe, and then to his neighbours houſe, ſo by little and little for a certaine ſpace.

But if he do well, he muſt not make any ſuddaine chaunge All which things heere before mentioned, if they bee duely

obſerued (as they ought to be, he ſhall be ſafe and ſound for euer after if he doe not miſ-gouerne himſelfe againe.

CHAP. 720.

¶ The manner of diet to be obſerued during the continuance of the cure of this diſeaſe.

THere are many things to be conſidered of, for ỹ ordring of a man, as touching his dyet whilſt hee is in this diſtreſſe: for ſome men are of opinion the beſt diet is to eat nothing but bread with a few Rayſons of the Sunne: Which bread muſt not be aboue 4. oz. waight, and it muſt be cleane without Salt, or other ſauce: Other ſome are of opinion, that it is beſt for the ſicke perſon to abſtaine from all manner of meat generally: except a little broth made of a Chicken to moiſten his bread withall, and the ſame not to be taken aboue once in a day: For it is not fit that he haue any thing towards night, but onely a few Rayſons of the Sunne, and an oz. of bread. I my ſelfe am of that opinion, that if he haue ỹ. a Chicken that is young and tender once a day, with his bread it is not amiſſe, or if the chicken be any thing grown, then a quarter of it is enough, but the Chicken muſt be ſodden in very cleane water, and neither ſalt nor ſauce muſt be vſed therewith but onely a little Suger. And hee muſt take hæde that during the time he is in cure, hee doe not ſo much as taſt of any ſalt, and he muſt haue White Bread made for that purpoſe, ſeaſoned with Suger, (which is beſt for him) Alſo if there be a little Burrage put into his broath, or elſe the leaues of Burrage, it wil be the better for him.

And for his drinke, there can be none better in mine opinion, the ſecond water or decoction of Guaicum, which is in the laſt chapter before rehearſed.

Likewiſe the patient (during all the time of his cure) muſt forbeare all buſines and put away all ſad cares & thoughts, for through them there may happen many impediments, for his cure) ſuch is the nature of that diſeaſe, and hee muſt

auoide

auoide all consultation and studies: So that hee may be free from all motions and workings, he must not be melancholly. And he must beware of anger and heauines of mind, if he haue any skill in musicke, it were not amisse to suffer him to practise the same, but not ouermuch, whereby he might somewhat driue away melancholliues, and mittigate the Cogitations of his thoughts.

If he be in a place where he may heere the noise of singers and minstrels, if he haue no skill in musicke himselfe, or where hee may giue himselfe to some sports, pastimes and musicke as aforesaid, and sometimes to delight himselfe with some merry talke or iestes, but in any wise to eschew the company of woemen, and let his head bee often rubbed with a warme cloth and combed with an Ivory Combe.

Lastly this complexion ought principally to be regarded, least that any thing should be ministred vnto him that is of a dry and hot complexion, as vnto him that is a cold and moist complexion, or the thinges that are of one quality, should bee ministred vnto such as bee both extreames, and thereby great harme might ensue to the sicke person, by the ouersight, or negligence thereof.

CHAP. 721.

¶ A good Medicine to kill the Pocke.

TAke a good quantity of Hemlocks and a good quantity of the Dregs of strong Ale, and a good quantity of Mutton Suet, and boyle them all very well together, and make a poltis thereof, and lay it to the place where the griefe is, and it will cure it, in a short space: but the party grieued must be sure to obserue the order and diet heere first before mentioned.

CHAP. 722.

¶ Another for the same.

TAke a good quantity of Camphire and lay it to the place where the sore is, & it will presently eat it cleane away.

CHAP. 723.

CHAP. 723.

¶ A maruellous good Water to be vſed for the French Pox,

TAke white Coporace, Roch Allom, Liquorice, and Hunny, of each of them a penniworth, or ſomewhat more, and of Sage, Roſemary and Woodbinde, of each of them a like quantity, and boyle them altogether in faire Running Water, and when they are well boyled, then ſtraine the water through a fine linnen cloth, and when occaſion ſerueth, let the diſeaſed perſon vſe it often, and the ſame will doe him exceeding much good.

CHAP. 724.

¶ An exceeding good Oyntment for the French Pox.

TAke a quarter of a l'j. of Hoggs greaſe vntryed, an oz. of Quickſiluer, and qualifie the Quickſiluer with faſting ſpittle, and then put vnto the Hoggs greaſe and Quickſiluer 4. or 5. ſpoonefulls of Vinegar that is both ſtrong and ſharp: and then beate and temper them all together, for the ſpace of two or 3. houres together, and then put it into ſome earthen pot or gally pot, & ſo keep it cloſe ſtopt whereby neither duſt or any other thing may come to hurt it, and when occaſion ſerueth for the vſe thereof, let the diſeaſed perſon be anointed therewith very often, before a good fire, and doubtleſſe he ſhall find great eaſe thereby in a ſhort ſpace. Probatum eſt.

CHAP. 725.

¶ Another good Oyntment to bee vſed for the ſame purpoſe.

TAke Allom, Verdigreaſe, Engliſh Hunny, (that is perfect pure and good) and Wine Vinegar that is both ſtrong and ſharpe, as aforeſayd, of each of them as equall portions as you can, and temper them well together and make

make an Oyntment thereof and as necessity requireth, let the diseased person anoynt the sore often therewith, and it will both dry vp the sore and heale it.

CHAP. 726.

¶ An excellent Water to wash and clense the sores, bee they neuer so filthy and corrupted.

TAke a new earthen pot that neuer was vsed before, and put a good quantity of faire running Water therein, and let it seeth: then powre it forth into a bason or else into a wodden bowle that was neuer vsed before, and put some vnslæckt Lime therein (Viz.) such as no water hath euer touched, and when the Lime is dissolued and fallen downe to the bottome, scum of the top of the water, and then as easily as you may or can, powre out the clèrest of the water, without troubling of it, and keepe it in a glasse or viall, and when occasion serueth for the vse thereof. Take a spunge or else a fine linnen cloth, and dip it into some of the same water, (but let it be warme) and bath the sores well therewith, and then wipe away all the filthines cleane from the sores: and when you haue so done take a fresh linnen cloth, and soke it well in some of the water, and wrap it about the sores and this will ease the paine, allwage the swelling, and clense the sore from all manner of filthines, and it will take away quite all the heat and inflamations of the blood. This hath bin truely proued.

CHAP. 727.

¶ An excellent good Medicine to cure the French Pox.

TAke vi. a l'j. of Guaicum Capium, ij. oz. of Salsa Perilla. ij. oz. of the Barke of Guaicum, and of Liquorice, Annis-seeds, Fennell-seeds and Seny, of each of them an oz. of Betony, Scabious, Smalledge, Pellitory of the Wall, Penyroyall, Harts-tongue, Maiden-hayre, Wilde or Red Mints, Red Sage, Oculus Christi, Liuerwoort, and of the

hearb called Mercury, of each of them a good handfull, and let them be all cleane picked and washed: Then take them & put them altogether into 3. gallons of faire running Water, to steepe for the space of one whole night: or else put into it ij. gallons of pure white Wine, and one gallon of strong Ale, and then boyle them well together, vntill such time as the one di. of the liquor be consumed: Then take it & straine it through a fine linnen cloth, and put it into a close vessell, and so let it stand to settle, and when it is well setled, let the sicke person vse none other drink, but this both Morning and Euening and at meat: and into euery 3. quarts of Water, put a quarter of an oz. of Coloquintida, and so let the sicke person vse this vntill he hath scowred his body marueilous well, and if it do not cause him to purge well: Then let him take the purgation mentioned in the first Chapter of the title of purgations following in this booke, which said purgation is very meet to bee ministred as well for this disease, as it is for any other, and yet necessary for all diseases.

CHAP. 729.

¶ An excellent receipt called Moyses Water, very good for the French Pox or any other disease growing out in sores or scurfes.

TAke 6. gallons or more of the purest White VVine that may bee gotten, and as much stale Ale, and a pound and an halfe of Salsaperilla, of Licquorice and Seny of each of them ij. pound, and ij. poundes of the Barke of Guaicum, and an ownce of Coloquintida: let all this be boyled together for the space of 24. houres, ouer a soft fire, & put therein with the rest a little Bakina Mariæ and when it is well boyled, put therein one ownce of Methridatum, and then take it off and put it into some Earthen pot, and stop it vp close. And when you will vse it, take a good quantity thereof at a time twice or thrice a day, and this will cleanse both inward and outward parts of the body and

and make him very ſound euer after it. Probatum eſt.

But alwaies note this, that if you boyle all theſe things before rehearſed: (Viz.) In Water it will continue but 6. or 7. daies by being boyled in Wine and Ale, as aforeſaid it will continue 20. dayes (or ſomewhat more) which is too ſhort a ſpace for the diſeaſed perſon to vſe or continue it: But as it decayeth, there may be more made againe.

Many things more might haue beene here intreated of touching this diſeaſe aſwell of drinkes as alſo of Purgations: Which things if you looke into the Title of *Drinke and dyet drinke*, and in the Title of *Purgations*, you ſhall finde therein, many drinkes and Purgations, aſwell neceſſary for others diſeaſes, which matters and for the iudgement of them I leaue to them that are beſt able to iudge and miniſter the ſame: And if herein I haue committed any offence: intreating or ſpeaking hereof, I deſire amendment of the learnd ſt ſort, and ſuch, as are more skilfull then my ſelfe. And now I will leaue heere to ſpeake any more hereof: But will intreate (by Gods helpe) ſomewhat of the ſmall Pox, which is incident to all people, eſpecially to ſmall Children.

Small Pox.

CHAP. 730.

An experienced Medicine for the ſmall Pox.

TAKE the Milke of a red Cow, and make a poſſet of Ale, therewith and ſcum the curd of it cleane, then take the quantitie of a ſpoonefull of red Fennell and ſeeth the poſſet Ale, & ſtraine it, and then put it to the quantitie of a Nutmeg, of fine Triacle; and a little Setwall, and a pretty quan-

tittle of English Saffron, and mingle them well together, and so giue it the patient warme, and this will bring them forth immediatly.

CHAP. 731.

¶ Another Medicine to drinke out the small Pox.

TAke Milke, Saffron, and English Hunny, and seth them together, and giue it the patient and let him be kept warme, and this will bring forth the Pox in a short space.

CHAP. 732.

¶ A very good Medicine to be vsed for the smale Pox.

TAke Dragon Water, White wine, and Methridatum or Triacle of Iene, of each of them a pretty quantitie, and put some Vnicornes horne therein, and seth them together and giue the same to the patient, and let him be kept warme, and this will helpe him. Probatum est.

CHAP. 733.

¶ Another for the same.

TAke a spoonefull of Oyle Oliue and 4. or 5. spoonefulls of Malmsey, and as much Triacle as a Beane, and put them altogether and so let the patient drinke the same bloud warme, and this helpeth.

CHAP. 734.

¶ A principall oyntment for the small Pox.

VVHen any Colte is killed by any mischance, or dyeth, take the Kell out of him, and wash it, and then put it vpon a cleane spit and roast it and baste it but a very little (and that with a little new Butter vnsalted) & put vnderneath the spit some cleane earthen dripping pan or else a pewter dish and a good quantity of Rose Water, and let the dripping fall therein, and when it is roasted dry and no moistnes left therein, then take the dripping and beat it well together with the Rose Water wherein it first dripped, and

and as any froth ariſeth ſcum it of cleane, and ſo put it into a pot to ſtand, vntill you haue occaſion to vſe it, and then let the party grieued be anoynted therewith and this will cauſe all the Scabbes and ſcales to ſhale off. Probatum eſt.

Purgations.

CHAP. 753.

¶ An excellent good Purgation to be miniſtred to any perſon, for any manner of diſeaſe whatſoeuer.

TAke ℥j. an oz. of Seny, a ſpoonefull of Anniſeedes, ℥j. an oz Licquorice, ſ ſpoonefull of Fennell-ſeedes, and 20. Reyſons of the Sunne, (the ſtones cleane picked forth) and boile them altogether in a quart of faire Water, and let the ſame boile vntill the one ℥j. be conſumed then ſtraine it, and put therto an oz. & an ℥j. of Deaphenicon, and ſhake the ſame well together, and let the party that deſireth to purge, drinke a pretty quantity therof euery morning faſting (blood warme) and it will cauſe him to purge exceeding wel.

This Purgation neuer maketh the Body ſicke, neither doth offend the ſtomacke any thing at all.

CHAP. 736.

¶ Another excellent good Purgation to purge the Stomake.

TAke Mallowes that are young, and Mercury of each of them a good handful or ſomewhat more, an oz. of Seny,

and 3. ſpoonefulls of Annis-ſeedes and put them into a pint of White Wine, and as much ſtrong Ale, and ſo let them ſtand all one night, and the next day ſeeth them altogether, and let them ſeeth vntill the one ℔j. of the ſame be quite conſumed: Then ſtraine it, and giue the patient a good draught thereof in the morning faſting, and if he ſleepe a little after it he will be neuer the worſe.

CHAP. 737.

¶ Another good Purgation to be miniſtred, for the Purging of all parts of the body.

TAke ij. oz. of the pureſt and perfecteſt Turpentine that may be gotten, and waſh it very well in Fennell-water and bruiſe it, and diſſolue it in a morter with a peſtle, and put thereto ℔j. the Yolke of a new laid Egge, and 3. oz. of Smalledge Water, and beat them altogether vntill it be like milke and then let the patient ſup it of, and this will worke effectually in all parts of his body.

CHAP. 738.

¶ Anothe excellent good preſeruatiue to be taken before that the Stomacke be purged.

TAke iij. oz. of Seny ij. oz. of Polipody of the Oke (otherwiſe called Okefearne) and 3. oz. of Annis-ſeedes, and ſeeth them all together in a quart of faire running Water, and let them boyle vntill the on ℔j. be conſumed, and then ſtraine it through a fine cloath and put a little Sugar therein to make it ſweet and pleaſant, and ſo giue it to the patient.

CHAP. 739.

¶ A good Purgation.

TAke a pint of White Wine, and an oz. of Seny, a good handfull of Reiſons of the Sunne (the ſtones picked out) and ℔j. a ſpoonefull of Annis-ſeedes, and then ſteepe them in the White Wine, for the ſpace of a night and then ſtraine it well,

well, and let the patient take a good draught thereof in the morning falling lukewarme, & if you thinke good you may put in it 3. or 4. rootes of Polipodie of the Oke (otherwise called Okefearne) and it will be the better, and let the patient take heed that he do not catch cold vppon it.

CHAP 740.

¶ Another for the same.

TAke ij l'j. of Figs & put them int o a gallon of strong Wort (made of Barly Mault) and put thereto ij. oz. of pure Licquorice beaten to powder, & an oz. of fine Suger, & when the Figs are well boyled, bray them small in a morter and then straine it through a strainer, and then boyle the liquor againe, and put to it a pint of the best Oyle Oliue that may be gotten, and an oz. of Raysons or Currants, and let the patient eat this with bread made of Wheat, and it will doe him marueilous much good.

CHAP. 741.

¶ An excellent good preparatiue to be taken before the stomacke or body be purged.

TAke 3. ounces of Seny, 3. ounces of Polipody of the Oke (otherwise called Okefearne) and 3. ounces of Annis-seedes, and put them to seeth in a quart of faire running Water, and so let them continue vntill the one halfe of it be consumed, then straine it through a fine linnen cloth and then giue the patient a good draught thereof, but first put a little Suger therein to sweeten it.

CHAP. 742.

¶ Another for the same.

TAke the waight of 20. ß of Seny Ginger, the waight of 4. ß. and Annis-seedes the waight of 8. ß. and beate them all to powder, and then put them into a pint of white VVine and set it to steepe betweene ij. pewter dishes for the space of 10. or 12 houres, & then seeth it vntill the one ij. be consumed

conſumed and then ſtraine it, and giue it the patient at night bedward, and it will cauſe him to purge the next morning exceeding well.

CHAP. 723.

¶ Another for the ſame.

TAke 20. Raiſons of the Sunne, (the ſtones picked out) and 2 oz 3 rootes of Polipodie, cleane waſhed, ſcraped and cut in peices, 2 oz. of Rubarbe, 2 ſpoonefulls of Seny, and ij. ſpoonefulls of Annis-ſeeds, and bruiſe them all together, and put them into a pot cloſe ſtopped, and put to them a pint of White Wine, let them ſoke therein the ſpace of one night, and then take it all forth together, and ſeeth it vnti l it be conſumed to a quarter of a pinte, and then ſtraine it and drinke it in the morning faſting, and this will cauſe him to purge very well without any danger at all to the body.

Reſtoratiues.

CHAP. 744.

¶ A Reſtoritiue vſed by diuers noble Perſonages and others for the prolonging of life.

TAke ℔ Cape Dates the quantity of l'j. and picke them cleane and take forth all the ſtones & then ſeeth them in a pinte of Muſcadine that is pure and not mingled, & let it ſeeth vntill a good part thereof be conſumed: When put it into a glaſſe and as you haue occaſion to vſe it, put 3. oz 4 ſpoonfulls.

ſpoonefulls thereof at a time into your pottage or broath: And if you thinke good you may vſe it as aforeſaid, euery meale in broath, and it will be the better and doe you exceeding much good. This hath beene ſufficiently proued.

CHAP. 745.

¶ An excellent good medicine to heale the Veſſell wherein nature lyeth (if it bee broken) and to reſtore it againe.

TAke a good quantity of Huskes of Acrons, and dry them well, and beat them into fine powder, and when you haue ſo done, take a ſpoonefull of the ſame powder, and put it into halfe a pint of ſtale Ale (lukewarme) and giue it the Patient to drink in the morning faſting, and as much in the euening an houre or two after ſupper, when he goeth to bed and in the morning let him keepe his bed for the ſpace of an houre after he hath taken it and let him be kept warme, and this (by Gods help) will cure him in a ſhort ſpace. Pro. eſt.

CHAP. 746.

¶ Another experienced Medicine for procuration of nature if it be decayed either in man or woman.

TAke a Nutmeg, and grate it very fine, and then take a new laid Egge, and ſet it to the fire, and let it ſtand vntil it be blood warme, and then put therein a pretty quantity of fine Suger, and a pretty portion of Roſe-water, & the grated Nutmeg, and then blend all theſe together, in the yolke of your Egge, and ſo ſup it off, vſe this euery morning faſting and this will profit you very much.

Salues and Oyntments.

CHAP. 748.

TAke Oyle of Oliues and Turpentine, of each of them a like quantity, and a pretty quantity of Rosemary, (picked from the stalkes) and boyle them all together, and in the boyling, put thereto a spoonefull or two of faire water, and let them boyle together vntill the water bee cleane consumed away, and that till it become an Oyntment. And when it is well boyled, straine it hot, and then put it into some earthen pot, or glasse, and so stop it close: And when you haue occasion to vse it, heat a little thereof ouer the fire and dresse the sore thereby: so that the salue may dry into it, and if there be any dead flesh: then dip some lint therein, and lay it to the sore as hot as it may be suffered. But if it neede any tenting, then make a tent of fine lint and dip it into the Oyntment hot, and so tent the sore place therewith: that being done, make a plaister of what cleaning salue you will your selfe, and this shall heale the sore in a short time by Gods permission. Probatum.

CHAP. 749.

A good salue to cure a womans breast that is Ranckled, and to bring it to the former state againe, and to cause the aking thereof to cease.

TAke iuyce of Smalledge and Plantine, of each of them a like quantity: then take of Hunny and the white of a new

new laid Egge a like quantity: then put vnto them a pretty quantity of fine wheaten flower, and ſtirre them well together vntill they be growne thicke, (but vſe no fire at all to it) then take it and lay it raw and colde vpon the ſore, and it will cauſe the paine to ceaſe, although it ake neuer ſo vehement. This is alſo maruellous good for any other wound, and it will cleanſe the ſore. Probatum eſt.

CHAP. 750.

¶ An excellent good Salue or Oyntment to cure either any new wound, or elſe any old ſore.

TAke halfe a pinte of Sallet Oyle, or for want thereof take a pownd or ſomwhat more of new Butter vnſaulted, 4. ounces of vnwrought Wax, 1. ounce of Turpentine, 4. ounces of Roſin, and an ounce of Maſticke: then take Smalledge, Woodbinde leaues, Plantine, and Marygolde leaues, of each of them a handfull, and halfe a handfull of the tops of Hiſop: waſh them all very well, and then dry them in the Sun againe for the ſpace of halfe a day together: then ſtampe them in a Morter, and ſtraine them, and when you haue ſo done take the iuyce & boyle it with all the other thinges before mentioned, (onely except the Turpentine) and be ſure to be ſtill ſtirring of it vntill you perceiue all the iuyce to be dryed vp, then put in your Turpentine, and ſo let it boyle a waline or two, and then take it from the fire, & when it hath ſtood awhile. then ſtraine it through a courſe Linnen cloath, and keepe it in boxes vntill you will vſe it.

CHAP. 751.

¶ An excellent good greene ſalue ſeruing for diuers vſes.

TAke vnwrought Wax, Roſen and Barrowes greaſe, of each of them a pownd, and two ounces of Turpentine, melt all theſe together with a quarter of a pound of Ver-

digreaſe, and then ſtraine it and kéepe it cloſe either in an Earthen veſſell, or elſe in a box vntill you haue occaſion to vſe it, but be ſure that during all the time that it is vpon the fire you be ſtirring of it or elſe it will be ſpoyled.

CHAP. 752.

¶ An Oyntment for all manner of Sores.

TAke Smalledge, Plantine, and Valerian of each of them a handfull and chop them very ſmale, then take 4. pound of Deeres Suet, and then beat it and the hearbs together in a Morter. then let it ſtand for the ſpace of 24. houres, and then ſéeth it halfe an houre or ſomewhat more, then take Wax and Rozen of each of them halfe a pound, and 3. ounces of Turpentine, and a pint of Sallet Oyle, and then ſet all theſe together on the fire againe (the Turpentine excepted) and let them boyle for a good ſeaſon, and then put in your Turpentine, and then ſtirre them well together, and when you perceiue that it is boyled inough, then take it of and ſtraine it through a linnen cloth, and ſoe kéepe it cloſe ſtopt vp vntill you haue occaſion to vſe it.

CHAP. 753.

¶ An other Salue good for many vſes,

TAke Roſemary, Time, Lauender, Dill, Balme, Brookelime, Smalledge, Veruaine, Camamill, Orphine, Plantine, Hearb Robert, Night-ſhade, Harts-tongue, Okefearne, Dayſies, and Comphrey, of each of them a handfull beat them ſmale and put them into a quart of Veriuice, then ſtraine them and take the ſame iuice, and 2. pound of Wax, a pound of Hunny, and a pound of May Butter, and ſéeth them altogether and ſtirre it well, and when it is ſodden inough, then ſtraine it into a Baſon of water, and let it ſtand vntill it be cold: then anoint your hands with a little Oyle Oliffe, or elſe a little freſh Butter, and then make it vp into rowles, and ſo kéepe it vntill you haue occaſion to vſe it.

This

This will cure almost any sore or bruise whatsoeuer, or any Bile, Fellin, or Vntome.

CHAP. 754.

¶ An excellent good salue for any new cut or wound, that will not cease bleeding.

TAke a good quantitie of the Blades of Leekes and stamp them very well and then put thereto a good quantitie of wheaten flower, and a good quantitie of Hunny, and mix them well together (but let them not come nere any fire at all) and lay the same to the cut or wound cold, and this will staunch the bleeding imediatly: and it will also draw forth all the bruised blood, and make the wound both pure and cleane. This hath bin sufficiently proued.

CHAP. 755.

¶ Another good Medicine to be vsed plaisterwise for any greene wound.

TAke Wheaten flower and Milke, and temper them well together, and then seeth them vntill they be thicke: then take the White of a new laid Egge, and beate it well with the aforesaid stuffe, and then lay it to the wound, and it will heale it and also kepe it from Rankling. Probatum est.

CHAP. 756.

¶ Another excellent good salue for a cut.

TAke two handfulls of Valerian, and two handfulls of Buglos that groweth in the woods, and bruise the same very small, then take a good quantity of Deeres Suet, and halfe as much vnwrought Wax, but be sure that there be sufficient inough of all the things before rehearsed, as will serue for to boyle the hearbes well therein) and so set them vpon the fire to boyle, and when the same is well boyled, then put a good quantitie of the best Venice Turpentine that may be gotten into it, and so let it boyle vntill it be

inough, but all the while that it is vpon the fire, take heede that you neuer cease stirring of it, and then straine it through a fine linnen cloath, and then put it into a Gally pot or else into some other earthen vessell wherein it may be kept close, and so let it stand vntill occasion serueth for vse thereof: This will cure any manner of Cut or wound whatsoeuer. Probatum est.

CHAP. 757.

¶ Another good Salue for any deepe wound or cut, which requireth tenting.

TAke the yolke of a new laid Egge, and the quantitie of a wallnut of Hunny, and as much Turpentine, which is both pure and good, and beate them alltogether. and lay the same vpon the wound or cut with some fine lynt, and this will cure it in a short space,

CHAP. 758.

¶ An other good Salue to cure any manner of wound be it eyther new cut or ould sore: or bruise.

TAke Elder leaues that doe most commonly grow vppermost vpon the young branches, and that haue the one side of the leafe shorter then the other towardes the stalke that they grow vpon, (they are easily perceiued if you marke them well) and then take the innermost Rinde or Barke of an Elder Tree, and shred the same very small and stampe both the leaues and the Barke together and then put thereto a good quantity of fresh Butter, (the same being vnsalted any thing at all) and a good quantity of Virgin Waxe, and seeth them all together for a good space, and then straine the same through a fine linnen cloath, and put it into a pewter porrenger, or else into a Gally pot, or into some cleane earthen vessell, and so keepe it close vntill you haue occasion to vse it, and when you will vse it, take a little at a time of the same salue, and spread it vpon a fine linnen cloth, and lay the

the ſame to the wound or ſore, but before you lay it to the ſore bath the ſame well with a little Dyle of Roſes, if it may be gotten, or elſe with a little ſweet Creame, and this will both draw forth the corruption and heale the wound, bee it either cut bruiſe, or old ſore. This hath bin well proued.

CHAP. 759.

A very good way to make a Salue (commonly called the blacke Salue) which cureth all olde ſores and Vlcers, be they neuer ſo great, foule, and ſtinking.

TAKE a gallon of ſtale Ale (the ſame being very ſtrong) two handfulls of Woodbind leaues, halfe a handfull of ſeeded Nettles, and as many Coleworts which haue ragged leaues vpon them, halfe a pound of Red Onyons, halfe a pound of Garlickpilled, a pound of vnſet Leekes, and an handfull of the powder of a rotten poſt, which is of Oke, for that is beſt of all for ſuch a purpoſe, and let all theſe be very well ſtamped together in a morter, and then put them all together into the Ale, with halfe a pound of Roch Allom, and then ſet them ouer a ſoft fire to boyle and ſo let them boyle vntill the one halfe thereof be conſumed, or ſomewhat more, and then ſtraine the ſame through a fine linnen cloth into ſome earthen pot that is cleane, & then take a pound of Virgin Wax, halfe a pound of Rozen, halfe a pound of Nerue Oyle that is very greene and good, and a good quantity of Stone Hunny, and put them all therein, and mingle them well with the reſt, and then let it ſtand ſtill, for the ſpace of 4 or 5 dayes, and then take it againe and boyle it vntill it be halfe conſumed away, then take it off the fire and put it into a new earthen po that is both ſweet and cleane, and then let it bee cloſe ſtopped vp, and kept ſafe vntill you haue occaſion to vſe it. &c.

CHAP. 760.

¶ A very good drawing ſalue.

TAke a good quantity of Rozen and bruiſe and breake the ſame very ſmall, & a pretty quantity of good Wax, and a good quantity of Bores greaſe, ſhred or broken very ſmall, and a pretty quantity of Hunny: mingle them all together and then ſet the ſame vpon a ſoft fire to melt and to congeale together into a perfect ſalue, and ſtill be ſtirring of it, vntil you ſee that it be come to a right and good perfection.

CHAP. 761.

¶ A very good plaiſter for a wound that is ouer healed and ſore vnderneath, by reaſon of the ouer haſtines in the firſt healing of it.

TAke a good quantity of Barly Meale, the white of an Egge and Hunny, and mingle them well together and make a plaiſter thereof, and then lay the ſame to the place grieued, and this will helpe it immediately.

Surfets and ſurfeting.

CHAP. 762.

¶ A preſent remedy for a Surfet.

TAKE a good thick piece of white Bread, and toaſt it, and then dip the ſame in Aquavitæ very well, that being done apply it to the ſtomacke of the party grieued as hot as poſſibly he may abide it, and let him bee kept very warme and this will preſently helpe him. Prob. eſt.

CHAP. 763.

CHAP. 763.

¶ Another remedy for any Surfet taken by any immoderate vſe of things. &c.

TAke a good quantity of long Pepper, and as much Griynes, beate theſe together very fine, and then put them into two or three ſpoonefulls of pure Malmſey, and giue it the patient to drinke, and then let him go to bed and keepe himſelfe warme, and ſweat vppon it, but let him in no wiſe take any other drinke for the ſpace of two houres after he hath taken it (but altogether refraine it although hee bee neuer ſo dry) and this doubtles will helpe him Probatum eſt. per D. Murphet.

CHAP. 764.

¶ Another remedy againſt Surfetting:

TAke 4 or 5 good handfulls of Strawberry Rootes, waſh and ſcrape them cleane, and then put them into a gallon of ſtrong Ale, and boyle them together vntill the one halfe be conſumed, then ſtraine the ſame, that being done, boyle the liquor againe, and put therein a pretty quantity of Suger to ſweeten it, and then let it be put into a ſweet bottle and ſo kept vntill you haue occaſion to vſe it, and as neceſſity requireth let the patient drinke of the ſame often and this will helpe him. Prob. eſt.

This is alſo good to comfort the heart and ſtomacke if it bee often vſed.

Stiches in the Side, &c.

CHAP. 765.

¶ A very good Medicine for a ſtitch in the ſide.

TAke a good quantity of Setwall and dry it and grate it finely, and put thereto halfe as much eaſe Ginger, then take 6. or 7. ſpoonfulls of Scabous water, and put the powder before mentioned therein, and then ſhake them well together, and then let the party greued drinke of it (the ſame being a little warme) & then eti him lay himſelfe down vpon a Bed, and he ſhal find great eaſe thereby immediately. But if he couer himſelfe warme, and ſweat vpon it, it will be the better. Prob. eſt.

CHAP. 766.

¶ Another for the ſame.

TAke Acornes and dry them, and then beate them to powder and then mingle the ſame with a little powder of Cinamon and Ginger, and giue the ſame to the party diſeaſed to drinke either in Ale, Wine or Beere, and this will helpe him.

Alſo take Sage and Burnet, of each of them a like quantitie, and dry them vpon a Tileſtone and then make the ſame into a fine powder, and ſo giue it the patient to drinke both at meales or otherwiſe for the ſpace of 3 or 4 dayes together and this will helpe him. Probatum eſt.

CHAP. 767.

CHAP. 767.

¶ Another for the ſame.

TAke Pigions Doung and Oates togither, and then fry them in a frying pan, and ſtir them vntill they be hot through, then put in a quantity of ſharpe Vinegar, and ſtirre them againe as before, then take the ſame forth, and put it into 2. ſeuerall Bags made of linnen cloath, for that purpoſe, and then take one of them and binde it to the Reines of the backe, and the other where that the Stich is, and then Rowle him cloſe with a Rowler, and ſo keepe him warme, and this will preſently helpe him. Prob. eſt.

CHAP. 768.

¶ Another for the ſame.

TAke Sinckefoyle, and Stich-woort, of each of them a handfull, and a good quantity of Cummin, boyle all theſe togither in a quart of ſtale Ale, and let it boyle till it come to a pinte, and then let the Patient drinke this and it will helpe him in a ſhort ſpace. Probatum eſt.

Sciatica.

CHAP. 769.

An excellent Oyntment or plaiſter for a Sciatica,

TAke halfe a pound of Wax and breake it ſmall, into a quart of Sallet Oyle, and a pound of Swines greaſe, and halfe a pound of Rozin finely beaten, and boyle them altogither and then ſtrayne it, and when you haue ſo done, take a pound of white lead and beate it to powder, and then put it into the oyntment and ſtirre it well, then put therein 3. ounces of Turpentine and then let it boyle ſoftly againe, and when it hath boyled a good while take it of, and

ſtraine it into ſome faire Water, and ſo make a Rowle thereof, then take a good quantity of it & ſpread it vpon a piece of Leather and make a large plaiſter thereof, and lay the ſame vnto the place grieued ſomewhat warme, then take a hares ſkin or the ſkin of a Lambe, or elſe ſome woolen cloath to wrap about it and this will helpe you.

You may vſe it if you pleaſe as an Oyntment for the ſame pnrpoſe doiug as aforeſaid. &c.

CHAP. 770.

¶ An experienced Medicine for the Sciatica.

TAke Iuie Mugwoort, Walwoort, and the inner Rinde of an Elder Tree, and ſeeth them in faire water with a good quantity of Salt, and bath the ſore place well therewith 3. or 4. times in a day, for the ſpace of 9. dayes together and doubtleſſe this will cure it. Prob. eſt,

CHAP. 771.

¶ Another for the ſame.

TAke 4 or 5 great Onions, and roaſt them very ſoft, then pill them and ſtampe them in a Morter, and put thereto halfe a pinte of Aquavitæ, and 3. ſpoonefulls of Neatsfoote Oyle, and boyle all theſe together vntill ſuch time as the ſame be thicke, then ſtraine it through a fine linnen cloth and ſo with the ſame Oyntment anoynt the place well where the griefe is chafing it before the fire for the ſpace of a quarter of an howre both Morning and Euening) & then lay a Cats ſkin thereto with the hayreſide next the fleſh and within 15. daies the party grieued ſhal find great eaſe therby, Prob. eſt.

CHAP. 772.

¶ An other for the ſame.

TAke Oxe Doung, and Pigions doung of each of them a pound and mingle them well together with a pottle of white Wine, and ſo ſet them on the fire and boyle them vntill the one halfe be conſumed, then ſtraine it through a fine linnen cloth and then put thereto halfe a pownd of Hunny,

12. Yolkes

12 Yolkes of Egges, halfe a pound of Virgin Wax, melted, and as much Barley Meale as will ſuffice for thy ſame, and then make a plaiſter thereof and lay it to the place grieued, and this will helpe him.

CHAP. 773.

¶ Another for the ſame.

TAke a pinte of Neats-foote Oyle, a pinte of Aquavitæ, and an handfull of roaſted Onions, and ſtampe them all together, and then ſtraine them and ſo make an Oyle thereof, and when as occaſion ſerueth, anoynt wel the place grieued both Morning and Euening before a good fire as hot as poſſibly it may be ſuffered, and be ſure to chafe it very well. Prob. eſt.

Sleepe.

CHAP. 774.

¶ A maruellous good Medicine to cauſe a ſick perſon to ſleepe that cannot.

TAke a red Roſe Cake ℔j. a pinte of white wine Vinegar, and ℔j. a pint of Sallet Oyle & mingle the Oyle and Vinegar together, & put the ſame into a Morrenger vppon a Chafing diſh of coales, and let it ſtand vntill it be hot, then take the Red Roſe Cake, and ſet it vppon the Chafing diſh in the Vinegar and Oyle, and ſo let it remaine there vntil it be both moiſt & hot, then take a little Cumminſeede and bruiſe it a little, and ſtraine it well vpon the Red Roſe Cake, and then binde it faſt to the Temples of the

head of the ſicke perſon as hot as poſſibly he can abide it, and this will prouoke him to ſléepe without any danger at all. Probatum eſt.

CHAP. 775.

¶ Another for the ſame.

TAke a ſpoonefull of Womans Milke, a ſpoonefull of Roſe-water, a ſpoonefull of the iuyce of Lettice, and boyle them in a diſh, then take fine Flaxe and make a plaiſter as broad as you ſhal thinke good, and moyſten the Flax well with the ſame liquor, and grate a little Nutmeg, and ſtraw vpon it, and then lay it to the Forehead & Temples of the head of the ſicke perſon and it will prouoke ſléepe forthwith.

CHAP. 776.

¶ Another for the ſame.

TAke of the ſéedes of Lettice and Smalledge, of ech of them a like quantity and make a powder of them and put the ſame in white Wine, and mingle them well together, and giue it the ſicke perſon to drink luke warme, and it will cauſe him to ſléepe preſently. Prob. eſt.

CHAP. 777.

¶ Another for the ſame.

TAke Roſewater, and Wine Vinegar, of each of them a ſpoonefull: ij. ſpoonefulls of Oyle of Roſes, and ßj. a handfull of Roſe-leaues made into powder, & mingle them all together, and temper them with Wheaten bread that is leauened grated, and then lay it to the temples of the head and forehead, and then let the patient lay his body to reſt, and it will ſpéedily prouoke ſléepe.

CHAP. 778.

Spleene.

CHAP. 778.

¶ Amoſt excellent Medicine for the Spleene.

TAke Capers and eate them, and afterwards drinke ſome of the Water wherein that Smithes do dip their hot Iron in, when they quench it, and let the patient drinke it as often as his ſtomacke will indure it, and this cureth the ſpleene.

CHAP. 779.

¶ Another for the ſame.

TAke 3. or 4. handfulls of the Leaues and Flowers of Melilot, and put them into a pottle of water, (but let the one halfe of the water, be Smithes water,) and the other halfe, the party grieued his owne water) and let it ſeeth vntil it come to a quart, then take both hearbes and flowers and put them into a bag, and then lay them to the patients ſide as hot as poſſibly it may be ſuffered, vſe this for the ſpace of 9. or 10. dayes (Viz) euery day once, and this will helpe him.

CHAP. 780.

¶ Another for the ſame.

TAke a pinte of Claret Wine, or elſe a pinte of ſtale Beere, and boyle therein a prętty quantity of Crops of Time, tops of Hiſop and of Pennyall and of Burrage, and of Violet leaues, & put therein a ſpoonefull of Annis-ſeedes, a little whole Pepper bruiſed, 2 or 3. ſlyces of Ginger, euery of them as big as a Peaſe and a little whole Cinamon boyle all theſe together vntill the one halfe

halfe of the Liquor be conſumed, then ſtraine it into a cup and couer it, and when it is a little ſetled, giue it the patient to drinke, if you can get it you may put a little Diatriapiperion therein, and this will preſently helpe. Prob. eſt.

This is alſo good againſt any manner of wind or paine eyther in ſide or ſtomacke.

CHAP. 781.

¶ A pretious Water for the Spleene.

TAke Balme, Turpentine, Sçabious, Betony, and Pimpernell, of each of them a good quantity, and diſtill them all together, and let the patient vſe often to drinke of this water, and this will helpe him. Prob. eſt.

This is alſo good againſt the Peſtilence, and againſt thoſe that are troubled with the Mother, and it is alſo good for the Marrow of the Bones, and for comforting of the Liuer.

CHAP. 782.

¶ Another for the ſame.

TAke a good quantity of Betony, and ſeeth it eyther in White Wine, Ale or Beere and it profiteth very much. This is alſo good for the Mylt and Liuer.

Teeth and Toothach.

CHAP. 783.

¶ An excellent good medicine for the Toothach.

TAke Iuy Speare-mint, and white Salt of ech of them a handfull and ſtrmpe them well together & then put them into a pint of Vinegar, and ſeeth them wel ouer the fire, & then ſtraine the ſame and put it into a cloſe glaſſe or ſtone pot

pot, and when you will vse it, take a spoonefull thereof, and put it into that side of the mouth where the paine is, & hold downe your cheeke, that it may descend to the roote of the aking Téeth, and it will take away both the ach and paine presently. This hath bin truely proued.

Moreouer, take a piece of the rote of Crowfoote, and put it into the hollow tooth, (if any be) or else apply it often to the Tooth that aketh, and it will presently ease it, and take away the paine. This hath bin truely proued.

Also take Hisop and make a Decoction thereof with Vinegar, and make it hot, and wash your mouth often therewith, and the paine will cease immediately. Probatum est.

Likewise if you take a good quantity of the rotes of Henbane, & séeth thē in white wine Vinegar, & Rose-water, and put the decoction thereof into your mouth & it wil helpe you.

Also take a little Balme and Basill, and rub them both together in the palme of your hand, vntill they doe come to a iuyce, and put it into your eare on the side that the paine is on, and this wil allwage the paine immediately. This hath holpen many.

Also take powder of Red Currall and put it into the holes of the the téeth that doe ake, and it will cause them to fall out shortly after. Probatum est.

Likewise take an Vnlet-leeke, and bruise it with a pretty quantity of Bay-salt, & then put it betwéene the gummes and the Téeth pained, but you must first warme it. Also rootes of Primrose beaten small and laid to the tooth that is pained, it will take the paine quite away.

Also take Vinegar, Hunny, Aquavitæ, Henbane Rootes. Long Pepper, and Round Pepper, Camphire, Gumme and Iuy, of each of them equall portions, & boyle them altogether vntill they bee hard, then let the Patient put some of it betwéene his Téeth, and this will speedily ease him. But if his Téeth grow sore by reason of the extreame paine, that commeth by them, then let him take a l'j. of Henbane Rootes,

and ſeeth them in a quart of White Wine Vinegar, and a pinte of Roſewater, and when it is well boyled put into it a little fine Sugar to ſweeten it, and then ſtraine it, and ſo waſh his mouth often therewith, and this will aſſwage the extreame paine without all doubt. Prob. eſt.

Alſo take red Sage and Betony, of each of them a like quantity, and put thereto a little Rock Allom, and ſeeth them in White Wine Vinegar, and let the patient rub his Teeth that ake well therewith, and it will eaſe him greatly.

If you take a good quantity of the Rootes of Henbane, and ſeeth it in White Wine Vinegar or Roſewater, and put the Decoction thereof into the Patients mouth, and it will helpe him.

Alſo take a rotten Aple, and take forth the Coze thereof, and then ſlice it, and lay it upon the Temples of the head (on the ſame ſide that the paine is on) at night when you goe to bed, & binde it faſt with a linnen cloth, and in the morning take it of: and the next night after doe the like againe, and ſo for 4. or 5. nights together vſe this and it will helpe you. Prob. eſt.

Alſo take a pinte of White Wine, and vi. a handfull of Lauender cotten, and ſeeth them both together vntill the one vi. of the Wine be conſumed: then put into it vi. a ſpoonfull of Bay Salt, & let it ſeeth a little: then take a ſpoonefull of the ſame liquor, and put it into your mouth (on the ſame ſide that the paine is on) and ſo hould it in your mouth for a good ſpace, and then ſpyrout it forth againe, then take an other ſpoonefull and doe the like, and ſo vſe it oftentimes in like ſort, and it will take the paine quite away. Pro. eſt.

Alſo take Iuy Berries and ſeeth them eyther in Vinegar, or elſe in White Wine, and when they are well ſodden ſup of the hot liquor, and when it is cold ſup more of it: vſe this often and it will eaſe the paine forthwith. Probatum eſt.

Warts.

CHAP.783.

¶ A good Medicine to take away Warts in any place whereſoeuer.

TAke a good quantity of Arſenicke, and put to it a cloue of Garlicke, and beate them both togither in a Morter, and then lay the ſame moiſt vpon the Wart (but let it touch no place elſe as neare as you can) and it will cleane periſh the Wart, and take it away in one night: but if the Wart be vpon the face: then take a Beane leafe and couer your eyes therewith, that no part of the Medicine come into them, and if there be no Beane leaues to be had: then take a little peece of white leather and couer them.

Alſo take the heart or pyth of a red Colewoort ſtamped well, and tempred well with a little Hunny and the Wart rubd oftentimes well therewith, and it will take it away.

Likewiſe take 3: or 4. handfulls of Wild Tanſie, and 2. pennyworth of May Butter vnſaulted, and 2. pennyworth of Quickſiluer, (and mince the Tanſie ſmall, and then put it to the Butter, and ſet it on the fire, & let them boyle well togither, (that done) take the ſame from of the fire againe, and then ſtraine it through a fine linnen cloath, but put in your Quickſiluer firſt before you ſtraine it, & let it be well mingled with the reſt, and then annoynt the place therewith where the warts are, and this will take them cleane away.

Alſo take the Woodbinde and ſeeth it in fayre running Water with Allow from a pottle to a quart, and then waſh the place where the Warts are, and this will take them quite away.

Wormes.

CHAP. 784.

¶ A good Medicine to kill all manner of Wormes in Mans body.

TAKE Plantine leaues and rootes and Grouncell of each of them a like quantity, stamp and straine them with a pint of good Malmsie, and warme it and giue it the patient to drink, for the space of 3. daies together, and it will slea both the wormes in the Maw or else where. Proba. est.

Also take Aqua composita, that is made of hearbs and wash the breast of the Child therewith: then take a little powder of Mirrh, and beat it very fine and straw it likewise vpon the brest of the Child after it hath bin well washed, and lay a warme cloth to it and so let it remaine for 24. houres together, and this will speedely kill all the wormes.

Also take Violet leaues, Burrage and Succory, of each of them a like quantity and 2. or 3. Fennell rootes and a few Parsly Rootes, on braunch of Rosemary and a little Time, one handfull of Reysons of the Sunne (the stones cleane picked out) and then binde the hearbs together, and then take a small young Pullet or a Hen, and make a little broath thereof and boyle the hearbs therein, and when it is broath then take 6. spoonefulls of the same broath, and put into it, Sirrop of Roses and let it be molten therein, and then giue it the patient to drinke, and this will helpe him or her, &c.

FINIS.